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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION                            | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:<br><br>056216 | (X2) MULTIPLE CONSTRUCTION<br>A. Building<br>B. Wing                               | (X3) DATE SURVEY COMPLETED<br><br>08/19/2024 |
| NAME OF PROVIDER OR SUPPLIER<br><br>Guardian Care and Rehabilitation Center |  | STREET ADDRESS, CITY, STATE, ZIP CODE<br><br>410 Eastwood Ave<br>Manteca, CA 95336 |  |

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

| (X4) ID PREFIX TAG   | SUMMARY STATEMENT OF DEFICIENCIES<br>(Each deficiency must be preceded by full regulatory or LSC identifying information)   |
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| <p>F 0726</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p> | <p>Ensure that nurses and nurse aides have the appropriate competencies to care for every resident in a way that maximizes each resident's well being.</p> <p>47046</p> <p>Based on observation, interview, and record review, the facility failed to ensure Licensed Nurses (LNs) had competencies and skill sets necessary to provide treatment for one of four sampled residents (Resident 4) when milking [massage to help with swelling] of Resident 4's right leg was not done consistently by licensed staff.</p> <p>This deficient practice placed Resident 4 at a potential risk for potential worsening of edema on Resident 4's right leg.</p> <p>Findings:</p> <p>During a review of Resident 4's Admission Record, the record indicated Resident 4 was admitted to the facility in May 2024 with diagnoses which included, AORTOCORONARY BYPASS GRAFT [a surgical procedure that reroutes blood around an artery in the heart, CORONARY ANGIOPLASTY IMPLANT AND GRAFT [a treatment used to widen and open up narrowed or blocked arteries supplying heart muscles]. Resident 4 was discharged from the facility in early June 2024.</p> <p>A review of Resident 4's Minimum Data Set (MDS, an assessment and care screening tool) dated 5/13/24, indicated Resident 4 had the ability to understand and be understood by others with an intact memory and a Brief Interview for Mental Status (BIMS) score of 15 (The BIMS assessment uses a points system that ranges from 0 to 15 points: 0 to 7 points suggests severe cognitive impairment. 8 to 12 points suggests moderate cognitive impairment. 13 to 15 points suggests that cognition is intact). The functional status section of the MDS indicated, Resident 4 had impairment of lower extremities and required assistance from another person to complete self-care and maximal assistance for lower body dressing.</p> <p>During an interview on 8/15/24 at 9:48 a.m., Resident 4, when asked about the milking of his right leg in the facility, stated, .I needed treatment, and they denied providing me treatment .denied 7 times with no explanations .</p> <p>A review of Resident 4's physicians orders indicated multiple orders for milking of the right leg in addition to compression stockings [a long, tight sock], ice, and elevation as follows,</p> <p>1.Compression sock to the right leg on in the am off at bedtime ok to milk leg until compression sock arrives . ordered on 5/28/24 and discontinued on 6/3/24.</p> <p>(continued on next page)</p> |

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE | TITLE | (X6) DATE |
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| <p>F 0726</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>                     | <p>2.ok to milk the right lower leg until compression sock comes . ordered on 5/28/24 and discontinued on 6/8/24.</p> <p>3.Compression stocking right leg in the morning on am shift . ordered on 5/28/24 and discontinued on 6/8/24.</p> <p>4.Per cardiology [heart doctor] milk right LE [lower extremity] for lymphatic drainage [massage to help with swelling] daily in addition to use of compression stocking . ordered on 6/3/24 and discontinued on 6/3/24.</p> <p>5.Compression sock to the right leg on in the am off at bedtime ok to milk leg until compression sock arrives . ordered on 6/3/24 and discontinued on 6/8/24.</p> <p>6.Continue with milking the leg, compression stockings, &amp; follow with ice and foot elevation . ordered on 6/6/24 and discontinued on 6/8/24.</p> <p>7.Continue with milking the leg, compression stockings, &amp; follow with ice and foot elevation. Every shift . ordered on 6/8/24 and discontinued on 6/17/24.</p> <p>8.Do milking to right leg before putting on the compression stocking in the morning on am shift . ordered on 6/8/24 and discontinued on 6/17/24.</p> <p>During an interview on 8/19/24 at 1:28 p.m., LN 4 confirmed milking of Resident 4's right lower leg was not performed. LN 4 stated, .We did not do it because nobody knew how to do it .</p> <p>During an interview on 8/19/24 at 2 p.m., the physical therapist (PT) stated milking of the leg was part of a therapists training but was not routine. The PT stated, It is part of the nurses' job. They should be doing it . The PT stated milking was not a priority treatment and that stockings were more effective. The PT added that physician orders should be followed and agreed milking can help with edema (swelling).</p> <p>During an interview on 8/19/24 at 4:25 p.m., LN 5 stated, .I don't have experience milking a leg. I won't feel comfortable doing it .</p> <p>During an interview on 8/19/24 at 2:43 p.m., Nurse Practitioner (NP) 1 stated facility staff had asked that the milking be discontinued. NP 1 stated, .I told them I can't write that the resident [Resident 4] doesn't need milking. I'm not going to change a physician's or surgeons order . NP 1 agreed that milking helps improve edema.</p> <p>During an interview on 8/19/24 at 3:33 p.m., Medical Doctor (MD) 1 stated, .I called the cardiology office and talked to them, they said they could modify the order, but [Resident 4] wanted it to be done. MD 1 further stated that PT said [Resident 4] would have to go to a private facility to get it done because they would not be able to do it. They said they did not have staffing to do it. MD 1 stated, .People at the facility were upset with me for pushing it. The order should have been followed; it was for his edema . MD 1 stated it was not an unreasonable request from [Resident 4] and it should have been accommodated.</p> <p>(continued on next page)</p> |  |  |

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| <p>F 0726</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p> | <p>During an interview on 8/22/24 at 4:04 p.m., NP 2 stated there were multiple orders for milking Resident 4's leg that were discontinued. NP 2 stated Resident 4 complained staff were not milking his leg. NP 2 stated during a conversation with Resident 4, Resident 4's compression stocking was sitting on his table. NP 2 stated, .I told him [Resident 4] he should have his stocking on .</p> <p>During a concurrent interview and record review on 9/27/24 at 12:08 p.m., with the Director of Nursing (DON), Resident 4's treatment administration record (TAR) for 5/2024 and 6/2024 was reviewed. The DON confirmed an order for milking Resident 4's leg was added to the TAR on 6/8/24, four days before Resident 4 was discharged from the facility.</p> <p>During a review of the facility's policy and procedure, titled Staffing, Sufficient and Competent Nursing, indicated, .Our facility provides sufficient numbers of nursing staff with the appropriate skills and competency necessary to provide nursing and related care and services for all residents .skill requirements of direct care staff are determined by the needs of the residents .other resident services (e.g., specialized rehabilitation services .therapy .) .are staffed to ensure resident needs are met .</p> |