

Department of Health & Human Services
Centers for Medicare & Medicaid Services

Printed: 07/30/2026
Form Approved OMB
No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 235217	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/27/2026
NAME OF PROVIDER OR SUPPLIER Optalis Health & Rehabilitation of Bloomfield Hill		STREET ADDRESS, CITY, STATE, ZIP CODE 2975 N Adams Road Bloomfield Hills, MI 48304	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0627 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Ensure the transfer/discharge meets the resident's needs/preferences and that the resident is prepared for a safe transfer/discharge. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** This citation pertains to Intake Number(s): 2786159 and 2732494. Based on interview and record review, the facility failed to allow readmission into the facility after hospitalization and failed to document the reason for discharge in the medical record for one (R904) of three residents reviewed for inappropriate discharge, resulting in the resident remaining in the hospital for 45 days after they were determined to be stable for discharge. Findings include: A review of two complaints submitted to the State Agency revealed allegations that the facility refused to allow R904 to return to the facility after hospitalization. On 5/27/26 at 11:07 AM, an interview was conducted with long term care (LTC) Ombudsman 'B' via the telephone. When queried about R904's discharge to the hospital, Ombudsman 'B' reported R904 went to the hospital with suicidal ideations, and the facility would not allow her to return. R904 was in the hospital for a very long time. Ombudsman 'B' reported R904 was very easily triggered due to her developmental and behavioral diagnoses, and the facility placed a roommate with R904 and it went horribly. On 5/27/26 at 12:12 PM, an interview was conducted with one of R904's legal guardians who reported the facility would not take R904 back after a hospitalization. The guardian explained R904's room was changed to the second floor and said she would not have a roommate due to her mental and physical conditions, but a roommate was placed in R904's room. R904 became very vocal about not wanting to live after a roommate was moved in and she was sent to the hospital with suicidal ideations. The guardian said when R904 was ready to be discharged from the hospital, the facility would not allow her to return, and she stayed in the hospital for approximately six more weeks. The family and the hospital had to coordinate a discharge plan. A review of R904's clinical record revealed R904 was admitted into the facility on 3/26/24, readmitted on [DATE], and discharged on 1/7/26 with diagnoses that included: autism spectrum disorder, attention deficit hyperactivity disorder (ADHD), obsessive compulsive disorder (OCD), generalized anxiety disorder, gastroparesis, seizures, and postural orthostatic tachycardia syndrome (POTS). A review of a Minimum Data Set (MDS) assessment dated [DATE] revealed R904 had intact cognition and no behaviors. A review of R904's progress notes revealed the following documentation: On 1/6/26, a Social Work progress note documented, Resident called SW (social work) and spoke about how resident is upset that she is getting a roommate. Resident reported that she will leave and go to the hospital if she has to have a roommate. SW attempted to redirect resident and calm her down. Resident was still upset and not easily redirectable. On 1/7/26, a PROGRESS NOTE documented, Administrator spoke to resident with Social work Director and DON (Director of Nursing) present. Resident says she said she did not want a roommate. Resident was informed by Administrator that she was not promised a private room when she agreed to move upstairs. Resident attempted to remove her roommate's items and was immediately redirected. Resident says she would be calling her mom and sending herself to the hospital due to not wanting a roommate. On 1/7/26, a Nursing-Progress Note documented, Resident returned from appointment. While writer was in room, resident was on the phone with a 911 operator stating she wanted to leave and that she did not feel safe due to having a new roommate. resident was taken to (hospital). On 1/7/26, a Social Work (continued on next page)		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
FORM CMS-2567 (02/99) Previous Versions Obsolete	Event ID: 235217	Facility ID: 235217
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F 0627 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	take a chance that she was just saying that to get back into the facility. Further review of R904's clinical record revealed no documentation of why R904's needs could no longer be met at the facility and the basis of the discharge. A review of a facility policy titled, Transfers and Discharges, revised 4/18/26, revealed, in part, the following, .Transfer to Acute Care Facility .Transfers to an acute care facility such as a hospital are initiated for medical reasons for the immediate safety and welfare of a resident .The resident will be assessed at the time of the proposed return to the facility and permitted to return as long as the facility can meet the resident's needs and that the safety or health the resident and individuals at the facility would not be endangered. The ability of the facility to meet the resident's needs and the risk of endangerment to the health and safety of individuals at the facility will not be based on the resident's status/condition at the time of transfer to the acute care facility .		

