

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 455682	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 03/13/2025
NAME OF PROVIDER OR SUPPLIER Afton Oaks Nursing Center		STREET ADDRESS, CITY, STATE, ZIP CODE 7514 Kingsley St Houston, TX 77087	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0656</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Develop and implement a complete care plan that meets all the resident's needs, with timetables and actions that can be measured.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 15976</p> <p>Based on observation, interview, and record review the facility failed to develop and implement a comprehensive person-centered care plan for each resident, consistent with the resident rights, that included measurable objectives and time frames to meet a resident's medical, nursing, and mental and psychosocial needs that were identified in the comprehensive assessment for 1 of 5 residents (Resident #3) reviewed for comprehensive care plans.</p> <ol style="list-style-type: none"> The facility failed to ensure Resident #3's had a care plan to reflect the residents' weight loss. The facility failed to ensure Resident #3's had a care plan to reflect his medication Ozempic that was prescribed from November 2024 through February 2025. <p>These failures could place residents at risk of not receiving adequate care and services to improve their quality of life.</p> <p>Findings include:</p> <p>Record review of Resident #3's face sheet, dated 11/04/2024, reflected a [AGE] year-old male who was admitted to the facility on [DATE]. His diagnoses included chronic obstructive pulmonary disease (a lung disease that makes it hard to breathe), cerebrovascular disease (a condition that affects the brain's blood supply and blood vessels), chronic pain (persistent pain), gastro esophageal reflux disease (A digestive disease in which the stomach acid or bile irritates the food pipe lining), muscle weakness (decrease strength in the muscle), diabetes (high blood sugar), anxiety (persistent worry or fear) depression (a common mental health characterized persistent low mood, loss of interest and other symptoms that interferes with daily life) and hemiplegia (paralysis or weakness on one side).</p> <p>Record review of Resident #3's quarterly MDS, dated [DATE], reflected a BIMS score of 12, which indicated he was cognitively aware. For ADL's Resident #3 required partial/ moderate assistance in the areas of oral hygiene, toileting hygiene, upper body dressing, and lower body dressing, was substantial/maximal assistance in shower/bathe self and putting on/taking off footwear. For weight loss, he had a 15 pounds weight loss in two months.</p> <p>Record review of Resident #3's care plan, dated 11/12/2024, reflected Resident #3 was care planned for the following:</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0656</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Focus: The resident has nutritional problems or potential nutritional problem r/t Diet restrictions: mechanically altered diet</p> <p>Goals: o The resident will maintain adequate nutritional status as evidenced by maintaining weight , no s/sx of malnutrition, and consuming at least 50% of at least 2 meals daily through review date.</p> <p>Intervention o Explain and reinforce to the resident the importance of maintaining the diet ordered. Encourage the resident to comply. Explain consequences of refusal, obesity/malnutrition risk factors.</p> <p>o Monitor/document/report PRN any s/sx of dysphagia: Pocketing, Choking, Coughing, Drooling, Holding food in mouth, Several attempts at swallowing, Refusing to eat, appears concerned during meals.</p> <p>o Obtain and monitor lab/diagnostic work as ordered. Report results to MD and follow. up as indicated.</p> <p>Record review of Resident #3's weight log, dated November 2024 to March 2025, reflected the following:</p> <p>Admit weight on 11/04/2024: 216 lbs., 12/10/2024; 210 LBS., 01/03/2025: 201 lbs., 02/12/2025: 190:00lbs and 03/03/2025: 190.2 lbs.</p> <p>Record review of Dietitian's documentation in the nurse's progress notes, dated 3/3/2025, revealed a weigh of 190.2 lbs., with a -7.5% change [Comparison Weight on 12/10/2024, 210.3 Lbs,-9.6% , -20.1 Lbs] MDS: -5.0% change over 30 day(s) [Comparison Weight 1/3/2025, 202 Lbs,-5.9% , -12 Lbs.] -3.0% change from last weight [Comparison Weight 1/3/2025, 201.5Lbs, -5.7% , -11.5 Lbs.] -7.5% change [Comparison Weight 12/10/2024, 210.3 Lbs,-97% , -20.3 Lbs.</p> <p>Record review of Resident #3's physician's order, dated 11/08/2024, reflected an order for Ozempic 0.25 or 0.5mg subcutaneous, solution pen injection. Inject 0.5 subcutaneously one time a day every Friday.</p> <p>Record review of Resident #3's MAR, dated November 2024 to February 2025, reflected the medication was given as ordered every Friday. Fingerstick blood sugar was hyperglycemia or hypoglycemia notify the MD or NP if blood sugar is < 70 or >400.</p> <p>Record review of Resident #3's care plan reflected the care plan was not developed to address actual weight loss that took place between January and February. The care plan did not address Ozempic and it's side effects</p> <p>Record review of the medication guide for use of Ozempic revealed it decreases appetite.</p> <p>(continued on next page)</p>

