

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 265406	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/04/2025
NAME OF PROVIDER OR SUPPLIER Autumn Oaks Caring Center		STREET ADDRESS, CITY, STATE, ZIP CODE 1310 Hovis Street Mountain Grove, MO 65711	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Immediately tell the resident, the resident's doctor, and a family member of situations (injury/decline/room, etc.) that affect the resident.</p> <p>Based on observation, interview, and record review, the facility failed provide timely notification to each resident family member/representative when staff failed to notify the family of one resident (Resident #1) after significant bruising was identified on the resident resulting in an ordered x-ray and temporary medication changes. The facility census was 65.</p> <p>Review of the facility's current policy titled Change in a Resident's Condition or Status, dated February 2021, showed the following:</p> <ul style="list-style-type: none"> -The facility promptly notifies the resident, his or her attending physician, and the resident representative of changes in the resident's medical/mental condition and/or status; -Unless otherwise instructed by the resident, a nurse will notify the resident's representative when, the resident is involved in any accident or incident that results in an injury including injuries of an unknown source; -Except in emergencies, notifications will be made within 24 hours of a change occurring in the resident's medical condition or status. <p>1. Review of Resident #1's face sheet (brief resident profile sheet) showed the following:</p> <ul style="list-style-type: none"> -admission date of 01/30/25; -Diagnoses included heart failure (heart can't pump enough blood to meet the body's needs), atrial fibrillation (a-fib - irregular heartbeat), nonrheumatic tricuspid valve insufficiency (the valve between the right atrium and the right ventricle doesn't close properly causing blood to leak backward), and depression (persistent sadness). <p>Review of the resident's care plan, dated 01/30/25, showed the following:</p> <ul style="list-style-type: none"> -Resident at risk for falls; -Resident at risk for impaired skin integrity; -Resident takes anticoagulant (thins the blood to prevent clots); -Dependent with pants and shoes and wheelchair use; <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>-Required substantial assist with toileting, showering, dressing, personal hygiene, sit to stand and transfers.</p> <p>-Resident at risk for pain.</p> <p>Review of the resident's admission Minimum Data Set (MDS - a federally mandated assessment instrument completed by facility staff), dated 02/05/25, showed the following information:</p> <p>-Moderately impaired cognitive skills;</p> <p>-Substantial assistance from staff with toileting, personal hygiene, showers, and upper body dressing;</p> <p>-Dependent upon staff for lower body dressing.</p> <p>Review of the resident's March 2025 Physician's Order Sheet (POS), showed the following:</p> <p>-An order, dated 01/30/25, for Eliquis (blood thinner) 2.5 milligrams (mg), give one tablet by mouth two times per day for a-fib;</p> <p>-An order, dated 01/30/25, for Tylenol (pain reliever) 325 mg, give two tablets by mouth every four hours as need for pain/temp.</p> <p>Review of the facility's resident abuse investigation, started 03/09/25, showed the following:</p> <p>-Date of incident was night of 03/09/25;</p> <p>-Date incident reported 03/10/25;</p> <p>-When staff got the resident up on 03/10/25, staff noted bruising to right side of chest, torso, underarm and going to backside;</p> <p>-Staff notified physician on 03/10/25;</p> <p>-Staff noted resident was own representative and no other representative was notified;</p> <p>-Conclusion of investigation, resident was transferred to bed with a gait belt on night of 03/09/25, the following morning of 03/10/25 the resident woke up with bruising. Resident takes Eliquis two times per day for a-fib and has not fallen recently. Resident does bruise easily due to Eliquis and has thin, frail skin.</p> <p>Review of the resident's March 2025 POS showed an order, dated 03/10/25, for two view arm/shoulder x-ray due to pain, swelling, and bruising.</p> <p>Review of the resident's Shower Sheet, dated 03/11/25, showed facility staff documented bruising on the resident's front of the upper left arm, bruising on the front upper left arm and chest, bruising on the back of both the left and right upper arms.</p> <p>(continued on next page)</p>		

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<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Review of the resident's skin assessments, dated 03/13/25, showed skin issue, bruising to the right chest and lateral ribs. Staff did not document notification of the resident representative.</p> <p>Review of the resident's Shower Sheet, dated 03/14/25, showed hospice staff documented bruising to the resident's right chest, torso, arms, thighs and legs. Resident was unsure how the bruising was obtained and facility made aware.