

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 055697	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 12/10/2024
NAME OF PROVIDER OR SUPPLIER Costa Del Sol Healthcare		STREET ADDRESS, CITY, STATE, ZIP CODE 1016 S. Record St. Los Angeles, CA 90023	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0755</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide pharmaceutical services to meet the needs of each resident and employ or obtain the services of a licensed pharmacist.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 45657</p> <p>Based on interview and record review, the facility failed to ensure one of three sampled residents ' (Resident 1) muscle relaxant medication was readily available for use when needed and the injection medication for physician ' s administration to manage resident ' s pain was available.</p> <p>This failure placed the resident at risk for discomfort and severe pain, which can affect in maintaining the resident ' s highest practicable physical, mental, and psychosocial well-being.</p> <p>Findings:</p> <p>During a review of Resident 1 ' s Admission Record, the Admission Record indicated Resident 1 was admitted to the facility on [DATE], with diagnoses including osteoarthritis (a progressive disorder of the joints, caused by a gradual loss of cartilage), hereditary and idiopathic neuropathy (nerve damage), and chronic pain syndrome (pain that lasts longer than three months).</p> <p>During a review of Resident 1 ' s History and Physical (H&P) dated 11/23/2024, the H&P indicated Resident 1 had the mental capacity to understand and make medical decisions.</p> <p>During a review of Resident 1 ' s Minimum Data Set (MDS - a resident assessment tool) dated 11/28/2024, the MDS indicated Resident 1 had intact cognitive skills (thought process). The MDS indicated Resident 1 required partial to moderate assistance with activities of daily living (ADLs) such as dressing, toilet use, personal hygiene, transfer (moving between surfaces to and from bed, chair, and wheelchair) and bed mobility (how resident moves from lying to turning side to side).</p> <p>1). During a review of Resident 1 ' s physician ' s order dated 11/26/2024, the order indicated Metaxalone Oral Tablet 800 mg give 1 tablet by mouth every eight (8) hours as needed (PRN) for muscle relaxant.</p> <p>During a review of Resident 1 ' s Medication Administration Record (MAR) for 12/ 2024, the MAR indicated Metaxalone 800 mg was last administered on 12/8/2024.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0755</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>2). During a review of Resident 1 ' s physician ' s order dated 12/3/2024, the physician ordered two (2) vials of lidocaine (a medication to numb area of the body to reduce pain or discomfort) 1% (one [1] cubic centimeter [cc, unit of measurement] needed for each injection) and 2 vials of Kenalog (medicine to reduce inflammation) 40 mg/ milliliter ([ml] a unit of measurement, 1 cc will be used for each injection) for bilateral shoulder osteoarthritis.</p> <p>During a review of Resident 1 ' s December 2024 MAR, the MAR did not indicate the physician ' s order on 12/3/2024 for the lidocaine 1% and Kenalog 40 mg orders.</p> <p>During an interview on 12/10/2024 at 10:00 a.m., Resident 1 stated the doctor had prescribed Resident 1 muscle relaxant (Metaxalone) when needed. Resident 1 stated when she needed the muscle relaxant (Metaxalone) in the last 2 days ago, the nurse (unidentified) had told her that the medication (Metaxalone) was not available, and the pharmacy had not delivered the medication. Resident 1 stated she also gets the pain medicine injection Kenalog for her shoulder pain due to osteoarthritis. Resident 1 stated the doctor had ordered the medication Kenalog injection one or two weeks ago. Resident 1 stated, when the physician came today (12/10/2024) to give the injection (Kenalog), the medication was not available. Resident 1 stated the nurse had told her, that the pharmacy had not delivered the medication.</p> <p>During an interview on 12/10/2024 at 12:31 p.m., License Vocational Nurse 1 (LVN 1) stated Resident 1 ' s refill for the muscle relaxant medication (Metaxalone) was sent to the pharmacy on 12/9/2024. LVN 1 stated, the Metaxalone had not been delivered yet. The LVN 1 stated if medications were not received timely, the nurse should follow up from the pharmacy. The LVN 1 stated nurses should have ordered refills for the medications when there were 3 to 4 pills left. LVN 1 stated the Kenalog vials for injection ordered by the physician last 12/3/2024, was not delivered as well. LVN 1 stated it was important to follow up the delivery of the medications from the pharmacy so it will be available for Resident 1. LVN 1 stated, if Resident 1 was in pain, Resident 1 would not be comfortable and would be at risk of being anxious due to uncontrolled pain.</p> <p>During an interview on 12/10/2024 at 3:00 p.m., the Director of Nursing (DON) stated nurses should order medication refills by faxing the medication sticker when there are 2 or 3 tablets left and call the pharmacy to make sure the refill request was received. The DON stated pharmacy usually delivers refill medications within 24 hours. The DON stated regardless of if it ' s a PRN order, the medication should always be available for the resident. The DON stated the Kenalog vials ordered 12/3/2024 did not show in the facility ' s order system.</p> <p>During a review of the facility ' s policy and procedures (P&P) titled Medications and treatment orders, dated 7/2016, the P&P indicated drugs and biologicals that requiring to be refilled, should be reordered from the pharmacy not less than three (3) days prior to the last dosage administered, to ensure that refills are readily available.</p>		