

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 225495	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 09/11/2024
NAME OF PROVIDER OR SUPPLIER Timberlyn Heights Nursing and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 320 Maple Avenue Great Barrington, MA 01230	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide care and assistance to perform activities of daily living for any resident who is unable.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37400</p> <p>Based on observation, interview and record review, the facility failed to ensure one Resident (#62) out of a total sample of 17 residents was provided assistance with personal hygiene.</p> <p>Specifically, the facility failed to ensure Resident #62 was offered and/or provided with grooming assistance when the Resident required the assistance of staff for grooming activities.</p> <p>Findings include:</p> <p>Resident #62 was admitted to the facility in April 2024, with diagnoses including Cerebral Infarction (Stroke: damage to the tissues in the brain due to a loss of oxygen to the area) and Diabetes Mellitus with Diabetic Neuropathy (metabolic disease involving inappropriately elevated blood glucose [sugar] levels with nerve damage).</p> <p>Review of the Activities of Daily Living (ADL: refers to an individual's daily self-care activities and includes bathing, dressing and grooming) Care Plan, initiated 4/26/24, indicated Resident #62 required moderate assistance with ADLs due to stroke with left sided deficits (impairment on the left side) and included the following intervention:</p> <ul style="list-style-type: none"> -Assistance of one staff for grooming . (initiated 4/26/24) <p>Review of the Minimum Data Set (MDS) assessment dated [DATE], indicated Resident #62:</p> <ul style="list-style-type: none"> -was cognitively intact as evidenced by a Brief Interview of Mental Status (BIMS) score of 15 out of 15 -had no behaviors -had upper and lower range of motion deficits on one side -required partial/moderate assistance with personal hygiene including grooming needs <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>On 9/5/24 at 9:58 A.M., the surveyor observed Resident #62 dressed in a hospital gown and seated in a wheelchair which was positioned next to his/her bed. The Resident had facial hair on his/her chin, upper lip and bilateral cheeks. During an interview at the time, Resident #62 said he/she needed assistance from staff with personal care and liked to have the hair removed from his/her face. The Resident said he/she received showers on Monday and Thursdays and should be assisted with facial shaving during showers but has not been. The Resident further said that he/she was currently waiting for staff to assist him/her in the shower this morning.</p> <p>On 9/6/24 at 8:41 A.M., the surveyor observed Resident #62 seated in a wheelchair positioned next to his/her bed. The Resident was dressed in a hospital gown and remained with facial hair on his/her chin, upper lip, and bilateral cheeks. During an interview at this time, the Resident said that he/she did receive a shower yesterday (9/5/24), but staff did not offer or assist him/her with facial shaving. The Resident said he/she did have an electric shaver, while motioning to a bedside table, but no one has offered to assist him/her with using it. Resident #62 said he/she would like to have no facial hair. During a subsequent observation at 11:18 A.M., the surveyor observed that the Resident was dressed and seated in a wheelchair in his/her room and remained with facial hair that was unchanged from the previous observations. During an interview at the time, the Resident said again that he/she needed to have the hair removed from his/her face.</p> <p>On 9/10/24 at 8:59 A.M., the surveyor observed Resident #62 seated in a wheelchair in his/her room. The surveyor observed the Resident remained with facial hair. During an interview at the time, the Resident said he/she received a shower yesterday (9/9/24) and told the staff that he/she wanted to have the facial hair removed but it was not done. The Resident was observed touching the facial hair on his/her cheeks during the interview.</p> <p>During an interview on 9/10/24 at 3:05 P.M., Certified Nurses Aide (CNA) #1 said she was familiar with Resident #62 and has assisted with his/her care. CNA #1 said Resident #62 required the assistance of one staff with bathing, dressing and personal hygiene which includes grooming/shaving due to a previous stroke. CNA #1 said that grooming/shaving assistance would be offered and provided during showers and when the Resident requested. CNA #1 said Resident #62 received showers twice weekly, that he/she received a shower yesterday (9/9/24), and should have been offered/provided grooming/shaving. CNA #1 said if a resident refused care, they would notify the Nurse, and it would be documented in the resident's record.</p> <p>On 9/10/24 at 3:16 P.M., the surveyor and Unit Manager (UM) #1 reviewed the September 2024 CNA documentation for Resident #62. UM #1 said the documentation indicated Resident #62 required assistance from staff with personal hygiene which includes grooming/shaving. UM #1 said if the Resident refused care, the Nurse would be notified, and it would be documented in the nursing notes.</p> <p>Review of Resident #62's clinical record indicated no documented evidence that the Resident refused care relative to grooming/personal hygiene.</p> <p>(continued on next page)</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During an interview on 9/11/24 at 8:25 A.M., CNA #2 said she has provided care assistance to Resident #62. CNA #2 said she usually provided grooming/shaving assistance during showers but had not offered this to Resident #62. CNA #2 said that it was her understanding that the Resident would ask for grooming/shaving assistance. CNA #2 said she assisted Resident #62 with a shower on Thursday (9/5/24), the Resident had not asked to be groomed/shaved, and she did not offer to groom/shave him/her. CNA #2 further said Resident #62 had been moved to the second floor for a few months and she has never offered to assist him/her with grooming/shaving. CNA #2 further said she was unaware if the Resident had an electric razor to use.</p>		

