

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 225732	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 08/29/2024
NAME OF PROVIDER OR SUPPLIER Life Care Center of Stoneham		STREET ADDRESS, CITY, STATE, ZIP CODE 25 Woodland Road Stoneham, MA 02180	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0656</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Develop and implement a complete care plan that meets all the resident's needs, with timetables and actions that can be measured.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 37330</p> <p>Based on records and interviews, for one of three sampled residents (Resident #1) whose Physicians Orders included the administration of multiple bowel medications for the management of constipation and frequently complained of abdominal pain, the Facility failed to ensure they developed and implemented a Comprehensive Plan of Care that identified goals, outcomes and interventions related to constipation and abdominal pain, so identified care needs would be met by Nursing.</p> <p>Findings include:</p> <p>Review of the Facility's Policy, titled Person-Centered Care Planning, dated as reviewed 08/22/23, indicated each resident will have a person-centered comprehensive care plan developed and implemented to meet his or her preferences and goals, and address the resident's medical, physical, mental, and psychosocial needs.</p> <p>Review of the Facility's Policy, titled Comprehensive Care Plans and Revisions, dated as reviewed 08/22/23, indicated the Facility will ensure the timeliness of each resident's person-centered, comprehensive care plan, and to ensure that the comprehensive care plan is reviewed and revised by an interdisciplinary team composed of individuals who have knowledge of the resident and his/her needs.</p> <p>Resident #1 was admitted to the Facility in November 2022, diagnoses included sepsis, acute renal failure, hypertension, seizures, and advanced Alzheimer's.</p> <p>Review of Resident #1's Evaluation for Bowel & Bladder Training, dated 05/01/24, indicated he/she had a score of 17 (indicating a poor candidate for scheduling or retraining), moderate cognition impairment, was incontinent of stool and had impaired mobility.</p> <p>Review of Resident #1's Medication Administration Record (MAR), and Physician's Orders, for July 2024, indicated he/she was being administered multiple medications daily for treatment of constipation, as follows;</p> <ul style="list-style-type: none"> - Monitor bowel sounds and bowel movements every shift. - Bisacodyl Tablet Delayed Release 5 MG, Give two tablets by mouth at bedtime for Constipation. <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0656</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>- Colace Oral Capsule 100 MG (Docusate Sodium), Give two capsules by mouth, two times a day for Constipation.</p> <p>- Enulose Solution 10 GM/15 ML (Lactulose Encephalopathy), Give 30 milliliters by mouth, two times a day for Constipation.</p> <p>- Milk of Magnesia Oral Suspension 2400 MG/30 ML (Magnesium Hydroxide), Give 30 ML by mouth, one time a day for Constipation.</p> <p>- Polyethylene Glycol Powder (Polyethylene Glycol 1450), Give 17 gram by mouth one time a day, Give in 8 oz of water for Constipation.</p> <p>- Senna Plus (Sennosides-Docusate Sodium) oral tablet 8.6-5.0 MG, Give 2 tablets by mouth, two times a day for Constipation.</p> <p>- Simethicone Oral Tablet 80 MG, 2 tablets by mouth ,four times a day for gas, chew with some amount of water.</p> <p>Resident #1's MAR, for July 2024, also indicated he/she had Physician Orders for (PRN) as needed, medications for management of his/her constipation, as follows;</p> <p>- Bisacodyl Suppository, 10 MG, Insert 1 Suppository rectally every 8 hours, As needed for Constipation daily.</p> <p>- Fleet Enema 7-19 GM/118 ML (Sodium Phosphates), Insert 1 application rectally every 8 hours, As needed for Constipation if no results from suppository.</p> <p>- Polyethylene Glycol Powder 3350 Powder (Polyethylene Glycol 3350 (BULK)), Give 17 gram by mouth every 24 hours, As needed for Constipation.</p> <p>Further review of Resident #1's Physician Orders and his/her Treatment Administration Record (TAR), indicated he/she had a new orders, for Nursing to complete the following:</p> <p>- 7/19/24, Insert Foley Catheter, 18 French Foley Catheter into rectum for 22 hours, one time only for abdominal pain and flatulence for one day.</p> <p>- 7/25/24, Insert Foley Catheter, 18 French Foley Catheter, with 30 cc (balloon) into rectum for 24 hours, one time for gas relief, for one day (07/25/24) and Bladder Scan every shift for three days, if Post void residual is greater than 400 milliliters (ML), notify the provider.</p> <p>Review of Resident #1's Physicians Progress Note, dated 07/19/24, indicated Resident #1 had multiple medical problems, advanced dementia, ongoing parasitic lieus (a condition that occurs when the muscles in the intestines stop working properly, preventing food from passing through and can lead to a block intestine, even though there is no physical obstruction) versus colonic pseudo-obstruction (also known as [NAME] Syndrome, a condition that causes the colon to suddenly expand, even though there's no mechanical blockage), history of chronic constipation and an extremely distended abdomen.</p> <p>(continued on next page)</p>		

