

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 335842	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/27/2025
NAME OF PROVIDER OR SUPPLIER Peconic Landing at Southold		STREET ADDRESS, CITY, STATE, ZIP CODE 1500 Brecknock Road Greenport, NY 11944	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 41051</p> <p>Based on observation, interviews and record review during an abbreviated survey (NY00364658) the facility did not ensure each resident received adequate supervision and assistance to prevent accidents for one (Resident #1) of three residents reviewed. Specifically, Resident #1 was served the wrong consistency food and choked and required chest thrusts, supplemental oxygen and a chest x-ray.</p> <p>The facility's policy and procedure titled Choking with a review date of 2024 documented the facility will implement procedures to minimize the risks of choking. Modified diets will be implemented as appropriate.</p> <p>The facility's undated policy and procedure titled Diet Changes and Reports documented the nurse supervisor/charge nurse is responsible for notifying the dietary manager on duty of any changes in the resident's diet or meal service. Notification of the dietary manager may be through handwritten or electronic communication. Oral communication is permitted. However, all oral communication must be followed-up with written/electronic communication.</p> <p>Resident #1 had diagnoses that included Vascular Dementia, Depression, and anxiety disorder. Resident #1's Admission Minimum Data Set assessment dated [DATE] documented Resident #1 had a Brief Interview for Mental Status of 12 indicating a moderate cognitive impairment. The Minimum Data Set had no documentation that Resident #1 had a swallowing disorder or a needed a mechanically altered diet.</p> <p>Resident #1's Comprehensive Care Plan titled: Nutrition effective 11/27/2024 documented Resident #1 had the potential for alteration in nutritional status. Interventions included but were not limited to provide diet as per physician's order and to monitor texture tolerance and to monitor for signs and symptoms of swallowing problems. An updated note to the Comprehensive Care Plan dated 12/12/2024 documented that on 12/10/2024 Resident #1 experienced a near choking incident while eating a cucumber salad, abdominal thrusts were performed. Resident #1's diet was downgraded to mechanical ground and no raw fruits and no raw vegetables. Resident #1 will be evaluated by the Speech Language Pathologist.</p> <p>A Dietary Progress Note dated 12/12/2024 documented that on 12/10/2024 during the lunch meal service Resident #1 experienced a near choking episode while eating a cucumber salad. Abdominal thrusts were performed, and the resident was ok. The cucumber salad was served as small, bite sized cubes. Resident #1's diet was downgraded to mechanical ground and no raw fruits/vegetables. Resident #1 was to be seen by the Speech Language Pathologist for an evaluation.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>A Nursing Progress Note dated 12/12/2024 documented on 12/12/2024 during the dinner meal service the nurse was called to the dining room by the Dietary Aide and Resident #1 was observed to have a plate of salad in front of them and the resident had consumed some of the salad. Resident #1 appeared to have a partially obstructed airway and had extreme difficulty breathing. Nursing administered a firm pat on Resident #1's back and partially chewed pieces of lettuce and tomato were expelled. Resident #1's oxygen saturation was 84% and slight cyanosis (a bluish-purple discoloration of the skin, lips, and nail beds caused by a low level of oxygen in the blood) was noted to Resident #1's bilateral hands and lips. Resident #1 continued to cough. An oxygen mask was applied and Resident #1's oxygen saturation increased to 96-97%. Resident #1 continued to bring up small pieces of salad. The Medical Doctor was notified, and a chest x-ray was ordered.</p> <p>A Nursing Progress Note with the note documenting Correction dated 12/13/2024 documented that on 12/10/2024 Resident #1 was observed having a choking episode while eating a cucumber salad, abdominal thrusts were performed by nursing staff with the expulsion of the food particles. Resident #1 did not lose consciousness, oxygen saturation decreased to 89% and oxygen was administered via a nasal canula (a device that gives you additional oxygen through your nose) and their oxygen saturation increased to 95%. The Medical Doctor was informed and instructed staff to continue to monitor for signs and symptoms of aspiration (accidental inhalation of foreign materials, such as food into the lungs).</p> <p>A physician's order dated 12/10/2024 documented Resident #1 was to receive a mechanically soft food consistency with no raw fruits and vegetables.</p> <p>The Electronic Medical Record Messaging system the facility used to communicate a change in a resident's diet to the kitchen was reviewed and there was no documented evidence that the diet change for Resident #1 was initiated on 12/10/2024 or was communicated to the kitchen.