

Department of Health & Human Services
Centers for Medicare & Medicaid Services

Printed: 07/30/2026
Form Approved OMB
No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 265420	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/05/2026
NAME OF PROVIDER OR SUPPLIER Apple Ridge Care Center		STREET ADDRESS, CITY, STATE, ZIP CODE 100 West Thomas Avenue Waverly, MO 64096	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Honor the resident's right to a dignified existence, self-determination, communication, and to exercise his or her rights. Based on observation, interview and record review, the facility failed to ensure a resident was able to exercise their rights related to private and unrestricted communication when the facility imposed restrictions on telephone usage, including limiting the duration of calls, restricting individuals the resident could communicate with, and monitoring the resident's phone conversations without documented clinical justification, a physician's order, or appropriate care plan intervention for one sampled resident (Resident #1) out of four sampled residents. The facility census was 43 residents. Review of the facility's Resident Rights policy date February 2021 showed the resident had the right to: -Communication with and access to people and services, both inside and outside of the facility. -Exercise his/her rights as a resident of the facility and as a resident or citizen of the United States. -Be supported by the facility in exercising his/her rights. -Exercise his/her rights without interference, coercion, discrimination or reprisal from the facility. -Privacy and confidentiality. -Voice grievances to the facility, or other agency that hears grievances, without discrimination or reprisal and without fear of discrimination or reprisal. -Communicate with outside agencies (local, state, or federal officials, state and federal surveyors, state long-term care ombudsman, protection or advocacy organizations) regarding any matter. -Communicate in person, by mail, email and telephone with privacy. Review of the facility's Telephones, Resident Use of policy revised February 2021 showed: -Residents shall have access to telephones. -Designated telephones are available to residents to make and receive private telephone calls. -Telephones will be in areas that offer privacy and accommodate the hearing impaired, and wheelchair bound residents. 1. Review of Resident #1's Face Sheet showed the following diagnoses: -Schizoaffective disorder (a mental condition that causes loss of contact with reality and mood problems). -Paranoid Schizophrenia (a form of schizophrenia [a chronic mental illness that interferes with a person's ability to think clearly, to distinguish reality from fantasy, to manage emotions, make decisions, and relate to others] characterized by persistent preoccupation with illogical, absurd, and changeable delusions, usually of a persecutory, grandiose, or jealous nature, accompanied by related hallucinations). -Manic episode (a period when your mood, behavior and energy level become much higher or more intense than usual). -Bipolar disorder (a chronic mental health condition characterized by extreme mood swings, alternating between high-energy manic or hypomanic episodes and deep depressive episodes). -Mood disorder (mental health conditions involving persistent, severe disturbances in emotional state, such as depression or mania, that disrupt daily functioning). Review of the resident's Quarterly Minimum Data Set (MDS - a federally mandated assessment instrument completed by facility staff for care planning) showed the resident was cognitively intact. Review of the resident's medical record dated February 2026 showed: -A message to staff that said the advocate (a representative of a federal non-profit agency) was not allowed to call the resident and the resident was not allowed to call them per the guardian. -An email from the Public Administrator (PA) to the facility dated 02/05/26 at 3:15 P.M., that said the facility staff had reported to the PA that the resident had been making calls to several different lawyers. The resident was not able to hire or be calling different lawyers because of his/her guardianship. The resident had been advised about only being able to contact his/her lawyer or (continued on next page)		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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He/she informed the resident to write down names and numbers so it could be given to the PA to review before the PA can add or increase the resident's calls.-An email from the facility to the PA dated 02/11/26 at 2:49 P.M., contained a list of contacts created by the resident.-An email from the PA to the facility dated 02/11/26 at 3:15 P.M. said the list provided was approved.-An email from the PA to the facility dated 02/11/26 at 3:28 P.M. said that the PA talked to the resident's mother and he/she mentioned he/she was supposed to get mail from the advocate. The email said please do not give the resident any mail from the resident's mother. Hold it or return it to sender.-An email from the facility to the PA dated 02/17/26 at 2:52 P.M. said the state came in and suggested that the facility get the phone restrictions in writing from the lawyer or judge. The email said was it possible for the PA to get those phone restrictions in writing and email them to the facility?-An email from the PA to the facility dated 02/19/26 at 9:05 A.M. said it was not possible to have either the lawyer or the judge do that. The resident's lawyer was told of the restrictions and that the lawyer would need to call the facility to allow more calls. I can only assume he/she did not do that based on how he/she reacted when I told him/her about the restrictions. The restrictions would need to be kept in place going forward to mainly not allow the resident to call the advocate. The restriction was to keep the resident safe from the advocate as they had been negative to several other residents at other facilities. I will say as long as there are no issues next week, we could lift things to three calls, but I want to make sure it is up to the staff availability, so the resident was not dictating when he/she made calls to the staff.-An email from the PA to the facility dated 02/23/26 at 12:43 P.M. asked if there were any other phone issues. If not, the resident could have three calls per day but still needed to be supervised because of the advocate issue. If calls were returned to three per day, let the resident know it was being supervised just because he/she was not allowed to call the advocate.-There was no physician's order, assessment, or clinical documentation supporting justification of restricting telephone access. Review of the residents' care plan revised in February 2026 showed:-Focus: Resident was at risk for behavioral disturbance related to schizophrenia disorder, bipolar disorder, paranoid schizophrenia with history of delusions and paranoia. Resident paced up and down the hall on the unit and crouched along the wall in the hallway often. Conspires with peers to fabricate stories and delusions, calls state frequently, manipulates peers/staff, refuses cares and refuses medications.-Staff interventions included:--Resident could receive calls from his/her lawyer that had been appointed through the court. --The PA was ok with the resident calling them once a month unless the attorney told staff that he/she was comfortable with the resident calling more often and it would be whatever was approved by his/her lawyer.--Resident was not allowed to talk to the advocate from an outside agency.--Per the PA, the resident was not able to hire and should not be calling different lawyers because of his/her guardianship. The resident had been advised about only being able to contact his/her lawyer or writing the Judge several times in the past.-Per the PA, the resident's calls were restricted to two calls per day that were to be supervised by staff and not placed to a random lawyer. Review of the residents progress notes dated February 2026 showed:-On 02/05/26 at 4:32 P.M., a social services note said the Social Services Director (SSD) and charge nurse went and explained to the resident that his/her guardian had changed his/her phone privileges to one call per day and that all calls must now be supervised. This change was made after it was reported that the resident had been contacting a couple of lawyers. The social worker and (continued on next page)		

