

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 315005	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/29/2024
NAME OF PROVIDER OR SUPPLIER Spring Grove Rehabilitation and Healthcare Center		STREET ADDRESS, CITY, STATE, ZIP CODE 144 Gales Drive New Providence, NJ 07974	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Provide care and assistance to perform activities of daily living for any resident who is unable.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 36419</p> <p>Complaint # NJ 172317, NJ 172237; NJ 174618; NJ 175890</p> <p>Based on observation, interview, record review, and review of facility provided documentation, it was determined that the facility failed to ensure that incontinence care was provided to dependent residents in a timely manner for 7 of 8 residents (Resident #82, #199, #48, #13, #86, #24, and #14) observed for incontinence care on 2 of 4 units (North Unit and [NAME] Unit).</p> <p>This deficient practice was evidenced by the following:</p> <p>On 10/24/24 at 7:35 AM, the surveyor completed an incontinence tour on the North Unit and observed the following:</p> <p>a. On 10/24/24 at 7:40 AM, the surveyor accompanied by Registered Nurse (RN #1) observed Resident #82 in bed. RN #1 exposed Resident #82's incontinence brief. At that time when RN #1 exposed the incontinence brief another incontinence brief was observed which was saturated with urine. RN #1 stated that no resident should be wearing two incontinence briefs.</p> <p>A review of Resident #82's Admission Record reflected that the Resident was admitted to the facility with diagnoses which included but were not limited to dementia, diabetes mellitus, and anxiety disorder.</p> <p>A review of Resident #82's admission Minimum Data Set (MDS) an assessment tool dated 3/14/24 revealed Resident #82 had a Brief Interview for Mental Status (BIMS) score of 4 out of 15 which indicated Resident #82 had a severe cognitive impairment. The MDS further revealed that the resident required assistance from staff for personal hygiene, and he/she was frequently incontinent of bowel and bladder.</p> <p>A review of Resident 82's Individualized Care Plan (ICP) initiated on 3/12/24 included a focus area: Activities of Daily Living (ADL) self care deficit with interventions that included but were not limited to: resident is dependent on staff for toileting.</p> <p>b. On 10/24/24 at 7:45 AM, the surveyor accompanied by RN #1 observed Resident #199 in bed. RN #1 exposed Resident #199's incontinence brief. At that time when RN #1 exposed the incontinence brief another incontinence brief was observed which was saturated with urine. RN #1 stated that it did not appear as if the night aide had changed the resident recently.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>A review of Resident #199's admission record reflected Resident #199 was admitted to the facility with diagnoses which included but were not limited to Parkinson's Disease, dementia and anxiety disorder.</p> <p>A review of Resident #199's admission MDS dated [DATE] revealed Resident #199 had short-term and long-term memory problems and was assessed as having a moderate cognitive impairment. The MDS further reflected that Resident #199 required supervision from staff for personal hygiene, and was frequently incontinent of urine and bowel movements.</p> <p>A review of Resident 199's ICP initiated on 10/15/24 included a focus area: Resident has bowel and bladder incontinence with interventions which included but were not limited to: check resident approximately every 2 hours and provide incontinence care as needed.</p> <p>c. On 10/24/24 at 7:50 AM, the surveyor accompanied by RN #1 observed Resident #48 in bed. The surveyor observed that Resident #48's adult pull- up was saturated with urine. The surveyor and RN #1 observed that Resident #48's sheets were also saturated with urine.</p> <p>A review of Resident #48's Admission Record reflected that the Resident was admitted to the facility with diagnoses which included but were not limited dementia, depression and an overactive bladder.</p> <p>A review of Resident #48's quarterly MDS dated [DATE] revealed Resident #48 had a BIMS score of 7 out of 15 which indicated Resident #48 had a severe cognitive impairment. The MDS further revealed that the resident required staff supervision for personal hygiene, and he/she was occasionally incontinent of bowel and bladder.</p> <p>A review of Resident 48's ICP initiated on 11/21/23, included a focus area: Resident is on diuretic therapy with interventions which included but were not limited to: Resident may need to void frequently and quickly. Routinely check and offer/provide toileting assistance.