

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 265821	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/08/2026
NAME OF PROVIDER OR SUPPLIER Aspire Senior Living Excelsior Springs		STREET ADDRESS, CITY, STATE, ZIP CODE 1003 Meadowlark Lane Excelsior Springs, MO 64024	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Provide care and assistance to perform activities of daily living for any resident who is unable.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** Based on observations and interviews the facility failed to ensure dependent residents who were unable to carry out activities of daily living (ADLs) received the necessary services to maintain good personal hygiene when facility staff did not provide proper incontinence care for two of 18 sampled residents (Resident #2 and #39). The facility census was 78.</p> <p>Review of the facilities Perineal Care policy, dated April 2025, showed:- It is the practice of this a facility to provide perineal care to all incontinent residents during routine bath and as needed in order to promote cleanliness and comfort, prevent infection to the extent possible, and to prevent and assess for skin breakdown;- Staff were to provide privacy by pulling curtain or closing room door if a private room;- Cleanse buttocks and anus, front to back; vagina to anus in females and scrotum to anus in males, using a separate washcloth or wipes;- Separate the resident's genital folds with one hand and cleanse perineum with the other hand, repeat on opposite side using new disposable wipe with each stroke;- Clean urethral meatus or vaginal orifice using new disposable wipe with each stroke;- Clean and dry the anal area, starting at the posterior genital area and wiping from front to back.</p> <p>1. Review of Resident #39's Minimum Data Set (MDS) a federally mandated assessment tool completed by facility staff, dated 11/5/25, showed:- Cognition was not intact;- The resident was dependent on staff for showers, transfers, and dressing;- Diagnoses of Alzheimer's disease, respiratory failure, and heart failure. Review of the resident's care plan, revised on 1/5/26, showed:- Use of anti-anxiety medication;- Required total assist of all activities of daily living (ADL);</p> <p>Observation on 1/5/2026 at 3:32 P.M., showed:- Certified Nursing Assistant (CNA) B and CNA C entered the resident's room to perform peri-care;- Both CNA's washed hands and applied gloves;- CNA B wiped down the resident's inner thigh and repeated with a new cleansing wipe down the other side of the inner thigh;- CNA B then took one cleansing wipe and twisted it into the front of genital opening but never spread the surrounding skin folds;- CNA B wiped down leg then up to anus but never spread folds or verified cleanliness;</p> <p>During an interview on 1/5/26 at 3:32 P.M. CNA B said he/she would normally wipe all areas that had been exposed to urine or feces and not just the middle of the genital opening but should have.</p> <p>During an interview on 1/6/2026 at 3:15 P.M., CNA D said:- Nursing should pull the curtain between residents to provide privacy and for their dignity;- Nursing should spread skin folds and clean everywhere that urine and stool could touch.</p> <p>On 1/7/2026 at 4:04 P.M. an anonymous employee interview said CNA B did not provide good peri-care</p> <p>(continued on next page)</p>		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
FORM CMS-2567 (02/99) Previous Versions Obsolete	Event ID:	Facility ID: 265821
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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>to two residents who required toileting and changing.</p> <p>During an interview on 1/8/2026 at 8:12 A.M., the Assistant Director of Nursing (ADON) said nursing staff are to clean all areas where urine or feces touched when performing peri-cares on residents; nursing staff are trained on proper cleaning with peri care.</p> <p>During an interview on 1/8/2026 at 10:30 A.M., the Director of Nursing (DON) said:- Clean all areas where urine or feces could touch the skin when performing peri-cares on residents;- Improper peri-care on residents causes skin breakdown and odors;- Privacy should be provided when performing peri care.</p> <p>During an interview on 1/8/2026 at 12:17 P.M., the Administrator said nursing staff should clean all areas on a resident where urine or feces could have touched when performing peri- care and privacy should be provided.</p> <p>2. Review of Resident #2's Quarterly Minimum Data Set (MDS), dated [DATE], showed:</p> <ul style="list-style-type: none"> - The resident was cognitively intact; - The resident was dependent on staff for personal hygiene; - The resident had diagnosis of irritant contact dermatitis due to friction or contact with body fluids, urinary tract infection, and neuromuscular dysfunction of bladder. <p>Review of the resident's care plan, revised 11/26/25, showed:</p> <ul style="list-style-type: none"> - The resident had a activities of daily living self-care deficit; - The resident had recurrent urinary tract infections related to suprapubic catheter (a tube inserted directly into the bladder through a small opening in the lower abdomen). <p>Observation on 01/08/2026 at 10:16 A.M. showed:</p> <ul style="list-style-type: none"> - The Assistant Director of Nursing (ADON) provided perineal care to the resident after completing the resident's wound treatment; - The ADON cleaned the resident's perineal area by wiping once down the middle of the perineal area, folded the wipe and used the same wipe to wipe down the middle of the perineal area. <p>During an Interview on 01/08/2026 at 10:55 A.M. the ADON said:</p> <ul style="list-style-type: none"> -The cleansing wipe can be folded and used again when provided perineal care; - A cleansing wipe should not be folded and used again more than three times when providing perineal care. <p>During an Interview on 01/08/2026 at 1:01 P.M. Certified Nursing Assistant (CNA) E said a cleansing wipe should only be used once when providing perineal care.</p> <p>(continued on next page)</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>During an Interview on 01/08/2026 at 12:18 P.M. The Administrator said a cleansing wipe should only be used once when providing perineal care.</p> <p>During an Interview on 01/08/2026 at 12:55 P.M. the Director of Nursing said a cleansing wipe should not be folded and reused when providing perineal care.</p> <p>Intake 2711323</p>		