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F 0550 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	phone calls. During an interview on 05/05/26 at 2:43 P.M., CNA A said:-Residents could take the cordless phone with them to use unless they had restrictions.-Resident #1 was on phone restrictions for contacting a lady but not sure who or why.-Resident #1 had not displayed any behaviors toward staff or other residents.-Resident #1's calls were supposed to be monitored while in the nurse's station office. During an interview on 05/05/26 at 2:55 P.M., Licensed Practical Nurse (LPN) A said:-He/She was responsible for the residents on the locked unit while on duty.-There was a designated area in front of the nurse's station for residents to make phone calls.--NOTE: Observation of this area was less than three feet from the nurse's station, it was not partitioned off and consisted of two chairs, a table and a phone.-There was no limit to how many calls a resident could place per day unless they had restrictions.-He/She could probably find information on phone restrictions on the resident's face sheet.-He/She was not aware of anyone who currently had phone restrictions. During an interview on 05/05/26 at 3:05 P.M., the PA said:-He/She advised the facility that the resident's phone calls needed to be limited by person and time and also needed to be monitored.-Restrictions were made because the resident was calling the state, talking to non-family members and speaking with an advocate who was giving improper legal advice.-The resident wanted to get a job and live in a less restrictive environment.-There had been no physician involvement saying that this restriction was clinically necessary.-The advocate called numerous facilities and hot lined them.-There was no attempt at any less restrictive measures prior to the ones currently in place.-He/She believed the facility should continue with the current restrictions. During an interview on 05/05/26 at 4:15 P.M., the Administrator said:-There were no limits on the number of phone calls a resident could place unless the guardian directed it.-Staff had been trained on residents' communication rights through in-services and Relias (an online, accredited education platform designed for senior care and skilled nursing facilities to ensure compliance, train staff, and improve patient outcomes) training.-There was a care plan meeting in February the guardian suggested limiting the resident's access, time, and the people he/she could call and who could call him/her.-He/She advocated for the resident by talking with the guardian and having care plan meetings.-There were no less restrictive measures attempted prior to the current phone restrictions.-Residents were educated on their communication rights during the monthly resident council meetings.-The advocate had not promoted any harm that he/she knew of. -The resident had not had any behaviors.-He/She was not sure why the resident's calls had been restricted, the guardian said it was due to issues in the past at another facility.-Communicating with the advocate would cause psychological stress and false hope of emancipation.-The resident had the right to communicate with people outside of the facility.-The resident had the right to communicate with outside agencies.-The resident had the right to communicate on the telephone in private. 2807761		

