

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  145220	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED  03/27/2025
NAME OF PROVIDER OR SUPPLIER  Pine Crest Health Care		STREET ADDRESS, CITY, STATE, ZIP CODE  3300 West 175th Street Hazel Crest, IL 60429	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0689</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p> <p>Note: The nursing home is disputing this citation.</p>	<p>Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 34071</p> <p>Based on interviews and record reviews, the facility failed to implement resident-centered interventions on a resident with behavior of agitation and limited mobility on upper extremities in preventing injury for one (R3) of four residents reviewed for accidents. This failure resulted in R3 experiencing pain, swelling, and bruising to left upper and mid arm which requires emergent transfer to the hospital and was found to have an oblique displaced fracture through the proximal diaphysis of the left humerus.</p> <p>Findings include:</p> <p>R3 is a [AGE] year-old, male, admitted in the facility on 02/04/2020 with diagnoses of Bipolar Disorder, Unspecified; Other Reduced Mobility; Stiffness of Unspecified Joint, Not Elsewhere Classified; Weakness; and Limitation of Activities due to Disability.</p> <p>MDS (Minimum Data Set) dated 12/24/24 recorded that R3 has BIMS (Brief Interview for Mental Status) score of 14 which means no impairment in cognition. His MDS also recorded that he needs substantial/maximal assistance for upper body dressing. R3 has impairment on both upper extremities.</p> <p>According to progress notes dated 02/20/25, while R3 was getting assistance with ADLs (activities of daily living) by CNA (Certified Nurse Aide), a pop sound from his (R3) left shoulder was heard. An Xray was ordered.</p> <p>R3's Radiology report dated 02/20/25 recorded: No recent fracture or dislocation.</p> <p>Incident report dated 02/26/25 documented that R3 was noted with swelling and bruising to his left upper and mid arm. R3 previously had a stat (immediately) Xray on the left shoulder done on 02/20/25 after a pop sound was heard as staff were assisting with pulling off his shirt. R3 was sent to the hospital for further evaluation and management.</p> <p>(continued on next page)</p>		

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0689</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p> <p>Note: The nursing home is disputing this citation.</p>	<p>Hospital records dated 02/26/25 documented: R3 presented for evaluation of left upper extremity swelling. R3 states that earlier today aide at nursing facility was pulling patient's arm out of his shirt when he felt a snap and developed severe pain in his left shoulder. R3 continued to have left arm pain and swelling and thus was brought to ER (emergency room ) for further work-up. Hospital records also indicated that an Xray of the left humerus was performed showing R3 sustained an oblique displaced fracture through the proximal diaphysis of the left humerus. No focal geographic bony abnormality to suggest pathologic fracture.</p> <p>On 03/20/25 at 3:09 PM, V6 (Licensed Practical Nurse, LPN) was asked regarding R3 and incident on 02/20/25. V6 stated, On 02/20/25, it was V5 (CNA) who notified me to come to his (R3) room because he (V5) and V7 (CNA) were trying to assist him (R3) back to bed after dinner. I went to his (R3) room, he (R3) was agitated with them, said his left arm hurts, because they were trying to put him in bed. I did my assessment, no bruise, no open area. I called V14 (Nurse Practitioner), stat X-ray was ordered. I was off for 3 days, when I came back, I asked and was told that there was no fracture. Two to three days after, we got him up, V14 was trying to examine him and he couldn't move his (R3) arm, so he was sent out as ordered. V6 was asked if R3 has any limitations on his arms. V6 replied, Both arms are a bit contracted, unable to move his arms freely. He is dependent on staff for ADLs. He can still lift his arms a little.</p> <p>On 03/20/25 at 3:36 PM, V5 was interviewed regarding R3's incident on 02/20/25. V5 stated, I was one of the CNAs, I was helping V7. We were doing the care, taking his (R3) clothes off, and as we were taking his shirt off, he pulled away and that is when we heard a pop in his arm. He became agitated and that is when the pop came from his arm. I was the one taking his shirt off. Once I heard the pop, I immediately called the nurse. He did not complain of any pain. He was not agitated at first, he became agitated when I attempted to remove his shirt. This was the first time I worked with him (R3) and it happened. V5 was asked on how he removed R3's shirt. V5 continued, I tried to pull the shirt from the back when that didn't work, I grabbed the sleeve from his arm. I was holding his arm and I pulled the sleeve from his wrist and pulled it out. And that is when he became agitated and that's when the pop noise happened.