

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 205095	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 02/25/2025
NAME OF PROVIDER OR SUPPLIER Kennebunk Center for Health & Rehabilitation, LLC		STREET ADDRESS, CITY, STATE, ZIP CODE 158 Ross Rd Kennebunk, ME 04043	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0554</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Allow residents to self-administer drugs if determined clinically appropriate.</p> <p>37648</p> <p>Based on observation, interviews, record review, and facility policy, the facilities interdisciplinary team failed to determine if it was clinically appropriate for a resident to keep a medication at bedside and self-administer medications for 4 of 5 residents reviewed. (Resident ##2, #3, #4 and #5).</p> <p>Findings:</p> <p>1. On 2/25/25 from approx. 8:15 through 9:02 a.m., the following was observed:</p> <p>Resident #2 had a medicine cup with an unknown cream on the bedside tray table.</p> <p>Resident #3 had a medicine cup with an unknown cream on the beside dresser.</p> <p>Resident #4 had pump bottle of Bio freeze and a tube of Triad Hydrophilic wound dressing paste on the bedside dresser.</p> <p>Resident #5 had a medicine cup with an unknown opaque color cream with a plastic cup over it on the bedside tray table.</p> <p>2. Review of Resident #2's medical record lacked evidence of a provider order for any cream treatment other than house stock lotions, an order for self-administration, a self-administration evaluation and a care plan for self-administration.</p> <p>3. Review of Resident #3's medical record contained a provider order, dated 8/6/24, for Biofreeze External Gel 4 % (Menthol (Topical Analgesic)). Apply to bilateral knees and shoulders topically every day and evening shift for OA (osteoarthritis), and an order dated 1/6/25 for Voltaren External Gel 1 % (Diclofenac Sodium (Topical))Apply to area of pain on feet topically two times a day for pain 2gm (grams). Further review, the record lacked evidence of a physician order for self-administration, a self-administration evaluation and a care plan for self-administration.</p> <p>4. Review of Resident #4's medical record contained a provider order, dated 2/10/25, for Biofreeze Professional External Gel 5 % (Menthol (Topical Analgesic)) Apply to legs topically every shift for leg pain. Further review, the record lacked evidence of a physician order for Triad Hydrophilic wound dressing paste, an order for self-administration, a self-administration evaluation and a care plan for self-administration.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0554</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>5. On 2/25/25 at approx. 9:02 a.m., Resident #5 was observed sitting on the side of the bed with the bedside tray table in front of him/her. On the table was a medicine cup with an unknown opaque color cream with a plastic cup over it and 2 medicine cups of applesauce with a spoon. At this time, in a brief interview, Resident #5 stated that the nurse was giving him/her medications, but they were too big to swallow, so she is cutting them in half. The surveyor asked what the unknown cream was for. Resident #5 stated, for arthritis pain. Surveyor asked if the nurse applies the cream, he/she stated, I do. At 9:05 a.m., the nurse entered the room with a cup of pills, upon leaving the room, the arthritis cream was left on the table. Review of Resident #5's medical record contained a provider order, dated 4/3/24, states, Voltaren External Gel 1% (Diclofenac Sodium (Topical)) Apply to bilateral hips topically every day and evening shift for Pain lower extremities, apply 4G (grams) of 1% gel to affected area (maximum 16g per joint per day). Further review of the medical record lacked evidence of a doctors order for self-administration, a self-administration evaluation and a care plan for self-administration.</p> <p>Review of facility policy Self-Administration, dated 10/2024 states and it request to self-administer medications, a self-administration evaluation is completed by the licensed nurse to evaluate the resident's safety and understanding of their medication/treatments. If the evaluation determines it is safe for the resident to self-administer, the licensed nurse will obtain an order from the health care provider for self-administration for the specific medication(s)/treatments. Upon obtaining the order for the medication treatment the licensed nurse will instruct the resident in the process of storing the medications safely which should include a locked box. The licensed nurse is responsible to account for every medication treatment on the EMAR and TAR . the IDT will initiate person-centered care plan for self-administration of medications/treatments.</p> <p>On 2/25/25 at 10:05 a.m., the surveyor and the Director of Nursing (DON) observed the above creams at bedside. The DON stated if a resident is administrating own medications, then there should be an MD order and evaluation completed.</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents.</p> <p>37648</p> <p>Based on observation, interview, and a review of Safety Data Sheets (SDS), the facility failed to ensure that the resident's environment was free of accident hazards relating to the storage of a chemical not being properly secured for 1 of 1 days of survey (2/25/25).</p> <p>Findings:</p> <p>The Safety Data Sheet for HDX Disinfectant Spray Linen Scent 19 oz noted the following:</p> <p>Description of first aid measures:</p> <p>Inhalation Remove to fresh air.</p> <p>Eye contact Rinse thoroughly with plenty of water for at least 15 minutes, lifting lower and upper eyelids. Consult a physician.</p> <p>Skin contact Wash skin with soap and water.</p> <p>Ingestion Rinse mouth.</p> <p>On 2/25/25 at 8:31 a.m., the surveyor observed Resident #1 to have a can of Great Value Disinfectant Spray Linen Scent on his/her bedside dresser. In a brief interview, Resident #1 stated he/she uses it for when it smells, and it's his/her personal can.</p> <p>On 2/25/25 at 10:05 a.m., the surveyor and the Director of Nursing (DON) observed Resident #1's can of Great Value Disinfectant Spray Linen Scent on the bedside dresser. At this time, the DON stated she was unaware of the disinfectant in the room and confirmed it should not be in the room or available for the resident to use.</p>

