

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 165372	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 06/10/2026
NAME OF PROVIDER OR SUPPLIER Elm Crest Retirement Community		STREET ADDRESS, CITY, STATE, ZIP CODE 2104 12th Street Harlan, IA 51537	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0689 Level of Harm - Actual harm Residents Affected - Few	Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** Based on clinical record review, facility investigation file review, resident and staff interviews, and policy review the facility staff failed to follow the facility's fall policy and protocol to notify the charge nurse in order to complete an assessment in a timely manner and begin interventions after a resident had a fall for one of three residents reviewed for injuries of unknown origin and nursing supervision (Resident #1). The facility reported a census of 41 residents. The facility corrected the deficient practice per past noncompliance on 2/17/26 through the following actions: *The facility DON and Administrator began an investigation when the bruises were discovered on Resident #1 on 2/4/26.*The facility sent Resident #1 to the Emergency Department (ED) on 2/4/26 for evaluation. *The facility interviewed residents with BIMS >13 if they had a fall, what to do if they fall, if they felt safe at the facility. *Staff Education was provided on Unexplained Injuries, Fall Prevention to include reporting falls, and Compliance in reporting allegations of Abuse, Neglect and Exploitation and change in condition. ALL staff meeting was held on 2/17/26.*The new certified nursing assistant (CNA) was paired up with a more seasoned staff and provided 3 additional days of orientation (in addition to initial the 6 days of orientation she had when she started working at the facility on 12/29/25. Findings include:A facility self-report to the Department of Inspections, Appeals and Licensing (DIAL) submitted on 2/5/26 at 8:52 AM revealed an allegation of abuse between staff to a resident occurred on approximately 2/3/26. The incident summary revealed on 2/4/26, a CNA reported the resident had bruises to her right forehead, right eye and right hip. The resident stated she rolled out of bed. The resident complained of nausea and vomiting and was sent to the Emergency Department (ED) for evaluation. The facility began an investigation when the resident transferred to the hospital.The admission Minimum Data Set (MDS) assessment dated [DATE] revealed Resident #1 had diagnoses of nontraumatic intracranial hemorrhage (bleeding into the brain tissue not caused by trauma), cerebrovascular accident (CVA) (stroke), hemiplegia (paralysis on one side of the body), aphasia (inability to speak, write or read) and muscle weakness. The MDS indicated the resident had impaired short-term and long-term memory, and severely impaired decision-making skills. The MDS recorded the resident had no falls and no behaviors. The resident had impaired range of motion to her upper extremity on one side and bilateral lower extremities, and had dependence on staff for bed mobility, transfers and toileting.The Care Plan created on 10/31/25 and revised on 2/8/26 revealed Resident #1 had a stroke and had a risk for falls related to right sided paralysis. The resident required assistance with transfers and toileting. The Care Plan directed to use two staff for assistance with transfers and toileting, implement fall prevention/reduction precautions per the facility protocol, and ensure the call light was within reach. The following interventions were added related to a concern for a fall that had occurred: 2/4/26 - scoop mattress (added to the care plan on 2/8/26). 2/6/26 - do not leave resident alone on the commode and reinforce the need to call for assistance (added to the care plan 2/8/26). 3/18/26- store the commode in the bathroom when not in use. 5/21/26 -bed at lowest position and place a fall mat at the bedside whenever the resident was in bed. (added to the care plan on 5/22/26)A Fall Risk assessment dated [DATE] and 2/4/26 revealed the resident had a (continued on next page)		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER
REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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F 0689 Level of Harm - Actual harm Residents Affected - Few	D left the room to find a second person for the transfer. When Staff D and Staff C returned to Resident #1's room, she was on the floor between the commode and the bed. Staff C reported he asked if she was in pain and looked her over for bruising and didn't see any. During the interview with Staff C, he stated that I should have reported it but she looked ok. Staff D reported that she and Staff C went into Resident #1's room and found Resident #1 on the floor. Staff D asked Staff C what room number they were in so she could walkie for help. Staff C instructed Staff D not to report the incident. Staff D reported she was scared and did not know what to do as she was a new CNA and had not been involved in a fall before. Through the facility's investigation it was revealed that on 2/2/26 that Staff C and Staff D did not follow the facility's Fall Policy and Procedures and failed to report the incident. Per policy, the resident should have been assessed by a nurse prior to being moved. The policy then required a mechanical lift used to assist a resident off the floor. Resident #1's care plan was updated to include not leaving her alone on the commode as an intervention for the fall. The Facility Investigation File included the following written Staff Statements: Staff Q, Certified Medication Aide (CMA) and Restorative Aide (RA), wrote: On 2/2/26 about 8:00 AM, a CNA came to me saying Resident #1 was in pain. APAP (Tylenol) was given at that time. I helped the CNA set Resident #1 up, pulled up her pants and placed her in the wheelchair. I did not notice anything out of the ordinary. Staff F, CNA, wrote: On 2/3/26, I was not assigned to the [NAME] hall and did not have any contact with Resident #1. Staff G, agency CNA, wrote: I worked on 2/3/26 from 10 PM to 6 AM and was assigned to the North/West hall. Staff G had no knowledge of Resident #1 having a fall and did not hear anyone call for help. Staff H, CNA, wrote: I was the CNA for Resident #1 last night. Resident #1 was perfectly fine when Staff H put Resident #1 to bed around 8:00 PM. Resident #1 had no bruises on her body, and she was very aware and normal. Her bed was lowered and she was positioned in the middle (of the bed). Staff H peeked in on Resident #1 before leaving her shift and did not notice Resident #1 on the floor. Staff B, agency LPN, wrote: On 2/3/26, I worked the overnight shift from 10 PM to 6 AM. After I got report and checked all of the residents. Nothing seemed out of normality. I did rounds on the South side and checked on Resident #1. I did not see any bruises on the right side. It was hard to get a complete look as her right side is next to the roommate's bed and the curtain was in the way. The left side had no bruises. It seemed unlikely that she would fall on her right side as the beds are too close together and her roommate is alert. I did not hear or see anything on my shift that would lead me to believe anyone had any knowledge of a fall. I do apologize for overlooking the injury. I looked at it on 2/5/26. Bruises are on the right side of her face and body. The hip and above the left eye looked swollen or had a hematoma. Staff I, CNA, wrote: My only involvement with Resident #1 on 2/3/26 was I helped give report with Staff H to help Staff L understand his assignments. I did not help put Resident #1 to bed. I brought Resident #1 down to supper and saw nothing that seemed like she had fallen. Staff O, CNA, wrote: On 2/3/26, I worked on the South hall (assigned to rooms 212A-216). Around 3:30 PM, we dropped to 5 staff so I then had rooms 208 - 213B. Resident #1 was in her recliner when I checked on her. I talked to her and told her Staff I and I would be back soon to get her up for supper. We went back in to get her up about 15 minutes later. At that time, Resident #1 went to the dining room for supper. At 6:00 PM, Staff H took over that section of the hall. Staff K, LPN, wrote: I was working on 2/3/26 but did not work with Resident #1. A typed note signed by Staff R, agency CNA, revealed: On 2/3/26, Staff C and I took Resident #1 to the commode at approximately 3:15 PM. We transferred her with a two person stand pivot. I did not see any bruising to her face or hip. She did not complain about anything. We finished cares and put her back in the recliner. I gave her the call light and walked out of the room. Staff J, CNA, wrote: I got Resident #1 up on 2/4. I noticed Resident #1 had a big bruise on her forehead when I brushed her hair. Staff J reported it immediately to Staff P and to the nurse. Staff L, CNA, wrote on 2/4/26: I worked on the South wing where 209A was last night and assisted her roommate. I did not witness Resident #1 on the floor at any time during the shift. Staff E, agency CNA, wrote: I was assisting residents at breakfast this morning (2/4) and looked over at Resident #1 and asked if she was ok. She said no, and tears came to her eyes and she (continued on next page)		

