

Department of Health & Human Services
Centers for Medicare & Medicaid Services

Printed: 07/30/2026
Form Approved OMB
No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 345205	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/27/2026
NAME OF PROVIDER OR SUPPLIER Westwood Hills Nursing and Rehabilitation Center		STREET ADDRESS, CITY, STATE, ZIP CODE 1016 Fletcher Street Wilkesboro, NC 28697	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0600 Level of Harm - Actual harm Residents Affected - Few	Protect each resident from all types of abuse such as physical, mental, sexual abuse, physical punishment, and neglect by anybody. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** Based on record review, observations, and interviews with residents, facility staff, the Nurse Practitioner, and Psychiatric Provider, the facility failed to protect the resident's right to be free from resident-to-resident abuse for 1 of 3 residents reviewed for abuse (Resident #2) on 4/30/26. Resident #2 sustained a left hip fracture and a left olecranon (elbow) fracture. The findings included: Resident #3 was admitted to the facility on [DATE]. Diagnosis included Alzheimer's disease, dementia, and anxiety. Review of the annual Minimum Data Set (MDS) dated [DATE] revealed Resident #3 was severely cognitively impaired and required substantial assistance for toileting, dressing and showers. Resident #1 was admitted to the facility on [DATE]. Diagnosis included a fall with traumatic brain injury (TBI), Paranoid Schizophrenia and dementia. Review of annual MDS dated [DATE] revealed Resident #1 was severely cognitively impaired, independent for mobility, required moderate assistance with toileting and bathing. Resident #1 was coded for wandering and behaviors. Review of the Facility Reported Incident dated 4/17/26 revealed that Resident #1 and Resident #3 were at the nurse's station when Resident #3 told Resident #1 to shut up and Resident #1 pushed Resident #3 down. Facility staff intervened and separated the two residents. Resident #3 was assessed by the nurse and was found to have no injuries, and he did not have any complaints of pain at the time of the altercation. Resident #1 was put on 1:1 supervision (a staff member stays with the resident 24 hours a day, 7 days a week) for the rest of the shift and was assessed by the Psychiatric Provider within hours of the altercation. His trazodone (a medication used for depression) was restarted at 50 milligrams three times a day as needed for anxiety. According to the report the Psychiatric Provider determined that it would be okay to remove the 1:1 supervision and put Resident #1 on every 30 minute checks for aggression. An interview was conducted with the Psychiatric Provider on 5/26/26 at 4:00 PM. She reported that Resident #3 had exhibited behaviors in the past of wandering and increased anxiousness with wanting to leave. She reported he was usually easily redirected and his as needed anxiety medications were effective. She reported she did not recall any aggressive behavior from Resident #3. The Psychiatric Provider reported that Resident #1 had a history of verbal aggression toward staff and residents and was impulsive in behavior. The Psychiatric Provider reported that she was aware of the incident that occurred on 4/17/26. She stated that during this incident, Resident #1 became physically aggressive with Resident #3, pushing Resident #3 to the floor after Resident #3 told Resident #1 to shut up. After this incident the Psychiatric Provider reported that she restarted Resident #1's Trazodone. She reported that the facility put him on 1:1 supervision for the remainder of the shift after this incident and she recommended that the 1:1 supervision be discontinued and he be moved to every 30 minute checks. She reported at this time, she felt this was in the best interest of Resident #1 as well as the other residents because Resident #1's trazodone was effective and because of his diagnosis of paranoid schizophrenia, having someone following him could make his symptoms and outburst worse. An interview was conducted with the NP on 5/26/26 at 2:58 PM. The NP stated that Resident #1 could be aggressive both verbally and physically aggressive. She reported she was aware of the incident that occurred between Resident #1 and Resident #3. She (continued on next page)		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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F 0600 Level of Harm - Actual harm Residents Affected - Few	corrective action plan on 5/27/26:Address how corrective action will be accomplished for those residents found to have been affected by the deficient practice. Resident #1 is [AGE] years old, with