

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 315451	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 02/12/2026
NAME OF PROVIDER OR SUPPLIER The Elms Rehab and Healthcare Center of Cranbury		STREET ADDRESS, CITY, STATE, ZIP CODE 61 Maplewood Avenue Cranbury, NJ 08512	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0604</p> <p>Level of Harm - Immediate jeopardy to resident health or safety</p> <p>Residents Affected - Few</p>	<p>Ensure that each resident is free from the use of physical restraints, unless needed for medical treatment.</p> <p>Complaint #: 2720895Based on interviews and review of pertinent facility documents on 1/27/26 and 1/29/26, it was determined that the facility failed to ensure that a resident (Resident #1) who had severely impaired cognition, behaviors, and underlying medical infection was free from physical restraints imposed for purposes of care convenience and not required to treat the resident's medical symptoms. On 01/16/26, around 6:30 PM, Resident #1's family member walked into the resident's room and found the resident alone in their room. The resident was seated in a wheelchair with dinner on the overbed tray table in front of them, and a white bed sheet wrapped around their waist and tied behind the resident's wheelchair. This deficient practice occurred for 1 of 4 sampled residents (Resident #1).The facility's failure to ensure a resident with severe impaired cognition, behaviors, and an underlying medical infection was free from physical restraints placed Resident #1 as well as other residents at risk for harm and injury. This resulted in an immediate jeopardy (IJ) situation. The IJ began on 1/16/26 at 5:30 PM when CNA #1 served dinner to the resident and put a sheet around the resident's lap to prevent the resident from removing their pants or tampering with their brief during mealtime.The facility's Administration was notified of the IJ on 1/29/26 at 1:30 PM. The facility submitted an acceptable Removal Plan (RP) on 2/4/26 at 2:38 PM. The surveyor verified the implementation of the RP on-site during the continuation of the survey on 2/12/26. This deficient practice is evidence by: A review of the facility's policy on Use of Restraints, with a revision of date April 2017, included under Policy Statement: Restraints shall only be used for the safety and well-being of the resident(s) and only after other alternatives have been tried unsuccessfully. Restraints shall only be used to treat the resident's medical symptom(s) and never for discipline or staff convenience, or for the prevention of falls. Under Policy Interpretation and Implementation: Physical Restraints are defined as any manual method or physical or mechanical device, material or equipment attached or adjacent to the resident's body that the individual cannot remove easily, which restricts freedom of movement or restricts normal access to one's body. A review of the Reportable Event Record/Report (FRE) submitted by the facility to the New Jersey Department of Health (NJDOH) on 01/17/26, included the date and time of event: 01/16/26 at 6:30 PM. The FRE further revealed under Narrative that on 01/16/26 at approximately 6:30 PM, the facility leadership was notified by Resident #1's family of a concern involving the resident being seated in their wheelchair with a sheet wrapped around their waist and tied behind the resident's wheelchair. The resident was immediately assessed with no injuries identified. A review of the facility's Investigative Summary Report (ISR) dated 01/17/26 revealed an allegation was reported by Resident #1's family who stated that upon entering the resident's room they observed the resident seated in their wheelchair with a sheet over their lap that was loosely secured behind their back. Upon notification, the nursing staff responded immediately and at that time, the resident was observed sitting upright in their wheelchair with a sheet over their lap and loosely secured behind their back. The nursing supervisor (NS) immediately removed the</p> <p>(continued on next page)</p>		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
FORM CMS-2567 (02/99) Previous Versions Obsolete	Event ID: 315451	Facility ID: 315451 If continuation sheet Page 1 of 4