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F 0689 Level of Harm - Actual harm Residents Affected - Few	started to vomit. Staff E noticed Resident #1 had a black eye and bruise on her forehead, and took Resident #1 to her room. Staff E gave Resident #1 a bath and noticed her right hip had a bruise. Staff E called the charge nurse. The charge nurse looked at it. Staff E noted she had worked with Resident #1 on 2/3/26 in the AM and there were no bruises or anything at that time. Staff A, RN, wrote on 2/4/26: I was told by Staff M, LPN, that they just took Resident #1 out of the dining room and she was vomiting. After entering the room, the CNA's pointed out the bruises on her forehead and right eye. It was decided to give Resident #1 a bath because she had diarrhea and vomiting. During the bath, Staff E called me and reported Resident #1 had a hematoma on her right hip and thigh. Staff A showed the DON after Resident #1 was placed in bed. Resident #1 stated no when asked if she fell. Resident stated yes when asked if she rolled out of bed. I asked Resident #1 how she got back into bed and she stated they picked me up. Nothing was passed on in shift report about a fall. Staff P, CNA, wrote: I came in at 4:17 AM, and went to 209A room around 4:30 AM and checked her brief. The brief was wet so Staff P changed Resident #1 and rolled her. Staff P thought it was a bit dark and did not see anything on Resident #1's right side. Staff M, LPN, wrote on 2/4/26: A CNA in the dining room asked if we had the blue puke containers. I said no, why, what's going on. The CNA proceeded to say the resident was throwing up. Another CNA rushed to get the resident to her room. The CNA's gave the resident a quick bath and laid the resident down. The CNA's reported bruises to another nurse on duty. Staff M came to the resident's room to get a set of vital signs and saw the DON and another nurse in the room looking at bruises on the resident. Nothing was passed along in report from the night shift. Staff S, CNA, wrote: Resident #1 showed no signs of injury. She was pleasant to staff. She was sound asleep in bed when I was in her room at 8:00 PM or so. Staff T, CNA, wrote on 2/4/26 at 7:30 AM: I helped Staff J with Resident #1. We rolled her to the right to change her in bed. We got her dressed in bed and then put the resident into the wheelchair, then put her finger glove and sling on. I did not notice anything about her. Staff C, agency CNA, note dated 2/6/26 revealed: On Monday 2/2/26 on the evening shift, Staff D and I put Resident #1 on the bedside commode before putting her to bed. We gave her the call light before leaving the room. While she was on the commode, Staff D dressed her into a gown. Staff C left the room to attend to another resident. Staff D came to get Staff C to transfer Resident #1 off the commode. We found her on the floor. We picked her up and sat her on the bed and asked her if she hurt. She stated no. I checked her over for any bruises on her body and head. I did not see anything at that time. Staff D, CNA, wrote the following statement dated 2/8/26: Staff C and I walked into Resident #1's room and put her on the commode. Staff C sat her down and I just pulled down her pants. I then gave her the call light and made sure she was okay. Staff C and I walked out of the room to give her privacy. We were not even gone five minutes and the call light came on, so we knocked and went in. Staff C was in front of me and saw her laying on the floor first. She was laying on her left side. I pulled out my walkie talkie and asked Staff C what room number it was, and he told me not to say anything because she had no bruises and appeared to not be hurt. Staff C then picked Resident #1 up and sat her back onto the commode to let her finish. We did not leave the room this time. Staff C then stood her up, Staff D wiped her, and then we sat her down and changed her gown because BM had gotten on it. Staff C laid Resident #1 down in bed. In an interview on 6/4/26 at 9:00 AM, Staff A, RN, confirmed she worked on 2/2/26, 2/3/26 and 2/4/26 on the day shift. Staff A stated a CNA assisted Resident #1 to the stool because Resident #1 had loose stools. The CNA came to tell the nurse that Resident #1 had bruising on her forehead under her hair(line). The CNA's decided to give the resident a bath and found a bruise on the resident's right hip when the staff got her into the bath. The bruise was a large purple hematoma and had a knot. Staff A reported she did not remember if Resident #1 had any falls prior to this time but no one had reported that Resident #1 had a fall or any other concerns about Resident #1 in shift report. Resident #1 did not have behaviors or situations when she tried to self-transfer. Staff A reported she did not even know if the resident could roll out of bed. Resident #1 required assistance of two staff and a gait belt for transfers. Staff A believed the scoop mattress was implemented after they found the bruises on (continued on next page)		

