

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  395868	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED  02/04/2026
NAME OF PROVIDER OR SUPPLIER  Embassy of Hearthside		STREET ADDRESS, CITY, STATE, ZIP CODE  450 Waupelani Drive State College, PA 16801	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0679</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Provide activities to meet all resident's needs.</p> <p>Based on review of facility documents, and resident and staff interviews, it was determined that the facility failed to provide an ongoing program of activities designed to meet the individual needs and interests for four of four residents reviewed (Residents 1, 2, 3 and 4). Findings include: In an interview with Resident 3 on February 2, 2026, at 11:05 AM, the resident stated activities are often cancelled because there are only two activity staff and there are often days with no activities at all. In an interview with Resident 2 on February 2, 2026, at 11:15 AM, the resident stated the activities used to be better than they are now, and there are not always activities to attend. Resident 2 also stated there are no alternative activities if they do not like an activity scheduled, and they are very concerned that the facility is cutting the activities. In an interview with Resident 1 on February 2, 2026, at 11:25 AM, the resident stated activities have been cancelled and now there are days without any activities at all, which bothers them. In an interview with Resident 4 on February 2, 2026, at 2:00 PM, the resident stated they stayed in bed this past weekend because there were no activities to attend. Resident 4 stated they like having something to do on the weekends. Review of the facility activity calendars for December 2025, and January 2026, revealed that in January there were no activities scheduled on the first, third, and fifth Saturday of the month, and the following Sundays listed only a single church service. Further review of the December 2025, and January 2026, activity calendars revealed a reduction in the number of activities available in January when compared to December, in addition to the removal of evening activities during the month of January. Interview with the Nursing Home Administrator on February 2, 2026, at 1:30 PM confirmed that the activity department had recently undergone staffing reductions, which caused the decrease in available activities. The above findings were reviewed with the Nursing Home Administrator and the Director of Nursing on February 2, 2026, at 3:00 PM. 28 Pa. Code 201.29 (a) Resident rights</p>

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
<p>F 0802</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Many</p>	<p>Provide sufficient support personnel to safely and effectively carry out the functions of the food and nutrition service.</p> <p>Based on observation, review of facility documents, and resident and staff interview, it was determined that the facility failed to provide sufficient staff to carry out the functions of food and nutrition services in the main kitchen for one of four units (University, Residents 1, 2 and 3). Findings include: Interview with Resident 3 on February 2, 2026, at 11:05 AM, revealed that the resident sometimes receives food served on Styrofoam for all three meals in a day. The resident stated they did not like Styrofoam because the food gets cold quickly. Interview with Resident 2 on February 2, 2026, at 11:15 AM, revealed that meals are served on Styrofoam often and it has happened recently, even in the last week. The resident stated, when it is a hot meal, it can be less hot, and this continues to happen about once a week. In an interview with Resident 1 on February 2, 2026, at 11:25 AM, the resident stated eating off Styrofoam makes her feel sick, and she does not like Styrofoam. Interview with Employee 1, dietary manager, on February 2, 2026, at 10:15 AM revealed that there was a period beginning December 19, 2025, lasting approximately 2 weeks, where Styrofoam was used at least once a day due to frequent staffing shortages in the department. Employee 1 stated it happens less frequently now. Review of the food service staff schedule for November 30, 2025, to February 1, 2026, with Employee 1, on February 2, 2026, at 10:30 AM, revealed the following open positions for food service workers on the schedule required to meet the needs of the department: Monday, December 1, 2025, one morning shift, one evening shift Tuesday, December 2, 2025, one morning shift, one evening shift Wednesday, December 3, 2025, one morning shift Thursday, December 4, 2025, one evening shift Friday, December 5, 2025, one morning shift, one evening shift Saturday, December 6, 2025, one morning shift Wednesday, December 10, 2025, two evening shifts Thursday, December 11, 2025, two evening shifts Friday, December 12, 2025, one evening shift Saturday, December 13, 2025, one morning shift Sunday, December 14, 2025, one morning shift, one evening shift Monday, December 15, 2025, one morning shift, one evening shift Wednesday, December 17, 2025, one evening shift Thursday, December 18, 2025, one evening shift Friday, December 19, 2025, one morning shift, one evening shift Saturday, December 20, 2025, one morning shift Monday, December 22, 2025, one evening shift Thursday, December 25, 2025, two morning shifts, and one evening shift Saturday, December 27, 2025, one evening shift Sunday, December 28, 2025, one morning shift, one evening shift Monday, December 29, 2025, one evening shift Wednesday, December 31, 2025, one evening shift Thursday, January 1, 2026, one evening shift Friday, January 2, 2026, one evening shift Saturday, January 3, 2026, one morning shift Sunday, January 4, 2026, one morning shift Monday, January 5, 2026, one morning shift, one evening shift Thursday, January 8, 2026, one evening shift Friday, January 9, 2026, one evening shift Saturday, January 10, 2026, one morning shift, one evening shift Sunday, January 11, 2026, one morning shift, one evening shift Monday, January 12, 2026, one evening shift Thursday, January 15, 2026, one morning shift, one evening shift Friday, January 16, 2026, one evening shift Saturday, January 17, 2026, one morning shift Sunday, January 18, 2026, one morning shift Monday, January 19, 2026, one morning shift, one evening shift Thursday, January 22, 2026, one evening shift Friday, January 23, 2026, one evening shift Saturday, January 24, 2026, one morning shift, one evening shift Sunday, January 25, 2026, one morning shift, one evening shift Monday, January 26, 2026, one evening shift Thursday, January 29, 2026, one morning shift, one evening shift Friday, January 30, 2026, one evening shift Sunday, February 1, 2026, two morning shifts Monday, February 2, 2026, two morning shifts, and one evening shift The above concerns regarding the use of Styrofoam, due to insufficient staffing was reviewed with the Nursing Home Administrator on February 2, 2026, at 1:30 PM. 28 Pa. Code 201.14(a) Responsibility of licensee 28 Pa. Code 201.18(b)(3) Management</p>		