

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 315291	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 12/19/2024
NAME OF PROVIDER OR SUPPLIER Avalon Rehab and Care Center		STREET ADDRESS, CITY, STATE, ZIP CODE 2020 Route 23 North Wayne, NJ 07470	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0623</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Provide timely notification to the resident, and if applicable to the resident representative and ombudsman, before transfer or discharge, including appeal rights.</p> <p>03115</p> <p>Based on record review, interview, and facility policy review, the facility failed to ensure residents were provided with written transfer/discharge notice that contained the option to appeal the transfer/discharge for four of four residents (Resident (R) 50, R110, R123, and R57) reviewed for facility initiated emergent hospital transfer of 33 sample residents. This failure had the potential to affect the residents and their Resident Representative by not having the knowledge of where and why a resident was transferred, and/or how to appeal the transfer, if desired.</p> <p>Findings include:</p> <p>1. Review of a Nursing Progress Note, located in the Progress Note tab of R123's electronic medical record (EMR), dated 10/14/24 and timed 6:40 PM, stated R123 was sent to the hospital emergency room for increased confusion, lethargy, stumbling and getting physically and verbally aggressive.</p> <p>Review a Nursing Progress Note, located in the EMR under the Progress Note tab, dated 10/15/24 and timed 3:03 AM, stated the hospital was called and the nurse was informed R123 was admitted to the hospital with delirium with dementia and acute kidney injury.</p> <p>Review of a Nursing Progress Note, located in the EMR under the Progress Note tab, dated 10/18/24 and timed 3:02 AM, stated she was readmitted to the facility.</p> <p>Review of the issued document titled, Notice of Emergency Transfer dated 10/14/24 and provided by the facility, revealed the document did not include a statement of the resident's appeal rights, including the name, address (mailing and email), and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request.</p> <p>2. A Nursing Progress Note, located in the Progress Note tab of R110's EMR revealed she was transferred/discharged to the hospital from 06/05/24 to 06/18/24, from 08/21/24 to 08/24/24, and from 11/06/24 to 11/10/24.</p> <p>A Nursing Progress Note, located in the EMR under the Progress Note tab, dated 06/05/24 and timed 12:58 PM, stated she was admitted to the hospital for respiratory failure.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0623</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Review of the issued document titled, Notice of Emergency Transfer dated 06/05/24 and provided by the facility, revealed she was transferred to the hospital for shortness of breath. The document did not include a statement of the resident's appeal rights, including the name, address (mailing and email), and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request.</p> <p>Review of a Nursing Progress Note, located in the EMR under the Progress Note tab, dated 08/21/24 and timed 8:39 AM, stated at around 5:45 AM the resident was noted to have shortness of breath, was wheezing, and was using her accessory muscle to breath. According to the note she was transferred to and admitted to the hospital for congestive heart failure.</p> <p>Review of the issued document titled, Notice of Emergency Transfer dated 08/21/24 and provided by the facility, revealed she was transferred to the hospital for shortness of breath. The document did not include a statement of the resident's appeal rights, including the name, address (mailing and email), and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request.</p> <p>Review of a the Nursing Progress Note, located in the EMR under the Progress Note tab, dated 11/06/24 and timed 10:24 PM, stated the resident was sent out to the hospital at 9:45 PM.</p> <p>Review of the Nursing Progress Note, located in the EMR under the Progress Note tab, dated 11/07/24 and timed 1:50 AM, stated the hospital was called and stated she was admitted to the hospital with congestive heart failure and respiratory distress.</p> <p>Review of the issued document titled, Notice of Emergency Transfer dated 11/06/24 and provided by the facility, revealed she was transferred to the hospital for shortness of breath and was admitted for congestive heart failure and respiratory distress. The document did not include a statement of the resident's appeal rights, including the name, address (mailing and email), and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request.</p> <p>3. Review of R50's Nursing Progress Note, located in the EMR under the Progress Note tab, dated 11/05/24 and timed 9:25 AM, stated R50 was sent to the emergency room because she had low blood pressure, low oxygen saturation, low hemoglobin, elevated blood urea nitrogen and creatine. Review of a Nursing note dated 11/11/24 and timed 4:12 PM revealed she remained in the hospital until 11/11/24 at 12:35 PM when she was readmitted to the facility.</p> <p>Review of the issued document titled, Notice of Emergency Transfer dated 11/05/24 and provided by the facility, revealed she was transferred to the hospital for decreased oxygen saturation and decreased vital signs. The document did not include a statement of the resident's appeal rights, including the name, address (mailing and email), and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request.</p> <p>4. Review of R57's Nursing Progress Note, located in the Progress Note tab of R57's EMR dated 12/10/24 and timed 2:21 PM, stated R57 was sent to the hospital emergency room because of abnormal blood work. A Nursing Progress Note, dated 12/11/24 and timed 1:09 AM, stated he was admitted to the hospital for acute renal failure.</p> <p>(continued on next page)</p>		