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<p>F 0656</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During a telephone interview on 08/29/24 at 1:05 P.M., the Nurse Practitioner said that Resident #1's bowels do not work properly, he/she had been constipated with flatus (gas) had abdomen discomfort, and that he/she needed assistance with the aid of bowel medications and treatments. The Nurse Practitioner said Resident #1 had a distended abdomen, he/she was uncomfortable and had abdominal pain. The Nurse Practitioner said on 07/19/24 and 07/25/24, as an intervention, an order was given for Nursing to insert a Rectal Tube (Foley Catheter tube was used as rectal tube was unavailable) to provide comfort to Resident #1.</p> <p>During an interview on 08/29/24 at 12:20 P.M., the Nurse Manager said she was informed Resident #1 was constipated, had a distended abdomen, and he/she had abdominal discomfort. The Nurse Manager said she was aware Resident #1 had been on bowel medications for constipation and abdominal distention and he/she had a Foley Catheter placed in his/her rectum twice as an intervention to release gas and to help promote him/her to have a bowel movement.</p> <p>The Nurse Manager said Resident #1's Comprehensive Plan of Care did not include Resident #1's history of constipation, his/her issues with abdominal distention, regimen of bowel medications or the placement of a Rectal Tube in his/her rectum for an intervention.</p> <p>The Nurse Manager said the Minimum Data Set (MDS) Nurse and the Director of Nurses (DON) were responsible for reviewing and updating the Residents' Comprehensive Plans of Care.</p> <p>During an interview on 08/29/24 at 1:41 P.M., the Director of Nurses (DON) said Resident #1 had a history of constipation, abdominal and gas pain, he/she had been taking bowel medications and Nursing placed a Foley Catheter (as the Facility did not have a Rectal Tube in stock) in his/her rectum on two different occasions to provide Resident #1 comfort.</p> <p>On the day of Survey, 08/29/24, The DON reviewed Resident #1's Comprehensive Plan of Care with the Surveyor and said Resident #1's Plan of Care did not include his/her history of constipation, abdominal discomfort/pain or indicate interventions including multiple bowel medications or use of a Rectal Tube.</p> <p>The DON said it was her expectation that Nursing staff be knowledgeable about residents' Plans of Care and to implement goals, interventions, and outcomes accordingly. The DON said Nursing staff can implement, change, update and make any changes including interventions that need to be placed in the residents Plan of Care as needed.</p> <p>The DON said it is the responsibility of the Nurse Unit Managers, the MDS Nurse and herself to ensure the residents Plans of Care are accurate.</p>		

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<p>F 0726</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure that nurses and nurse aides have the appropriate competencies to care for every resident in a way that maximizes each resident's well being.</p> <p>37330</p> <p>Based on records reviewed and interviews for one of three sampled residents (Resident #1), who had a history of constipation, and had Physician's Order on 07/19/24 and 07/25/24, for Nursing to insert an 18 French Foley Catheter (due to unavailability of a Rectal Tube) into his/her rectum to treat abdominal distention and pain, the Facility failed to ensure nursing staff were competent in the process, which included being aware of Facility Policy and Procedures and documentation requirements.</p> <p>Findings include:</p> <p>Review of the Facility's Policy titled, Nursing Documentation, dated as reviewed 08/10/23, indicated the facility will ensure nursing documentation is consistent with professional standards of practice, the state nurse practice act, and any state laws governing the scope of nursing practice. The Policy indicated the Facility must ensure that Licensed Nurses have the specific competencies and skill sets necessary to care for residents' needs, as identified through resident assessments, and described in the plan of care.</p> <p>Review of the Facility Policy titled, Rectal Tube Insertion and Removal, dated as reviewed 08/24/23, indicated the Facility will provide Rectal Tube Insertion and Removal in accordance with professional standards of practice.</p> <p>Resident #1 was admitted to the Facility in November 2022, diagnoses included sepsis, acute renal failure, hypertension, seizures, and advanced Alzheimer's.</p> <p>Review of Resident #1's Physicians Progress Note, dated 07/19/24, indicated that Resident #1 was on a regimen of multiple bowel medications which were not relieving his/her abdominal distention. The Note indicated to trial Resident #1 with a Rectal Tube (if not available could use Foley Catheter tube until available) to provide comfort to Resident #1 and decompress his/her abdomen.</p> <p>Review of Resident #1's Physician Order, dated 07/19/24, indicated Nursing to insert Foley Catheter, 18 French Foley Catheter into rectum for 22 hours, One time only for abdominal pain and flatulence.</p> <p>During an interview on 08/29/24 at 12:20 P.M., the Charge Nurse said Resident #1 had a Physician's Order for a Rectal Tube to be inserted by Nursing into his/her rectum. The Charge Nurse said she did not review the Facility's Policy on Rectal Tube Insertion and Removal, that she had not performed this particular nursing skill (was not familiar with this type of intervention) and said the Nurse Practitioner assisted her with the insertion of the Foley Catheter tube (as Rectal Tube was unavailable) into Resident #1's rectum.</p> <p>The Charge Nurse said the Facility does not stock Rectal Tubes in their supply, and that she had used a Foley Catheter tube. The Charge Nurse said she did not write a Nurse Progress Note on 07/19/24 about the procedure, since the Nurse Practitioner said she would document on Resident #1.</p> <p>(continued on next page)</p>		

