

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 395538	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/08/2024
NAME OF PROVIDER OR SUPPLIER Cheswick Rehabilitation and Wellness Center, LLC		STREET ADDRESS, CITY, STATE, ZIP CODE 3876 Saxonburg Boulevard Cheswick, PA 15024	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide appropriate treatment and care according to orders, resident's preferences and goals.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 48546</p> <p>Based on review of facility policy, clinical records, and staff interview, it was determined that the facility failed to follow physician orders and notify a physician or abnormal glucose readings via a Capillary Blood Glucose (CBG) level as ordered for one of four residents (Resident R1).</p> <p>Findings include:</p> <p>Review of facility Hypoglycemia Protocol indicated if a resident has asymptomatic (without symptoms) low blood glucose (less than 70 or physician ordered parameter), treatment includes hold all diabetic medications, including insulin and oral medications. Administer rapidly absorbed simple carbohydrate such as 4 ounces juice, or 5 or 6 ounce regular soda pop or tube of glucose gel per resident's routine. Repeat blood glucose measurement in 10-15 minutes. Notify physician per ordered parameters. Document physician notification and response.</p> <p>The Centers for Disease Control defines diabetes as: Diabetes Mellitus is a chronic (long-lasting) health condition that affects how your body turns food into energy. Most of the food you eat is broken down into sugar (also called glucose) and released into your bloodstream. When your blood sugar goes up, it signals your pancreas to release insulin. Insulin acts like a key to let the blood sugar into your body's cells for use as energy. If you have diabetes, your body either doesn't make enough insulin or can't use the insulin it makes as well as it should. When there isn't enough insulin or cells stop responding to insulin, too much blood sugar stays in your bloodstream. Over time, that can cause serious health problems, such as heart disease, vision loss, and kidney disease. Hypoglycemia is a condition that occurs when blood glucose is lower than normal, usually below 70 milligrams per deciliter (mg/dl). If left untreated, hypoglycemia may lead to weakness, confusion, unconsciousness, arrhythmias and even death. People with Diabetes Mellitus may be prescribed injectable insulin to assist in maintaining acceptable levels of CBG's.</p> <p>Review of the clinical record indicated Resident R1 was admitted to the facility on [DATE].</p> <p>Review of Resident R1's Minimum Data Set (a periodic assessment of care needs) dated 3/28/24, indicated diagnoses of renal failure (failure of the kidneys resulting in an inability to filter blood and remove waste), diabetes (too much sugar in the blood), and hemiplegia (paralysis on one side of the body).</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Review of a physician order dated 3/22/24, indicated to administer Glucose Gel 40%, give 37.5 grams by mouth as needed for hypoglycemia of less than or equal to 60 mg/dl in patients who are asymptomatic or symptomatic and able to swallow. Re-check blood sugar in 10-15 minutes. May repeat x 1.</p> <p>Review of Resident R1's blood glucose monitoring from 3/27/24 through 4/29/24 indicated the following:</p> <p>3/27/24: 67 mg/dl</p> <p>3/30/24: 61 mg/dl</p> <p>3/31/24: 64 mg/dl</p> <p>4/3/24: 68 mg/dl</p> <p>4/5/24: 63 mg/dl</p> <p>4/6/24: 68 mg/dl</p> <p>4/7/23: 65 mg/dl</p> <p>4/9/24: 67 mg/dl</p> <p>4/14/24: 65 mg/dl</p> <p>4/15/24: 64 mg/dl</p> <p>4/20/24: 64 mg/dl</p> <p>4/22/24: 66 mg/dl</p> <p>4/23/24: 65 mg/dl</p> <p>4/24/24: 60 mg/dl</p> <p>4/25/24: 58 mg/dl</p> <p>4/28/24: 69 mg/dl</p> <p>4/29/24: 64 mg/dl</p> <p>Review of Resident R1's progress notes from 3/27/24 through 4/29/24, failed to include documentation that a physician was notified for Resident R1's abnormal blood glucose levels on the above listed dates.</p> <p>During an interview on 5/8/24, at 1:13 p.m. the Assistant Director of Nursing (ADON) confirmed that the facility could not produce documentation to indicate that the physician was notified of Resident R1's abnormal blood glucose levels.</p> <p>(continued on next page)</p>

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<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During an interview on 5/8/24, at 2:51 p.m. the ADON confirmed that the facility failed to follow physician orders and notify a physician or abnormal glucose readings via a Capillary Blood Glucose (CBG) level as ordered for one of four residents (Resident R1).</p> <p>28 Pa. Code 201.18 (b)(1) Management.</p> <p>28 Pa. Code 201.29(d) Resident Rights.</p> <p>28 Pa. Code 211.10 (c)(d) Resident Care policies.</p> <p>28 Pa. Code 211.12 (d)(1)(2)(3)(5) Nursing services.</p>

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<p>F 0692</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide enough food/fluids to maintain a resident's health.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 48546</p> <p>Based on a review of facility policy, clinical record review, and staff interview, it was determined that the facility failed to make certain that weights were monitored as ordered for one of four residents (Resident R1).</p> <p>Findings include:</p> <p>Review of facility policy Weight Monitoring and Weight Loss Intervention dated 7/1/23, indicated all residents will be weighed on admission, readmission, and at least monthly. More frequent weights may be obtained per facility policy.</p> <p>Review of the clinical record indicated Resident R1 was admitted to the facility on [DATE].</p> <p>Review of Resident R1's Minimum Data Set (a periodic assessment of care needs) dated 3/28/24, indicated diagnoses of renal failure (failure of the kidneys resulting in an inability to filter blood and remove waste), diabetes (too much sugar in the blood), and hemiplegia (paralysis on one side of the body).</p> <p>Review of a physician order dated 3/27/24, indicated to obtain weekly weights every Wednesday for four weeks.</p> <p>Review of Resident R1's Medication Administration Record (MAR) revealed that weights were not documented for 4/3/24, 4/10/24, and 4/17/24.</p> <p>During an interview on 5/8/24, at 11:48 a.m. Registered Dietitian (RD) Employee E1 provided paper documentation indicating that Resident R1 was weighed on 4/24/24, and 5/1/24.</p> <p>During an interview on 5/8/24, at 11:54 a.m. RD Employee E1 confirmed that the facility did not have documented weights for Resident R1 on 4/3/24, and 4/10/24.</p> <p>During an interview on 5/8/24, at 2:51 p.m. the Assistant Director of Nursing confirmed that the facility failed to make certain that weights were monitored as ordered for one of four residents (Resident R1).</p> <p>28 Pa. Code: 201.18(b)(1)(e)(1) Management.</p> <p>28 Pa. Code: 211.12(d)(1)(3)(5) Nursing services.</p>