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<p>F 0656</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Observation on 03/13/2025 at 11:25 am, revealed the resident was in bed and appeared to be asleep. He was clean and groomed with no offensive urine or feces odor. Resident #3 did not respond when his name was called at first, but responded the second time when his name was called. He was alert and oriented and could make his needs known.</p> <p>During an interview on 03/13/2025 at 11:25 am, Resident #3 said when he was on Ozempic he had some weight loss. He said he had no appetite. He said he was now getting another medication to treat his diabetes, and it was working. He said he was aware that one of the side effects of the Ozempic was weight loss. He said he was no longer getting Ozempic, he was getting a different medication to treat his diabetes.</p> <p>During an interview with LVN C on 03/13/2025 at 4:10 pm, she said the resident was on Ozempic and he was no longer getting Ozempic. She said he had some weight loss, but he was now getting another medication to treat his diabetes.</p> <p>During an interview via telephone with the MDS Coordinator on 03/13/2025 at 4:20 pm, the MDS Coordinator said she was responsible for updating resident's MDS and care plans. She said she and the other MDS coordinator were new to the MDS position. She said she usually looked at nurse's notes and CNA documentation to do the MDS and care plans. She said she could not remember if she was the one who was responsible for doing Resident #3's care plan. The MDS coordinator stated she was going to look at Resident #3's care plan and modify it. She said she would educate the other MDS nurse to look at the nurse's notes regarding activities in the last 7 days, interview staff and residents and update care plans. She said if care plans or the MDS were not accurate residents may not receive the appropriate care.</p> <p>During an interview with the DON on 03/13/2025 at 5:40 pm, the DON stated Resident #3 had some weight loss because he was on Ozempic. She said his care plan should be updated to reflect his weight loss. She said both MDS nurses were new in the position and she was going to ensure that they get some more training on MDS and care plans.</p> <p>Interview with the Administrator on 03/13/2025 at 6:05 pm, revealed they did not have a policy for care planning. She said they used the RAI manual for MDS and care plans.</p>		

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<p>F 0755</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide pharmaceutical services to meet the needs of each resident and employ or obtain the services of a licensed pharmacist.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 15976</p> <p>Based on observation, interview and record review the facility failed to provide pharmaceutical services (including procedures that assure the accurate acquiring, receiving, dispensing, and administering of all drugs and biologicals) to meet the needs of each resident for 2 of 5 residents (Resident #3 and Resident #5) reviewed for pharmacy services.</p> <ol style="list-style-type: none"> The facility failed to ensure Resident #3 was administered his inhaler and supplement as ordered by his physician. The facility failed to ensure Resident #5 was administered his Carvedilol oral tablet as ordered by his physician. <p>These failures could place residents at risk of not being provided their medications as ordered which could result in diminishing quality of life.</p> <p>Findings include:</p> <ol style="list-style-type: none"> Record review of Resident #3's face sheet, dated 11/04/2024, reflected a [AGE] year-old male who was admitted to the facility on [DATE]. His diagnoses included chronic obstructive pulmonary disease (a lung disease that makes it hard to breathe), cerebrovascular disease (a condition that affects the brain's blood supply and blood vessels), chronic pain (persistent pain), gastro esophageal disease (A digestive disease in which the stomach acid or bile irritates the food pipe lining), muscle weakness (decrease strength in the muscle), diabetes (high blood sugar), anxiety (persistent worry or fear) depression (a common mental health characterized persistent low mood, loss of interest and other symptoms that interferes with daily life) and hemiplegia (paralysis or weakness on one side). <p>Record review of Resident #3's quarterly MDS, dated [DATE], reflected a BIMS score of 12, reflected he was cognitively aware. For ADL's Resident #3's required partial/moderate assistance in the areas of oral hygiene, toileting hygiene, upper body dressing, and lower body dressing, was substantial/maximal assistance in shower/bathe self and putting on/taking off footwear. For weight loss, he had a 15 pounds weight loss in two months.</p> <p>Record review of Resident #3 physician's order reflected:</p> <p>Order dated 11/4/2024 for Proair inhaler Aerosol solution 108 mcg/act 2 puffs every 6 hrs. at 6:00 am, 12:00 pm and 6:00 pm.</p> <p>Order dated 01/08/2024 for House supplement 90 ml 3 times a day at 7:00 am, 1:00 pm and 10:00 pm.</p> <p>Record review of Resident #3's MAR, dated February and March 2025, reflected:</p> <p>Proair inhaler Aerosol solution 108 mcg/act 2 puffs every 6 hrs. reflected blank on the MAR for 02/07/2025, 02/14/2025 and 02/15/2025 at 6:00 am.</p> <p>(continued on next page)</p>		

