

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  345373	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED  05/01/2025
NAME OF PROVIDER OR SUPPLIER  Liberty Commons Nrsg & Rehab Cntr of Southport LLC		STREET ADDRESS, CITY, STATE, ZIP CODE  630 Fodale Avenue Southport, NC 28461	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Immediately tell the resident, the resident's doctor, and a family member of situations (injury/decline/room, etc.) that affect the resident.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 32968</p> <p>Based on record review, staff interviews, Medical Director (MD), and Physician Assistant (PA) interviews, the facility failed to notify the provider of significant weight gain greater than 5-pound discrepancy from the last weight for a resident with Congestive Heart Failure (CHF) and on diuretic medication (a medication that helps the body remove excess fluid) when the resident's weight indicated a 27 pound weight gain in one week. This deficient practice occurred for 1 of 1 sampled resident reviewed for notification of change. (Resident #108)</p> <p>Findings included:</p> <p>Resident #108 was admitted on [DATE]. His medical diagnoses included Congestive Heart Failure (CHF), coronary artery disease (CAD), and pulmonary hypertension.</p> <p>An admission physician order written to start on 04/18/25 revealed weekly weight times four weeks than monthly, and Demadex (used to reduce swelling).</p> <p>Review of Resident #108's weekly weights revealed:</p> <p>04/18/24 hospital weight was 148.6 pounds (lbs.)</p> <p>04/18/25 was 126.6 lbs.</p> <p>04/19/25 was 126 lbs.</p> <p>04/26/25 was 153.2 lbs., a weight gain of 27.2 lbs. in 7 days</p> <p>04/28/25 was 156 lbs.</p> <p>Further review of Resident #108's medical record revealed there were no additional weights.</p> <p>Further review of the medical record for Resident #108 revealed there was no evidence the physician was notified of weight changes.</p> <p>(continued on next page)</p>		

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>An interview was conducted on 04/30/25 at 10:05 AM with Nurse #1. He stated he helped the NA on 04/26/25 to weigh Resident #108 since two nursing staff were needed to do resident's weight using a mechanical lift. He said he noticed the resident's weight was more than 20 lbs. greater than his last weight, but since there was not a specific physician order telling him to notify the MD if resident's weight was greater or less than 5 lbs., he did not need to, even if the resident had a history of CHF. He said he just went by what he saw on the physician orders, and since it did not say to contact the MD with significant weight change, he did not need to.</p> <p>An interview on 04/30/25 at 10:15 AM with the Director of Nursing (DON) revealed it was her expectation that Resident #108's physician should have been notified by his nurse of the resident's greater than 5-lb. weight gain in a week, given the residents' history of CHF, even if there was no physician order.</p> <p>An interview was conducted on 04/30/25 at 10:25 AM with the Physician Assistant (PA). The PA stated this was the first time he heard of Resident #108's one week weight gain of 27 pounds since admission on 04/18/25. He stated no staff had reported to him any weight concerns. The PA expected he or the MD to be notified if Resident #108's weekly weights were greater than 5-lbs. from the previous weight, especially if the resident had a diagnosis of CHF. The PA said he expected the MD to have been notified, in order to treat the weight gain and to determine if related to CHF, and if additional medication was to be ordered or a change in treatment needed.</p> <p>An interview was conducted on 05/01/25 at 9:45 AM with the Medical Director (MD). The MD stated this was the first time she had heard of Resident #108's weight gain of 27 pounds from 04/26/25. The MD said she expected to be notified if residents' weights were greater than 5 pounds after a re-weight, which would include any resident having a diagnosis of CHF. The MD said she was not made aware or notified by nursing staff of resident's weight gain and should have. The MD said Resident #108's weight gains had no health outcome, and she expected the PA, MD, or on-call physician to have been notified, so they could treat the weight gain, and determine if it was related to CHF.</p>		