diagnoses of Traumatic subdural hemorrhage, Paranoid Schizophrenia, Epilepsy, Unspecified dementia severe with other behavioral disturbances, and resided on the dementia unit. Resident #2 is [AGE] years old, with diagnoses of Dementia, Psychotic disturbance, Chronic pain, Anxiety, History of alcoholism and resided on the dementia unit. On 04/30/2026 approximately 8:30 pm, Resident #1 and Resident #2 were observed by Nurse #1 standing at the nursing station having a conversation. No behaviors or signs of agitation were noted at that time. Nurse #1 stepped away from the nurse's station desk and had walked about 45 feet when she heard bickering. Nurse #1 reported Resident #2 could be heard talking loudly. It was unclear what the residents were saying. When Nurse #1 turned around, she observed Resident #1 hit Resident #2 on the left side of his cheek. Resident #2 lost his balance falling backwards onto the floor. Nurse #1 and nursing assistant #1 intervened immediately by separating residents. Resident #1 returned to his room. Resident #2 was taken to the dining room and placed 1:1 observation. On 4/30/26, Resident #1 and Resident #2 were immediately assessed during the 3-11 shift after the incident. Resident #1 had no injuries or reports of pain noted. Resident #2 complained of a burning sensation in his right hip and puffiness noted on the left side of his cheek below his eye. The nurse notified the provider after becoming aware of the burning sensation in the resident's right hip. A new order was received for an X-ray of the right hip. On 4/30/26, at approximately 8:30 pm, Nurse #1 notified the provider and the Director of Nursing of the incident. Nurse #1 attempted to notify Resident #1 and Resident #2 representative but was unsuccessful. On 4/30/26, skin checks and pain assessments were completed by the nurse on both residents at which time the puffiness around Resident #2's eye had resolved. During the remainder of the 3-11 shift and 11-7 shift, per staff interviews including the 1:1 sitter, staff noted no changes in condition during care. On 5/1/26 at approximately 7:15 am, during care, Resident #2 complained of pain to bilateral hips and left elbow. Nurse #2 assessed Resident #2 and observed left elbow was edematous from the left upper arm extending to the left lower arm and a dark blue circular discoloration noted on the left elbow. The left leg was noted to be shorter than the right leg with slight external rotation. Resident #2 was wincing with movement. The supervisor and medical provider were immediately notified by Nurse #2. Pain medication was administered. The medical provider was on site at the facility and assessed Resident #2 with new orders received to send to the emergency room for further evaluation. On 5/1/26, a telehealth visit by psychiatric services was completed for Resident #1. Trazodone as needed was restarted. On 5/1/26, Resident #2 was found to have a closed left olecranon fracture and left femoral neck fracture per hospital records with surgical repair. On 5/1/26, Resident #1 was placed on 1:1 observation and continues to remain on 1:1 observation. On 5/6/26, Resident #2 returned to the facility. 2. Address how the facility will identify other residents having the potential to be affected by the same deficient practice. On 4/30/2026, 100% skin checks were initiated on all residents residing in the dementia unit. The skin checks were conducted by the Director of Nursing, the Quality Assurance nurse, and the assigned hall nurse for signs and symptoms of abuse. No concerns were identified during this audit. The skin checks were completed by 5/1/26. On 5/1/26, 100% skin checks were expanded and initiated on all residents residing in the remaining facility, with a brief interview for mental status (BIMS) of 12 and below. The skin checks were conducted by the Director of Nursing, the Quality Assurance nurse, and the assigned hall nurse for signs and symptoms of abuse. No concerns were identified during this audit. The skin checks were completed by 5/6/26. On 5/1/2026, the Director of Nursing audited 100% of all residents' progress notes and behavior alerts in the Point of Care electronic medical record to identify behaviors that occurred in the last 14 days to ensure interventions were in place and documented in the care plan. The audit was completed on 5/1/2026. No concerns were identified during the audit. On 5/1/2026, the Director of Nursing, Assistant Director of Nursing, and Nurse Managers initiated interviews with all staff to identify residents with behaviors. The purpose of the audit was to ensure (1) the behaviors were reflected in (continued on next page)		

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