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F 0689 Level of Harm - Actual harm Residents Affected - Few	Resident #1. Staff A stated she had not been aware of any staff not reporting something to her, however the CNA's were very concerned when they came to her when they saw the bruises. In an interview on 6/4/26 at 9:45 AM, Staff L, CNA, reported he was unable to recall Resident #1. He had only worked at the facility for three months. The surveyor read the statement Staff L wrote on 2/4/26. Staff L stated he vaguely recalled the resident or anything. He did not believe there were any bruises on the resident. What he wrote in his statement is true. Staff L reported he got a little orientation when he started working at the facility. He got a paper that showed the residents and what he needed to do for the residents and how they transferred. He asked questions if he was not sure about something. Staff L stated if a resident had a fall, he would let the charge nurse know. (Per staff assignment/ schedule, Staff L was in training with Staff O for the dates 2/2/26 to 2/4/26. In an interview on 6/4/26 at 10:10 AM, Staff B, agency LPN, reported she recalled an incident about bruises on Resident #1. The bruises did not happen on her shift when she worked though. Resident #1 was sleeping and lying on her side when Staff B checked on the resident that night (2/2/26). At that time, Staff B stated she did not see any bruises but she did not roll the resident over to look at her other side while she was sleeping. She only saw the side that was not covered. Staff B reported she knows Resident #1 did not fall on her shift. There was a male CNA working on the night shift. It was his first night there and he wanted help for everything. The other CNA was getting annoyed with him asking for assistance all of the time. The other CNA that was working was a small girl and could not pick a resident up by herself. Staff B said nothing was reported to her about any concerns or falls that night. Staff B stated she heard that Resident #1 was up for breakfast and that was when the staff noticed the bruises. Staff B reported she had already gone home but she wrote a statement when she came into work the next day. Staff B also reported Resident #1 had a roommate in the room with her. The roommate was alert and oriented. The roommate would have screamed and said something if Resident #1 had a fall. Staff B stated she had not had any staff that did not report things to her. She would have reported if something happened. In an interview on 6/4/26 at 10:30 AM, Staff O, CNA, reported she would immediately get the nurse if she noticed a change in condition or if the resident had a fall. She would also make sure the resident was safe if the resident had a fall. She would get the resident up or do what was needed after the nurse did an evaluation. Staff O confirmed she worked on 2/2/26, and she had worked with Resident #1 prior to this date. Staff O reported she only gave a snack to Resident #1 and talked to her in the hall when she passed by but she did not provide care and had no physical/ hands on contact with the resident. Staff O reported she had not had a coworker tell her not to report something. Staff O said she would report if she saw or heard something. In an interview on 6/4/26 at 11:01 AM, Staff R, agency CNA, reported she did not recall a resident by the name of Resident #1. She never worked at the facility in 2/2026. In an interview on 6/4/26 at 11:05 AM, Staff Q, Restorative Aide, reported she was unaware of Resident #1 having any falls and she had never seen Resident #1 fall. Staff Q reported she had not observed Resident #1 trying to get up on her own but she had seen Resident #1 try to move her chair when she did not want to attend an activity or something. Staff Q confirmed she had not seen bruises on Resident #1. Staff Q reported she always let the nurse know if a resident had a fall, a bruise or other skin condition. In an interview on 6/4/26 at 11:20 AM, Staff H, CNA, reported Resident #1 needed the assistance of two staff and a gait belt for transfers and had dependence on staff to move her. Staff H stated she would not try to move Resident #1 by herself because it was hard to move her. Resident #1 tells them what she needs and used her call light. Resident #1 had a hard time talking but she could say a full word and Staff H could tell what Resident #1 wanted by the resident's facial expression and when she pointed at things. Staff H reported she had never observed Resident #1 trying to get up on her own. When Resident #1 was awake, she stayed in bed until staff could get her up. Staff H reported she heard that Resident #1 had falls but Staff H had not been present when Resident #1 fell. Staff H confirmed she was working at the facility on 2/3/26 night. Staff H put Resident #1 in bed on the evening of 2/3/26 and lowered the bed to the floor. The next day the DON sent her a text and wanted (continued on next page)		