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<p>F 0604</p> <p>Level of Harm - Immediate jeopardy to resident health or safety</p> <p>Residents Affected - Few</p>	<p>sheet. The ISR, under Statements and Interviews, revealed CNA #1 reported that a sheet was initially folded over the resident's lap to reduce exposure due to frequent disrobing behaviors; however, the sheet repeatedly fell to the floor. Due to concern that the resident, who ambulated impulsively, could trip or fall on the sheet, the CNA stated that the sheet was loosely tied to prevent it from falling. A review of the facility's ISR included statements from staff. According to CNA #1 they were given a report that the resident was on isolation precautions for C-diff [Clostridium difficile, an infection of the intestine causing loose bowel movements] and that the resident had behaviors of taking off their clothes and briefs. At about 5:30 PM, CNA #1 served Resident #1's dinner and put a sheet on the resident's lap to prevent the resident from tampering with their brief or removing their pants during mealtime. A review of the statement of the nurse on duty (NOD) revealed Resident #1's family member came in and questioned about a sheet around the resident's waist that was tied in the back. The family member wanted to talk to the supervisor. A review of the nursing supervisor (NS)'s statement revealed that on 1/16/26, at approximately dinner time, the NS was called upstairs to speak with Resident #1's family. The resident's family member was in the room and reported that upon entering they observed the resident seated in a wheelchair with a sheet over their waist that was loosely secured behind their back. The NS stated they untied the sheet and apologized. The surveyor reviewed the medical record for Resident #1. A review of the admission Record (AR), an admission record summary, revealed that the resident was admitted to the facility with diagnoses which included but were not limited to dementia, dysphagia [difficulty in swallowing], anxiety disorders, and osteoporosis. A review of the Minimum Data Set (MDS), an assessment tool dated 10/30/25 indicated the resident had a Brief Interview for Mental Status (BIMS) score of 00 out of 15, which reflected the resident's cognition was severely impaired. The MDS further revealed that the resident required assistance from staff in the completion of their activities of daily living (ADLs). A review of the resident's care plan report (CP) included the following Foci [Problem areas/needs]: I have impaired cognitive function or impaired thought processes r/t [related to] dementia, initiated 7/24/25. I have behavior issues as evidenced by grabbing/pushing/putting small objects in my mouth, removing briefs and leaving them anywhere, removing ace bandage from LLE [left lower extremity], initiated 8/7/25. I am receiving antibiotics, initiated on 01/15/26. I have Clostridium Difficile (C-diff), with a revision date of 01/15/2026, which included interventions of; contact isolation: wear gowns and masks when changing contaminated linens, disinfect all equipment used before it leaves the room, educate resident/family/staff regarding preventive measures to contain the infection. I require contact precautions r/t C-Diff, initiated 01/15/2026, which included interventions/tasks of: dispose of all soiled products/garments per facility policy, place resident in a private room, remind/assist resident in changing positions periodically/frequently, and wash hands appropriately before/after caring for a resident, donning/removing gloves to prevent the spread of infection. On 1/27/26 at 1:18 PM, the surveyor interviewed CNA #2 who was Resident #1's assigned CNA for the day. CNA #2 stated the resident was on barrier precautions for loose bowel movements (BMs) from an infection [c-diff]. CNA #2 further stated the resident was confused, incontinent and walked around but stayed in their room when they were on barrier precautions. On 1/27/26 at 1:46 PM, the surveyor interviewed LPN #2. LPN #2 stated the resident was confused and did not stay in one place. The LPN further stated Resident #1 remained in their room due to their infection. On 1/27/26 at 3:40 PM, the surveyor interviewed the NS. The NS stated that close to 5:30 PM or 6 PM, she got a call from a CNA that a family member was upset about their family member (Resident #1) was on isolation. The NS went upstairs, reviewed the resident's chart and went to the resident's room. The NS stated that the resident's family member was clearly upset. The NS</p> <p>(continued on next page)</p>		

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F 0604 Level of Harm - Immediate jeopardy to resident health or safety Residents Affected - Few	surveyor verified the implementation of the RP on-site on 2/12/26 and determined the immediacy was removed as of 1/19/26. NJAC 8:39-4.1(a)6		