

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 065150	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/28/2024
NAME OF PROVIDER OR SUPPLIER Devonshire Care Center		STREET ADDRESS, CITY, STATE, ZIP CODE 1330 Sidney Ave Sterling, CO 80751	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0697</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide safe, appropriate pain management for a resident who requires such services.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 50853</p> <p>Based on record review and interviews, the facility failed to ensure that pain management was provided to residents who required such services, consistent with professional standards of practice, the comprehensive person-centered care plan, and the residents' goals and preferences for two (#1 and #2) of three residents out of four sample residents.</p> <p>Specifically, the facility failed to:</p> <ul style="list-style-type: none"> -Offer person-centered non-pharmacological pain interventions for Resident #2; -Ensure pain medication was administered as ordered and the as needed (PRN) pain medication had parameters for Resident #2 and Resident #1; -Follow-up on documented ineffective pain medication for Resident #2; and, -Appropriately assess Resident #1's pain level. <p>Findings include:</p> <p>I. Professional reference</p> <p>The American Medical Directors Association (AMDA) The Society for Post-Acute and Long-Term Care Medicine Pain in the Post-Acute and Long-Term Care Setting Clinical Practice Guideline. [NAME], MD (2021), retrieved on 5/31/24 from www.paltc.org. It read in pertinent part, When several options for administering analgesics are ordered for a patient, nursing staff need adequately detailed guidance concerning how and when to select a PRN medication from among the several options that have been ordered.</p> <p>II. Facility policy and procedure</p> <p>The Pain Management policy, dated 5/3/23, was provided by the clinical nurse consultant (CNC) on 5/28/24 at 2:23 p.m. It read in pertinent part, Purpose: To accurately assess and achieve pain control.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0697</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>All residents will be evaluated for pain by utilizing a pain evaluation tool in (the electronic medical record). The pain evaluation will be completed on admission, readmission, quarterly, and with any significant change in condition.</p> <p>When a resident complains of pain, ask the resident to rate the level of pain using the Numerical Scale, using a pain level of zero (none) to ten (severe). Cognitively impaired residents have pain evaluated using the Pain Assessment in Advanced Dementia (PAINAD) scale.</p> <p>Do not forget the non-pharmacological interventions such as repositioning, relaxation, aromatherapy, visualization, desensitization, massage, and humor therapy. Non-pharmacological interventions should be documented in progress notes and included on the individual resident care plan.</p> <p>III. Resident #2</p> <p>A. Resident Status</p> <p>Resident #2, age 71, was admitted on [DATE]. According to the May 2024 computerized physician orders (CPO), diagnoses included orthopedic aftercare following surgery related to spondylolisthesis (fracture of a vertebra in the spinal column causing it to slip out of place), spinal stenosis (narrowing of the spinal canal), chronic obstructive pulmonary disease, (lung disorder causing breathing difficulty) and unspecified diastolic (congestive) heart failure.</p> <p>The 4/29/24 minimum data set (MDS) assessment revealed the resident was cognitively intact with a brief interview for mental status (BIMS) score of 15 out of 15. He required partial to moderate assistance with transfers and walking.</p> <p>The assessment documented he received routine and as needed (PRN) pain medication. The resident did not receive non-medication interventions for pain during the review period.</p> <p>B. Interview and observation</p> <p>Resident #2 was interviewed on 5/28/24 at 1:05 p.m. Resident #2 was in his room sitting in a wheelchair. He said he had a lot of pain due to recent back surgery. He said he took Tylenol, ibuprofen and Norco (hydrocodone-acetaminophen). He said the Norco was cut back to every 12 hours and sometimes it did not relieve his pain after he took it. He said he could take Tylenol as needed but it really did not help. He said he did get a Lidocaine patch (pain patch) which he said helped. He said sometimes the staff forgot to give it to him. He said it was in a different drawer than his pills and the nurses would forget to give it to him. He said the thing that helped the most with his back pain was a bath. He said he could only have a bath two times per week at the facility. He said on a follow-up doctor's appointment, the doctor did a scan and the screws in his back were loose, which was causing him increased pain.</p> <p>C. Record review</p> <p>The comprehensive pain assessment, completed on 4/22/24, indicated Resident #2 had back pain that interfered with his sleep, activities of daily living (ADL) and limited his physical activity. Resident #2 described the pain as sharp and throbbing.</p> <p>(continued on next page)</p>		

