

- §483.21(b)(1), F656, Comprehensive Care Plans
 - Determine if a comprehensive care plan was developed to address a resident’s hydration needs and fluid preferences.
- §483.21(b)(2), F657, Comprehensive Care Plan Revision
 - Determine if the care plan was periodically reviewed and revised by appropriate staff, in conjunction with the practitioner and with input from the resident or his/her legal representative, to address resident hydration needs and preferences.
- §483.25(g)(1)-(3), F692, Assisted Nutrition and Hydration
 - Determine if the facility has managed the resident’s hydration needs.
- §483.35(a), F725, Sufficient Staffing
 - Determine if the concerns related to providing residents with sufficient liquids is related to having sufficient nursing assistant staff to meet these needs.

F808

(Rev. 173, Issued: 11-22-17, Effective: 11-28-17, Implementation: 11-28-17)

§483.60(e) Therapeutic Diets

§483.60(e)(1) Therapeutic diets must be prescribed by the attending physician.

§483.60(e)(2) The attending physician may delegate to a registered or licensed dietitian the task of prescribing a resident’s diet, including a therapeutic diet, to the extent allowed by State law.

INTENT §483.60(e)(1)-(2) - To assure that residents receive and consume foods in the appropriate form and/or the appropriate nutritive content as prescribed by a physician, and/or assessed by the interdisciplinary team to support the resident’s treatment, plan of care, in accordance with his her goals and preferences.

GUIDANCE §483.60(e)(1)-(2)

If the residents’ attending physician delegates this task he or she must supervise the dietitian and remains responsible for the resident’s care even if the task is delegated. The physician would be able to modify a diet order with a subsequent order, if necessary.

NOTE: The terms “attending physician” or “physician” also includes a non-physician provider (physician assistant, nurse practitioner, or clinical nurse specialist) involved in the management of the resident’s care.

DEFINITIONS §483.60(e)(1)-(2)

“**Therapeutic Diet**” means a diet ordered by a physician or delegated registered or licensed dietitian as part of treatment for a disease or clinical condition, or to eliminate or decrease specific nutrients in the diet, (e.g., sodium) or to increase specific nutrients in the diet (e.g., potassium), or to provide food the resident is able to eat (e.g., a mechanically altered diet).