

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 265696	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 06/06/2024
NAME OF PROVIDER OR SUPPLIER Aspire Senior Living Platte City		STREET ADDRESS, CITY, STATE, ZIP CODE 220 O'Rourke Drive Platte City, MO 64079	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0678</p> <p>Level of Harm - Immediate jeopardy to resident health or safety</p> <p>Residents Affected - Few</p>	<p>Provide basic life support, including CPR, prior to the arrival of emergency medical personnel , subject to physician orders and the resident's advance directives.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 44939</p> <p>Based on interview and record review, the facility failed to follow their policy and ensure two sampled resident's (Resident #1 and #2) code status was correct at the time of admission and carried out in accordance with the guardian's directive to staff. Resident #1's guardian directed Registered Nurse (RN) A upon admission on [DATE] and to RN B on [DATE] to change the resident's code status to Do Not Resuscitate (DNR). On [DATE], the resident stopped spontaneous respirations and pulse and facility staff initiated cardiopulmonary resuscitation (CPR). Emergency Medical Services (EMS) were called to the facility and took over CPR from facility staff. CPR was performed for one hour and 13 minutes. The resident was declared deceased at the facility on [DATE] at 2:16 A.M. Resident #2's guardian notified the Social Services Designee (SSD) on [DATE] of his/her wishes to change the resident's code status from full code to a DNR and staff failed to change the resident's code status. The facility census was 68.</p> <p>The Administrator was notified on [DATE] at 2:24 P.M. of an Immediate Jeopardy (IJ) which began on [DATE]. The IJ was removed on [DATE] as confirmed by surveyor on site.</p> <p>Review of the undated facility policy regarding Health Care Directives/Death of a Resident showed:</p> <ul style="list-style-type: none"> -Purpose: Ensure that the facility is able to, and does provide, emergency basic life support when needed, including CPR, to any resident requiring such care prior to the arrival of emergency medical personnel in accordance with the related physician orders, such as DNR and the resident's advanced directives. - Advanced Directives is defined as a written instruction, such as a living will or durable power of attorney for health care, recognized under State law (whether statutory or as recognized by the courts of the State), relating to the provision of health care when the individual is incapacitated. Some states also recognize documented verbal instruction. - CPR refers to any medical intervention used to restore circulatory and/or respiratory function that has ceased. - Code Status refers to the level of medical interventions a person wishes to have started if their heart or breathing stops. <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0678</p> <p>Level of Harm - Immediate jeopardy to resident health or safety</p> <p>Residents Affected - Few</p>	<p>- DNR order refers to a medical order issued by a physician or other authorized non-physician practitioner that directs healthcare providers not to administer CPR in the event of cardiac or respiratory arrest. Existence of an advanced directive does not imply that a resident has a DNR order. The medical record should also show evidence of documented discussions leading to a DNR order.</p> <p>Review of the undated facility policy regarding DNR- No Extraordinary Life-Saving Measures:</p> <p>-Purpose: Ensure that resident rights are protected in the presence of a DNR order or Advanced Directive, when the resident wishes for no extraordinary measures to be taken at his/her end of life.</p> <p>-Procedure:</p> <p>- When a resident discusses with a staff member the desire for no extraordinary life-saving measures, the Director of Nursing (DON) will be notified.</p> <p>- The DON will have a more formal discussion with the resident about what no extraordinary life-saving measures means.</p> <p>- This wish will be shared with the resident's family, responsible party, and physician.</p> <p>- A copy of these documents will be maintained in the resident's file, given to the resident family or responsible party and given to the resident's physician.</p> <p>- If the resident has a Health Care Proxy, the EMS/ambulance will be informed as needed and the person with Health Care Proxy will be contacted as needed. That person's phone number will be placed in the resident's chart so they can be contacted during an emergency when the resident is not capable of making healthcare decision.</p> <p>- A copy of the Living Will, Advanced Directives or Health Care Proxy will be sent with the ambulance workers.