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The fall mat was put in place because the facility staff thought the resident had rolled out of bed because Resident #1 said someone picked her up and put her back into bed. In an interview on 6/4/26 at 1:03 PM, Staff E, agency CNA, reported she worked the day shift on 2/2, 2/3 and 2/4/26. On 2/4/26 she looked over at Resident #1 in the dining room and asked Resident #1 if she was ok. Resident #1 vomited. Staff E lifted up Resident #1's hair and called the nurse over. Staff E went to give Resident #1 a bath and noticed a large purplish/blue bruise on her hip. Staff E stated she then called the nurse into the shower room and reported to the nurse what she saw. There were no falls or anything unusual reported during shift change. Prior to this day, Resident #1 was a fall risk and they checked on her more than usual. Staff E stated she did not ever see Resident #1 fall. Resident #1 did not use her call light much. The interventions that were in place prior to the incident with Resident #1 were: Do not leave the resident alone on the commode and use two staff for assistance. A fall mat placed on the floor was added after the bruises were found because the resident had a questionable fall. Staff E confirmed she had not had any staff tell her not to report things. She always reported to the nurse whenever she had a concern. It was safer to report than not to report anything. She would also report if she saw staff being rough with a resident. In an interview on 6/4/26 at 1:35 PM, Staff D, CNA, reported she had worked at the facility since 1/2026. Resident #1 required assistance of two staff for transfers and used the commode. Staff did most of Resident #1's cares for her because Resident #1 was paralyzed on one side of her body and could not do anything. Resident #1 used her call light on a rare occasion. Resident #1 never tried to get out of bed without assistance. Staff D reported she believed Resident #1 had fallen on the floor besides the one other time when Resident #1 fell off the commode when Staff D was working. The surveyor asked Staff D to talk about the incident when the resident fell off the commode. Staff D stated she was new to the facility. She had only worked at the facility less than two months when the incident happened. She and Staff C, CNA, walked into the room and put Resident #1 on the commode. Staff C said we will give her a few minutes. They gave Resident #1 the call light and left the room. When the call light was on, Staff D and Staff C came back to Resident #1's room and found Resident #1 on the floor. Resident #1 was lying face down and bent over like she was trying to fix something. Staff C looked Resident #1 over and instructed Staff D not to say anything because she had no bruises and she was not bleeding. Staff D stated she did not say anything at the moment but when the DON asked her a few days later about if she knew anything that happened, then Staff D told the DON about the incident. At that time, the resident had bruises to her forehead and arms. Staff D stated she felt deeply sorry about what happened, and to this day she thinks about it. Staff D reported she had a cheat sheet that she looked at to know what was needed for the residents and how they transferred. Resident #1 had always required the assist of two for transfers since Staff D had worked at the facility. A fall mat placed on the floor was added after the incident. Staff D reported on the day Resident #1 fell off the commode, that was the first time Staff D had ever experienced a resident that had had a fall and she did not know what to do at the time. Staff D stated now, if a resident had a fall she would not leave the resident's side, call for someone on the walkie talkie, and let the nurse do an assessment before they got the resident back up. In a follow up interview on 6/4/26 at 2:20 PM, Staff D reported she had six shifts of orientation on the evening shift, and then she got three additional days of training on the hall where Resident #1 resided after Resident (continued on next page)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 165372	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 06/10/2026