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<p>F 0773</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide or obtain laboratory tests/services when ordered and promptly tell the ordering practitioner of the results.</p> <p>37400</p> <p>Based on interview, record and policy review, the facility failed to ensure ordered lab work was obtained and reviewed timely for one Resident (#65), out of 5 applicable residents reviewed for unnecessary medications, out of a total sample of 17 residents.</p> <p>Specifically, the facility failed to obtain lab work ordered by the Physician for Resident #65, so that lab results would be available for timely review and any needed intervention.</p> <p>Findings include:</p> <p>Review of the facility policy titled Diagnostic Testing Services, revised 12/6/21, indicated the facility will provide the appropriate diagnostic services (laboratory and radiology) required to maintain the overall health of its residents . and included the following:</p> <ul style="list-style-type: none"> -Facility will maintain a schedule of diagnostic tests in accordance with the physician's orders. -Qualified nursing personnel will receive and review the diagnostic test reports and communicate the results to the ordering Physician within 24 hours of receipt unless the report falls outside of the clinical reference ranges and require immediate attention at which time the Physician will be notified within receipt. -Documentation of diagnostic tests, the results, and date/time of the Physician notification will be maintained in the resident's clinical record. <p>Resident #65 was admitted to the facility in August 2024, with diagnoses including Diabetes Mellitus (DM - disease in which the body's ability to produce or respond to the hormone insulin is impaired resulting in elevated blood glucose [sugar] levels in the blood), Major Depressive Disorder (symptoms lasting greater than two weeks of a persistently low or depressed mood and a loss of interest in activities that a person used to enjoy), Hypertension (HTN: high blood pressure, when the blood pressure measures consistently above 130/80 millimeters of mercury [mm Hg]), and Schizophrenia (a mood disorder that affects a person's ability to think, feel and behave clearly).</p> <p>Review of Resident #65's September 2024 Physician's orders included the following laboratory tests, initiated 8/12/24:</p> <ul style="list-style-type: none"> -Vitamin D level, yearly -Thyroxine level (Free T4: indication of thyroid disease) yearly -Thyroid Stimulating Hormone (TSH: measures amount of hormone in blood to determine if the thyroid is working properly) yearly -Lipids (blood test that measures levels of cholesterol and other fats in the blood) yearly <p>(continued on next page)</p>		

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<p>F 0773</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>-Prostate-Specific Antigen (PSA: blood test: screens for prostate cancer) yearly</p> <p>-Hemoglobin A1C (measures the average blood sugar levels over the last three months), every 6 months</p> <p>-Complete Blood Count (CBC: measures levels of different types of blood cells including red blood cells, white blood cells, and platelets), every 6 months</p> <p>-Complete Metabolic Panel (CMP: blood test that measures 14 substances in the blood to provide overall picture of the body's chemical balance and metabolism), every 6 months</p> <p>Review of the facility Lab Book indicated the Resident's lab work was drawn on 8/15/24, and included the following:</p> <p>-CMP, Lipids, Free T4, TSH, and Vitamin D level.</p> <p>Review of Resident #65's clinical record indicated no documented evidence of the results of the lab work obtained on 8/15/24.</p> <p>During an interview on 9/10/24 at 10:33 A.M., Unit Manager (UM) #1 provided the surveyor with the requested lab work for Resident #65 that she had requested to be faxed over from the laboratory. UM #1 said the results from the lab work drawn on 8/15/24 for Resident #65 were not obtained until requested by the surveyor. UM #1 said she did not believe the lab results had been reported to the Physician.</p> <p>During a follow-up interview on 9/10/24 at 2:06 P.M., UM #1 said after resident labs are drawn, the facility would receive the results and will report any abnormal labs to the Physician on the same day. If the labs are within normal range, the Nurses would put the lab results in the Provider Binder for review when the Provider come to the facility. UM #1 said this process was not followed for Resident #65, which could have altered his/her plan of care if reported timely.</p> <p>During an interview on 9/10/24 at 12:53 P.M., the Director of Nursing (DON) said Resident #65's lab work dated 8/15/24, was reviewed with the Physician on 9/10/24 and new orders were obtained to recheck the Resident's Vitamin D level on the next scheduled lab day (Thursday 9/12/24).</p>		