

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145386	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 09/26/2024
NAME OF PROVIDER OR SUPPLIER Southgate Health Care Center		STREET ADDRESS, CITY, STATE, ZIP CODE 900 East Ninth Street Metropolis, IL 62960	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0692</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p>	<p>Provide enough food/fluids to maintain a resident's health.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 49664</p> <p>Based on observation, interview, and record review, the facility failed to monitor weights and implement interventions to prevent weight loss for 1 of 3 (R3) residents reviewed for nutrition in a sample of 8. This failure resulted in R3 sustaining 9.5% weight loss in less than 1 month and.</p> <p>a 14% weight loss in less than 3 months.</p> <p>Findings include:</p> <p>R3's Admission Record documents an admitted [DATE] with diagnoses including Chronic Obstructive Pulmonary Disease (COPD), Mild protein-calorie malnutrition, Pulmonary Hypertension, Parkinson's Disease, and Repeated Falls.</p> <p>R3's Minimum Data Set (MDS) dated [DATE] documents a Brief Interview for Mental Status (BIMS) score of 13 indicating R3's cognition is intact. Section GG, Functional Abilities, indicates R3 requires set up or clean up assistance with eating. Section K, Swallowing/Nutritional Status, documents that R3 weighs 180 lbs, R3 has had a gain of 5% or more in the last month or a gain of 10% or more in the last 6 months, and R3 is not on a physician-prescribed weight-gain regimen.</p> <p>R3's Monthly Weight Report documents a weight for August 2024 of 181.2 lbs September 2024 of 174 lbs. R3's Weights and Vitals Summary in the Electronic Health Record documents R3's weight on 7/1/24 was 189.2 lbs, 7/8/24 was 187 lbs, 7/15/24 of 183 lbs, 7/22/24 of 180 lbs, 8/5/24 of 181.2 lbs, 8/26/24 was 179 lbs (pounds), on 9/6/24 was 174 lbs, on 9/10/24 was 170.4 lbs, and on 9/23/24 was 166 lbs. A handwritten note on this same report documents a corrected weight of 162 lbs on 9/24/24. The documented weights from 8/26/2024 to 9/24/2024 indicate that R3 had a 9.5% weight loss in less than 1 month. The documented weights from 7/1/24 to 9/24/24 indicate that R3 had a 14% weight loss in less than 3 months.</p> <p>R3's Care plan includes a focus area (with a revision date of 4/27/2024) of R3 was admitted with history of weight loss with frequent poor intakes and diagnosis of malnutrition. IBW (Idea Body Weight) is 151 pounds-163 pounds. The documented Goal (with revision date of 8/14/2024) of R3 will maintain weight of 154 pounds or more through next review with target date of 11/15/2024.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0692</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p>	<p>R3's Order Summary Report with active orders as of 9/24/24, documents diet of Mechanical Soft Texture, honey consistency liquids and ground meat with an order date of 9/23/2024 and an order dated 9/24/24 for Arginaid 2 times a day for wound healing. There were no other orders documented on the Order Summary Report for nutritional supplements.</p> <p>R3's Most recent Nutritional assessment dated [DATE], documents assessment as Annual Assessment. R3's weight documented on assessment is 186.2 lbs, height 70 inches with BMI of 26.7. Ideal Body Weight 149 pounds-183 pounds. Diet is documented as Regular, mechanical soft with honey thick liquids. The same assessment documents there have been significant weight changes, marked as weight gain of 1.5% in one month. R3's feeding ability is marked as self-fed after tray set up and documents a goal of weight maintenance by monitoring weekly weights. This Nutritional Assessment is signed by V 15 (Registered Dietitian).</p> <p>On 9/24/2024 at 12:50PM, R3 was observed resting in bed, refused interview. R3's bedside table was observed with a snack within reach. R3 had tray on the bedside table with approximately 25% of food consumed. There were no dietary supplements noted on R3's tray.</p> <p>On 9/24/2024 at 2:50PM, V15 (Registered Dietitian) was asked for notes for R3 in relation to his weight loss over the last 3 months from 187.6 to 162.0 as of today 9/24/2024. V15 was asked if she has seen R3 over the last 3 months due to his weight loss, V15 stated I am seeing him today. V15 was asked how she determines who she sees. V15 stated she gets a list from the dietary manager. V15 was asked if she was aware of the weight loss over the last 3 months, V15 stated I guess I don't, but you should know to expect a weight loss on a resident with Parkinson's.</p> <p>On 9/24/2024 at 2:55 PM, V16 (Dietary Manager) stated she makes the list of residents for V15 to see with her visits to the facility. The list provided was reviewed with V15 and V16 and R3 was not on the list to be seen for the last 3 months. V16 stated R3 does get ice cream at times and puddings but was aware there is no order to show this is being offered on a routine basis to promote weight gain.</p> <p>On 9/24/2024 at 3:00PM, V2 (Director of Nursing) provided a folder that contained monthly list of residents to be seen by V15 upon visits and verified R3 had not been placed on the visit list for V15 for the last 3 months. R3's nutritional assessment dated [DATE] was reviewed with V2. V2 stated R3 should have those assessments done quarterly. V2 stated she will make sure the weights are managed better and the list will reflect any weight losses. V2 verified R3 has ice cream under the task of the EHR (Electronic Health Record) but is not ordered to receive on a regular basis for weight promotion. V2 stated the weights were managed by V19 (Assistant Director of Nursing) who recently quit her job and V2 had to get weights caught up and reviewed appropriately. V2 stated R3 is on daily weights but was unsure when this was put into place and if so when this was used as an intervention. V2 was asked if R3's weight loss would be considered a significant weight loss and V2 stated yes, it is. V2 stated R3 has had frequent readmissions, and the ice cream and pudding did not get reinstated on one of the readmissions, we just missed it.</p> <p>On 9/24/2024 at 4:50 PM, this surveyor met with V2 and V4 (President/Owner) V4 stated V1 (Administrator) would be taking over the weight monitoring meetings and work with V2 to make sure the issues are addressed properly. V2 stated she was getting an order for ice cream and pudding for R3.</p> <p>(continued on next page)</p>		

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F 0692 Level of Harm - Actual harm Residents Affected - Few	The facility policy titled Weight Loss dated 3/31/2024, documents under Purpose that the facility will ensure that each resident maintains acceptable parameters of body weight, unless the resident's clinical condition demonstrates that this is not possible. Responsibilities documents, it is the DON, Quality Assurance, and Dietary manager to monitor the weight loss of residents. Under the section titled Procedure, #2. e) Calculate weight losses and notify the resident's physician and dietitian if there has been a 1.) 5% weight loss in one month, 2) 7.5% weight loss in 3 months, 3) 10% weight loss in 6 months.		