</p> <p>d. On 10/24/24 at 7:53 AM, the surveyor accompanied by RN #1 observed Resident #13 in bed. RN #1 exposed Resident #13's pull up. At that time when RN #1 exposed the pull up an incontinence brief was observed under the pull up. The surveyor and RN #1 observed both the pull up and incontinence brief were saturated with urine. The surveyor and RN #1 observed Resident #13's perineal area was very red. RN #1 stated that no resident should be wearing a diaper and pull up as it could cause skin breakdown.</p> <p>A review of Resident #13's Admission Record reflected that the Resident was admitted to the facility with diagnoses which included but were not limited to hypertension and chronic obstructive pulmonary disease (a lung disease that causes permanent damage to the lungs.)</p> <p>A review of Resident #13's most recent MDS revealed Resident #13 had a BIMS score of 2 out of 15 which indicated Resident #13 had a severe cognitive impairment. The MDS further revealed that the resident required staff supervision for personal hygiene, and he/she was frequently incontinent of bowel and bladder.</p> <p>A review of Resident 13's ICP initiated on 11/16/23, included a focus area: Resident is on diuretic therapy with interventions which included but were not limited to: Resident may need to void frequently and quickly. Routinely check and offer/provide toileting assistance.</p> <p>(continued on next page)</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>e. On 10/24/24 at 8:00 AM, the surveyor accompanied by RN #1 observed Resident #86 in bed. RN #1 exposed Resident #86's incontinence brief. At that time when RN #1 exposed the incontinence brief another incontinence brief was observed. The surveyor and RN #1 observed both incontinence briefs were saturated with urine. The surveyor and RN #1 observed Resident #86's blanket was also saturated with urine.</p> <p>A review of Resident #86's Admission Record reflected that the Resident was admitted to the facility with diagnoses which included but were not limited to dementia and cognitive communication deficit.</p> <p>A review of Resident #86's admission MDS revealed Resident #86 had a BIMS score of 4 out of 15 which indicated Resident #86 had a severe cognitive impairment. The MDS further revealed that the resident required staff assistance for personal hygiene, and he/she was frequently incontinent of bowel and bladder.</p> <p>A review of Resident 86's ICP initiated on 7/3/24, included a focus area: Resident has bowel and bladder incontinence with interventions which included but were not limited to: check resident approximately every two hours and provide incontinence care as needed.</p> <p>On 10/24/24 at 8:10 AM, the surveyor interviewed RN #1 who stated that the facility policy was to use only one incontinence brief as two briefs could cause the resident's skin to breakdown. RN #1 further stated that incontinence care should be provided every two hours.</p> <p>f. On 10/24/24 at 8:15 AM, the surveyor observed RN #2 during medication administration observation on the North unit. The surveyor observed RN #2 prepared to administer an injection in Resident #24's abdomen. RN #2 exposed Resident #24's incontinence brief. At that time the surveyor and RN #2 observed another incontinence brief. The surveyor and RN #2 observed both incontinence briefs were saturated with urine. RN #2 stated that residents should not be wearing two incontinence briefs as it could cause skin breakdown.</p> <p>A review of Resident #24's Admission Record reflected that the Resident was admitted to the facility with diagnoses which included but were not limited to dementia, muscle weakness and hypertension.</p> <p>A review of Resident #24's quarterly MDS revealed Resident #24 had a BIMS score of 3 out of 15 which indicated Resident #24 had a severe cognitive impairment. The MDS further assesses that the resident required moderate staff assistance for personal hygiene, and he/she was frequently incontinent of bowel and bladder.</p> <p>A review of Resident 24's ICP initiated on 10/29/21, included a focus area: Resident has episodes of incontinence of bowel and bladder with interventions which included but were not limited to: Check and change resident as needed.</p> <p>On 10/24/24 at 8:30 AM, the surveyor interviewed RN #2 who stated the facility policy was for the residents not to be double diapered and that they should be provided incontinence every 2 hours.</p> <p>(continued on next page)</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>On 10/24/24 at 1:00 PM, the LPN stated that it was unacceptable that Resident #14 was saturated with urine and further stated that even though the resident was alert and oriented she/he should be offered incontinence care and be permitted to get back out of bed if that was her/his preference.