</p> <p>1. Review of Resident #1's Admission Minimum Data Set (MDS, a federally mandated assessment completed by staff), dated [DATE], showed:</p> <p>-the resident admitted to the facility on [DATE];</p> <p>-diagnoses of neurocognitive disorder with Lewy Bodies (a common dementia is caused by a buildup of proteins in the brain. It affects thinking, memory and movement), hallucinations, constipation, arthritis, anemia, chronic pain.</p> <p>-had minimal difficulty hearing, clear speech, sometimes understands others and rarely/never is able to make self understood;</p> <p>-score of ,d+[DATE] on the Brief Interview for Mental Status (BIMS, a brief cognitive screening tool used to measure and track resident's cognitive decline or improvement in long-term care), indicating severely impaired cognition; and</p> <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Immediate jeopardy to resident health or safety</p> <p>Residents Affected - Few</p>	<p>-[DATE] 3:31 A.M., Licensed Practical Nurse (LPN) A wrote: Certified Nursing Assistant (CNA) x 2 were in resident room for rounds, providing pericare and repositioning him/her. They stated the resident was not acting at his/her baseline and called for the nurse. Nurse went into room and asked for other nurse to come in the room as well. Resident was staring straight ahead and breathing through his/her mouth. He/She was not looking at staff in the room, this lasted for less than 60 seconds. Resident was responding to staff, yelled a couple times and was making eye contact. Nurses stayed with him/her for approximately five minutes, then he/she started to have another episode of staring straight ahead and mouth breathing. Called 911 at approximately 12:45 A.M. due to concern of seizures. Called guardian at approximately 12:50 A.M., EMS arrived at 12:52 A.M. Paramedics were in the room with resident, he/she became without a pulse, he/she was lowered to the floor and CPR started at 1:00 A.M. Paramedics and firefighters took over CPR and cares at this time. Guardian called back and I let her them know that CPR was currently taking place. He/She stated he/she did not want CPR for the resident, discussed with him/her that without the paperwork that stated he/she was a DNR we had to treat him/her as a full code, but I would tell the paramedic his/her wishes. The paramedic stated that it would be best to see the paperwork, we did not have a DNR to show in the facility. Paramedic stated that a pulse was noted 2 different times during CPR and were more than likely going to be transporting the resident to the hospital. Guardian was made ware of this as well, he/she stated again that he/she did not want the resident to receive anymore CPR. I reported this to the paramedic again, he/she asked to speak to the guardian. Guardian expressed to the paramedic again he/she did not want CPR for the resident. CPR was stopped at 2:13 A.M. They monitored for a heart rate for a couple of minutes and did not have one. The resident's son was here at this time in the facility as well. Physician notified at 2:33 A.M. and gave orders to remove intubation.</p> <p>-[DATE] 2:17 A.M.- Administrator wrote: Spoke with the guardian. He/She was upset that the facility could not take his/her verbalization to stop CPR. He/She then called back and said he/she had spoken with the paramedics and they are going to stop CPR as they do not have a pulse. The residents sons were present in room when request was made.</p> <p>Review of EMS Patient Care Record, dated [DATE], showed:</p> <p>-EMS dispatched to the facility at 12:45 A.M. on [DATE], and arrived at the facility at 12:52 A.M.</p> <p>-An Advanced Life Support assessment (ALS), an assessment conducted by qualified EMS personnel) was performed. The resident was unresponsive to all stimuli. Resident was noted to be breathing but it was abnormal. Resident only made short gasps. Resident pulses were promptly palpated (examined by touch). Resident's pulses were unable to be palpated.</p> <p>-Resident was moved from the nursing home bed to the floor and CPR was started. An intravenous line (IV) was established for medication administration. The resident was intubated (the placement of a flexible plastic tube into the trachea to maintain an open airway) for advanced airway management. Resident was noted to vomit in and around her vocal chords during intubation attempt that was suctioned. Throughout CPR efforts, resident was given epinephrine (a medication used to treat low blood pressure and slow heart rate) eight times. Resident's pulses returned twice.