

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345123	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/24/2025
NAME OF PROVIDER OR SUPPLIER Carolina Village Inc		STREET ADDRESS, CITY, STATE, ZIP CODE 600 Carolina Village Road Suite Z Hendersonville, NC 28792	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0554</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Allow residents to self-administer drugs if determined clinically appropriate.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 39037</p> <p>Based on observations, record review, and staff and resident interviews, the facility failed to assess the ability of a resident to self-administer medications and supplements for 1 of 1 resident with medication observed in the room (Resident #3).</p> <p>Findings included:</p> <p>Resident #3 was admitted to the facility 12/12/24 with diagnoses including hypertension (high blood pressure) and hypercholesterolemia (high cholesterol).</p> <p>Review of Resident #3's medical record revealed no documentation that Resident #3 was assessed for self-administration of medications or supplements.</p> <p>The admission Minimum Data Set (MDS) assessment dated [DATE] revealed Resident #3 was cognitively intact.</p> <p>Review of Resident #3's physician orders revealed the following:</p> <p>CoQ10 (an antioxidant which protects cells from damage) 400 milligram (mg) daily ordered 12/20/24</p> <p>Ezetimibe (a medication for high cholesterol) 10 mg once a day ordered 12/13/24</p> <p>Fish Oil 1200 mg once a day ordered 12/20/24</p> <p>Flax Seed Oil (a supplement that may decrease inflammation) 100 mg once a day ordered 12/20/24</p> <p>Garlic Oil 1000 mg once a day ordered 12/20/24</p> <p>Escitalopram (an antidepressant) 5 mg once a day ordered 12/13/24</p> <p>Lisinopril 5 mg once a day hold for systolic blood pressure <120 ordered 12/17/24</p> <p>Psyllium Husk (laxative) 2 capsules once a day ordered 12/20/24</p> <p>Turmeric (a supplement that may decrease inflammation) 1000 mg once a day ordered 12/20/24</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0554</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Zinc 30 mg once a day ordered 12/20/24</p> <p>An observation of Resident #3's overbed table on 01/21/25 at 11:08 AM revealed a cup of medication with approximately nine pills sitting on the table. An interview with Resident #3 at the same date and time revealed she wasn't sure what most of the pills were, but she thought several of them were supplements. She stated she didn't want to take her medications when the nurse brought them to her the morning of 01/21/25 and asked the nurse to leave the medications on her table and she would take them later. Resident #3 stated nurses frequently left medications on her table at her request.</p> <p>An interview with Nurse #2 on 01/21/25 at 11:24 AM revealed when she brought Resident #3 her medications and supplements around 8:30 AM the morning of 01/21/25, Resident #3 did not want to take the medication because she hadn't eaten yet. She stated Resident #3 asked her to leave the medications on her overbed table and told her she would take them later. Nurse #2 stated she should have removed Resident #3's medication from the room instead of leaving it on the overbed table when Resident #3 informed her she did not want to take the medication. She confirmed the medications and supplements in the cup were CoQ 10, Escitalopram, Ezetimibe, Fish Oil, Garlic Oil, Turmeric, Zinc, and Lisinopril. Nurse #2 stated Resident #3's blood pressure was 130/77 the morning of 01/21/25.</p> <p>In an interview with the Director of Nursing (DON) on 01/24/25 at 12:24 PM she confirmed there were no residents with physician orders to self-administer oral medication or supplements. She explained if a resident wanted to self-administer medication, the physician was notified of the request, and she completed an assessment to see if the resident was safe to administer their medication. The DON stated if the resident was assessed as being safe to administer their medication, the interdisciplinary team was notified, and a physician order was obtained. She stated the medications were kept in the nightstand in a locked drawer. The DON stated unless a resident had an order to self-administer medications, the nurse should observe the resident taking medication or remove medication from the room and discard it.</p> <p>An interview with the Administrator on 01/24/25 at 1:01 PM revealed he expected nursing staff to follow facility policy for self-administration of medication or stay with the resident during medication administration.</p>		

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<p>F 0812</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Procure food from sources approved or considered satisfactory and store, prepare, distribute and serve food in accordance with professional standards.</p> <p>37538</p> <p>Based on observations and staff interviews, the facility failed to remove food items past the date indicated for use in the walk-in refrigerator. This practice occurred in 1 of 1 walk-in refrigerator and had the potential to affect food served to residents.</p> <p>Findings included:</p> <p>An observation of the walk-in refrigerator on 01/21/25 at 9:22 AM with the Certified Dietary Manager (CDM) revealed the following:</p> <p>1 a. A five pound container of sour cream dated 1/13 that had been opened and was available for use.</p> <p>During an interview on 01/21/25 at 9:22 AM the CDM revealed the date on the container was the date the sour cream was opened and she expected it to be discarded on 1/20/25, seven days after being in use. The CDM removed the container of sour cream from the walk-in refrigerator.</p> <p>c. Two containers of ham salad dated 1/20.</p> <p>During an interview on 01/21/25 at 9:22 AM the CDM revealed the date on the ham salad was the use by date and she expected both containers to have been discarded on 1/20/25. The CDM removed both containers of ham salad from the walk-in refrigerator.</p> <p>d. A half quart container of pinto beans dated 1/10 and 1/17.</p> <p>During an interview on 01/21/25 at 9:22 AM the CDM revealed the container of pinto beans was dated with both an open and used by date and she expected the beans to have been discarded on 1/17/25 according to the use by date. The CDM removed the container of pinto beans from the walk-in refrigerator.</p> <p>e. One large metal sheet pan of thawed raw chicken breast dated 1/20 stored on the bottom rack below other food items that were within the use by date and available for use.</p> <p>During an interview on 01/21/25 at 9:22 AM the CDM revealed the chicken was left over from 1/20/25 and should have been discarded on that day. The CDM further revealed it was the responsibility of the Kitchen Supervisor and dietary staff to check the dates on food items available for use and discard if out of date.</p> <p>During an interview on 01/22/25 at 4:38 PM the Kitchen Supervisor revealed he checked the walk-in refrigerator when he first arrived at work at approximately 6:45 AM and removed out of date food items. The Kitchen Supervisor revealed on 01/21/25 the food delivery truck had arrived, and he had not checked the walk-in refrigerator before the observation with the CDM and was why the out of date food items were not removed.</p> <p>(continued on next page)</p>		

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F 0812 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	During an interview on 01/24/25 at 1:02 PM the Administrator revealed if the use by date indicated a food item should be discarded those items should be removed and not stored in walk-in refrigerator and available for use.		