

Department of Health & Human Services
Centers for Medicare & Medicaid Services

Printed: 08/27/2026
Form Approved OMB
No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 455835	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/21/2026
NAME OF PROVIDER OR SUPPLIER Interlochen Health and Rehabilitation Center		STREET ADDRESS, CITY, STATE, ZIP CODE 2645 West Randol Mill Rd Arlington, TX 76012	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0584 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Honor the resident's right to a safe, clean, comfortable and homelike environment, including but not limited to receiving treatment and supports for daily living safely. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** Based on observation, record review and interviews, the facility failed to ensure the resident had a right to a safe, clean, comfortable, and homelike environment, including but not limited to receiving treatment and supports for daily living safely for 3 of 3 shower rooms (Shower room [ROOM NUMBER], Shower room [ROOM NUMBER] and Shower room [ROOM NUMBER]), 1 of 4 residents halls (Resident Hall #2), 1 of 3 linen closets (Linen Closet in 200 hall), 1 or 5 resident bed linens (Resident #6) reviewed for clean homelike environment: The facility failed to provide stain free bed linens for Resident #6 on 5/19/26. The facility failed to ensure all shower rooms were visibly clean and free of debris and trash on 5/22/26. The facility failed to ensure Resident Hall 200 was free from urine on the floor on 5/22/26. The facility failed to ensure the bed linens stocked in the Linen Closet in the 200 Hall were stain free. These failures could place residents at risk of exposure to infectious diseases, other unsanitary health hazards and affect their sense of dignity. Findings Include: Record review of Resident #6's Quarterly MDS Assessment completed on 4/24/26 reflected a [AGE] year-old male admitted to the facility on [DATE] with little to no cognitive impairment and a BIMS score of 13. Resident #6 had the following diagnoses: Hypertension (high blood pressure), Diabetes (a chronic condition characterized by high blood sugar and Cerebrovascular Accident (when the blood supply to part of your brain is interrupted or severely reduced). An observation of Resident #6's bed sheets on 5/19/26 at 10:12 p.m. revealed the bed sheet had a large circular grey stain towards the foot of the bed. Resident #6 was groggy due to napping and stated he could not recall when staff last changed his sheets. An interview and observation with the Housekeeping Supervisor on 05/21/2026 at 8:49 a.m. revealed Shower room [ROOM NUMBER], by the front door, had a dirty floor with multiple brown marks, and two unidentified brown small objects on the shower floor. The Housekeeping Supervisor stated she did not know what the brown objects were. Observed a discarded wipe in the corner of the shower floor. The Housekeeping Supervisor stated the aides should have cleaned up after they used the shower room and it was the aides' responsibility to sanitize the showers after every shower. The Housekeeping Supervisor stated she checked the shower rooms twice per day and would clean them if they were visibly dirty. Observation of Shower room [ROOM NUMBER], in the secured unit, revealed a dirty floor with dirt marks and brownish stained tiles in the showers. The Housekeeping Supervisor stated Floor Tech A scrubbed the floors and tiles in the shower rooms every so often and housekeeping staff should have been mopping the floors in the shower rooms at least 2 times per day and as needed. Observation of Shower room [ROOM NUMBER], in the 200 hall, revealed a black wad of hair by the toilet and resident clothing hanging over the shower wall. The Housekeeper Supervisor stated the black wad was a hair ball and she proceeded to pick it up with a paper towel and throw it in the trash. The Housekeeping Supervisor was unable to identify whose clothing was hanging on the shower wall but stated it looked as though someone was about to shower and they were clean clothes. The shower in Shower room [ROOM NUMBER] was observed with two brown spots on the floor that were unidentifiable. Observation at 9:06 a.m. revealed a yellowish colored liquid on the floor in the 200 hall toward the linen closet. The Housekeeping Supervisor stated it was urine and asked (continued on next page)		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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F 0812 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Some	Procure food from sources approved or considered satisfactory and store, prepare, distribute and serve food in accordance with professional standards. Based on observation, interviews and record review, the facility failed to store food in accordance with professional standards for the facility's only kitchen observed for food service safety. The facility failed to ensure food items in the facility refrigerators and dry storage were dated and labeled. These failures could place residents at risk for food borne illnesses and food contamination. Findings