

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 395439	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 01/23/2025
NAME OF PROVIDER OR SUPPLIER Heritage Ridge Senior Living at Johnstown		STREET ADDRESS, CITY, STATE, ZIP CODE 807 Goucher Street Johnstown, PA 15905	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0803</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure menus must meet the nutritional needs of residents, be prepared in advance, be followed, be updated, be reviewed by dietician, and meet the needs of the resident.</p> <p>48941</p> <p>Based on review of facility policies and written menus, as well as observations and staff and resident interviews, it was determined that the facility failed to ensure that dietary staff served the planned portion sizes and had condiments available per resident preference.</p> <p>Findings include:</p> <p>A facility policy related to menus, dated January 20, 2025, indicated that menus are developed and prepared to meet resident choices including religious, cultural and ethnic needs while following established national guidelines for nutritional adequacy. Deviations from posted menus are recorded (including the reason for the substitution and/or deviation) and archived. Menus provide a variety of foods from the basic daily food groups and indicate standard portions at each meal. If a food group is missing from a resident's daily diet, the resident is provided an alternative means of meeting his or her nutritional needs.</p> <p>The facility's written menu for the breakfast meal on January 23, 2025, revealed that the residents were to receive two pancakes each, six ounces of breakfast grits, two slices of bacon, a single banana, six ounces of juice, eight ounces of whole or two-percent milk, and six ounces of coffee or hot tea.</p> <p>During an interview with Resident 5 on January 23, 2025, at 8:39 a.m. the resident was delivered his breakfast tray and stated that he was supposed to have more; that's it; the rest must have gone into the atmosphere. The resident's tray ticket revealed that he was to receive ground sausage with gravy, six ounces of breakfast grits, two pancakes, a single banana, six ounces of juice, eight ounces of whole milk, and six ounces of coffee or tea. Observations at that time revealed that Resident 5 had received a single pancake with syrup, ground sausage without gravy, and a glass of milk. He stated, that might be enough to hold me for an hour.</p> <p>During an interview with Resident 6 on January 23, 2025, at 8:47 a.m. the resident revealed that he received one pancake with syrup, two slices of bacon, and a glass of milk for breakfast. The resident's tray ticket revealed that he was to receive two slices of bacon, six ounces of breakfast grits, two pancakes, a single banana, six ounces of juice, eight ounces of whole milk, and six ounces of coffee. The resident indicated that he usually gets a small glass of orange juice and usually gets coffee but that generally comes before or after breakfast. He stated that he gets hungry sometimes.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0803</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During an interview with Resident 7 on January 23, 2025, at 9:16 a.m., the resident revealed that she received one pancake with syrup, two slices of bacon, oatmeal, a glass of juice, and a glass of milk for breakfast. She indicated that she did not receive a banana and does not receive snacks.</p> <p>During an interview with Resident 8 on January 23, 2025, at 9:19 a.m., the resident revealed that she received one pancake with syrup, two slices of bacon, oatmeal, a glass of juice, a glass of milk, and a cup of coffee for breakfast. She indicated that she did not receive a banana. Physician's orders for Resident 8, dated January 7, 2025, revealed that the resident was ordered a consistent carbohydrate diet with preferences that included cold cereal with a banana for breakfast and prune juice if available.</p> <p>During an interview with Resident 9 on January 23, 2025, at 11:20 a.m., the resident revealed that she received one pancake with syrup, two slices of bacon, and a glass of juice for breakfast. She indicated that she did not receive oatmeal, cold cereal or a banana. She stated that she does like bananas for the potassium and feels at times they do not get enough to eat. She indicated that she does get hungry and will snack on her personal snacks that her family provides that are stored in her room. She indicated that the staff do not pass snacks or condiments with meals. She indicated that she has asked for things like salt, pepper, ketchup, and mustard, and they were not available. She stated that they are on a budget with the prices of everything going up.</p> <p>Interview with the Dietary Manager on January 23, 2025, at 12:01 p.m. confirmed that one pancake was served for breakfast, that a banana was not served for breakfast due to the bananas being green, and indicated that they did not serve grits due to the residents not liking them. She indicated that they would provide them if requested and considered getting the instant grits for the occasion when a resident would request them. She confirmed that the breakfast served did not follow the written menu.</p> <p>The facility's written menu for the lunch meal on January 23, 2025, revealed that the residents were to receive baked breaded fish one each, four ounces of basmati rice, four ounces of California blend vegetables, lemon cake one each, and eight ounces of beverage of choice.</p> <p>During an interview with Resident 10 on January 23, 2025, at 12:43 p.m. the resident revealed that she was not crazy about fish but likes tartar sauce with her fish. Observations at that time revealed that the resident did not have tartar sauce on lunch tray.</p> <p>Observations on January 23, 2025, at 12:44 p.m. revealed that no tartar sauce was sent with the meal carts to the units and observations of the lunch trays on the A wing and B wing revealed that few residents had tartar sauce on their trays.</p> <p>An interview with Resident 11 on January 23, 2025, at 1:02 p.m. revealed that the resident received chicken tenders for her lunch meal instead of fish. She indicated that she thinks it would taste much better with ketchup. Observations at that time revealed that the resident did not receive ketchup on her lunch tray.</p> <p>Interview with Nurse Aide 1 on January 23, 2025, at 12:56 p.m. revealed that condiments are not available on the units or with the meal carts. She indicated that snacks are available, but not sometimes based on what the residents can chew. She indicated that the cookies are hard, but there was pudding available for the residents receiving a pureed diet.</p> <p>(continued on next page)</p>		

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<p>F 0803</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Interview with Nurse Aide 2 on January 23, 2025, at 1:00 p.m. revealed that the kitchen does not typically send condiments with the meal carts or on the resident trays. She indicated that they may send some tartar sauce or random dressings, but usually, if the residents want something, they have to go searching for it.</p> <p>Interview with Dietary Manager on January 23, 2025, at 1:05 p.m. confirmed that tartar sauce should have been provided on the lunch trays for anyone that had fish. She indicated that she started placing some condiments in the nutrition station so they were available if needed, but when she checked, it was observed that there was no ketchup or tartar sauce available.</p> <p>28 Pa. Code 211.6(a) Dietary Services.</p> <p>28 Pa. Code 201.29(j) Resident Rights.</p>		