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<p>F 0761</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Ensure drugs and biologicals used in the facility are labeled in accordance with currently accepted professional principles; and all drugs and biologicals must be stored in locked compartments, separately locked, compartments for controlled drugs.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37648</p> <p>Based on observations, interviews and record reviews, the facility failed to ensure medications including treatments were stored properly on 2 of 4 units observed (Sagamore and [NAME] units). for 1 of 1 day of survey. (2/25/25)</p> <p>Findings:</p> <p>1. On 2/25/25 at 9:02 a.m., Resident #5 was sitting on the side of the bed with the bedside tray table in front of him/her. On the table was a medicine cup filled with an unknown opaque color cream with a plastic cup over it and 2 medicine cups of applesauce with a spoon. At this time, in a brief interview, Resident #5 stated that the nurse was giving him/her medications, but they were too big to swallow, so she is cutting them in half. The surveyor asked what the unknown cream was for. Resident #5 stated, for arthritis pain. Surveyor asked if the nurse applies the cream, he/she stated, I do. At 9:05 a.m., the nurse entered the room with a cup of pills, upon leaving the room, the arthritis cream was left on the table.</p> <p>2. On 2/25/25 at 10:05 a.m., the surveyor rounded with the Director of Nursing (DON) and observed the following:</p> <p>Sagamore unit:</p> <p>> Resident #2 had a medicine cup filled with an unknown/unlabeled cream on the bedside tray table. At this time, Resident #2 stated to both the surveyor and the DON, the cream was for the itch on his/her legs, which he/she will apply independently when needed.</p> <p>> Resident #3 had a medicine cup with an unknown/unlabeled cream on the bedside dresser.</p> <p>> Resident #4's bedside dresser was littered with treatment supplies including a pump bottle of Bio freeze and a tube of Triad Hydrophilic wound dressing paste.</p> <p>[NAME] Unit:</p> <p>> Resident #5 had a medicine cup with an unknown/unlabeled opaque color cream with a plastic cup over it on the bedside tray table.</p> <p>3. Review of Resident #2's medical record lacked evidence of a provider order for any cream treatment other than house stock lotions.</p> <p>4. Review of Resident #3's medical record contained a provider order dated 8/6/24 for Biofreeze External Gel 4 % (Menthol (Topical Analgesic)). Apply to bilateral knees and shoulders topically every day and evening shift for OA (osteoarthritis) and an order dated 1/6/25 for Voltaren External Gel 1 % (Diclofenac Sodium (Topical))Apply to area of pain on feet topically two times a day for pain 2gm (grams).</p> <p>(continued on next page)</p>		