</p> <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Immediate jeopardy to resident health or safety</p> <p>Residents Affected - Few</p>	<p>-Resident's family arrived at the facility and adamantly informed ambulance crew that the patient has a DNR and does not wish to be resuscitated. At that time it was decided by the ambulance crew that the patient has undergone significant resuscitation efforts and that further efforts would likely not benefit the resident. Medical control was contacted through the local hospital and the physician gave the order to cease CPR efforts. CPR efforts were ceased where it appeared the resident had agonal breathing (refers to short, labored, gasping breaths that occur because oxygen cannot reach the brain). Palpation of pulses was attempted by multiple providers where no pulse could be found. At that time, the ambulance crew returned their equipment to the ambulance and cleared the scene.</p> <p>-The resident was declared deceased at 2:16 A.M.</p> <p>During an interview on [DATE] at 2:11 P.M., the resident's guardian said:</p> <p>-He/she never received a form to sign to change the resident's code status.</p> <p>-He/she told the nurse at admission. The guardian also told RN B on [DATE] that the resident's code status should be DNR, not Full Code/CPR. He/she also had a discussion with the SSD in [DATE] regarding the resident's desired code status of DNR. He/she is unsure of the exact date of the conversation with SSD.</p> <p>-During the night of [DATE], the facility called the guardian to state that the resident had stopped breathing and CPR had been started. The guardian became very upset and requested multiple times that CPR be stopped.</p> <p>-He/she says the resident would not have wanted to have CPR performed.</p> <p>During an interview on [DATE] at 12:33 P.M., the Business Office Manager (BOM) said:</p> <p>-He/She completed a portion of Resident #1's admission, but did not speak to the family about the desired code status;</p> <p>-It was the SSD responsibility to obtain the resident's code status at the time of admission.</p> <p>During an interview on [DATE] at 11:21 A.M., RN A said:</p> <p>-He/She does not recall doing the admission for Resident #1, as he/she does so many admissions.</p> <p>-During the admission process, he/she will ask the resident or family their wishes for code status. If the resident or family has not made that choice, then the resident will be a full code.</p> <p>-Social Services is responsible for getting the code status choice from the resident and/or family, getting the code status form signed and the chart updated.</p> <p>During an interview on [DATE] at 11:26 A.M., the Social Services Designee (SSD) said:</p> <p>-He/She did not complete Resident #1's admission. The Business Office Manager (BOM) was completing admissions at that time;</p> <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Immediate jeopardy to resident health or safety</p> <p>Residents Affected - Few</p>	<p>-He/She was aware the resident was to be a DNR code status. However, when he/she completed his/her chart audit and found there was no signed DNR form on file, the resident was changed to a CPR code status;</p> <p>-He/She contacted the resident's daughter/guardian, who indicated to the SSD that he/she would send the SSD the signed DNR form to the facility. The SSD is unsure of the date the guardian was contacted;</p> <p>-The SSD audits the charts, Code Status book, and door dots once per month.</p> <p>During an interview on [DATE] at 11:37 A.M., RN B said:</p> <p>-RN B confirmed that he/she had a phone conversation with Resident #1's guardian/daughter on [DATE];</p> <p>-The guardian informed RN B that the resident was to be a DNR code status. RN B asked the guardian to fax the signed form to the facility. The guardian confirmed he/she would do so. RN B was unsure if the form was received by the facility;</p> <p>-RN B believes he/she notified the physician of the guardian's wishes for code status;</p> <p>-The SSD or the Director of Nursing (DON) would be responsible for updating the chart, Code Status book, and dot on name plate;</p> <p>-RN B did not inform the SSD or DON of the guardian's wish for DNR code status for the resident.</p> <p>During an interview on [DATE] at 8:30 A.M., the physician said:</p> <p>-No one from the facility had approached him/her regarding the guardian's desire for Resident #1 to be a DNR code status. He/she never received anything to sign in regards to code status.</p> <p>-His/Her expectation is for the staff of the facility to confirm the resident's/family's desired code status, notify him/her as soon as possible for the order, and then update the chart.</p> <p>2. Review of Resident #2's quarterly MDS, dated [DATE], showed the resident had:</p> <p>-diagnoses of encephalopathy (broad term for any brain disease that alters brain function or structure), lymphocytopenia (a disorder where there are not enough white blood cells in the blood), kidney failure, difficulty walking, weakness, dysphagia (difficulty swallowing), paranoid personality disorder (a personality disorder characterized by exaggerated distrust and suspicion of other people) history of traumatic brain injury, major depressive disorder (a mental health disorder characterized by persistently depressed mood or loss of interest in activities, causing significant impairment in daily life), Alzheimer's Disease (a progressive disease that destroys memory and other important mental functions);</p> <p>-adequate hearing, clear speech. He/She was usually able to understand others and usually able to make self understood; and</p> <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Immediate jeopardy to resident health or safety</p> <p>Residents Affected - Few</p>	<p>-a score of ,d+[DATE] on the BIMS, indicating severely impaired cognition.