

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 265365	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 09/19/2024
NAME OF PROVIDER OR SUPPLIER Stonebridge Florissant		STREET ADDRESS, CITY, STATE, ZIP CODE 6768 North Highway 67 Florissant, MO 63034	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 46104</p> <p>Based on observation, interview and record review, the facility failed to implement timely and appropriate interventions to prevent potential falls and injury for one resident (Resident #1) who had one fall mat next to the left side of the bed. Resident #1 had a fall from the right side of the bed that did not have a fall mat, which resulted in injury. The facility additionally failed to adequately assess resident falls by ensuring residents received treatment and care in accordance with acceptable standards of practice when the facility failed to complete post (after) fall 72 hour monitoring report (neurological (neuro) checks - pulse (P), respiration (R), and blood pressure (BP) measurements; assessment of pupil size and reactivity; and equality of hand grip strength) if the fall was unwitnessed or if the resident had an incident in hitting their head for three residents (Residents #2, #3 and #4), post fall initial clinical assessments for four residents (Resident #1, #2, #3 and #4), skin assessments for two residents (Resident #2 and #4), complete incident follow up documentation (IFU) for 72 hour post fall in the progress notes each shift for five residents (Residents #1, #2, #3, #4 and #5), document notification to physician for one resident (Resident #4), document notification of resident representative (RR) for two residents (Residents #4 and #5), update the residents' care plan with interventions for two residents (Residents #1 and #2), and update the kardex (nursing worksheet that includes a summary of patient information such as how many staff is needed to assist with care, if a fall risk would include interventions for falls, information on any specialized equipment resident may use, and other daily care information) binder located at the nurses' station with interventions for the nursing staff for four residents (Residents #1, #2, #3 and #4). The sample was 5. The census was 82.</p> <p>Review of the facility's Managing Falls and Fall Risk policy, revised 12/19, showed:</p> <p>-Policy statement: Based on previous evaluations and current data, the staff will identify interventions related to the resident's specific risks and causes to try to prevent the resident from falling and to try to minimize complications from falling;</p> <p>-Prioritizing approaches to managing falls and fall risk:</p> <p>-1. The staff, with the input of the attending physician, will identify appropriate interventions to reduce the risk of falls. If a systematic evaluation of a resident's fall risk identifies several possible interventions, the staff may choose to prioritize interventions (i.e., to try one or a few at a time, rather than many at once);</p> <p>(continued on next page)</p>		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>-2. Examples of initial approaches might include exercise and balance training or a rearrangement of room furniture. If a medication is suspected as a possible cause of a resident's falling, the initial intervention might be to taper or stop that medication;</p> <p>-3. In conjunction with the consultant pharmacist and nursing staff, the attending physician will identify and adjust medications that may be associated with an increased risk of falling, or indicate why those medications could not be tapered or stopped, even for a trial period;</p> <p>-4. If falling recurs despite initial interventions, staff will implement additional or different interventions, or indicate why the current approach remains relevant;</p> <p>-5. If underlying causes cannot be readily identified or corrected, staff will try various interventions, based on assessment of the nature or category of falling, until falling is reduced or stopped, or until the reason for the continuation of the falling is identified as unavoidable;</p> <p>-6. In conjunction with the attending physician, staff will identify and implement relevant interventions (e.g., hip padding or treatment of osteoporosis (condition in which bones become weak and brittle), as applicable) to try to minimize serious consequences of falling;</p> <p>-Monitoring subsequent falls and fall risk:</p> <p>-1. The staff will monitor and document each resident's response to interventions intended to reduce falling or the risks of falling;</p> <p>-2. If interventions have been successful in preventing falling, staff will continue the interventions or reconsider whether these measures are still needed if a problem that required the intervention (e.g., dizziness or weakness) has resolved;</p> <p>-3. If the resident continues to fall, staff will re-evaluate the situation and whether it is appropriate to continue or change current interventions. As needed, the attending physician will help the staff reconsider possible causes that may not previously have been identified;</p> <p>-4. The staff and/or physician will document the basis for conclusions that specific irreversible risk factors exist that continue to present a risk for falling or injury due to falls.