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F 0628 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide the required documentation or notification related to the resident's needs, appeal rights, or bed-hold policies. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** This citation pertains to intake #2983214 Based on interview and record review the facility failed to issue a notice of discharge and discharge summary for one resident (R901) of two residents reviewed for discharges. Findings include: On 5/27/26 a concern submitted to the State Agency was reviewed which alleged the facility did not let R901 come back to the facility after they were transferred to the hospital. On 5/27/26 at approximately 9:55 a.m., R901 was contacted via phone to discuss their hospital transfer. R901 reported the facility did not allow him to return to their room after they were stabilized at the hospital. R901 indicated they had no chance of stating their case to return and indicated they felt the facility was not allowing them to return due to making previous complaints to the State Agency. R901 was queried if the facility had provided them or their responsible party with a notification of discharge and their discharge summary when they did not allow them to return and they indicated the facility did not send anything to them and their new facility does not have any records from them. On 5/27/26 the medical record for R901 was reviewed and revealed the following: R901 was initially admitted on [DATE] and discharged on 5/3/26 with diagnoses including Schizoaffective disorder and Chronic obstructive pulmonary disease and was not readmitted . A review of R901's MDS (minimum data set) with an ARD (assessment reference date) of 4/7/26 revealed R901 needed assistance from facility staff with most of their activities of daily living. R901's BIMS score (brief interview of mental status) was 15 indicating intact cognition. A progress note dated 5/3/2026 at 11:42 revealed the following: Nursing - Progress Note-Note Text: Ems (Emergency Medical System) arrived at 11:35. Resident left facility via stretcher at 11:40 he is being transported to [Name of local hospital]. Bed hold policy given. Further review of the medical record did not reveal any documentation that R901 or their responsible party had been provided a notice of transfer/discharge or a discharge summary when the facility made the decision not to permit R901's readmission to the facility. On 5/27/26 a review of the facility's communication with the local hospital regarding R901's readmission revealed the following: Facility message at 5/8/26 at 3:47 p.m., -Facility says they can not accept back with cecostomy tube, it would need to be dc'd (discontinued) prior to return .Hospital message at 5/11/26 at 11:06 a.m., -Good morning, GI (gastroenterologist) is stating that cecostomy tube is need to be in long term, is there reasoning as to why they are unable to accommodate? .Hospital message on 5/11/26 at 1:39 p.m., -Okay, patient is medically cleared. Trying to find out if I need to start looking for alternative placement for him .Hospital message on 5/11/26 at 2:49 p.m., -Sending over GI note from Friday that explains the plan of care regarding cecostomy . Hospital message at 5/12/26 at 1:34 p.m., -Here are the instructions given to Nursing from GI specialist .Hospital message on 5/12/26 at 4:07 p.m., -Please let me know if this is something that can be taught/educated to staff members or if I need to work with family to find different placement. The patient would prefer to return to you ASAP (as soon as possible) .Hospital message on 5/13/26 at 10:53 a.m., -Physican is wanting to discharge, wanting to know if you can take him .Facility message to hospital on 5/13/26 at 10:56 a.m., -Ok i'm sorry we cannot .On 5/27/26 at approximately 2:27 p.m., during an interview with Regional Clinical Service Director A (RCSD A), RCSD A was queried regarding the information that the hospital sent over instructions on how to care for R901's cecostomy tube. RCSD A indicated that the facility does not have a policy on that particular tube and would not be able to accommodate the return of the resident. RCSD A was queried regarding the information provided by the hospital in the readmission referral on how to care for the cecostomy tube and they indicated that the decision not to permit readmission was made by the [NAME] President of Clinical Services C (VPCS C). On 5/27/26 at approximately 2:30 p.m., during a conversation with the facility Administrator, the Administrator was queried for documentation that R901 was provided a notice of transfer/discharge from the facility indicating their appeal rights and the reasons why they were (continued on next page)		