included: An observation on 05/19/26 at 10:23 AM in the facility's only kitchen revealed the two-door refrigerator contained previously opened two cans of mayonnaise, one can of mustard, one can of pickles that were not dated on the date opened. An observation of the three-door freezer revealed 6 packs of angel food cake in transparent plastic bags that were not dated with the expiration date or labeled with the name of the food item. An observation of the dry storage area revealed three cereal bags stored in transparent plastic bags were not dated with the expiration date and labeled with the name of the food items. An observation and interview on 05/19/2026 at 10:40 AM with the Director of Food and Nutrition revealed she had been working at the facility for 14 years. She walked along and looked at the food items which were not dated inside the two-door refrigerator, not labeled and dated in the three-door freezer and dry storage room. She stated she could not tell if those food items were good to use since they did not have a date reflecting when they were received/taken out of the original packing or opened. She stated the dietary staff followed the 'use by date chart' posted on the kitchen wall to identify and decide how long a food item was safe to use. She stated all dietary staff were responsible for dating and labeling food items once they were received, date when it was taken out of the original packaging, and when it was opened. She stated it was important for the food items to have those dates on them to easily identify if the food was good to use and to discard it by the use by date. She stated not dating, labeling food items would put all residents at risk for food borne illness. She stated all the dietary employees received training and in-services on safe food handling practices. She discarded the food items in the two-door refrigerator which were not dated. An interview on 05/20/2026 at 10:50 AM with the Dietary Cook, she stated she has been working at the facility for 7 years. She stated all the dietary staff were responsible for dating, labeling food items which were stored in the kitchen with date when it was received, and taken out of the original packaging. She stated not dating and labeling food items would put residents at risk for food borne illness. She stated she had received in-services on safe food handling. An interview on 05/20/2026 at 11:36 AM with the Dietary Staff, she stated all the dietary staff were responsible to date and label food items stored in the kitchen as when it was received/opened and taken out of the original packing. She stated not dating, labeling food items would put residents at risk for food borne illness. She stated she had received training on how to safely handle food as part of her hiring process. Review of the undated facility policy titled Food Storage and Supplies Procedure: .Open packages of food are stored in closed containers with covers or in sealed bags and dated as to when opened. Review of the Food and Drug Administration Food Code, dated 2022, reflected, .3-302.12 Food Storage Containers, Identified with Common Name of Food. Except for containers holding food that can be readily and unmistakably recognized such as dry pasta, working containers holding food, or food ingredients that are removed from their original packages for use in the food establishment, such as cooking oils, flour, herbs, potato flakes, salt, spices, and sugar shall be identified with the common name of the food 3-305.11 Food Storage.(B) .refrigerated, ready-to eat time/temperature control for safety food prepared and packaged by a food processing plant shall be clearly marked, at the time the original container is opened in a food establishment and if the food is held for more than 24 hours, to indicate the date or day by which the food shall be consumed on the premises, sold, or discarded, based on the temperature and time combinations specified in (A) of this section and: (1) The day the original container is opened in the food establishment shall be counted as Day 1; and (2) The day or date marked by the food establishment may not exceed a manufacturer's use-by date if the manufacturer determined the use-by date based on food safety		

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F 0677 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide care and assistance to perform activities of daily living for any resident who is unable. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** Based on observation, interview, and record review the facility failed to provide the necessary services for residents who are unable to carry out activities of daily living to maintain good grooming and personal hygiene for 1 resident (Resident #9) of 5 residents reviewed for ADLs. The facility failed to ensure Resident #9 had his fingernails trimmed and cleaned on both hands on 05/19/2026. This failure could place residents who were dependent on staff for ADL care at risk for loss of dignity, risk for infections and skin breakdown, and a decreased quality of life. Record Review of Resident #9's Quarterly MDS assessment dated [DATE] as a [AGE] year-old male with initial admission date of 05/20/2016 to the facility. His pertinent diagnoses included: dementia (a decline in cognitive abilities, severe enough to interfere with daily life), legal blindness, and cognitive communication deficit. His BIMS score was 14, which indicated Resident #9's cognition was intact. Resident #9 needed maximal assistance with personal hygiene. Review of Resident #9 's Comprehensive Care Plan, revised 03/04/2023 reflected, Focus: [Resident #9] has ADL self-care performance deficit related to impaired mobility. Interventions: . [Resident #9] requires up to extensive assistance by one staff to perform activity. In an observation and interview on 05/19/2026 at 11:50 AM revealed Resident #9 was lying in his bed. The nails on both hands were approximately 0.3cm in length extending from the tip of his fingers. The nails were discolored, tan and had green brownish colored residue underside. Resident #9 stated he was blind and could not see his fingernails. He stated he did not like his fingernails long and dirty. In an interview on 05/19/26 at 12:04 PM, LVN H stated CNAs and nurses were responsible to clean and cut the residents' nails as needed. LVN H stated did not notice Resident #9's nails. She stated she would do it right then. She stated the risk would be infection control and injury. In an interview on 05/21/2026 at 10:42 AM, the Interim DON stated that her expectation was that ADL care be provided as needed. She stated that CNAs were responsible for providing nail care, including trimming fingernails, unless the resident had a diagnosis of diabetes. She stated that charge nurses were responsible for monitoring this care. The Interim DON stated that residents having long, dirty fingernails could result in skin breakdown and potential of infections. Record review of the facility policy Nail Care, not dated reflected . Nail management is the regular care of . fingernails to promote cleanliness, and skin integrity of tissues, to prevent infection, and injury from scratching by fingernails . It includes cleansing, trimming, smoothing . Nail care will be performed regularly and safely. The resident will be free from abnormal nail condition. The resident will be free from infection .		

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F 0755 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide pharmaceutical services to meet the needs of each resident and employ or obtain the services of a licensed pharmacist. Based on observation, interview, and record review, the facility failed to provide pharmaceutical services, including procedures that assure the accurate acquiring, receiving, dispensing, and administering of all drugs and biologicals, to meet the needs of each resident for 1 (Medication Cart 100) of 3 medication carts reviewed for pharmacy services. The facility failed to ensure LVN E and LVN F responsible for Medication Cart 100, counted controlled drugs every shift change. This failure could place residents at risk of not having the medication available due to possible drug diversion. Record review and observation on 05/19/26 at 10:31 AM of Medication Cart 100, with LVN G revealed missing signatures for Off nurse for 05/09/2026, 05/12/2026, and 05/17/2026 (6:00 AM to 2:00 PM shift) of the narcotic count sheet. In an interview on 05/21/26 at 10:42 AM, the Interim DON stated she expected nurses to sign the narcotic count sheet at the beginning and at the end of their shift after they completed count with the incoming and off-going nurse. The Interim DON stated if the staff were not signing the narcotic count sheets, she was unable to prove they were counting. The Interim DON stated it was important to ensure a drug diversion did not occur. The Interim DON stated the ADONs would check the carts randomly. In an interview on 05/21/2026 at 11:27 AM, LVN F stated she should have signed the narcotic sheet after counting the narcotics, on 5/12/26 and 5/17/26 at the beginning and at the end of the shift. She stated maybe she got busy and did not go back to sign the count sheet. She stated she knew that she was supposed to sign immediately after the count was done. She stated the risk would be potential for drug diversion. In an interview on 05/21/26 at 11:30 AM, LVN E stated she should have signed the narcotic sheet after counting the narcotics on 05/09/26 at the beginning and at the end of the shift. LVN E stated she counted with the other nurse but she did not remember why she did not sign the count sheet. LVN E stated the failure could potentially cause a drug diversion. Review of the facility's policy Controlled Medication - Administration revised 4/6/26, reflected the following: . At each shift change, a physical inventory of all controlled medications is conducted by two licensed nursesand/or one nurse and a CMA, QMAP, Med Tech or equivalent as allowed by your State regulatory agency and isdocumented on an audit record. Alternatively, the shift change audit may be recorded on accountabilityrecord if there is a designated column for the audit .		