</p> <p>On 10/24/24 at 1:54 PM, the survey team met with the Licensed Nursing Home Administrator (LNHA) and Director of Nursing (DON) to discuss the above observations and concerns. The DON confirmed that incontinence care should be provided every 2 hours on all shifts and that if residents requested 2 incontinence briefs it should be care planned.</p> <p>The surveyor attempted phone interviews with the assigned 11 PM-7 AM, CNAs for Resident #82, #199, #48, #13, #86, and #24. The surveyor left messages for both CNAs with no return calls.</p> <p>A review of the facility's Urinary and Fecal Incontinence policy, undated reflected .the purpose of this procedure is to provide guidelines that will aid in preventing the resident's exposure to urine and feces .</p> <p>NJAC 8:39-27.1 (a), 27.2 (h)</p>		

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<p>F 0684</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p> <p>Note: The nursing home is disputing this citation.</p>	<p>Provide appropriate treatment and care according to orders, resident's preferences and goals.</p> <p>45449</p> <p>Complaint# NJ 174618</p> <p>Based on interview, review of closed medical records, and review of pertinent facility documents, it was determined that the facility failed to ensure appropriate care was provided with no delay in treatment for a resident who sustained an injury during rehabilitation therapy on 2/23/24, complained of pain and was not assessed by a Registered Nurse until 2/25/24 (two days later), and the physician ordered an x-ray which indicated a non-displaced fracture of the medial malleolus (ankle fracture). This deficient practice was identified for 1 of 3 closed medical records reviewed (Resident #101), and was evidenced by the following:</p> <p>Reference: New Jersey Statutes, Annotated Title 45, Chapter 11. Nursing Board. The Nurse Practice Act for the state of New Jersey states: The practice of nursing as a registered professional nurse is defined as diagnosing and treating human responses to actual or potential physical and emotional health problems, through such services as case finding, health teaching, health counseling and provision of care supportive to or restorative of life and wellbeing, and executing medical regimes as prescribed by a licensed or otherwise legally authorized physician or dentist.</p> <p>Reference: New Jersey Statutes, Annotated Title 45, Chapter 11. Nursing Board. The Nurse Practice Act for the state of New Jersey states: The practice of nursing as a licensed practical nurse is defined as performing tasks and responsibilities within the framework of case finding, reinforcing the patient and family teaching program through health teaching, health counseling and provision of supportive and restorative care, under the direction of a registered nurse or licensed or otherwise legally authorized physician or dentist.</p> <p>On 10/24/24 at 10:00 AM, the surveyor reviewed the closed medical record for Resident #101.</p> <p>According to the Admission Record face sheet, an admission summary, reflected that Resident #101 was admitted to the facility with diagnoses that included; acute embolism (obstruction of an artery), thrombosis (blood clot in an artery or vein) of unspecified deep veins of unspecified lower extremity, and displaced bimalleolar fracture (a break in the ankle), acquired during the resident's stay in the facility.</p> <p>A review of the most recent comprehensive Minimum Data Set (MDS), an assessment tool dated 3/6/24, reflected the resident had a Brief Interview for Mental Status (BIMS) score of 15 out of 15, which indicated the resident was cognitively intact. A review of the resident's functional range in motion reflected the resident had a lower extremity impairment (hip, knee, ankle, foot) to one side.</p> <p>Further review of the MDS revealed Resident #101 experienced frequent pain that caused difficulty to sleep and limited the resident's participation in rehabilitation (rehab) therapy sessions. The pain level measurement intensity was 6 out of 10, with 10 being the highest pain intensity and the resident received an as needed (PRN) pain medication or was offered and declined.</p> <p>(continued on next page)</p>