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<p>F 0623</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Review of the issued document titled, Notice of Emergency Transfer dated 12/10/24 and provided by the facility, revealed she was transferred to the hospital for abnormal bloodwork. The document did not include a statement of the resident's appeal rights, including the name, address (mailing and email), and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request.</p> <p>On 12/19/24 at 9:54 AM the notices were reviewed with the Regional Nurse and she verified the discharge notices did not include the explanation of the residents/responsible parties right to appeal and corresponding documentation.</p> <p>Review of the facility's policy titled, Transfer or Discharge Notice with a revised date of 03/2021 stated, The resident and his/her representative would be given a transfer/discharge notice as soon as practicable before a transfer or discharge. Five (5) d of the policy stated the notice would include an explanation of the resident's right to appeal the transfer or discharge to the state, including: the name, address, email, and telephone number of the entity which receives appeal hearing requests; information about how to obtain, complete, and submit an appeal; and how to get assistance completing the appeal process.</p> <p>NJAC 8:39-4.1(a)31</p>		

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<p>F 0625</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Notify the resident or the resident's representative in writing how long the nursing home will hold the resident's bed in cases of transfer to a hospital or therapeutic leave.</p> <p>03115</p> <p>Based on record review, interview, and facility policy review, the facility failed to ensure residents and/or resident representatives were provided with a written bed hold notice for facility initiated emergent hospital transfer for four of four residents (Resident (R) 50, R110, R123, R57) reviewed for facility initiated emergent hospital transfers of 33 sample residents. This failure had the potential for the residents to be denied return to their original room or denial of the resident returning to the facility.</p> <p>Findings include:</p> <p>1. Review of Nursing Progress Note, located in the Progress Note tab of R123's electronic medical record (EMR) revealed she had a Nursing Note dated 10/15/24 and timed 6:40 PM stated she was sent to the hospital emergency room for increased confusion, lethargy, stumbling and getting physically and verbally aggressive.</p> <p>Review of the Nursing Progress Note, located in the Progress Note tab of R123's EMR, dated 10/15/24 and timed 3:03 AM, stated the hospital was called and the nurse was informed R123 was admitted to the hospital with delirium with dementia and acute kidney injury.</p> <p>Review of the Nursing Progress Note, located in the Progress Note tab of R123's EMR, dated 10/18/24 and timed 3:02 AM, stated she was readmitted to the facility.</p> <p>The EMR was reviewed in its entirety and was silent for a bed hold notice related to this transfer/discharge.</p> <p>2. Review Nursing Progress Note, located in the Progress Note tab of R110's EMR revealed she was transferred/discharged to the hospital from 06/05/24 to 06/18/24, from 08/21/24 to 08/24/24, and from 11/06/24 to 11/10/24.</p> <p>A Nursing Progress Note, located in the EMR under the Progress Note tab, dated 06/05/24 and timed 12:58 PM, stated she was admitted to the hospital for respiratory failure.</p> <p>Review of a Nursing Progress Note, located in the EMR under the Progress Note tab, dated 08/21/24 and timed 8:39 AM, stated, at around 5:45 AM the resident was noted to have shortness of breath, was wheezing, and was using her accessory muscle to breath. According to the note she was transferred to and admitted to the hospital for congestive heart failure.</p> <p>Review of the Nursing Progress Note, located in the EMR under the Progress Note tab, dated 11/06/24 and timed 10:24 PM, stated the resident was sent out to the hospital at 9:45 PM.</p> <p>Review of the Nursing Progress Note, located in the EMR under the Progress Note tab, dated 11/07/24 and timed 1:50 AM, stated the hospital was called and stated she was admitted to the hospital with congestive heart failure and respiratory distress.</p> <p>(continued on next page)</p>

