

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 055855	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 03/06/2025
NAME OF PROVIDER OR SUPPLIER Arden Park Post Acute		STREET ADDRESS, CITY, STATE, ZIP CODE 3400 Alta Arden Expressway Sacramento, CA 95825	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0600</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p>	<p>Protect each resident from all types of abuse such as physical, mental, sexual abuse, physical punishment, and neglect by anybody.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 50750</p> <p>Based on observation, interview, and record review, the facility failed to ensure one of four sampled residents (Resident 1) was free from abuse, when Certified Nursing Assistant 1 (CNA 1) hit Resident 1 in the face.</p> <p>This failure resulted in Resident 1 sustaining a cut on his nose bridge about half an inch in length, a bruise under his left eye, and expressing feeling like a piece of crap.</p> <p>Findings:</p> <p>A review of Resident 1's admission record indicated Resident 1 was admitted to the facility on [DATE] with diagnoses including hemiplegia (total paralysis of the arm, leg, and trunk on the same side of the body) affecting left non-dominant side and generalized muscle weakness.</p> <p>A review of Resident 1's Minimum Data Set (MDS- a federally mandated assessment tool), dated 2/5/25, indicated Resident 1's Brief Interview for Mental Status (BIMS, an assessment tool used by facilities to screen and identify memory, orientation, and judgement status of the resident) score was 12 out of 15 with mild memory impairment.</p> <p>During an observation on 3/4/25 at 10:37 a.m. Resident 1 had a cut on his nose bridge, about half an inch in length, and a bruise under his left eye, green and purple in color.</p> <p>During an interview on 3/4/25 at 10:37 a.m. with Resident 1, Resident 1 stated on 3/3/25 between 1 a.m. to 3 a.m., he pressed the call light button because he needed to be changed. Resident 1 did not want help from CNA 1 because CNA 1 was rough. CNA 1 was mad and angry and yanked the call button out of Resident 1's hand. Resident 1 added CNA 1 hit himself with the call button and blamed Resident 1, then punched Resident 1 in the face and it wasn't a light hit. Resident 1 further stated CNA 1 then mocked him, told him you're a big baby. Resident 1 felt like a piece of crap and stated CNA 1 probably did not care at all.</p> <p>A review of Resident 2's admission record indicated Resident 2 was admitted to the facility in November 2024.</p> <p>A review of Resident 2's MDS, dated [DATE], indicated Resident 2 had a BIMS score of 15 out of 15 with good memory.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0600</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p>	<p>During an interview on 3/4/25 at 11:28 a.m. with Resident 2 (Resident 1's roommate), Resident 2 confirmed he was awake when CNA 1 was arguing with Resident 1 and stated Resident 1 yelled and asked CNA 1 why he hit him. Resident 2 further stated CNA 1 told Resident 1 you're just a baby, you can't do anything for yourself.</p> <p>A review of Resident 1's progress note, dated 3/3/25 at 8:38 a.m., indicated Resident 1 was noted with left lower eye swelling and discoloration and an abrasion to the bridge of nose. The note further indicated Resident 1 stated he had an argument and physical contact with staff that resulted in the discoloration and abrasion to his nose.</p> <p>A review of Resident 1's progress note, dated 3/3/25 at 10:37 a.m., indicated Resident 1 reported a bruise that was not there and stated overnight staff hit him with his hand.</p> <p>During an interview on 3/4/25 at 11:48 a.m. with CNA 2, CNA 2 stated Resident 1 told him he did not like CNA 1 because he was rough.</p> <p>During an interview on 3/4/25 at 12 p.m. with Licensed Nurse 1 (LN 1), LN 1 stated Resident 1 usually advocated for himself, but today he was acting more timid.</p> <p>A review of Resident 1's Nursing- Weekly Summary, dated 3/2/25, indicated Resident 1's skin was intact with no issues.</p> <p>During an interview on 3/4/25 at 2:10 p.m. with CNA 3, CNA 3 stated she assisted Resident 1 during her morning shift on 3/2/25 and Resident 1 did not have any bruises or cuts on his face. CNA 3 further stated on 3/3/25 at around 7:05 a.m. she was surprised when she saw Resident 1's face with a cut on the nose bridge and a bruise on his left eye.</p> <p>During an interview on 3/4/25 at 3:08 p.m. with LN 2, LN 2 confirmed she did not see a cut on Resident 1's nose bridge or a bruise on his left eye on 3/2/25 during the p.m. shift.</p> <p>During an interview on 3/4/25 at 3:06 p.m. with the Administrator (ADM), ADM stated he interviewed nursing staff and confirmed that Resident 1 did not have a cut on his nose bridge and a bruise under his left eye on 3/2/25.</p> <p>A review of the facility's policy titled, Abuse, Neglect, Exploitation and Misappropriation Prevention Program, revised in April 2021, indicated, Residents have the right to be free from abuse . This includes but not limited to freedom from .verbal, mental . or physical abuse .</p>		