

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 245581	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/26/2024
NAME OF PROVIDER OR SUPPLIER Fair Oaks Nursing & Rehab LLC		STREET ADDRESS, CITY, STATE, ZIP CODE 201 Shady Lane Drive Wadena, MN 56482	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0808</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure therapeutic diets are prescribed by the attending physician and may be delegated to a registered or licensed dietitian, to the extent allowed by State law.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 42355</p> <p>Based on observation, interview and document review the facility failed to ensure residents received the prescribed diets as ordered for 3 or 3 residents (R1, R4 and R7) reviewed for therapeutic diets.</p> <p>Findings include:</p> <p>R1's admission record dated 4/12/24, indicated R1 had diagnoses of stroke with hemiplegia (paralysis of one side of the body) affecting right dominate side, diabetes, and dysphagia (problems swallowing).</p> <p>R1's hospital discharge orders dated 4/12/24, indicated R1 had a percutaneous endoscopic gastrostomy (PEG) tube with water flushes twice daily at 2:30 p.m. and 8:00 p.m. R1's diet was pureed (4) with moderately thick liquids and thickened Ensure plus supplements three times daily.</p> <p>R1's nutritional care plan directed the following:</p> <ul style="list-style-type: none"> -A diet texture of Level 4- pureed, start date of 4/12/24, -Provide assistance (specify), start date of 4/15/24, -Fluids- Level 3 moderately thick (honey), start date 4/12/24 -Follow swallow guideline (specify), start date 4/12/24 <p>During an interview on 4/25/24 at 11:22 a.m., family member (FM)-A stated R1 did not get breakfast on the morning of 4/13/24, and at 12:45 p.m., facility staff brought in a regular piece of cake with thick frosting. FM-A told staff R1 was on a strict pureed diet and was diabetic; staff took the cake away. FM-A stated R1's supper tray on 4/13/24 was a pulled pork sandwich, a scoop of coleslaw, whole berries, and a regular piece of cake. R1's fluids consisted of regular consistency milk and cranberry juice. FM-C took the berries and removed the pork from bun mashed them up with fork and fed them to her.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0808</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During an interview on 4/25/24 at 1:05 p.m., FM-C stated R1 received her afternoon supplement on 4/13/24 and it was not thickened. On the same day (4/13/24), FM-C was assisting R1 with her supper, R1 received a pulled pork sandwich, a scoop of coleslaw, whole berries, and regular piece of cake with frosting on for supper. R1's liquids were of regular consistency. On the morning of 4/14/24, R1 received oatmeal, not pureed.</p> <p>During an interview on 4/25/24 at 1:24 p.m., FM-B stated R1 did not receive the correct texture of diet or consistency of fluids for at least 4 meals on 4/12/24, 4/13/24 and 4/14/24.</p> <p>During an interview on 4/25/24 at 2:06 p.m., dietary manager (DM)-A, confirmed R1's diet was for pureed with nectar thickened diet. DM-A further stated she was not made aware of any problems with R1's diet until she came in on 4/15/24, during morning stand up. DM-A then went to FM-C and R1 and would be fixing the problems with the diet. On 4/15/24, DM-A implemented a system where special diets were printed on pink paper to alert staff it was a special diets. All regular diets were printed on white paper. DM-A also stated all level 5 or lower diets are prepped and dished in the kitchen and delivered to the unit on separate covered plates as these were the pureed type diets that were not able to be prepped on stations.</p> <p>During an interview on 4/25/24 at 3:54 p.m., director of nursing (DON) stated on 4/15/24, DON went to R1's room and R1's tray had regular food on it. DON stated she apologized to the R1 and FM-C then took the tray to DM-A and brought back the correct textured food and liquids.</p> <p>R4's quarterly review Minimum Data Set (MDS) dated [DATE], indicted R4 had diagnoses of dysphagia oropharyngeal (back of the mouth) phase and had a mechanically altered therapeutic diet. Did not have chewing or swallowing issues and was able to eat independently after set up.</p> <p>R4's physical orders dated 1/24/2023, included dietary order for international dysphagia diet standardization initiative (IDDSI) diet 5 minced and moist with thin liquids and supervision at meals.</p> <p>R4's care plan dated 7/19/2021, included R4 was on a therapeutic diet of Heart Healthy (Cardiac) with diet texture of level 5 (minced and moist) with a start date of 1/25/2023 and thin liquids dated 9/30/2019.</p> <p>R4's nutritional care area assessment (CAA) dated 11/5/2023, indicated a potential functional problem with the need for a special diet or altered consistency which might not appeal to resident. R4's weight stabilized over the past 30 days and 180 days. Was on a heart Healthy diet due to cardiac history and there have not been chewing/swallowing issues with diet modification to textures.</p> <p>During observation and interview on 4/25/24 at 12:16 p.m., R4 was in her room and had a plate of food with pureed texture in front of her that R4 had not eaten any of. R4 stated her food not appetizing and could not eat what was on her plate. R4 stated it was baby food. R4 did not know why or how long she was receiving this type of diet. DON and DM-A entered R4's room, both verified R4 received food that was pureed, which was not consistent with physician orders for minced and moist.</p> <p>(continued on next page)</p>		