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<p>F 0726</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During a telephone interview on 09/06/24 at 1:05 P.M., the Nurse Practitioner said on 07/19/24 the insertion of a Rectal Tube (Foley Catheter tube) was done to provide Resident #1 with comfort since he/she had a lot of gas, discomfort, was constipated, had a distended abdomen and was not responding to his/her bowel medications. The Nurse Practitioner said the Facility did not have any Rectal Tubes in supply, so a Foley Catheter was used until a Rectal Tube was available.</p> <p>The Nurse Practitioner said she was planning to insert Resident #1's Foley Catheter Tube into his/her rectum, but the Charge Nurse had already started the procedure upon her arrival. The Nurse Practitioner said Resident #1's Physician was aware of his/her health status, had suggested the Rectal Tube be inserted to help decompress the abdomen and said the Physician had documented on Resident #1.</p> <p>The Nurse Practitioner said on 07/25/24 she had received a phone call from Nursing stating Resident #1's abdomen was again distended, and he/she was uncomfortable. The Nurse Practitioner said since Resident #1 had relief on 07/19/24 from the Foley Catheter tube being inserted in his/her rectum, she provided a new order for Nursing to insert a Rectal Tube for treatment. The Nurse Practitioner said the Facility did not have any Rectum Tubes in supply and Nursing inserted a Foley Catheter into Resident #1's rectum.</p> <p>Review of Resident #1's Physician Order, dated on 07/25/24, indicated Nursing to insert Foley Catheter, 18 French Foley Catheter, with 30 cc balloon, into rectum for 24 hours, for gas relief, for one day (07/25/24).</p> <p>During a telephone interview on 08/29/24 at 10:35 A.M., Nurse #1 said on 07/25/24, Resident #1 was constipated, he/she had abdominal distention and he/she was uncomfortable. Nurse #1 said Resident #1 had a Physician Order to insert a Rectal Tube into his/her rectum to provide Resident #1 comfort. Nurse #1 said she had never heard of this Nursing skill, was not sure if the Facility had a Policy and Procedure on Rectal Tubes and said she did not review or speak to any of the other Nurses regarding Rectal Tube insertion.</p> <p>Nurse #1 said the Facility did not stock Rectal Tubes in supply, so she used a Foley Catheter Tube. Nurse #1 said she inserted the Foley Catheter Tube into Resident #1's rectum like she would insert a Foley catheter in the urinary track, although she only inserted the tube a couple of inches into his/her rectum.</p> <p>During a telephone interview on 09/11/24 at 9:49 A.M., Nurse #2 said on 07/25/24, Resident #1 had a Physician Order for Nursing to insert a Foley Catheter Tube into his/her rectum to provide Resident #1 comfort. Nurse #2 said the Facility does not have Rectal Tubes in supply. Nurse #2 said he was not sure if the Facility had a Policy and Procedure on Rectal Tube Insertion and Removal and he has never heard of or performed this type of procedure.</p> <p>Review of Resident #1's Nurse Progress Notes, indicated there was no Nursing documentation on 07/19/24, 7/20/24, 07/25/24 or 7/26/24, to indicate which Nurse inserted and/or removed the Rectal Tube (Foley Catheter Tube), how Resident #1 tolerated the procedures or what the outcomes were.</p> <p>(continued on next page)</p>		

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<p>F 0726</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During a telephone interview on 09/06/24 at 3:28 P.M., the Staff Development Coordinator (SDC) said if a Physician orders a Rectal Tube insertion/removal, the Facility does not have any Rectal Tube supplies to manage the Rectal Tube procedure. The SDC said the Facility has not provided Nursing Staff with education or skills training related to Rectal Tubes. The SDC said the Facility does have a Policy on Rectal Tube Insertion and Removal, and that Nursing staff are able to review the Policy and Procedures on the Facility's computer system prior to any skill they perform on a resident.</p> <p>During an interview on 08/29/24 at 1:41 P.M., the Director of Nurses (DON) said the Facility does have a Rectal Tube Insertion and Removal Policy. The DON said the Facility does not stock Rectal Tubes in supply.</p> <p>The DON said it was her expectation that Nursing staff be knowledgeable about Facility's Policies and Procedures and Nursing skills prior to performing a task. The DON said it was her expectation that Nursing document any procedure in the residents Progress Note after a skilled procedure is performed.</p> <p>On 08/29/24, the DON reviewed Resident #1's Progress Notes (with the Surveyor) and said Nursing did not document Progress Notes on the insertion or removal of Resident #1's Foley Catheter in his/her rectum. The DON said it was her expectation that Nursing staff be knowledge and document the skill that was performed.</p>		