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F 0628 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	being discharged and not permitted to return. On 5/27/26 at approximately 2:56 p.m., during a conversation with VPCS C, VPCS C reported that the facility could not accommodate the new device/tube that R901 had which was a cecostomy tube. VPCS D reported the facility has no plan of care for that specific device and does not have a policy /procedure to care for that device so as long a R901 had the tube they would not be permitted to return to the facility and would need to be discharged . On 5/27/26 at approximately 4:07 p.m., during a follow up conversation with the facility Administrator, the Administrator was queried if they were able to provide any documentation that R901 or their responsible party was provided a notice of transfer/discharge, and they indicated they did not. On 5/27/26 a facility document pertaining to the policies and procedures of notifications of discharge was reviewed and revealed the following: Policy Title: Transfers and Discharges-The purpose of this policy is to provide guidelines for the safe transfer and discharge of a resident across the continuums of care Once admitted , the resident has the right to remain at the facility unless their transfer or discharge meets one of the following specified exemptions: The transfer or discharge is necessary for the resident's welfare and the resident's needs cannot be met in the facility. The transfer or discharge is appropriate because the resident's health has improved sufficiently so that the resident no longer needs the services provided by the facility. The safety of individuals in the facility is endangered due to the clinical or behavioral status of the resident. The health of individuals in the facility would otherwise be endangered. The resident has failed, after reasonable and appropriate notice, to pay or have paid under Medicare or Medicaid for their stay at the facility. Nonpayment applies if the resident does not submit the necessary paperwork for third party payment or after the third party, including Medicare or Medicaid, denies the claim and the resident refuses to pay for their stay. The facility ceases to operate. When a resident exercises their right to appeal a transfer or discharge, the facility will not transfer or discharge the resident while the appeal is pending, unless the failure to discharge or transfer would endanger the health or safety of the resident or other individuals in the facility The facility's transfer/discharge notice will be provided to the resident and the resident's representative in a language and manner in which they can understand. The notice will include the following at the time it is provided: The specific reason and basis for transfer or discharge. o The effective date of transfer or discharge. The specific location (such as the name of the new provider or description and/or address if the location is a residence) to which the resident is to be transferred or discharged . An explanation of the right to appeal the transfer or discharge to the State.The name, address (mailing and email) and telephone number of the State entity which receives such appeal hearing requests.Information on how to obtain an appeal form. information on obtaining assistance in completing and submitting the appeal hearing request.The name, address (mailing and email), and phone number of the representative of the Office of the State Long-Term Care Ombudsman. For nursing facility residents with intellectual and developmental disabilities (or related disabilities) or with mental illness (or related disabilities), the notice will include the name, mailing and e-mail addresses and phone number of the state agency responsible for the protection and advocacy of these populations. Generally, the notice must be provided at least 30 days prior to a transfer or discharge of the resident. Exceptions to the 30-day requirement apply when the transfer or discharge is affected because: The health and/or safety of individuals in the facility would be endangered due to the clinical or behavioral status of the resident. The resident's health improves sufficiently to allow a more immediate transfer or discharge, o An immediate transfer or discharge is required by the resident's urgent medical needs, or o A resident has not resided in the facility for 30 days. The facility will maintain evidence that the notice was sent to the Ombudsman.If the information in the notice changes prior to affecting the transfer or discharge, the Social Services Director or designee must update the recipients of the notice as soon as practicable once the updated information becomes available. For significant changes, such as a change in the transfer or discharge destination, a new notice will be given that clearly describes the change(s) and resets the transfer or discharge date in order to provide 30-day advance notification. For circumstances where the (continued on next page)		

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