</p> <p>Review of the facility's Fall Documentation Policy, undated, showed:</p> <p>-Whenever a resident has a fall, the following must occur:</p> <p>-A. An initial full body assessment, including neurological, must be documented;</p> <p>-B. 72 hr. follow-up must be completed;</p> <p>-C. The Initial post fall assessment must be initiated;</p> <p>-a. The link for this assessment is in the risk report, and, or, it can be found under the resident assessment tab: Post Fall Initial Assessment V5-to be completed one time, directly after each fall. All questions must be completed;</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>-Save, Sign, Lock, and Exit as soon as you complete this assessment;</p> <p>-Post Fall 72-hour monitoring V3 - change type of assessment to b-j (depending on the time assessment you are completing)- Edit:</p> <p>-a. Assessment: complete all questions except: 21, 22, 23, 24, ZS, 25a, 25b do not have to be completed if there is no change in condition;</p> <p>-c) Additional Comment: may be left blank if you have nothing new to add;</p> <p>-Save, Sign, lock, and exit as soon as you complete this assessment.</p> <p>1. Review of Resident #1's annual Minimum Data Set (MDS), a federally mandated assessment instrument completed by facility staff, dated 8/30/24, showed:</p> <p>-Moderate cognitive impairment;</p> <p>-Upper and lower extremity impairment on both sides;</p> <p>-Always incontinent of bladder and bowel;</p> <p>-No falls since admission or the prior assessment;</p> <p>-Diagnoses included traumatic brain injury (TBI), quadriplegia (paralysis of all four limbs), insomnia (sleep disorder of trouble falling asleep or staying asleep), seizure disorder, contracture (chronic loss of joint motion due to structural changes in non-bony tissue. These non-bony tissues include muscles, ligaments and tendons) of left hand, left wrist, right hand right wrist.</p> <p>Review of the resident's progress notes, showed:</p> <p>-9/13/24 at 12:09 A.M., resident noted lying on the floor next to low bed and wall on right side of bed. Resident appears to have a bruise on right cheek measuring 2 x 2 cm and an abrasion to left side of lower lip. Complaints of pain and discomfort. Tylenol given as ordered. ROM tolerated to all extremities;</p> <p>-9/13/24 at 6:47 A.M., resident requested to be sent to hospital for further observation. RR and physician aware. Ambulance called for transportation. Emergency Medical Technicians (EMTs) arrived and transported resident to hospital;</p> <p>-9/13/24 3:23 P.M., resident returned from hospital, diagnosis fall, acute (sudden in onset) pain of right knee, spastic quadriparesis (muscles appear unusually stiff, tight, or unable to move freely, loss of motor control). Resident has bruising noted to right cheek with slight swelling;</p> <p>-No documentation of progress notes each shift for 72 hours after fall.</p> <p>Review of the resident's care plan, on 9/16/24 at 12:15 P.M., showed:</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>During an observation and interview on 9/16/24 at 10:39 A.M., the resident lay in a flat position on the bed on a low air loss mattress with four bolsters (raised area on outer edge of mattress to limit the likelihood of rolling off the bed), one bolster on each side of the head of the bed on right and left and one on each side of the foot of the bed one on left and right. The bed height was positioned with the bottom of the bed approximately two feet high and was not in lowest position. A fall mat lay on the floor on the right side of the resident's bed between the bed and the window, no fall mat was on the left side of the resident's bed. Certified Nursing Assistant (CNA) A was in the resident's room and said the resident did have a fall recently. He/She was unsure how the resident fell . CNA A said the resident fell on the floor on the right side of the bed. CNA A said he/she would know what interventions are in place for a resident by looking in the resident binder at the nurse's station that have all the resident's kardexes printed out. CNA A said the resident has one fall mat and it was located on the left side of the resident's bed but after the resident fell out of the right side of the bed the one fall mat was moved to the right side of the bed. CNA A said if a resident fell , he/she would make sure the resident is alright and not bleeding. CNA A would not move the resident and he/she would notify the nurse, and then provide any assistance the nurse needs. CNA A said he/she would fill out a witness statement if needed but a witness statement is not filled out for every fall.</p> <p>During an observation and interview on 9/16/24 at 12:54 P.M., the resident lay flat in bed, with the bed in the lowest position with one fall mat on the right side of the bed and no fall mat on the left side of the resident's bed. CNA A said it is the responsibility of the staff who moves the fall mat to put the fall mat back in place. CNA A said he/she was not sure why the resident only had one fall mat. CNA A said the resident has only had one fall mat since he/she started, and it was always on the left side of the bed until the resident had the recent fall and then it was moved to the right side. CNA A said he/she would not know which side of the bed the resident would fall from. CNA A said he/she was not at the facility when the resident had the fall. CNA A said the resident can turn himself/herself in bed without assistance.