

Department of Health & Human Services
Centers for Medicare & Medicaid Services

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 185240	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 06/12/2026
NAME OF PROVIDER OR SUPPLIER Middlesboro Nursing and Rehabilitation Facility		STREET ADDRESS, CITY, STATE, ZIP CODE 235 New Wilson Lane Middlesboro, KY 40965	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0684 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide appropriate treatment and care according to orders, resident's preferences and goals. Based on observation, interview, record review and facility policy review, the facility failed to administer medications in accordance with provider order and established nursing practice for 1 of 19 sampled residents, Resident 3 (R3). Review of facility investigation, and interviews with Licensed Practical Nurse (LPN) 2, revealed R3 received medications per rectum rather than the ordered oral route. The findings include: Review of facility policy, Medication Administration Policy, subtitled Medication Preparation, last reviewed 12/22/2025, revealed the facility would ensure medications were administered as prescribed in accordance with manufacturers' specifications, as well as good nursing principles and practices. Further review revealed medication tablets may be crushed or capsules emptied out when it is safe to do so and when a resident has difficulty swallowing or is tube-fed and with a specific order from the prescriber. Continued review revealed the need for crushing medications must have been indicated on the resident's orders and the MAR medications were administered in accordance with written orders of the prescriber. Review of facility policy, Medication Administration Policy, subtitled Medication Administration, last reviewed 8/04/2024, revealed medications were administered in accordance with written orders of the prescriber. Further review revealed if a dose of scheduled medication was refused, a rationale should be given. Review of facility policy, Medication Discrepancy Report, dated 08/16/2011, revealed medication errors and drug reactions must be reported immediately to the Director of Nursing (DON), the resident's attending physician and the resident's responsible party, following a thorough assessment. Further review revealed a medication error was forwarded to the QAPI committee for analysis and would become part of the QAPI Committee minutes. Review of R3's admission Record revealed the facility admitted the resident from an acute care facility on 12/19/2022 with diagnoses including Unspecified cerebrovascular disease, Paranoid schizophrenia, and bipolar disorder. Review of R3's initial Minimum Data Set (MDS) assessment revealed the facility assessed the resident as having a Brief Interview for Mental Status (BIMS) score of 12 out of 15 which indicated he was cognitively intact. Further review of R3's medical record revealed he was discharged to inpatient psychiatric service on 05/21/2024. Continued review revealed R3 was his own responsible party. Review of R3's orders revealed, as of 04/16/2023, his diet was Controlled Carbohydrate (CCHO) with regular texture and thin liquids. Further review revealed R3 took medications whole. Review of R3's April 2023 Medication Administration Record revealed, on 4/16/2023 there were 14 medications scheduled at 8:00 PM and 9:00 PM, that LPN3 had administered. Those medications were: Atorvastatin Calcium, 20 milligrams (mg) by mouth (po) at bedtime (hs) Finasteride 5 mg po hs Trazodone Hydrochloride 75 mg po hs Amitiza 8 mcg po twice daily (bid) Benztropine Mesylate 0.5 mg po bid Celecoxib 100 mg po hs Haloperidol 2 mg po bid Metoprolol 25 mg, 1/2 tablet, po bid Mucinex 60 mg po bid Baclofen 10 mg po three times a day (tid) Depakote Sprinkles 125 mg po tid Gabapentin 100 mg po tid Polyethylene Glycol powder 17 gram po tid Sucralfate 1 gram po before meals and hs. Review of R3's progress notes revealed there was no documented evidence the route of medication administration had changed on 04/16/2023. Review of facility's General Investigation (Quality Assurance/Confidential), signed by the DON and the Administrator on 4/17/2023, revealed R3 stated to the resident had requested medication be administered rectally and the nurse followed his request. The incident was documented (continued on next page)		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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F 0684 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	as a medication error. Further review revealed nursing assessment revealed R3 was alert and oriented and had sustained no injury. Continued review revealed he had made no complaints and was educated during the interview regarding medication administration. Additional review revealed the nurses received a verbal reprimand and re-education, including the 5 Rights of Medication Administration, and the different routes of medication administration. R3 was his own responsible party but his daughter was notified, as well as the physician, and he was educated about the correct route of medication administration. Review of the risk and causal factors to the incident revealed R3 requested medications be administered rectally rather than by mouth and the nurse followed his request. The nurses were educated via phone after they had departed from the shift for verbal reprimand and education provided along with follow up education regarding Five Rights of Medication Administration and that she should have contacted the nurse practitioner or physician to request further instruction. Continued review revealed R3 received assessment on the following two days with no changes noted. Additional review revealed nurse interviews were that R3 refused to take his medication by mouth but would take them rectally, and they had complied with his request by crushing meds and administration per rectum. They reported he had exhibited no change in condition for the rest of the shift. Review of the Nurse Practitioner progress note, dated 04/18/2023, revealed the visit was at the request of the facility and was unremarkable for change of condition or any new complaints. Review of Employee Conference with LPN 3, dated 04/17/2023, revealed she received verbal reprimand regarding administering medication per rectum. She received education that the physician had to give an order to change the route of administration. She was further educated to call the DON or Assistant Director of Nursing (ADON) for direction when she was in a situation that she did not know what to do. Continued review revealed LPN 3 voiced understanding and verbalized she would administer medications per the ordered route. Additional review revealed LPN 2 received the same reprimand and education though while she voiced understanding, she stated she thought she was not doing anything wrong. Review of QAPI Summary, dated 04/20/2023, revealed the agenda item of Review of the 5 Rights of Medication Administration. Review of Medication Report, dated 01/09/2023, revealed LPN 3 had been successfully checked off for medication administration approximately three months prior to the incident. Review of the in-service record, revealed all licensed nursing staff were educated on the topic of Medication Administration from 04/17/2023 - 04/21/2023 in face-to-face format. Further review revealed specific focus on route of administration with follow up on medication passes by the Quality Assurance nurse, the ADON and DON. Further review revealed education covered the five rights of medication administration with key takeaways that correct medication administration requires close attention to detail, that the five rights are the right patient, right drug, right time, right dose and right route and that understanding medication routes of administration helps improve medication safety. Continued review revealed 20 medication administration reminders, including the 5 Rights of Medication Administration. LPN 3 was not available for interview, as she is no longer employed at the facility, moved out of state and no contact information was known for her. During interview with LPN 2 on 06/10/2026 at 9:40 PM, she stated R3 did receive medications rectally on one occasion. She stated LPN 3 was a new graduate and had reported R3 refused to take his medication orally but had stated he would only take them if given rectally. She stated LPN3 crushed the medication as directed when administering with applesauce but placed in lubricant and administered rectally as the resident had requested. She stated he did not scream out in pain or report feeling as though he had been raped. She further stated that she did not remember the date when this occurred, but it was quite a while before he was discharged. LPN2 stated she rounded on him later and he was in no distress and was pleasant with no report of feeling violated. She stated it was consistently apparent when he refused his psychiatric medications as evidenced by changing moods and behavior and that he felt better when he did have them. She stated the appropriate strategy if he refused medications and requested a different route would be to call the provider to notify and ask if he/she had different orders. During interview with LPN 4 on 06/12/2026 (continued on next page)		

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