NAME OF PROVIDER OR SUPPLIER Elm Crest Retirement Community		STREET ADDRESS, CITY, STATE, ZIP CODE 2104 12th Street Harlan, IA 51537	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0689 Level of Harm - Actual harm Residents Affected - Few	#1 had the fall. Staff D oriented with another staff person showing her how to do things, how to care for each resident, how to lift the residents, and different procedures. They went over what to do in a fire. She also took dependent adult abuse training and completed some on-line education on Healthcare Academy. In a follow up interview on 6/8/26 at 5:48 PM, Staff D reported Resident #1 had a fall a few days later (after she fell off the commode) and when the facility started to investigate that fall, the bruises or injury did not match up with that fall. Staff D stated the facility had a book with policies but the facility management or staff did not go over specific policies with her. They just told her to go to the nurse about things. If a resident had a change in condition or she noticed a skin issue, she would go to the nurse. If a resident had a fall, she would also go and let the nurse know. In an interview on 6/8/26 at 8:10 AM, Staff N, RN, confirmed per the schedule that she worked the night shift on 2/2/26 and 2/3/26. Staff N stated she did not notice any bruises on Resident #1 at that time but she had seen bruises on this resident from time to time a while ago. Staff N reported she had noticed Resident #1's legs a little over the edge of the bed when she went in to see the resident so she would move her over on the bed. Resident #1 wiggles and will work herself out of bed. She had falls in the past and had a mat on the floor by her bed due to a history of a fall. Staff N reported she was unsure exactly when the mat was put in place as an intervention. In an interview on 6/8/26 at 9:30 AM, Staff I, CNA, reported she noticed some bruises just showed up on Resident #1 one day when she worked. She told the nurse about it. She was not aware that the resident had had any falls or injury. Resident #1 used a commode and required the assistance of two and a gait belt for stand pivot transfers. Staff I stated interventions for Resident #1 included placing the bed in a low position. A mat placed by the resident was a new intervention after bruises were found. Staff I stated she had never had anyone tell her not to report something if the resident had a change in condition or a fall/incident. She would report it to the nurse immediately. In an interview on 6/8/26 at 11:05 AM, Staff J, CNA, reported she was the one who found the bruises on Resident #1 and reported it to the charge nurse because she did not get anything in report about Resident #1 having bruises or anything. The resident had bruises on her scalp, a bruise on her hip, and on her arm. Staff J stated the nurse came and did an assessment and also called the DON. Resident #1 has always required assistance of two staff for transfers with a gait belt and toileting. Resident #1 had never tried to get up on her own, and she used her call light. In an interview on 6/8/26 at 1:25 PM, the DON, confirmed she and the Interim Administrator were involved in the investigation of bruises that were found on Resident #1. The DON believed Staff A, RN, came to her and told her Resident #1 had bruises on her and the staff did not know what it is from. Resident #1 was in the tub when the staff found the bruises, and staff noticed Resident #1 had extensive bruising when they got Resident #1 back to her room. The DON stated she helped moved Resident #1 to a new room the day before and did not see any bruising at that time. Resident #1 was sent to the ED for evaluation since she was vomiting and had bruising. The DON stated she called staff and tried to find out what happened. She thought it happened the night before so she called the staff who worked that night. When they did not figure anything out from the staff who worked the night shift, she broadened out their investigation and talked to staff that worked on the evening and day shift. She also requested all staff to fill out a statement. The DON reported she spoke with Staff C, agency CNA, that worked that evening. She requested him to fill out the form. He kind of held back a while. She noticed Staff C had not filled anything out so she approached him and said she needed his statement before he left that night, then he finally said he put Resident #1 on the commode. Staff C was in the room with Staff D, then Staff C went to do something else and when he came back, Resident #1 was on the ground. The DON reported Resident #1 had no falls previously that she can recall. Keeping the bed in a low position was on Resident #1's care plan already due to the resident had a risk for falls and paralysis. The interve		