

§483.60(d)(3) Food prepared in a form designed to meet individual needs.

PROCEDURES §483.60(d)(3)

- Observe meals and food preparation to assure the food is prepared and appropriate to meet resident's needs and according to their assessment and care plan.
- Are there any observations of residents having difficulty chewing or swallowing their food?
- Is the food cut, chopped, ground, or pureed for individual resident's needs?

F806

(Rev. 173, Issued: 11-22-17, Effective: 11-28-17, Implementation: 11-28-17)

§483.60(d) Food and drink

Each resident receives and the facility provides—

§483.60(d)(4) Food that accommodates resident allergies, intolerances, and preferences;

§483.60(d)(5) Appealing options of similar nutritive value to residents who choose not to eat food that is initially served or who request a different meal choice; and

GUIDANCE §483.60 (d)(4)-(5)

Facilities should be aware of each resident's allergies, intolerances, and preferences, and provide an appropriate alternative. A food substitute should be consistent with the usual and/or ordinary food items provided by the facility. For example, the facility may, instead of grapefruit juice, substitute another citrus juice or vitamin C rich juice the resident likes.

PROCEDURES §483.60(d)(4)-(5)

Observe meal services. If a resident appears to refuse food or drink items, determine if he or she is offered the opportunity to receive substitutes.

PROBES §483.60(d)(4)-(5)

- Ask residents how the food meets their preferences, allergies and/or intolerances.
- If residents who refuse food or drinks, ask them if they are offered substitutes.
- Interview residents or staff to determine how alternate food choices are communicated to the residents?
- How are food textures, allergies, intolerances, and preferences accommodated per a resident's assessment, care plan and choice and how is this information communicated to staff?

POTENTIAL TAGS FOR FURTHER INVESTIGATION §483.60(d)(4)-(5)

During the investigation of F806, the surveyor may have identified concerns with additional requirements related to outcome, process, and/or structure requirements. The surveyor is advised to investigate these related requirements before determining whether