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<p>F 0697</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>According to the May 2024 CPO, Resident #2 had the following physician's orders for pain management:</p> <ul style="list-style-type: none"> -Celebrex capsule 100 milligrams (mg) two times per day for post-operative pain, ordered 5/24/24; -Norco (hydrocodone-acetaminophen) 10-325 mg one tablet every 12 hours as needed for low back pain, ordered 4/30/24; -Biofreeze External Gel 4 % (menthol topical analgesic) apply to lower back every four hours as needed for pain, ordered 4/29/24; -Ibuprofen tablet 200 mg, give 400 mg three times per day for back pain, ordered 4/23/24; -Tylenol extra strength (acetaminophen) 500 mg, give two tablets every eight hours as needed for back pain, ordered 4/23/24; and, -Lidocaine HCl external patch 4 %, apply to back one time per day and remove per schedule, ordered 4/22/24. <p>According to the May 2024 medication administration record (MAR), the Norco was ineffective for pain rated by Resident #2 as 8 out of 10 on 5/4/24 at 2:35 a.m. and ineffective for pain rated as 7 out of 10 on 5/5/24 at 7:13 pm.</p> <p>-A review of Resident #2's electronic medical record (EMR) did not reveal as needed pain medications were administered when the resident reported ineffective pain follow-up on 5/4/24 and 5/5/24 and there was no documentation indicating non-pharmacological pain interventions were offered.</p> <p>According to the May 2024 MAR (reviewed from 5/1/24 to 5/28/24), the Lidocaine patch was not administered six out of 28 days for the following reasons:</p> <ul style="list-style-type: none"> -On 5/4/24 the resident declined the patch due to having a bath. There was no documentation that it was applied after the bath. -On 5/8/24 the medication was out of stock. There was no documentation indicating the physician or the pharmacy was notified. -On 5/11/24 the medication was unavailable and the facility was awaiting the order. There was no documentation that the physician or the pharmacy were notified. -On 5/15/24 the medication was not available. There was no documentation that the physician or the pharmacy were notified. -On 5/21/24 the MAR was blank and there was no documentation indicating why the medication was not given. -On 5/23/24 the resident was taking a bath. The charge nurse was notified to apply the patch after the resident finished his bath. There was no documentation indicating the patch was applied after the bath. The MAR was blank. <p>(continued on next page)</p>		

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<p>F 0697</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>The pain care plan, initiated on 4/22/24, indicated the resident had pain. Interventions included administering medication per orders, reporting to the nurse any complaints of pain, evaluating the effectiveness of the pain interventions and notifying the physician if the interventions were unsuccessful.</p> <p>-A review of the Resident #2's EMR did not reveal documentation of person-centered non-pharmacological pain interventions or documentation that non-pharmacological pain interventions were attempted.</p> <p>D. Interviews</p> <p>Licensed practical nurse (LPN) #1 was interviewed on 5/28/24 at 11:25 a.m. LPN #1 said if a medication was not in the medication cart she would check the medication room where extra medications were stored. She said if the medication was not there she would double check the cart. She said if she could not find the medication in the medication cart she would get it from the medication dispensing machine that contained back-up medications. She said she would order the medication from the pharmacy right away. She said the pharmacy delivered medications to the facility daily at 7:00 p.m. and 1:00 a.m. She said the pharmacy would deliver up to four times per day if needed. She said if a medication was not available in the medication dispensing machine, she would notify the provider to put the medication on hold until it arrived.</p> <p>LPN #2 was interviewed on 5/28/24 at 1:15 p.m. LPN #2 said if a pain medication was not effective, she would do a full pain assessment. She said she would check to see when pain medication was last given to the resident and check to see if the resident had any PRN pain medications that could be administered. She said if there were no physician's orders or if the medication could not be given yet, she would call the on-call provider to ask for additional medication. She said she also offered non-pharmacological interventions such as relaxation, music, massage or asked the resident what worked for them.</p> <p>IV. Resident #1</p> <p>A. Resident status</p> <p>Resident #1, age 80, was admitted on [DATE]. According to the May 2024 CPO, diagnoses included multiple sclerosis (disease that affects the nervous system), Alzheimer's dementia and chronic pain.</p> <p>The 3/29/24 minimum data set (MDS) assessment revealed Resident #1 had severe cognitive impairment with a BIMS score of two out of 15. He required total assistance with transfers and did not walk. He was independent with wheelchair mobility.</p> <p>B. Resident representative interview</p> <p>The representative for Resident #1 was interviewed on 5/28/24 at 10:20 a.m. Resident #1's representative said his pain medication was recently changed from Fentanyl patches to pills. She said he had missed some doses of the new medication because the pharmacy did not deliver it right away.</p> <p>C. Record review</p> <p>(continued on next page)</p>		

