

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  056478	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED  07/25/2024
NAME OF PROVIDER OR SUPPLIER  Lighthouse Healthcare Center		STREET ADDRESS, CITY, STATE, ZIP CODE 2222 Santa Ana Blvd. Los Angeles, CA 90059	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide appropriate treatment and care according to orders, resident's preferences and goals.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 48778</b></p> <p>Based on interview and record review, the facility failed to ensure, one of three residents (Resident 1), received treatment and care in accordance with professional standards of practice by failing to ensure:</p> <ol style="list-style-type: none"> <li>1. The license nurse notified the attending physician (MD) for Resident 1's blood sugar (BS) level of 55 milligrams/ deciliter ([mg/dL] unit of measurement, normal BS level 70 to 99 mg/dL) on 1/24/2024 at 11:30 a. m.</li> <li>2. Administer Glucagon 1 mg. Intramuscular ([IM] injection of medicine into the muscles) on 1/24/2024 at 11:30 a.m. when Resident 1 had a blood sugar level of 55 mg/dl as indicated in Resident 1's physician order to administer Glucagon 1 mg. IM, if BS was less than 60 mg/dl.</li> <li>3. Resident 1, who was diabetic and on multiple medications to lower blood sugar levels, was assessed when Resident 1 became nonverbally responsive on 1/24/2024 at 11:41 p.m.</li> <li>4. Notify the MD promptly on 1/24/2024 at 11:41 p.m. when Resident 1 was nonresponsive.</li> <li>5. Implement its Nursing Manual - Dietary &amp; Dining titled, Hypoglycemia, (low blood sugar levels) which indicated the facility should notify the attending physician (MD) of any blood sugar levels below 70 mg/dl.</li> </ol> <p>These failures placed Resident 1 at risk for severe medical complications, hospitalization , and death.</p> <p>Findings:</p> <p>During a review of Resident 1's Admission Record, the Admission Record indicated, Resident 1 was admitted to the facility on [DATE] with diagnoses that included aftercare following joint replacement surgery and Type 2 Diabetes Mellitus ([DM] a long-term condition in which the body has trouble controlling blood sugar) without complications.</p> <p>During a review of Resident 1's order summary report dated 1/25/2024, Resident 1's physician's order indicated the following:</p> <ol style="list-style-type: none"> <li>1. Controlled Carbohydrate Diet, mechanical soft.</li> </ol> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>2. Hold regular diet for 24 hours. Clear liquid diet for 24 hours.</p> <p>3. Insulin Lispro (medicine for DM) to be injected per sliding scale (the amount of insulin to be administered would depend on the BS level ) before meals and at bedtime. If BS is less than 60 milligrams per deciliter ([mg/dl] unit of measurement), give Glucagon (a hormone that pancreas makes to help regulate blood glucose (sugar) levels and increases blood sugar levels, preventing it from dropping too low) 1 mg IM and call the MD.</p> <p>4. Glipizide (medicine for DM) oral tablet extended release 24-hour 10 milligram ([mg] a unit of measurement), one (1) tablet by mouth twice a day before breakfast.</p> <p>5. Januvia oral tablet 50 mg. (medicine for DM), 1 tablet twice a day.</p> <p>During a concurrent interview and record review on 7/25/2024 at 2:34 p.m. with Licensed Vocational Nurse (LVN) 1, Resident 1's progress notes dated 1/24/2024 at 3:52 p.m. were reviewed. LVN 1 stated the notes indicated Resident 1 had a blood sugar level of 55 (time not specified), however, the progress notes did not indicate the MD was notified of the BS level of 55 mg/dl as per physician's order. LVN 1 stated the licensed nurse should have administered glucagon to Resident 1 due to BS level of 55 mg/dl. LVN 1 stated the BS level should have been reported to MD because if resident have not received glucagon, Resident 1's blood sugar would have dropped lower.</p> <p>During a concurrent interview and record review on 7/25/2024 at 3:42 p.m. with Registered Nurse (RN) Supervisor 1, Resident 1's Medication Administration Record (MAR) dated January 2024 was reviewed. The RN Supervisor stated the MAR on 1/24/2024 at 11:30 a.m., indicated Resident 1 had a BS level of 55 mg/dl. The RN Supervisor stated MAR did not indicate Glucagon 1 mg. was administered to Resident 1 as indicated in the MD order which indicated to administer Glucagon 1 mg. IM if BS was less than 60 mg/dl.</p> <p>During a review of Resident 1's Nursing Progress Notes dated 1/24/2024, the progress notes dated 1/24/2024 at 10:44 p.m. indicated Resident 1 was on a clear liquid diet. The progress notes indicated blood sugar was monitored.</p> <p>During a review of Resident 1's Situation, Background, Assessment, and Recommendation ([SBAR] a structured way to communicate to the care team about a resident's change in condition) dated 1/25/2024 at 12:32 a.m., the SBAR indicated a Certified Nurse Assistant (CNA) called for help in Resident 1's room on 1/24/2024 at 11:41 p.m. The SBAR indicated Resident 1 was nonverbally responsive, awakened when touched, heart rate was 48 beats per minute (normal 60-100 beats per minute), oxygen saturation (the amount of oxygen in the bloodstream with normal range of 95-100%) was 88 percent (%) on room air (without use of oxygen). The SBAR indicated oxygen via simple mask was administered and 911 (emergency phone number) was called. The SBAR indicated Resident 1 was transferred to general acute care hospital (GACH) on 1/25/2024 at 12 midnight.</p> <p>During an interview on 7/26/2024 at 2:26 p.m. with the Director of Nursing (DON), the DON stated the facility should have given Resident 1 the Glucagon 1 mg IM as ordered, rechecked the blood sugar level and notified the MD. The DON stated if MD was not notified of the blood sugar level of 55 mg/dl., corrective actions could not be received. The DON stated, administering glucagon is part of a nursing intervention and is part of change of condition.</p> <p>(continued on next page)</p>		

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<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During a review of the facility's Nursing Manual - Dietary &amp; Dining titled, Hypoglycemia, dated 1/1/2012, the manual indicated residents on hypoglycemic medications should be monitored for signs and symptoms of hypoglycemia during routine daily basis. The manual indicated, unless otherwise documented on the MAR per attending physician order, the nurse should notify the attending physician of any blood sugar levels of below 70 mg/dl.</p> <p>During a review of the facility's undated P&amp;P titled, Change of Condition Notification, the P&amp;P indicated the facility should promptly consult with the resident's attending physician when a resident has a significant change in condition. The P&amp;P indicated the facility should immediately call the attending physician in emergency situations.</p>