</p> <p>Review of the resident's skin assessments showed the following:</p> <p>-On 03/20/25, staff noted skin issue of bruising to the right chest and lateral ribs. Resident was noted to have very thin frail skin with large bruising to the right side of chest, lateral ribs, and generalized bruising to all extremities. The resident's Eliquis placed on hold for four days due to increased bruising. Staff did not document notification of the resident's representative;</p> <p>-On 03/27/28, staff noted skin issue of bruising to chest, arms, and legs. Resident noted to have very thin, frail skin with large bruising to right side of chest and lateral ribs and generalized bruising to all extremities. Staff did not document notification of the resident's representative.</p> <p>Review of the resident's March 2025 progress notes showed staff did not document notification of the resident's representative of the x-ray of two view arm/shoulder due to pain, swelling, and bruising or the bruises observed by facility staff.</p> <p>During an interview on 04/04/25, at 8:58 A.M., the resident said he/she wasn't aware of any bruising on his/her chest until someone told him/her. The facility tells his/her child when he/she has a change in condition.</p> <p>During an interview on 04/04/25, at 11:43 A.M., Certified Nurse Aide (CNA) A said the following:</p> <p>-He/she didn't remember exactly when he/she saw bruising on the resident. It was maybe a couple of weeks ago. He/she saw a large bruise on the breast area, under the arm, and the right side;</p> <p>-He/she tells the charge nurse when there is a change in condition and he/she did tell the nurse about the bruising. The nurse assessed the resident and asked the resident what happened. The resident complained of pain.</p> <p>During an interview on 04/04/25, at 12:10 P.M., Licensed Practical Nurse (LPN) B said the following:</p> <p>-He/she did document in the record seeing bruising on the resident;</p> <p>-The resident had bruising on the his/ her arm and face;</p> <p>-When there is bruising the family is notified. He/she didn't know if the resident's family was notified of the bruising.</p> <p>During an interview on 04/04/25, at 12:32 P.M., the Assistant Director of Nursing (ADON) said he/she did not see the bruising on the resident. When there was a change in condition, including bruising, the family would be notified.</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents.</p> <p>Based on interview and record review, the facility failed to keep all residents free from possible accident hazards, when staff failed to transfer one resident (Resident #1) in a manner to prevent possible injury and failed to care plan regarding the resident's transfer needs/preferences. The facility had a census of 65.</p> <p>Review of the facility's policy titled Safe Lifting and Movement of Residents, dated revised July 2017, showed the following:</p> <ul style="list-style-type: none"> -In order to protect the safety and well-being of staff and residents, and to promote quality of care, this facility uses appropriate techniques and devices to lift and move residents; -Nursing staff in conjunction with the rehabilitation staff shall assess individual residents needs for transfer assistance on an ongoing basis; -Staff responsible for direct resident care will be trained in the use of manual (gait/transfer belts); -Safe lifting and movement of residents is part of an overall facility employee health, provides training on safety, ergonomics and proper use of equipment and continually evaluates the effectiveness of workplace safety and injury prevention strategies. <p>1. Review of Resident #1's face sheet (brief resident profile sheet) showed the following:</p> <ul style="list-style-type: none"> -admission date of 01/30/25; -Diagnoses included heart failure (heart can't pump enough blood to meet the body's needs), atrial fibrillation (a-fib - irregular heartbeat), nonrheumatic tricuspid valve insufficiency (the valve between the right atrium and the right ventricle doesn't close properly causing blood to leak backward), and depression (persistent sadness). <p>Review of the resident's care plan, dated 01/30/25, showed the following:</p> <ul style="list-style-type: none"> -Resident was at risk for falls; -Resident was at risk for infection; -Resident was at risk for impaired skin integrity; -Resident took an anticoagulant (blood thinner); -Resident required substantial assist with toileting, showering, dressing, personal hygiene, sit to stand, and transfers. -Resident was at risk for pain. <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>(Staff did not care plan regarding how to the transfer the resident, the number of staff to transfer the resident, or any resident preferences or refusals related to transfers.)</p> <p>Review of the resident's admission Minimum Data Set (MDS - a federally mandated assessment instrument completed by facility staff), dated 02/05/25, showed the following information:</p> <ul style="list-style-type: none"> -Moderately impaired cognitive skills; -Substantial assistance required from staff with toileting, personal hygiene, showers, and upper body dressing; -Dependent upon staff for lower body dressing. <p>During an interview on 04/04/25, at 8:58 A.M., the resident said the following:</p> <ul style="list-style-type: none"> -He/she was able to transfer okay, but he/she was not able to come to a standing position and needed help to sit down; -He/she broke his/her hip in the past and also had leg problems; -The staff do not use a belt (gait belt - a belt used for support when transferring) when they assist the