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<p>F 0697</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>The comprehensive pain evaluation, dated 11/27/23, documented the resident was unable to verbalize his pain level and a non-verbal faces pain indicator was utilized.</p> <p>The May 2024 CPO revealed the resident had a physician's order for staff to monitor the resident's pain level every four hours and document what the resident was doing at the time of the assessment and if the resident was having pain, ordered on 5/15/24.</p> <p>-The physician's order did not specify to utilize the PAINAD scale instead of a numerical scale due to the resident's cognition.</p> <p>-A review of Resident #1's EMR revealed the licensed nurses were not utilizing the PAINAD scale for Resident #1 on a consistent basis. During May 2024 (from 5/1/24 to 5/28/24), the PAINAD scale was utilized 40 times out of 207 opportunities when pain was assessed. The numerical pain scale was used 167 out of 207 opportunities.</p> <p>The pain care plan, initiated on 9/22/17 and revised on 3/24/24, revealed the resident had pain related to multiple sclerosis, bladder neck obstruction, chronic pain and muscle spasms. The care plan indicated the resident was able to call for assistance when in pain, ask for medication, say how much pain he was experiencing and explain what increased or alleviated pain. Pertinent interventions included administering medications as ordered, anticipating the resident's need for pain relief and responding immediately to any complaint of pain, monitoring/recording/reporting to nurse any signs of non-verbal pain, monitoring for probable cause of each pain episode and removing or limiting causes of pain when possible.</p> <p>-A review of Resident #1's EMR did not reveal documentation of person-centered non-pharmacological pain interventions or documentation that non-pharmacological pain interventions were attempted.</p> <p>The May 2024 CPO revealed the resident had a physician's order for Methadone HCL 5 mg, 0.5 tablet two times per day for pain management, ordered on 5/16/24.</p> <p>A review of the May 2024 MAR (from 5/1/24 to 5/28/24) revealed the resident was not administered the Methadone HCL 5 mg 0.5 tablet on 5/16/24 at 7:00 p.m. and on 5/17/24 at 5:00 a.m.</p> <p>-There was no documentation indicating the physician or the pharmacy were notified the medication was not given.</p> <p>The 5/17/24 nursing progress note documented the nurse called the pharmacy at 9:40 a.m. The pharmacy technician advised the nurse the prescription had been received that morning (5/17/24) and would be delivered to the facility at 2:00 p.m.</p> <p>C. Staff interviews</p> <p>The director of nursing (DON) and the nursing home administrator (NHA) were interviewed together on 5/28/24 at 11:39 a.m.</p> <p>(continued on next page)</p>		

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<p>F 0697</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>The DON said the medical director reviewed the pain regimen for Resident #1 on 5/15/24. She said the medical director ordered Oxycodone 10 mg three times a day. She said on 5/16/24, the hospice doctor changed the Oxycodone to Methadone HCL 5 mg, 0.5 tablet two times a day. The DON said the hospice physician recommended continuing the Oxycodone until the Methadone was delivered by the pharmacy.</p> <p>-However, the Oxycodone was discontinued on 5/16/24 at 11:07 a.m. leaving Resident #1 without routine pain medication the evening of 5/16/24 and the morning of 5/17/24.</p> <p>LPN #1 was interviewed on 5/28/24 at 3:00 p.m. LPN #1 said pain assessments were completed every shift. She said she completed pain assessments on all of the residents on her assigned unit in the morning at the beginning of her shift. She said she asked the residents to verbalize their pain from 0 to 10. She said if the resident could not verbalize, or if they had dementia, she used the non-verbal assessment. She said she thought the pain assessment order should specify if the licensed nurses were to use the PAINAD.</p> <p>Registered nurse (RN) #1 was interviewed 5/28/24 at 3:05 p.m. RN #1 said she completed a pain assessment if the resident asked for as needed pain medications. She said she used the numerical pain scale. RN #1 said the physician's order specified when to give as needed pain medications. She said after she administered a PRN pain medication she followed-up with the resident about two hours after the medication was given to see if the pain had improved. She said if the pain had not improved then she looked to see if there was another medication she could administer. She said if the resident had dementia she used non-verbal signs of pain like facial expressions.</p>		