</p> <p>A Speech Language Pathologist evaluation dated 12/12/2024 documented their clinical impression for Resident #1 was to continue a downgraded diet of mechanical ground and no raw fruits or vegetables.</p> <p>Resident #1's chest x-ray report dated 12/13/2024 document a chest x-ray was performed, and the impression was clear visualized lungs.</p> <p>Resident #1's computer printed dinner meal ticket dated 12/12/2024 documented Resident #1 had a salad choice of 1 each Tomato and Mozzarella Salad which was circled and balsamic was noted as the salad dressing of choice. On the bottom of the meal ticket a handwritten addition noted no raw fruit or vegetables and soft food.</p> <p>The facility's recipe for a Salad Side-Tomato and Mozzarella (Tomato and Mozzarella Salad) documented the ingredients as fresh tomato, a fresh mozzarella cheese ball, and the salad mix as field greens.</p> <p>The facility's investigation documented on 12/12/2024 Resident #1 was inadvertently served tomato and mozzarella salad over a bed of lettuce. Staff was alerted that Resident #1 was having difficulty breathing and nursing staff removed particles of lettuce from Resident #1's oral cavity and administered oxygen due to a low oxygen saturation of 84%. Resident #1's oxygen saturation returned to 97% and they were able to take small sips of fluid. The Medical Doctor was notified and ordered a chest x-ray. The x-ray was negative.</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>On 1/10/2025 at 12:30 PM Resident #1 was observed in the dining area eating lunch. Resident #1 was eating what appeared to be a mechanically ground food consistency and no raw fruits or vegetables were observed on Resident #1's plate. The meal ticket next to Resident #1's plate documented Resident #1 was on aspiration precautions, was to receive extra sauce/gravy and no raw fruits or vegetables. Resident #1 did not respond to the surveyor's greeting or questions.</p> <p>During an interview on 1/10/2025 at 1:35 PM, Dietary Aide #1 stated during the dinner meal service on 12/12/2024 they took Resident #1's meal order. Dietary Aide #1 stated they circled the salad selection and wrote balsamic as Resident #1's salad dressing choice. Dietary Aide #1 stated they thought they reviewed Resident #1's meal ticket prior to taking the order and their thumb may have been covering up the handwritten notation of no raw fruit or vegetable and soft food at the bottom of the meal ticket. Dietary Aide #1 stated they would not have given Resident #1 the salad had they read the bottom of the ticket because uncooked lettuce and tomato are raw foods. Dietary Aide #1 stated they observed Resident #1 choking and alerted the Charge Nurse who removed Resident #1 from the dining room to provide care.</p> <p>During an interview on 1/10/2025 at 2:49 PM, Licensed Practical Nurse #1 stated they were called to the dining room by Dietary Aide #1. Licensed Practical Nurse #1 stated they observed Resident #1 having difficulty breathing and they gave Resident #1 a back pat and Resident #1 expelled pieces of lettuce and tomato. Licensed Practical Nurse #1 stated they gave Resident #1 oxygen and informed the Medical Doctor who ordered a chest x-ray. Licensed Practical Nurse #1 stated Resident #1 should not have received a salad if they had a physician's order for no raw fruits or vegetables and the meal ticket documented no raw fruits or vegetables.</p> <p>During an interview on 1/10/2025 at 2:49 PM, the Dietary Manager stated when there is a change related to a resident's diet orders the nurses on the unit inform the kitchen using the electronic medical record messaging system. The Dietary Manager reviewed the message log and there was no documented message regarding a diet change for Resident #1 on 12/10/2024. The Dietary Manager stated the first message regarding Resident #1's diet change was documented on 12/12/2024 at 7:10 pm documenting Change texture to Mechanical Ground and an additional message documenting no raw fruit/vegetables.</p> <p>During an interview on 1/10/2025 at 2:27 PM, the Speech Language Pathologist stated they were asked to evaluate Resident #1 on 12/12/2024 after Resident #1 had a choking episode on 12/10/2024. The Speech Language Pathologist stated Resident #1 did not have any swallowing problems prior to 12/10/2024 and that 12/12/2024 was the first time they evaluated Resident #1. The Speech Language Pathologist stated they agreed with the diet downgrade to mechanical soft with no raw fruits or vegetables.</p> <p>During an interview on 1/10/2025 at 2:58 PM, the Medical Doctor stated they were informed that Resident #1 had a choking incident on 12/10/2024 and 12/12/2024. The Medical Doctor stated Resident #1 should not have received the raw lettuce and raw tomato on 12/12/2024 because there was a physician's order dated 12/10/2024 indicating Resident #1 could not have raw fruits and vegetables. The Medical Doctor stated on 12/12/2024 after they were informed that Resident #1 ingested raw lettuce and tomato and had difficulty breathing, they provided an order for Resident #1 to have a chest x-ray to rule out aspiration (accidental inhalation of foreign materials, such as food into the lungs) which could lead to respiratory distress.