resident with transferring; -The staff have him/her put his/her hands around their neck and they help pull him/her up. <p>During an interview on 04/04/25, at 11:43 A.M., Certified Nurse Aide (CNA) A said the following:</p> <ul style="list-style-type: none"> -He/she had been trained on gait belt use. He/she put the belt around the resident, ensuring there are two finger spaces between the belt and the resident. He/she puts his/her hands under the gait belt on each side towards the back. He/she said 1, 2, 3 and the resident stands up while the staff are assisting with the belt; -The resident doesn't like the gait belt because the resident says the belt squeezes him/her. He/she tried to talk the resident into letting him/her use the gait belt; -He/she transferred the resident by hugging the resident under his/her arms and the resident put his/her arm around the staff's neck. They stand up and pivot to the wheelchair. <p>During an interview on 04/04/25, at 1:18 P.M., CNA D said the following:</p> <ul style="list-style-type: none"> -All nursing staff were trained to use a gait belt and should be using it anytime they're assisting a resident up or down, and when walking with the resident; -The resident was a one person assist and needed a gait belt; -The resident did refuse to wear the gait belt. He/she would tell the resident she had to for safety; <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>-It was not appropriate to have a resident hug staff's neck and staff hug them to transfer.</p> <p>During an interview on 04/04/25, at 1:30 P.M., physical therapy said the following;</p> <p>-He/she had not worked with the resident;</p> <p>-He/she would prefer the staff use a gait belt when transferring residents.</p> <p>During an interview on 04/04/25, at 12:10 P.M., Licensed Practical Nurse (LPN) B said the following:</p> <p>-All nursing staff are trained to use a gait belt;</p> <p>-Staff should be using a gait belt to transfer all residents, including the resident;</p> <p>-It would not be appropriate to use the hug technique to transfer a resident, unless staff use the gait belt too;</p> <p>-He/she was not aware of the resident refusing to let staff use the gait belt.</p> <p>During an interview on 04/04/25, at 1:00 P.M., Registered Nurse (RN) C said the following:</p> <p>-Staff were trained to use a gait belt;</p> <p>-Staff should be using a gait belt when they transfer or they're walking with a resident;</p> <p>-The belt should be put around the lower waist, with two fingers in between the belt and resident;</p> <p>-Staff were to grab with both hands on each side and assist the resident to standing;</p> <p>-It was not appropriate to have the resident hug staff's neck and staff to hug the resident when transferring. This was not safe;</p> <p>-The resident was a one person assist and required a gait belt due to weakness.</p> <p>During an interview on 04/04/25, at 12:32 P.M., the Assistant Director of Nursing (ADON) said the following:</p> <p>-All staff caring for residents are trained on how to use a gait belt;</p> <p>-Anytime staff move a resident from one place to another, they should be using a gait belt;</p> <p>-The belt should be placed around the resident's upper waist, snug, but not too tight. The staff should place their hands under the belt towards the back side, and say 1,2,3 and assist the resident to a standing position;</p> <p>-It is not appropriate to hug a resident and have them hug you for a transfer. This could cause injury to the resident and the staff;</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>-The resident was a one assist and staff should be using the gait belt to transfer the resident.</p> <p>During an interview on 04/04/25, at 12:43 P.M., the Director of Nursing (DON) said the following:</p> <p>-All nursing staff are trained to use a gait belt;</p> <p>-They should be using the gait belt when transferring, anytime need to move them, and walking with residents;</p> <p>-Staff put the gait belt on the resident, snug but should be able to get a couple of fingers between the gait belt and the resident;</p> <p>-Staff should be telling the resident what they're doing;</p> <p>-Staff place the hands on each side to assist the resident to a standing position and guide and pivot the resident;</p> <p>-It would not be appropriate to hug the resident and have the resident put his/her hands around the staff. The staff could lose their footing and fall with the resident;</p> <p>-The resident required a gait belt for all transfers because he/she was weak;</p> <p>-It would not be appropriate to use the hug method with the resident.</p> <p>During interviews on 04/04/25, at 1:39 P.M., and on 04/07/25, at 12:45 P.M., the Administrator said the following:</p> <p>-Nursing staff are trained on how to use gait belts;</p> <p>-They should be using gait belts when transferring residents, or walking with residents;</p> <p>-The belt should be up under the arms, breast area;</p> <p>-There should be two fingers space between the belt and the resident's skin;</p> <p>-The staff's hand should be on each side of the belt, and the resident and staff will lift up and pivot;</p> <p>-It would not be appropriate to hug a resident and have a resident to grab staff for transferring;</p> <p>-With the resident the staff does most of the work and he/she was a one person assist.</p> <p>MO00251044</p>