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<p>F 0755</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>House supplement 90 ml 3 times a day reflected blanks on the MAR for 03/6/2025, 3/07/2025, 3/11/2025, 2/5/2025, 2/19/2025 and 2/27/2025 at 10:00 pm</p> <p>Record review of the nurse's notes for February and March 2025 revealed no reasons why the medications were not documented as given or not given</p> <p>Observation on 03/13/2025 at 11:25 am revealed Resident #3 was in bed, and appeared to be asleep. He was clean and groomed with no offensive urine or feces odor. Resident #3's did not respond when his name was called at first but responded the second time when his name was called. He was alert and oriented and could make his needs known.</p> <p>During an interview on 03/13/2025 at 11:25 am with Resident #3, he said when he was not getting his Clonazepam medications as ordered. He said the physician had changed his Clonazepam and the nurse had just started giving him his medications as ordered on 3/12/2025.</p> <p>2. Record review of Resident #5's admission record reflected an [AGE] year old male who was admitted to the facility on [DATE] and readmitted on [DATE]. Resident #5 had diagnoses .which included chronic obstructive pulmonary disease (a lung disease that makes it hard to breathe), chronic pain (persistent pain), hypertension (high blood pressure), heart failure (a condition where the heart doesn't pump blood as well as it should), muscle weakness (decrease strength in the muscle), asthma (a condition where the airways become inflamed and swell making it difficult to breathe), depression (a common mental health characterized persistent low mood, loss of interest and other symptoms that interferes with daily life) and hyperlipidemia (level of high fat in the blood).</p> <p>Record review of Resident #5's Quarterly MDS, dated [DATE], revealed the resident had a BIMS score of 15, which indicated the resident was cognitively intact. For ADL's the resident needed supervision for oral hygiene, eating, for upper and lower body dressing and putting on and taking off footwear. He needed substantial/maximal assistance for shower/bathe self. He was coded as continent of bowel and occasionally incontinent of bladder.</p> <p>Record review of Resident #5's care plan, initiated 05/22/2020 and revised 4/17/2024, read in part:</p> <p>Focus: has hypertension r/t, lifestyle choices, Smoking.</p> <p>Goal: o The resident will maintain a blood pressure within the normal parameters through the review date.</p> <p>o The resident will remain free of complications related to hypertension through review date.</p> <p>o Avoid taking the blood pressure reading after physical activity or emotion distress.</p> <p>Intervention: o Give anti-hypertensive medications as ordered. Monitor for side effects such as orthostatic hypotension and increased heart rate (Tachycardia) and effectiveness.</p> <p>o Observe abnormalities for urinary output. Report significant changes to the MD.</p> <p>o Observe for any edema. Notify MD if abnormal reading noted.</p> <p>(continued on next page)</p>

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<p>F 0755</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>o Observe/report PRN any s/sx of malignant hypertension: Headache, visual problems, confusion, disorientation, lethargy, nausea and vomiting, irritability, seizure activity, difficulty breathing (Dyspnea).</p> <p>o Obtain blood pressure readings daily per orders. Take blood pressure readings. under the same conditions each time.</p> <p>o The resident needs BP taken with a medium size cuff.</p> <p>Record review of Resident #5's Consolidated orders for March 2025 reflected an order for Carvedilol oral tablet 20 mg, give 1 tablet by mouth every 12 hours for high blood pressure. Medications to be given at 8:00 am and 8:00 pm.</p> <p>Record review of Resident #5's MAR, dated March 2025, reflected blank on the MAR for 03/11/2025 for the 8:00 pm dose of Carvedilol 20mg.</p> <p>Further record review of Resident #5's progress note, dated March 2025, reflected no documentation as to why the medication was withheld or not given.</p> <p>During interview on 3/13/2025 at 4:10 PM with LVN C, she stated there should be no blanks on the MARs. She said blanks on the MARs would indicate the medication/medications were not given. She said when medications were given it should be documented and if not given it should be documented and the reason why it was not given. She said residents not getting their medication could cause them to get sick.</p> <p>During interview on 3/13/2025 at 5:25 pm, LVN D said there should be no blanks on the MARs. She said if medications were given or not given they should be documented on the MARs. She said if medications were not given the reason should also be documented.</p> <p>During interview on 03/13/2025 at 5:45 pm, the DON stated there should be no blanks on the MARs. She said if medications were given it should be documented on the MARs, if they were not given it should be documented with the reasons why they were not given. She said if there were blanks on the MARs it could cause the resident to get too much medication or the resident not getting his/her medications. The resident not getting their medication could cause them to take longer to get well. She said her expectation of the nurses and medication aides were to document whether medications were given or not given. She said she was going to in-service the staff.</p> <p>Record review of the facility's, undated, policy and procedure on Standard of Practice read in part .</p> <p>The expectation set forth by the facility's management is that the nurses comply with current standards of practice in terms of following physician's orders for medications.</p>		