</p> <p>On 03/20/25 at 3:47 PM, V7 was also asked regarding R3. V7 stated, We (V5 and me) were trying to take his (R3) sweater off. He kind of pulled back and we heard his arm popped and we go to get the nurse. It was the left that popped. He is alert and oriented. I don't know if his arms were contracted or not, that was my first time working with him.</p> <p>R3's Restorative Nursing Review Notes dated 12/24/24 recorded the following:</p> <p>Range of Motion:</p> <p>2. Left shoulder - severe loss/less than 50% of norm</p> <p>4. Left elbow - severe loss/less than 50% of norm</p> <p>6. Left wrist and fingers - severe loss/less than 50% of norm</p> <p>Muscle strength and loss of functional movement: left shoulder, left elbow, left wrist - poor</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p> <p>Note: The nursing home is disputing this citation.</p>	<p>On 03/25/25 at 12:33 PM, V11 (CNA) was asked regarding R3 and range of motion. V11 stated, He has contracted upper extremities. He has stiffening on both arms, can bend elbows but shoulders are stiff. He is unable to move the upper extremities wide enough. If he gets agitated during dressing, depending on his mood, for the most part, he will kick his bed, [NAME] from side to side, he'll tell us to leave him alone. We will leave the room and come back later, otherwise he will not stop screaming. We will give him time to cool down and then attempt again later. When he gets agitated, he is not combative, he [NAME] from side to side and will scream. When we remove his shirt off, we don't hold the hand or arms. We will lay him in bed, we'll pull the shirt off by turning him from one side to another. When the shirt is on the upper chest, we will slide it over the head and slide out from the arms. We don't extend his arms at full length. For the most part, every CNA has had experience with him, knows how to do ADL care on him.</p> <p>On 03/25/25 at 1:01 PM, V12 (Licensed Practical Nurse, LPN) was interviewed regarding R3. V12 replied, He is alert. His upper extremities are contracted. He required total care; he is a feeder. He does not use his arms and hands; he could move them a little but not able to fully extend it to the sides or front. When we do ADL care, when removing shirt on R3, slide the shirt off from the back to head then slide it out from the sleeves. No need to pull or hold the hands.</p> <p>On 03/25/25 at 2:50 PM, V13 (Restorative Nurse) stated during interview, R3 had limitations to his bilateral shoulder. He could only extend his shoulders like less 50% of the norm. And any type of hyperextension, he cannot do it. His arms and shoulder cannot rotate. He usually wears loose fitting clothes. When you take his shirt off, pull the shirt off from the back, slide it over the head, slide it out to the arms, one arm at a time. You don't need to hold or grab his arms because his clothes are loose fitting and easy to take off. It is not necessary to hold his arm, just slide it off. He can be a little agitated especially when he wants something to do and he cannot do it, he become frustrated and agitated. He has a behavior of waddling himself and kind of pulling back, so any type of joint movement and when you are holding his hand or shirt can cause some resistance, and it could potentially lead to some type of pain or injury. That is why, when you are taking his shirt off, just let it slide off. He is alert enough to tell you what was going on.</p> <p>V3 (Director of Nursing) was also interviewed on 03/25/25 at 2:20 PM regarding R3. V3 stated, With the incident on 02/20/25 for R3, he pulled back while CNA was removing his shirt off from his left arm. The CNA said he had gotten agitated, resistive at that point. Whenever a resident gets agitated, let him cool down by not touching the resident, get another staff member involved, calm resident down. In other words, do not continue providing the care. V3 was also asked on how to remove R3's shirt. V3 verbalized, R3 is one of the residents with limited movements. His arms cannot go all the way up. He can move it to certain extent but not all the way. If you have a resident with contracted arms, you will pull the shirt off over the head first before pulling the shirt out to the arms. You don't have to hold the arm when pulling off the sleeves. If a resident has an impairment on one side, start with the normal side then to the impaired side. You should not hold the hand or arm when removing the shirt off. Let the sleeve slide out from the arms.</p> <p>On 03/25/25 at 11:38 AM, V9 (Social Services Director) was asked regarding R3's behavior. V9 stated, He is alert, oriented, no aggressive behavior, not overly delusional, gets agitated at times when refusing care, like he does not want to take shower or get out of bed. But not being difficult during assistance in ADL care, not that I am aware of. He is usually cooperative and compliant with care. He'll have those days that are not pleasant but most of the time, he is pleasant and cooperative.</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p> <p>Note: The nursing home is disputing this citation.</p>	<p>Provide special instructions and precautions.</p> <p>There was no other policy presented by facility related to prevention of accidents during ADL care or during provision of care upon request.</p>