</p> <p>Review of the resident's medical record on [DATE] showed the resident's son was appointed his/her legal guardian on [DATE].</p> <p>Review of the resident's physician orders, dated [DATE], showed an order for the resident's code status to be Full Code/CPR.</p> <p>Review of the resident's face sheet, dated [DATE], showed the resident's code status to be Full Code/CPR.</p> <p>Review of the resident's comprehensive care plan, dated [DATE], showed:</p> <p>-the resident and his/her responsible party wish for the resident to have a CPR code status; and</p> <p>-code status will be reviewed quarterly and as needed with the resident and responsible party.</p> <p>Review of the resident's progress notes showed:</p> <p>-[DATE] at 5:56 P.M. SSD wrote: SSD was able to reach resident responsible party. Responsible party states he/she would like to change resident to DNR code status and would be here in the morning to sign and understands the resident will be a full code until the DNR is signed.</p> <p>Observation on [DATE] at 11:55 A.M., showed the dot on the name plate to be green, indicating the resident is a Full Code/CPR code status.</p> <p>Observation on [DATE] at 12:00 P.M., showed the resident to be a Full Code/CPR code status in the Code Status book.</p> <p>During an interview on [DATE] at 1:07 P.M., the SSD said:</p> <p>-Resident #2's guardian has not been to the facility to sign the DNR form. He/She will follow up with the guardian today and email him/her the form;</p> <p>-he/she had not notified the charge nurse or DON regarding the guardian's direction to change the resident's code status to DNR; and</p> <p>-he/she had received education regarding the process of changing a resident's code status.</p> <p>3. During an interview on [DATE] at 12:27 P.M., the DON said:</p> <p>-it is his/her expectation that the code status be obtained on the day of admission and staff inform him/her of the desired code status;</p> <p>-it is his/her expectation that the charge nurse notify the physician of the desired code status, obtain the order and then update the chart. The SSD will update the Code Status book and the dot on the name plate; and</p> <p>(continued on next page)</p>		

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<p>F 0678</p> <p>Level of Harm - Immediate jeopardy to resident health or safety</p> <p>Residents Affected - Few</p>	<p>-if a current resident wishes to change the code status, it is his/her expectation that that staff notify the DON of the desired change. He/She will then confirm this with the resident/family. The charge nurse will then notify the physician, obtain the new code status order and then update the chart. The SSD will update the Code Status book and the dot on the name plate.</p> <p>During an interview on [DATE] at 11:40 A.M., the Administrator said:</p> <p>-it is his/her expectation that staff confirm the resident's desired code status on the day of admission. This can be the SSD or charge nurse. The charge nurse will notify the physician of the code status, obtain the order and update the chart. The SSD will update the Code Status book and the dot on the name plate;</p> <p>-if a resident wants to change their code status, the staff who were notified of the desired change will notify the DON. The DON will confirm this with the resident/family and then notify the charge nurse. The charge nurse will notify the physician of the code status, obtain the order and update the chart. The SSD will update the Code Status book and the dot on the name plate; and</p> <p>-it is his/her expectation this be done immediately, the same day the staff are notified of the desired code status.</p> <p>NOTE: At the time of the abbreviated survey, the violation was determined to be at the immediate and serious jeopardy level J. Based on observation, interview and record review completed during the onsite visits, it was determined the facility had implemented corrective action to remove the IJ violation at the time. A final revisit will be conducted to determine if the facility is in substantial compliance with participation requirements.</p> <p>At the time of exit, the severity of the deficiency was lowered to the D level. This statement does not denote that the facility has complied with State law (Section 198.026.1 RSMo.) requiring that prompt remedial action to be taken to address Class I violation.</p> <p>MO236779</p>		