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<p>F 0625</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>The record was reviewed in its entirety and was silent for a bed hold notice being issued to the resident or the resident's responsible party at the time of each transfer/discharge.</p> <p>3. Review of R50's nursing progress note located in the progress note tab of R50's EMR dated 11/05/24 and timed 9:25 AM stated R50 was sent to the emergency room because she had a low blood pressure, low oxygen saturation, low hemoglobin, elevated blood urea nitrogen and creatine. Review of a nursing note dated 11/11/24 and timed 4:12 pm revealed she remained in the hospital until 11/11/24 at 12:35 PM when she was readmitted to the facility.</p> <p>The record was reviewed in its entirety and was silent for a bed hold notice related to this transfer/discharge.</p> <p>4. Review of R57's nursing progress note located in the progress note tab of R57's EMR dated 12/10/24 and timed 2:21 PM stated R57 was sent to the hospital emergency room because of abnormal blood work. A nursing progress note dated 12/11/24 and timed 1:09 AM stated he was admitted to the hospital for acute Renal failure.</p> <p>The record was reviewed in its entirety and was silent for a bed hold notice related to this transfer/discharge.</p> <p>On 12/19/24 at 9:54 AM each of the above discharges/transfers were reviewed with the Regional Nurse, and she verified the residents/residents' responsible parties were not given a bed hold notice at the time of each discharge/transfer to the hospital.</p> <p>Review of the facility's policy titled Bed-Holds and Returns with a revised date of 03/22 stated, All residents/representatives are provided written information regarding the facility bed-hold policies, which address holding and reserving a resident's bed during periods of absence (hospitalization or therapeutic leave) at the time of transfer and it the transfer was an emergency within 24 hours.</p> <p>NJAC 8:39-5.3</p>		

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<p>F 0657</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Develop the complete care plan within 7 days of the comprehensive assessment; and prepared, reviewed, and revised by a team of health professionals.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 35690</p> <p>Based on interviews, record review, and review of facility policy, the facility failed to ensure a care plan was revised quarterly for one of 36 residents (Resident (R) 103) reviewed for care plan revision. Specifically, the facility failed to schedule quarterly care conferences or invite R103 to the scheduled care conferences.</p> <p>Findings include:</p> <p>Review of the facility's policy titled Care Planning - Interdisciplinary Team, revealed, The resident, the resident's family and/or the resident's legal representative/guardian or surrogate are encouraged to participate in the development of and revisions to the resident's care plan.</p> <p>During an interview on 12/16/24 at 3:48 PM, R103 said she did not know about any care conferences and had never been invited. She said she would like to participate in the care conferences.</p> <p>Review of R103's Face Sheet located in the electronic medical record (EMR) under the Profile tab, revealed an admitted [DATE] with medical diagnoses that included type 2 diabetes, depression, and muscle weakness.</p> <p>Review of R103's annual Minimum Data Set (MDS) located in the EMR under the MDS tab with an assessment reference date (ARD) of 09/06/24, revealed a Brief Interview for Mental Status (BIMS) score of 15 out of 15 indicating R103 had no cognitive impairment. The MDS revealed R103 was dependent on all activities of daily living (ADL) except eating and oral hygiene.</p> <p>Review of the IDCP (Inter-Disciplinary Care Plan) Meeting dated 10/12/23 revealed a care conference was held and R103 attended.</p> <p>Review of the IDCP Meeting dated 01/16/24 revealed a care conference was held and R103 attended.</p> <p>There was no additional documentation of R103 attending the care conference after January 2025</p> <p>During an interview on 12/18/24 at 3:30 PM, the Director of Social Services (DSS) said normally he would get a list from the MDS Coordinator (MDSC) and schedule the care conferences based on that list. He said he would invite the resident and if they were unable to attend their family would be contacted. He said he would document whether the resident was invited and whether they attended the meeting. He said it was important for the resident to attend the meeting. The DSS said he had started working at the facility in July 2024.</p> <p>During an interview on 12/19/24 at 9:37 AM, the MDSC said she and the other MDS nurse would complete care conferences when there was not a social worker available. The MDSC said they would schedule quarterly care conferences by following the MDS schedule. The Director of Nursing (DON) said it was very important to have the care conference, so residents were updated on their medical status.</p> <p>NJAC 8:39-11.2(e),(f),(h)</p>		