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<p>F 0808</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During an interview on 4/25/24 at 12:36 p.m., cook (C)-A stated there was a list of residents who were on special diets. Pureed diets were prepped and dished in the kitchen and delivered to the units. C-A stated the team decided to lower R4's diet to pureed because nursing had communicated to dietary about 6-7 weeks ago R4 was having difficulty with swallowing. C-A reported there was no documentation or a physician order obtained that he could remember. C-A stated cooks could lower diets one level but once done they could not raise the level back up without further evaluation.</p> <p>During an interview on 4/25/24 at 2:06, DM-A indicated R4's diet was IDSSI level 5, minced and moist with regular liquids. DM-A verified R4's noon meal on 4/25/24, was pureed and should not have been.</p> <p>R7's admission MDS dated [DATE], indicated diagnoses of dysphagia, oropharyngeal phase, and received a mechanically altered diet. R7 had no swallowing or chewing problems able to feed self after set up.</p> <p>R7's physical orders dated 2/15/2024, included a dietary order for a regular diet level 6, soft and bite sized texture with thin liquids.</p> <p>R7's care plan directed the following:</p> <ul style="list-style-type: none"> -Diet Texture- Level 6, soft and bite sized, dates 2/16/2024, -Diet type- Regular, dated 2/16/24, -Fluids thin dated 2/16/2024 and -Independent with eating dated 2/16/24. <p>During observation on 4/25/24, R7 was sitting at a table with plate in front of him with uncut roast beef, mashed potatoes, and sliced carrots in bite sized pieces. Registered nurse (RN)-A verified R7's diet was soft, and bite sized and stated the roast beef was not cut up. RN-A asked R7 if he wanted the roast beef cut up and R7 responded yes. During a second observation on 4/26/24 at 7:49 a.m., R7 was in dining room sitting at table with a plate in front of him with a pancake and sausage on his plate, neither was cut up. R7 also had a dish of cereal by his plate. Director of nursing observed and confirmed R7's food was not cut up into bite sized pieces.</p> <p>During an interview on 4/25/24 at 2:06 p.m., DM-A stated R7's diet was IDSSI level 6, soft and bite sized, with regular liquids and verified R7 received roast beef that was not cut up into bite sized pieces at the noon meal. DM-A further stated it was her expectation diet orders were followed. It was also her expectation if a resident was having problems with their diet nursing would let her know and nursing would get an order for speech therapy to follow up on resident.</p> <p>During an interview on 4/25/24 at 3:29 p.m., registered dietician (RD-A) stated it was her expectation diet changes are communicated to dietary, so all parties are aware, and any diet changes are documented in the progress notes. If a resident receives a wrong diet, could lead to aspiration or choking.</p> <p>Review of facility policy Diet and Diet Orders dated 4/8/2020, indicated the following:</p> <p>(continued on next page)</p>		

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<p>F 0808</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>2. Upon admission, the diet order is entered into the electronic medical record (EMR),</p> <p>3. Diets are ordered or changed in writing and communicated to the dietary department,</p> <p>9. the facility will utilize a tray identification system to ensure diet accuracy in the service of meals</p> <p>10. When diet orders are changed, the care plan and tray card will be updated to reflect the change in the order.</p>		