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<p>F 0684</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p> <p>Note: The nursing home is disputing this citation.</p>	<p>A review of the individual comprehensive care plan included a focus area for pain, initiated on 1/24/24. The interventions included to administer analgesia (pain relief medication) per orders, observation of effectiveness, initiated on 1/24/24.</p> <p>A review of the Physical Therapy Treatment and Encounter Note (PT/TEN) dated and signed by the Physical Therapist (PT) and the Physical Therapy Assistant (PTA) on 2/23/24 at 5:07 PM, included that Resident #101 was moving about with contact guard assist (physical therapist uses one or two hands to help the patient perform a functional action, with no additional support required), then rolled on their ankle. At that time, the resident did not verbalize pain and did not convey nonverbal communication of pain. A treatment of cryotherapy (ice) and [brand name redacted] bandage wrapping was applied to the left ankle. The PT/TEN did not include documentation that the nursing staff and the physician were informed of the sustained injury.</p> <p>A review PT/TEN signed by the PT and the PTA dated 2/24/24 at 2:36 PM, included that Resident #101 was seen for physical therapy and was noticed to have a swelling on the left ankle. The resident complained of pain upon movement with an intensity of 9 out of 10 (severe), and pain at rest with an intensity of 4 out of 10 (moderate). The bandage was removed due to increased swelling and the left lower extremity was elevated with pillows in bed. The PT/TEN reflected that the nurse was notified of the left ankle swelling and of the resident's verbalized pain.</p> <p>A review of the Nursing Progress Notes (NPN) did not include any documentation/data entry made by the nursing staff on 2/24/24, regarding the resident's pain or injury.</p> <p>A review of the February 2024 electronic Medication Administration Record (MAR) included a physician's order dated 1/23/24, for Tylenol 325 milligram (mg; a pain relief medication); give 2 (two) tablets by mouth every 6 (six) hours PRN for mild pain (1-3). Tylenol was administered on 2/25/24 at 4:00 PM. There was no documented administration of pain medication from 2/23/24, until the Tylenol received on 2/25/24 at 4:00 PM. Further review of the MAR revealed that the nurses documented every shift on 2/23/24 through 2/25/24, that the resident was assessed with no pain, which contradicted the PT/TEN from 2/24/24 at 2:36 PM.</p> <p>A review of the Nursing Daily Skilled Pathway (a daily head to toe assessment/evaluation of the resident) that included skin/wound and pain assessments did not include a daily assessment on 2/24/24.</p> <p>A review of the NPN dated 2/25/24 at 4:00 PM, reflected a documentation made by the Registered Nurse (RN #2) that included, Resident #101 was in bed awake, alert, oriented to person, place, and time. Resident #101 was quoted I twisted my ankle whilst at therapy on Friday, therapy and nursing staff were aware. The nurse assessed Resident #101's ankle, and observed it was red, warm, and edematous (swollen with fluid). The NPN further revealed that the physician was notified, who ordered an x-ray. (radiology imaging to diagnose and treat) and Tylenol 325 mg, two (2) tablets were administered (on 2/25/24 at 4:00 PM) and documented that the Tylenol was effective on 2/25/24 at 5:43 PM. At 8:30 PM, the x-ray was taken, and the resident denied pain at that time. At 11:45 PM, the physician was made aware of the x-ray result of non-displaced fracture of the medial malleolus (ankle fracture without bone displacement), and the physician ordered a transfer of Resident #101 to the emergency room for evaluation.</p> <p>A review of the Radiology Result Report dated 2/25/24 at 9:32 PM, reflected the resident had a non-displaced fracture of the medial malleolus.</p> <p>(continued on next page)</p>		

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<p>F 0684</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p> <p>Note: The nursing home is disputing this citation.</p>	<p>On 10/28/24 at 10:10 AM, during an interview with the surveyor, the Licensed Practical Nurse/Supervisor (LPN/S) stated that the expectation for a situation that involved a resident who had an injury/accident in rehab was that the rehab department informed the nursing department immediately after an injury/accident had occurred. The nurse then assessed the resident and determined what had happened and documented in the progress notes. The LPN/S stated rehab documented in their own notes and rehab may apply treatment of ice and bandage to the injured site if there was an order, but the nurse assessed the resident first. After the assessment of vitals, skin, and pain level, the physician, the Director of Nursing (DON), the Licensed Nursing Home Administrator (LNHA), and family were notified. The LPN/S continued that when a resident experienced pain, he asked where the pain was, assessed the resident, and based on the orders, he administered the standard PRN Tylenol for pain relief. The LPN/S stated that in the event a resident had no orders for pain relief or had a pain intensity greater than five (5), he notified the physician. The LPN/S did not recall Resident #101.