

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 165587	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 03/12/2025
NAME OF PROVIDER OR SUPPLIER Northbrook Healthcare and Rehabilitation Center		STREET ADDRESS, CITY, STATE, ZIP CODE 6420 Council Street NE Cedar Rapids, IA 52402	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0550</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Honor the resident's right to a dignified existence, self-determination, communication, and to exercise his or her rights.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37072</p> <p>Based on staff interview, resident record review, and facility policy review the facility failed to treat 1 out of 3 residents reviewed with respect and dignity (Resident #7). The facility reported a census of 73 residents.</p> <p>Finding include:</p> <p>The Minimum Data Set(MDS) assessment tool dated 1/23/25, listed diagnoses for Resident #7 which included history of traumatic brain injury and non Alzheimer's dementia. The MDS stated the resident required extensive to total assist of staff for toileting, hygiene, showering, and personal hygiene. The MDS listed the resident's Brief Interview for Mental Status (BIMS) score as 5 out of 15, indicating severe cognitive impairment.</p> <p>Review of the Progress Note dated 1/21/2025 at 2:25 PM revealed a follow up with Resident #7 about physical abuse incident. He denies feeling unsafe or scared for his safety.</p> <p>Review of the summary of Allegation of Abuse document revealed on 1/15/25 at 9:55 AM Staff C, CNA struck Resident #7 on the back of the head. The swat to the head had enough force that it caused his chin to go forward towards his chest.</p> <p>On 3/10/25 2:41 pm Staff D, Registered Nurse (RN) reported Staff B, Certified Medication Aide (CMA) came to her and said she needed to talk to her immediately. She told me she needed to report what she believed was abuse. She informed me Staff C, Certified Nursing Assistant (CNA) hit Resident #7 in the back of the head. She could not remember the date but stated it was on first shift during the week. She reported this immediately upon leaving the room with the resident.</p> <p>On 3/11/25 at 1:04 pm Staff B, Certified Medication Aide (CMA) stated she was working the floor on 1/15/25 when staff C, CNA came and asked for help with a transfer for Resident #7. We transferred Resident #7 to his wheelchair. After the transfer Staff C smacked Resident #7 in the back of the head with her hand and said I wish I would have broke it. I did not say anything to her but immediately took the resident and reported it to the charge nurse. Resident #7 had a shocked look on his face. I was in shock I have never witnessed that in the past and I have been an aide for [AGE] years. She did not say why she did it or anything. We were not short staffed and it was not a stressful day. He did not have any visible injury.</p> <p>(continued on next page)</p>		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0550</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>On 3/12/25 at 9:07 am the Assistant Director of Nursing stated the incident with Staff C hitting Resident #7 was reported to her immediately on 1/15/25. I did have Staff C come in the office and gave her the opportunity to say if something was misconstrued but she did not say anything. I gave her the opportunity to tell her side of the story and she did not say anything.</p> <p>The facility provided an undated policy titled Your Rights and Protections as a Nursing Home Resident which revealed Be Free from Abuse and Neglect: You have the right to be free from verbal, sexual, physical, and mental abuse. Nursing homes can't keep you apart from everyone else against your will. If you feel you have been mistreated (abused) or the nursing home isn't meeting needs (neglect), report this to the nursing home, your family, your local Long-Term Care Ombudsman, or State Survey Agency. The nursing home must investigate and report all suspected violations and any injuries of unknown origin within 5 working days of the incident to the proper authorities.</p>

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<p>F 0921</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Make sure that the nursing home area is safe, easy to use, clean and comfortable for residents, staff and the public.</p> <p>19126</p> <p>Based on clinical record review, staff and resident interviews, policy review, and observations the facility failed to keep the facility in a clean, homelike manner. The facility reported a census of 73 residents.</p> <p>Findings include:</p> <p>Observation on 3/11/25 at 1:00 pm revealed the following:</p> <p>a. 5 of 9 resident rooms on Hall A noted to have window curtains that are falling down, not attached to the curtain rods.</p> <p>b. 3 of 7 resident rooms on Hall C noted to have window curtains that are falling down, not attached to the curtain rods.</p> <p>c. 2 of 11 residents rooms on Hall D do not have window curtains or rods but have a white sheet covering the entire window. 6 of 11 resident rooms noted to have window curtains that are falling down, not attached to the curtain rod. Room D-12 does not have any window covering.</p> <p>Observation on 3/11/25 at 1:00 pm revealed the following:</p> <p>a. 9 of 9 resident rooms on Hall A exterior windows are dirty, noted to have dust and grime covering the exterior window.</p> <p>b. 4 of 7 resident rooms on Hall C exterior windows are dirty, noted to have dust and grime covering the exterior window.</p> <p>c. 10 of 11 resident rooms on Hall D exterior windows are dirty, noted to have dust and grime covering the exterior window.</p> <p>d. 17 out of 21 rooms on Hall CR exterior windows are dirty, noted to have dust and grime covering the exterior window.</p> <p>During an interview with Resident #5 on 3/11/25 at 10:00 am, the resident stated she usually keeps her window curtains shut so she doesn't have to look at the dirty window. The facility identified the resident as alert and oriented with a Brief Mental Status Score of 15 out of 15.</p> <p>During an interview with the Staff A-Housekeeping Supervisor on 3/11/25 at 8:20 am and 11:00 am, revealed they are short housekeeping staff today. She stated she last washed the exterior windows last fall and voices the curtains falling off the rods had been a problem for some time. She reported they are to clean the exterior windows twice a year. She stated the Maintenance person will be working to put up curtain rods in D Hall so she can hang curtains on the windows.</p> <p>(continued on next page)</p>		

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