</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During a concurrent interview on 1/10/2025 at 3:49 PM, the Director of Nursing Services they stated when a diet change is made to a resident's diet it must be transmitted to the kitchen and by the next meal the change should be initiated. The Director of Nursing Services stated the lettuce was meant to be a garnish and was not meant for consumption. The Director of Nursing Services was directed to the recipe which indicated the green as part of the recipe. The Director of Nursing Services stated Resident #1 should not have received the salad because Resident #1's diet order and meal ticket indicated no raw fruits or vegetables.</p> <p>During an interview on 1/13/2025 at 3:54 PM, Certified Nursing Assistant #2 stated they were the assigned Certified Nursing Assistant for Resident #1 on the evening shift on 12/12/2024 and they were in the dining room when Dietary Aide #1 observed Resident #1 having difficulty breathing. Certified Nursing Assistant #2 stated Resident #1 normally ate independently and did not recall them having a special diet before the choking incident on 12/10/2024. Certified Nursing Assistant #2 stated the dietary aides are responsible for taking resident meal orders and are supposed to check the meal tickets when the residents are served the meal. Certified Nursing Assistant #2 stated that they should not eat raw fruits and vegetables if that is what is indicated on the meal ticket because the resident could choke if they get the wrong food consistency.</p> <p>During an additional interview on 1/27/2025 at 1:04 PM, the Dietary Manager stated once the kitchen received an electronic message regarding a diet change the meal service software was updated. The Dietary Manager stated there were no messages in the messaging system on 12/10/2024 regarding Resident #1's diet downgrade. The Dietary Manager stated meal tickets are printed for the coming week and not daily so the handwritten notation on Resident #1's meal ticket on 12/12/2024 indicating no raw fruits or vegetable should have been followed and Resident #1 should not have received the salad portion of the meal. The Dietary Manager stated there was a communication log in Resident #1's dining room and the dietary aides should read it prior to meal service for diet changes. The communication log indicated that Resident #1 had a diet change and was not to have raw fruits or vegetables. The Dietary Manager stated the dietary aides should initial each note indicating they have read the note. The Dietary Manger stated there was one set of initials next to the note for Resident #1, but they could not determine the Dietary Aide the initials corresponded to.</p> <p>During an interview on 1/27/2025 at 2:21 PM, Registered Nurse #1 stated they were present on 12/10/2024 during the incident and gave Resident #1 abdominal thrusts. Resident #1 was choking on the cucumber salad. Registered Nurse #1 stated they initiated a change in Resident #1's diet order indicating a mechanically altered diet and no raw fruits or vegetables and they asked the Dietary Manager to write a note in the communication log in the dining room. The log would indicate that Resident #1's diet was changed. Registered Nurse #1 stated they wrote a Nursing Progress Note on 12/10/2024 related to Resident #1's choking on the cucumber salad. Registered Nurse #1 stated the Nursing Progress Note was dated 12/13/2024 because they made a correction to the progress note on 12/13/2024 but were unable to recall the correction they made.</p> <p>(continued on next page)</p>		

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<p>F 0689</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During an interview on 1/27/2025 at 2:39 PM, the Dietary Supervisor stated they are responsible for initiating dietary changes in the dining software. The Dietary Supervisor stated the dietary aides are to read the communication book in the dining room prior to meal service so they are aware of any changes in the resident diets. The Dietary Supervisor stated the meal tickets are printed once a week and if any changes occurred after they were printed, they (the Dietary Supervisor) made a handwritten notation at the bottom of the meal ticket. The Dietary Supervisor stated they wrote the no raw fruits/vegetable at the bottom of Resident #1's dinner meal ticket dated 12/12/2024. The Dietary Supervisor stated Resident #1 should not have received a salad.</p> <p>During an interview on 1/27/2025 at 2:54 PM, the Dietician stated if there is a change in a resident's diet they informed the Dietary Manager of the change. The Dietician stated Resident #1 should not have received salad if the resident's diet indicated no raw fruits or vegetables. The Dietician stated a resident could have difficulty swallowing and choke if they received the incorrect consistency food.</p> <p>10 NYCRR 415.12(h)(1)</p>		