

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 035241	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2024
NAME OF PROVIDER OR SUPPLIER South Mountain Post Acute		STREET ADDRESS, CITY, STATE, ZIP CODE 8008 S. Jesse Owens Parkway Phoenix, AZ 85042	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0808</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure therapeutic diets are prescribed by the attending physician and may be delegated to a registered or licensed dietitian, to the extent allowed by State law.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 47910</p> <p>Based on clinical record review, staff and resident interview, and policy review, the facility failed to ensure diet orders were followed for one resident (#70). The deficient practice could result in residents not receiving physician ordered diets.</p> <p>Findings include:</p> <p>Resident #70 was admitted to the facility on [DATE] with diagnoses that included hemiplegia and hemiparesis following unspecified cerebrovascular disease affecting left non-dominant side, end stage renal disease, and dysphagia, oropharyngeal phase.</p> <p>Review of the order summary revealed a physician order for a regular diet mechanical soft texture, nectar thick consistency, Renal Preferences with a start date of October 2, 2024.</p> <p>Review of the resident's Minimum Data Set Section K - Swallowing/Nutritional Status dated October5, 2024 revealed a mechanically altered diet which required change in the texture of food or liquids (pureed food, thickened liquids) used as a nutritional approach.</p> <p>During a dining observation conducted in the resident's room on November 7, 2024 at 12:12 p.m., a small container of strawberry ice cream was observed on the lunch tray along with the meal. A meal ticket on the resident's tray stated, regular diet, mechanical soft texture, nectar thick liquids. Present during the meal observation was the resident's spouse, DON (Staff #31) and Certified Nursing Assistant (CNA/Staff #69) assisting the resident with his meal. The resident refused his meal and the CNA offered the resident the ice cream. The CNA placed ice cream on a spoon and attempted to feed the resident the ice cream. CNA #69 was asked by this surveyor if the resident could have ice cream for his meal. CNA/Staff #69 stated yes and proceeded to serve the resident. The resident began to cough. This surveyor informed ice cream should not be served and was not considered a thickened liquid. Spouse stated, add thickener to the ice cream, that's what I do to all his meals. This surveyor informed thickener should not be added to ice cream. The DON asked that the ice cream no longer be served.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
---	-------	-----------

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 035241	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/08/2024
NAME OF PROVIDER OR SUPPLIER South Mountain Post Acute		STREET ADDRESS, CITY, STATE, ZIP CODE 8008 S. Jesse Owens Parkway Phoenix, AZ 85042	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0808</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>An interview was conducted on November 8, 2022 at 9:11 a.m. with (LPN/Staff #58) Staff #58 stated resident # 70 had orders for a mechanically altered diet with nectar thickened liquids. She stated the resident required assistance with all his meals; and that, the wife will come in and help the resident eat during some meals. Staff #58 stated the resident's meal orders are on their meal tickets and should refer back to the kitchen if there's something incorrect. Staff #58 stated the resident is a risk for aspirations and his bed should be at 90 degrees when eating, but has had no aspirations. Staff #58 stated she was unsure if ice cream was a nectar thick liquid and would refer to dietary if unsure.</p> <p>An interview was conducted on November 8, 2022 at 9:23 a.m. with dietary manager (Staff #27). According to Staff #27, if a resident is on a mechanical soft diet the resident dietary staff are made aware from the resident's meal tickets that are generated by the speech therapist, doctors' orders and the dietician. Staff #27 stated resident #70 s on a mechanical soft, nectar thick diet and the dietary aides oversee the trays to ensure the trays are correct and match the diet. Staff#27 stated ice cream is not considered nectar thick and should not be served to residents with nectar thick diets because once placed in the mouth it is no longer thick. Staff #27 stated the risks serving a resident ice cream who is on a nectar thick diet is possible choking.</p> <p>A phone interview was conducted on November 8, 2024 at 9:32 a.m. with Registered Dietician Consultant (RDA/Staff #74). Staff #74 stated the dietician and diet tech are involved in evaluating and addressing any underlying causes for nutritional risks and/or impairments for the facilities residents. Staff # 74 stated resident #70 has a mechanical soft, nectar thickened liquid diet, is an assist of one with eating and should have his head elevated while eating. Stated she had been contacted by the DON/Staff #31 who had questioned if the resident could be served ice cream. Staff # 74 stated she had informed the DON that the resident should not be served ice cream because it becomes warm in the mouth and more liquid and that thickener should never be added to ice cream. Staff #74 stated staff will be educated. Staff #74 stated the risks associated with serving a resident ice cream who had orders for mechanical soft, nectar thickened liquids places the resident at risk for aspiration and difficulty in swallowing.</p> <p>An interview was conducted on November 8, 2024 at 12:46 p.m. with Director of Nursing (DON/Staff #31). Staff #31 stated that resident #70 is prescribed a diet for mechanical soft, nectar thick liquids; and that, the speech therapist has been working with the resident to progress his diet. The DON stated that staff should look at the meal ticket before serving the resident and any changes are communicated from dietary to the nursing staff. The DON stated the risks with not adhering to the diets as ordered places the resident at risk for potential aspiration.</p> <p>Review of the facility's policy titled, Physician Orders states It is the policy of this facility to accurately implement orders in addition to medication orders (treatment, procedures) only upon the order of a person duly licensed and authorized to do so in accordance with the resident's plan of care.</p> <p>Review of the facility's policy titled, Nutrition revealed Diets will be provided according to physician orders, including regular and therapeutic diets. Dietician technicians and registered dieticians will make recommendations for therapeutic diets.</p>		