

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  345383	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED  10/24/2024
NAME OF PROVIDER OR SUPPLIER  Scottish Pines Rehabilitation and Nursing Center		STREET ADDRESS, CITY, STATE, ZIP CODE  620 Johns Road Laurinburg, NC 28352	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0757</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Ensure each resident's drug regimen must be free from unnecessary drugs.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 40044</b></p> <p>Based on record review, staff, the Medical Director, and the Consultant Pharmacist interviews the facility failed to hold two antihypertensive medications (Amlodipine Besylate and Carvedilol) that included parameters to hold the medication if the systolic blood pressure was less than 120 mm/hg ( millimeters of mercury). This resulted in a resident receiving 5 additional doses of Amlodipine Besylate 5 milligram (mg) tablets and 4 additional doses of Carvedilol 6.25 milligram tablets. There was no outcome from receiving the medications. This occurred for 1 of 5 residents (Resident #99) reviewed for medication administration.</p> <p>Findings included.</p> <p>Resident #99 was admitted to the facility on [DATE] with diagnoses that included Hypertension.</p> <p>The Minimum Data Set (MDS) admission assessment dated [DATE] revealed Resident #99 had mildly impaired cognition. He received limited assistance with activities of daily living (ADLs.). He had no rejection of care.</p> <p>A physicians order dated 09/11/24 for Resident #99 revealed Amlodipine Besylate 5 milligram (mg) tablets. Give 1 tablet orally one time a day related to Essential hypertension. Hold for systolic blood pressure less than 120 mm/hg (millimeters of mercury).</p> <p>Review of the Medication Administration Record (MAR) for Resident #99 dated October 2024 revealed Amlodipine Besylate 5 milligram (mg) tablets were administered on the following dates/times:</p> <p>10/02/24 at 9:00 AM. The recorded blood pressure at 9:00 AM was 118/62 (systolic/diastolic).</p> <p>10/03/24 at 9:00 AM. The recorded blood pressure at 9:00 AM was 112/62.</p> <p>10/04/24 at 9:00 AM. The recorded blood pressure at 9:00 AM was 103/52.</p> <p>10/07/24 at 9:00 AM. The recorded blood pressure at 9:00 AM was 114/60.</p> <p>10/16/24 at 9:00 AM. The recorded blood pressure at 9:00 AM was 118/62.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0757</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>A physicians order dated 09/11/24 for Resident #99 revealed Carvedilol 6.25 milligram tablets. Give 1 tablet by mouth two times a day related to Essential hypertension. Hold for systolic blood pressure less than 120 mm/hg (millimeters of mercury).</p> <p>Review of the Medication Administration Record (MAR) for Resident #99 dated October 2024 revealed Carvedilol 6.25 milligram tablets were administered on the following dates/times:</p> <p>10/02/24 at 9:00 AM. The recorded blood pressure at 9:00 AM was 118/62 (systolic/diastolic).</p> <p>10/03/24 at 9:00 AM. The recorded blood pressure at 9:00 AM was 112/62.</p> <p>10/07/24 at 9:00 AM. The recorded blood pressure at 9:00 AM was 114/60.</p> <p>10/16/24 at 9:00 AM. The recorded blood pressure at 9:00 AM was 118/62.</p> <p>Review of the progress notes for Resident #99 from 09/11/24 through 10/16/24 revealed no documentation that the Amlodipine Besylate 5 milligram (mg) tablets or the Carvedilol 6.25 milligram tablets were held.</p> <p>An interview was conducted on 10/23/24 at 3:00 PM with Medication Aide #1 who signed off on the Amlodipine Besylate 5 milligram (mg) tablets and the Carvedilol 6.25 milligram tablets on 10/02, 10/03, 10/04, 10/07, and 10/16/24. She stated if the medications were checked off on the Medication Administration Record (MAR) as administered then she did give the medications. She stated she didn't realize the Amlodipine had hold parameters but knew the Carvedilol did have hold parameters. She stated the medications were administered in error.</p> <p>During an interview on 10/23/24 at 03:41 PM the Medical Director stated Resident #99 was on long term antihypertensive medications. He stated if Resident #99 was administered the medications with the systolic blood pressure less than 120 mm/hg then it would have no effect on this resident due to chronic use. He indicated staff should follow the medication orders and administer medications according to the physician orders.</p> <p>During an interview on 10/24/24 at 3:00 PM the Consultant Pharmacist stated there would be no harm in Resident #99 receiving the antihypertensive medications due to long term use. She stated it would be more concerning if he had consistently low pulse rate, but his pulse rate consistently remained 60-80 beats per minute. She indicated staff should be following the physician orders and administering medications as ordered and holding medications according to the order.</p> <p>During an interview on 10/24/24 at 3:29 PM the Director of Nursing (DON) stated Medication Aide #1 should have followed the physicians order and held both antihypertensive medications according to the parameters. She stated education would be provided.</p>		