</p> <p>On 10/28/24 at 10:42 AM, in the presence of the survey team, the DON, LNHA, the Regional Director of Clinical Operations (RDCO), and the Regional Director of Clinical Services (RDCS), the surveyor discussed the concerns regarding the failure to notify the nursing department immediately on 2/23/24, when Resident #101 had an injury/accident in rehab, which caused a delay in treatment, and the resident was not assessed until 2/25/24, and an x-ray was ordered which resulted in an ankle fracture.</p> <p>On 10/28/24 at 12:43 PM, the PTA/DOR, in the presence of the survey team and the LNHA, stated that she was made aware after the incident of Resident #101's injury/accident but could not recall exactly when. The PTA/DOR stated that the expectation was that after a witnessed injury that occurred during rehab, rehab notified nursing immediately, and the nursing staff notified the physician. The PTA/DOR acknowledged that the rehab staff did not inform nursing immediately after the injury on 2/23/24, but documented informing the nursing staff of the injury and pain observed on 2/24/24.</p> <p>On 10/28/24 at 1:20 PM, the DON, in the presence of the survey team, stated that nursing should have been informed at the time of the injury, and that the previous DON and the previous LNHA investigated on 2/26/24 (three days after the injury/accident), obtained witness statements, and the PTA/DOR and the rehab staff was provided education on communication with nursing and resident care.</p> <p>On 10/29/24 at 10:58 AM, the DON confirmed and acknowledged that the rehab department should have notified the nursing department to conduct an assessment, that the resident should not be expected to report their own injury/accident to the nurse. The DON confirmed and acknowledged that the resident should have been medicated for the pain, the physician should have been notified, and the delay in notification resulted in the delay of the diagnosis. The DON stated that after the result of Resident #101's ankle fracture, it should have been reported to the Ombudsman.</p> <p>A review of the undated facility's Change in Resident's Condition or Status policy included that the nurse would notify the resident's attending physician or physician on call when there has been an accident or incident involving the resident. Prior to notifying the physician or health care provider the nurse would make detailed observations and gather relevant and pertinent information for the provider .</p> <p>(continued on next page)</p>		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 315005	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 10/29/2024
NAME OF PROVIDER OR SUPPLIER Spring Grove Rehabilitation and Healthcare Center		STREET ADDRESS, CITY, STATE, ZIP CODE 144 Gales Drive New Providence, NJ 07974	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0684</p> <p>Level of Harm - Actual harm</p> <p>Residents Affected - Few</p> <p>Note: The nursing home is disputing this citation.</p>	<p>A review of the undated facility's Charting and Documentation policy included that all services provided to the resident, progress towards the care plan goals, or any changes in the resident's medical physical, functional, or psychosocial condition, shall be documented in the resident's medical record. The medical record should facilitate communication between the interdisciplinary team regarding the resident's condition and response to care .</p> <p>A review of the facility provided Accidents, and Incidents - Investigating and Reporting policy dated revised July 2017, included under Policy Interpretation and Implementation that the nurse supervisor/charge nurse/or the department director or supervisor shall promptly initiate and document investigation of the accident or incident .</p> <p>A review of the facility provided Accident and Incident policy dated August 2021, included that all accidents or incidents involving residents, employees, visitors, vendors, etc., occurring on our premises shall be investigated and reported to the administrator and that the administrator and/or director of nursing shall promptly initiate and document investigation of the accident or incident .</p> <p>No additional information was provided.</p> <p>NJAC 8:39-11.2(b); 27.1(a)</p>		