</p> <p>Observation on 9/17/24 at 8:39 A.M., showed the resident reclined in a Broda chair (a specialized reclining chair propelled by staff). One fall mat was on the right side of the resident's bed, no fall mat on the left side of the resident's bed.</p> <p>During an interview on 9/17/24 at 8:54 A.M., CNA B said he/she would know a resident is a fall risk and what interventions are in place for a resident by looking in the kardex binder at the nurse's station. CNA B retrieved the kardex binder from behind the nurse's station. In the kardex binder, the resident had an MDS kardex report dated 9/15/24 at 1:45 P.M. The sections for Accidents/Fall Risk had no falls since admission or prior assessment marked, no assistive devices listed. No interventions were listed on the MDS kardex report. CNA A said the Maintenance Director (MD) was responsible for placing fall mat/mats in resident rooms. After the fall mat/mats are placed in the resident's room, it is the responsibility of the staff who moves the fall mat to put the fall mat back in place. CNA B said he/she does not know what side of the bed the resident would fall from. CNA B said if a resident's bed is not against the wall, then the resident should have a fall mat on both sides of the bed. CNA B said the resident did not have two fall mats. The DON told the MD this morning to get the resident a second fall mat and he/she is getting a second fall mat for the resident's room and will be placing it in the resident's room.</p> <p>(continued on next page)</p>		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 265365	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 09/19/2024
NAME OF PROVIDER OR SUPPLIER Stonebridge Florissant		STREET ADDRESS, CITY, STATE, ZIP CODE 6768 North Highway 67 Florissant, MO 63034	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>During an observation and interview on 9/17/24 at 9:27 A.M., CNA B said the MD just put the second fall mat in the resident's room. The resident was reclined in Broda chair. Fall mats were located on both sides of the resident's bed.</p> <p>During an interview and observation on 9/17/24 at 9:57 A.M., Licensed Practical Nurse (LPN) C said he/she would know a resident is a fall risk when they are admitted to the facility and by the fall risk assessment. CNAs know when they finish providing care, all residents' beds should be placed in the lowest position. LPN C said he/she informs the CNAs who is a fall risk. LPN C said nursing informs the MD to get the fall mats and then it is nursing's responsibility to move the mats and then put them back in place after care is provided. LPN C thought the resident had two fall mats in his/her room. LPN C said he/she relieved the night nurse, LPN D, the morning after the resident fell on night shift. LPN D informed LPN C the resident fell out of bed on the right side. LPN D said the resident's low air loss mattress had deflated and the resident rolled off the right side of the bed. LPN D said he/she noticed the low air loss mattress was only partially plugged into the wall. LPN C said it is not typical for residents to only have one fall mat. LPN C said he/she does not believe the resident has rolled out of the bed prior to the last time because the resident has bolsters on the mattress. LPN C said the fall mats would have been put in place for a fall intervention. LPN C would not know which side a resident would fall from. If one fall mat was placed, it may be because a resident was getting out of bed on one side, staff could put a fall mat on that side and then if the resident starts to get out on the other side, they would put a second fall mat down on that side. LPN C said CNAs would know what interventions the residents have in place by looking in the kardex binder at the nurse's station. LPN C said if a resident has a fall he/she would go to the resident and do an assessment that included a head to toe assessment, looking for any redness, tenderness, bruising, bleeding, vital signs that would include blood pressure (BP), pulse, respirations, temperature, pain, ROM, and if the resident hit their head or it was an unwitnessed fall, would do neuro checks. If the resident was alright, he/she would transfer the resident into the resident's bed. LPN C would call the resident's physician and RR. All assessments, vital signs and notifications would be documented in risk management and a progress note. Neuros would be documented on a paper neuro sheet for 72 hours. Incident follow up (IFU) fall documentation should also be completed each shift in a progress note for 72 hours. The IFU progress notes should include the vital signs and if the resident had any changes like bruising that showed up after the fall, new pain, change in neuro checks. If a change was noted the physician and RR would be notified and this would be documented in a progress note. LPN C said the resident had bruising on his/her right cheek and a small laceration to the lower right lip after the fall.