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<p>F 0761</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>5. Review of Resident #4's medical record contained a provider order dated 2/10/25 for Biofreeze Professional External Gel 5 % (Menthol (Topical Analgesic)) Apply to legs topically every shift for leg pain. Further review, the record lacked evidence of a physician order for Triad Hydrophilic wound dressing paste.</p> <p>6. Review of Resident #5's medical record contained a provider order dated 4/3/24 for, Voltaren External Gel 1% (Diclofenac Sodium (Topical)) Apply to bilateral hips topically every day and evening shift for Pain lower extremities, apply 4G (grams) of 1% gel to affected area (maximum 16g per joint per day).</p> <p>At this time, the DON confirmed the unknown/unlabeled creams were stored improperly and removed the items from the above resident's rooms.</p>		

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<p>F 0842</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Safeguard resident-identifiable information and/or maintain medical records on each resident that are in accordance with accepted professional standards.</p> <p>37648</p> <p>Based on observations, record reviews and interview, the facility failed to ensure that clinical records were complete and contained accurate information for 1 of 5 residents reviewed for medications (Resident #5).</p> <p>Finding:</p> <p>On 2/25/25 at approx. 9:02 a.m., Resident #5 was sitting on the side of the bed with the bedside tray table in front of him/her. On the table was a medicine cup with an unknown opaque color cream with a plastic cup over it and 2 medicine cups of applesauce with a spoon. At this time, in a brief interview, Resident #5 stated that the nurse was giving him/her medications, but they were too big to swallow, so she is cutting them in half. The surveyor asked what the unknown cream was for. Resident #5 stated, for arthritis pain. Surveyor asked if the nurse applies the cream, he/she stated, I do. At 9:05 a.m., the nurse entered the room with a cup of pills, upon leaving the room, the arthritis cream was left on the table.</p> <p>On 2/25/25 from 10:05 a.m., through 10:17 a.m., during a walk through with the Director of Nursing (DON), both the surveyor and DON observed the above cream in a medicine cup, at this time, the DON removed the cream.</p> <p>Review of Resident #5's provider order dated 4/3/24 states, Voltaren External Gel 1% (Diclofenac Sodium (Topical)) Apply to bilateral hips topically every day and evening shift for Pain lower extremities, apply 4G (grams) of 1% gel to affected area (maximum 16g per joint per day).</p> <p>The Treatment Administration Records (TAR) states, the Voltaren gel is being applied twice daily and was applied topically on 2/25/25 at 10:03 by the nurse with the location of where the gel was applied as not recorded.</p> <p>On 2/25/25 at 10:21 a.m., in an additional interview, the surveyor discussed the documentation on the TAR for Resident #5's Voltaren gel being administered at 10:03 a.m., when both the DON and surveyor began the walk through at 10:05 and viewed several concerns before observing R#5's cream at the bed side and the resident states he/she applies the gel independently to his/her neck and right groin. At this time, the DON stated, maybe the nurse went back in and applied the gel.</p> <p>On 2/25/25 at 11:57 a.m., in an additional interview, Resident #5 was asked if the nurse applied the arthritis cream this morning. He/she stated no, I do it myself. The surveyor asked where he/she applies the cream, he/she replied On the back of my neck and right here (rubbing his/her right groin area) stating, I have a patch on by back but it doesn't do anything for the front, I actually have 2 patches on my back. The surveyor asked if it was Voltaren, Resident stated, Yes, that is it. The surveyor then asked, how often does he/she use Voltaren. Resident stated, Only when I ask for it, I only use it if I need it. Again, the surveyor asked if nursing has applied the Voltaren, he/she stated, No, I do it myself.</p> <p>(continued on next page)</p>		

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<p>F 0842</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>On 2/25/25 at approximately 1:15 p.m., the above was discussed with as discussed during exit with both the Administrator and the DON.</p>