

Department of Health & Human Services
Centers for Medicare & Medicaid Services

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 056190	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/19/2026
NAME OF PROVIDER OR SUPPLIER Chestnut Ridge Post Acute LLC		STREET ADDRESS, CITY, STATE, ZIP CODE 525 South Central Avenue Glendale, CA 91204	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0689 Level of Harm - Actual harm Residents Affected - Few	Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** Based on interview and record review the facility failed to provide a hazard free environment, supervision and assistive device to prevent accidents and injuries to one of three sampled resident (Resident 1) in accordance with the resident's care plan, physician order and the facility's policy and procedure titled Assessing Falls and Their Causes. The facility failed to ensure: Resident 1's call light was always within Resident 1's reach. Application of the bed alarm (a pressure sensitive pads with a pad alarm (a device that alarms when pressure is relieved from the pad (by the patient 'getting up' from the chair or bed) the alarm will sound and assistance can be provided) in good functioning condition as ordered by the physician. To complete the Fall Risk Assessment to assess and implement interventions based on the resident's risk factor for fall. Thoroughly investigate the root cause of fall on 11/11/2025 to determine the appropriate inventions to prevent recurrent fall on 1/21/2026. Assess if Resident 1 could be placed on bowel and bladder program or incontinence (no control with bowel movement and urination) program (a structured, individualized plan designed to help residents regain or maintain continence, prevent skin breakdown, and promote independence. It relies on scheduled toileting, fluid management, pelvic floor exercises, and restorative nursing strategies rather than relying on adult briefs). These deficient practices resulted in Resident 1's fall on 11/11/2025 and was hospitalized due to a laceration (a jagged tear or deep cut in the skin and underlying soft tissues usually caused by blunt trauma or friction) on the forehead requiring sutures (stitch or medical device use to hold the tissues together) and right anterior (in front) scalp hematoma (a collection of blood trapped under the skin on the front-right side of the head) on 11/11/2025. In addition, Resident 1 had a recurrent fall and experienced pain and discomfort after the fall. Findings: During a review of Resident 1's General Acute Care Hospital (GACH) 1 Discharge Note dated 9/10/2025, indicated the resident's discharge diagnosis included sacral wound (a skin injury over the sacrum, the triangular bone at the very base of the spine, just above the tailbone) infection and foley catheter (a thin, flexible tube inserted into the bladder to drain urine) for urinary retention (the inability to completely empty your bladder, or in some cases, to pass any urine at all). The GACH 1 Progress Note indicated Resident 1 to have a bowel regimen (a routine or plan designed to help have regular, healthy bowel movements and prevent constipation). During a review of Resident 1's admission Record (AR), the AR indicated the resident was admitted to the facility on [DATE], with diagnoses that included Parkinson's Disease (a progressive disease of the nervous system marked by tremor, muscular rigidity, and slow, imprecise movements) with dyskinesia (a movement disorder defined by involuntary, erratic, and uncontrollable muscle movements), pressure ulcer of sacral region stage four (skin injury due to prolonged unrelieved pressure resulting in full-thickness skin and tissue loss with exposed muscle, tendon, ligament, cartilage, or bone), and unsteadiness on feet (a lack of balance, causing a wobbly, uneven, or unstable feeling while standing or walking). During a review of Resident 1's History and Physical (H&P) dated 9/10/2025 at 8:53 PM, the H&P indicated the resident had the capacity to understand and make decisions. During a review of Resident 1's Minimum Data Set (MDS, a federally mandated resident assessment tool) dated 12/8/2025, the MDS indicated the resident had moderate cognitive (continued on next page)		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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During a review of Resident 1's Fall Risk Evaluation dated 9/11/2025 at 2:29 AM, the Fall Risk Evaluation indicated the resident was alert and oriented, bedbound (a person spending most or all of their time in bed because of illness, injury, weakness, or disability making them unsafe or too difficult to move around) and incontinent (the involuntary loss of bladder or bowel control) and recently hospitalized in the last 14 days. The Fall Risk Evaluation was incomplete and did not indicate the fall risk score (a score or number used by healthcare providers to predict how likely a person was to fall - a score of 10 or higher indicates the resident was at high risk of falls) and the interventions to prevent falls. In addition, the report was not signed and dated by the facility staff who initiated the report. During a review of Resident 1's At Risk for Fall Care Plan dated 9/13/2025, the Care Plan indicated to reduce the risk for Resident 1's falls in three months, the facility will keep the call light within reach and the staff to answer call light promptly, keep frequently used items within reach, and to keep the bed at a low position. During a review of Resident 1's Change in Condition (COC) Evaluation dated 11/11/2025 at 6:24 AM, the Evaluation indicated on 11/11/2025 at 3:57 AM, Certified Nursing Assistant (CNA) 1 found Resident 1 on the floor lying on her right side with a right forehead laceration. The laceration was cleansed with normal saline (a sterile mixture of salt and purified water), patted dry, and covered with sterile gauze (a clean woven cotton material used in first aid) with applied pressure to stop bleeding. The Evaluation indicated that the resident representative and physician were notified with orders to transfer Resident 1 to the GACH via 911 (an emergency number). A review of the Nursing Progress Notes dated 11/11/2025 at 9:34 AM, Resident 1 was transferred to GACH 2 for further assessment of the head injury on 11/11/2025 at 4:24 AM. During a review of Resident 1's GACH 2 indicated Resident 1 was admitted to the Emergency Department (ED) on 11/11/2025 due to complaint of head injury after rolling out of bed, arrived with laceration on the head. A review of the Diagnostic Report dated 11/11/2025 at 5:24 AM, the GACH 2 Report indicated Resident 1's Computed Tomography (CT, imaging test that combined a series of X-rays taken from various angles with a computer to create detailed cross-sectional slices of the bones, organs, and tissues) indicated Resident 1 has a right anterior (in front) scalp hematoma. During a review of Resident 1's Fall Risk Evaluation dated 11/11/2025 at 6:25 AM (completed after the fall on 11/11/2025 at 3:57 AM), the Fall Risk Evaluation indicated the resident did not have any falls in the past three months, was alert and orientated to name, place and time and was, chairbound (someone unable to walk on their own and depended on a wheelchair to get around)/incontinent. The Evaluation indicated the resident's fall risk score was seven (7) indicating the resident was not at high risk for fall. During a review of Resident 1's GACH 2 Emergency Department Physician's Notes dated 11/11/2025 at 6:27 AM, the Physician's Notes indicated Resident 1 received four 6-0 nylon sutures (ultra-fine, non-dissolvable surgical stitch) with close approximation of two centimeters stellate appearing laceration (a star-shaped or jagged, multi-pronged tear in the skin) to the right forehead. The Physician's Notes indicated suture removal approximately in seven days given the wound appearance. During a review of Resident 1's Post Fall Evaluation dated 11/11/2025 at 6:45 AM, the Post Fall Evaluation indicated Resident 1 had unwitnessed fall in the room attempting to self-toilet and sustained a right forehead laceration. The Post Fall Evaluation indicated contributing factors to fall included the resident was incontinent and using incontinent supplies (incontinent brief) at the time of the fall. Resident 1 complained of generalized moderate body pain after the fall and was given pain medications as needed. During a review of Resident 1's Interdisciplinary Team (IDT-a group of facility staff that meet to create a plan of care for residents) Conference Record - Fall Management (continued on next page)		

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