</p> <p>During an interview on 9/17/24 at 11:05 A.M., the DON said she was aware of the resident falling the night of 9/12/24. DON said instead of moving the fall mat from the left side to the right side, the staff should have requested an additional fall mat for the other side of the bed. The DON said the RR called after the fall, on 9/13/24, and requested the resident's bed to be placed against the wall or to have a second fall mat put between the bed and the wall. The intervention that was put in place was a second fall mat because the resident is total care and the bed against the wall would make resident care difficult. The DON requested the MD to make sure the second fall mat was in place yesterday on 9/16/24 and to follow up on it. The second fall mat should have been put in the resident's room on 9/13/24. Fall mats are placed to mitigate a serious injury. The DON said you do not know what side of the bed the resident will fall from so there should be a fall mat on both sides of the bed if the bed is not against a wall.</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>During an interview on 9/18/24 at 12:54 P.M., the MD said he was asked to place a second fall mat in the resident's room. The MD did not recall who instructed him to do it because it was text to him. He was unsure when it was texted to him, but when he noticed the text, he placed the mat in the resident's room at that time.</p> <p>During an interview on 9/19/24 at 7:45 A.M., LPN D said he/she worked the night the resident fell out of bed. The resident only had one fall mat at the time of the fall. The resident fell out of the right side of the bed, and this was the side without a fall mat. The resident sustained injuries from the fall that included a 2 x 2 cm bruise to his/her right cheek and an abrasion to his/her lip. When LPN D entered the room after the resident fell, he/she noticed the resident's low air loss mattress was deflated, and LPN D believed this is why/how the resident fell out of bed. LPN D said the low air loss mattress was partially unplugged from the wall and this caused the low air loss mattress to deflate. After he/she plugged the low air loss mattress completely in, the low air loss mattress reinflated. When a resident falls, the nurse should assess the resident for any injuries, take vital signs, ROM, and do neuro checks if it was an unwitnessed fall or if the resident hit their head, notify the physician and RR. The fall, assessment and notifications should be documented in risk management and in a progress note. The progress note should also list if there was any abnormality in the neuro check and the vital signs that were taken should be listed in the progress note. A skin assessment should be completed to document if the resident had any injuries. IFU 72 hour follow up documentation is completed in a progress note once per shift for 72 hours listing if there is any change in condition with the resident like new pain, new bruising, or change in mental status, the resident's current vital signs for that shift would also be listed in the progress note. LPN D said residents with fall mat's need a fall mat on both sides of the bed if the bed is not against a wall. There is no way to know what side the resident could fall from. LPN D said the resident should have had two fall mats.</p> <p>2. Review of Resident #2's quarterly MDS, dated [DATE], showed:</p> <ul style="list-style-type: none"> -Severe cognitive impairment; -Upper and lower impairment on one side; -Frequently incontinent of bladder and bowel; -Falls since admission or the prior assessment, yes; -Number of falls since admission or the prior assessment, two or more with no injury; -Diagnoses included stroke, heart failure, high blood pressure, aphasia (loss of ability to understand or express speech, caused by brain damage), hemiplegia (paralysis on one side of the body) affecting right side, seizures, unsteadiness on feet, reduced mobility, repeated falls, and need for assistance with personal care. <p>Review of the resident's care plan during the survey, showed:</p> <ul style="list-style-type: none"> -Focus: Resident requires assist per staff with ADLs and mobility with ability to actively participate related to stroke and right sided weakness; <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>-Goal: Mobility status will improve as evidence by increased independence and mobility participation this review period;</p> <p>-Interventions: Transfer assist x one to two staff;</p> <p>-Focus: Resident has history of falls and remain at risk for future falls due to hemiparesis post stroke and cognitive deficits. Interdisciplinary team (IDT) unable to educate due to resident inability to recall education;</p> <p>-Goal: Be free from minor/major injury through the review date;</p> <p>-Interventions:</p> <p>-8/11/24 referred to therapy for physical therapy (PT) and occupational therapy (OT) evaluation;</p> <p>-8/9/24 staff to ask resident if he/she wants to be toileted routinely after meals to mitigate falls related to self-transfer attempts;</p> <p>-Ensure resident is wearing appropriate footwear (specify and describe correct client footwear: brown leather shoes, bedroom slippers, black nonskid socks) when ambulating or mobilizing in wheelchair;</p> <p>-Focus: Risk for injury: fall occurred on 11/4/23 and on 1/22/24;</p> <p>-Goal: Resident will resume daily activities without further incidents</p>