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F 0684 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide appropriate treatment and care according to orders, resident's preferences and goals. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** Based on interview and record review, the facility failed to ensure one sampled resident (Resident #2) had appropriate and timely identification and treatment of a Urinary Tract Infection (UTI - an infection of one or more structures in the urinary system) and to report a change in the resident's condition to the physician out of four sampled residents. The facility census was 43 residents. Review of the facility's Change in a Resident's Condition or Status policy revised November 2018 showed:--The facility promptly notified the resident, his/her attending physician, and the resident representative of changes in the resident's medical/mental condition and/or status.--The nurse would notify the resident's attending physician or physician on call when there had been a significant change in the resident's physical/emotional/mental condition.--A significant change of condition was a major decline or improvement in the resident's status that would not normally resolve itself without intervention by staff or by implementing standard disease related clinical interventions.--Except in medical emergencies, notifications would be made within twenty-four (24) hours of a change occurring in the resident's medical/mental condition or status.--When identifying situations that warrant immediate notification the nursing staff would consider factors to help identify situations requiring prompt physician notification concerning lab or diagnostic test results:--Whether the result should be conveyed to a physician regardless of other circumstances.--Whether the resident's clinical status was unclear or whether he/she had signs and symptoms of acute illness or condition change and was not stable or improving.--If the resident had signs and symptoms of acute illness or condition change and he/she was not stable or improving, or there were no previous results for comparison, then the nurse would notify the physician promptly to discuss the situation, including a description of relevant clinical findings as well as the test results.--A physician could be notified by phone, fax, voicemail, e-mail, mail, pager, or a telephone message to another person acting as the physician's agent.--Facility staff should document information about when, how and to whom the information was provided and the response. This should be done in the Progress Notes section of the medical record and not on the lab results report. Review of the facility's undated Lab and Diagnostic Test Results-Clinical Protocol policy showed:--The physician would identify, and order diagnostic and lab testing based on the resident's diagnostic and monitoring needs.--The staff would process test requisitions and arrange for tests.--The laboratory, diagnostic radiology provider, or other testing source would report test results to the facility.--When test results were reported to the facility, a nurse would first review the results. If staff who first received or reviewed lab results could not follow the remainder of this procedure for reporting and documenting the results, another nurse in the facility (supervisor, charge nurse, etc.) should follow or coordinate the procedure. 1. Review of Resident #2s Face Sheet showed the following diagnoses:--Autistic disorder (a lifelong neurodevelopmental condition related to brain development that affects how people see others and socialize with them).--Bipolar disorder (A disorder associated with episodes of mood swings ranging from depressive lows to manic highs).--Severe intellectual disabilities. Review of the resident's health status and medication change notes dated 02/22/26 to 04/03/26 showed the resident was on monitoring for starting Risperdal (antipsychotic medication that treated mental health conditions like schizophrenia, bipolar disorder and some symptoms of autism) and Lithium (primarily used to stabilize mood, treating acute mania and reducing the frequency and severity of manic episodes in bipolar disorder) with no signs or symptoms of adverse effects. Review of the resident's health status note dated 03/08/26 showed:--The physician was contacted about the resident experiencing pain during urination and noted cloudiness. --A new order was received to obtain a urinalysis (UA- a diagnostic test that analyzes a urine sample to detect various health issues, including infections (UTIs), kidney disease, liver disease, and diabetes). Review of the resident's laboratory report dated and reported to the facility on [DATE] showed:--The UA specimen was never received in the lab due to not being collected. --The facility was advised to (continued on next page)		

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