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F 0791 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide or obtain dental services for each resident. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** Based on observation, interview and record review, the facility failed to ensure that residents received routine and 24-hour emergency dental services for one (Resident #44) of six residents reviewed for the provision of routine/emergency dental services. The facility failed to ensure Resident #44 received routine dental care. This failure could affect residents by placing them at risk of pain, weight loss, infection, difficulty eating and a decline in their quality of life due to unmet dental needs. Record Review of Resident #44's face sheet dated 05/21/26 revealed a [AGE] year-old female with admission date 01/08/26. Her diagnoses included: Dementia (severe decline in mental ability), Muscle Weakness (reduction in ability to exert force), Cognitive Communication Deficit (difficulty with communication caused by disrupted brain functions), Chronic Kidney Disease (damaged kidneys are unable to filter blood), and Alzheimer's Disease (progressive brain disorder). Record review of Resident #44's quarterly MDS assessment, dated 03/16/2026, reflected a BIMS score of 02, which indicated severe cognitive impairment. Section GG0130-Functional Abilities revealed partial/moderate assistance which indicated the helper does less than half the effort for oral hygiene. Review of Resident #44's Care Plan, revised 01/22/2022, reflected Resident #44 required extensive assistance by one staff with personal hygiene and oral care. Record review of Resident #44's electronic health record did not reflect dental services. During an observation and interview on 05/20/2026 at 8:55 a.m., Resident #44 revealed she wanted to go to the dentist. She stated she had not received dental services. She stated she didn't have issues with chewing or drinking. The observation of Resident #44's teeth revealed missing teeth at the top of the mouth and dark colored, missing teeth in the lower part of the mouth and dark gums. During an interview on 05/20/2026 at 11:00 a.m., the Social Worker stated she was responsible for making dental appointments. She stated there was a company that was contracted by the nursing facility for dental services and the dentist or dental hygienist would come to the facility. She stated routine dental appointments were scheduled yearly unless there was a referral for specialized dental services. She stated there wasn't documentation in PCC for routine dental services for Resident #44. During a follow up interview on 5/20/2026 at 1:40 p.m., the Social Worker stated according to the Dental Services policy, Resident #44 had Medicaid and didn't have a payer source for routine dental services. She stated if nursing brought to her attention an emergent dental need, she would try to find alternative sources for Resident #44 to receive dental services. She stated residents were not typically referred for routine dental services. During an interview on 5/21/2026 at 8:50 a.m., the Regional Compliance Nurse stated the Social Worker scheduled routine dental appointments and follow up appointments when needed. She stated routine dental appointments were important to ensure residents did not have pain, cavities, bacteria, and dignity issues. She stated residents' payer source was not a factor to determine if routine dental services were provided. She stated the IDT, which consisted of the Social Worker, nursing, and therapy, were responsible for ensuring residents received routine dental care. During an interview on 5/21/26 at 9:18 a.m., LVN I revealed she noticed Resident #44 had missing teeth. She stated dental issues were reported to the physician or nurse practitioner for an order for a dentist consultation. She stated once the consultation was received, it was given to the Social Worker for a dental appointment. She stated dental services were not relayed to the physician or nurse practitioner regarding Resident #44 since Resident #44 never complained of her teeth or mouth hurting and there were no issues with chewing. She stated she was unsure how often residents should have received routine dental care. She stated the risks of not maintaining routine dental appointments included tooth decay or infection of the gums. She stated the physician or nurse practitioner should have been informed of Resident #44's missing teeth. During an interview on 5/21/2026 at 2:27 p.m., the Administrator stated the Social Worker was responsible for making dental appointments. She stated per the dental services policy routine dental cleaning services were provided for residents upon (continued on next page)		

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F 0791 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	request or when there were issues pertaining to dental care. She stated the risk to residents who don't maintain routine dental services included gum disease, weight loss, and teeth loss. Record Review of the Dental Services facility policy revealed in part: The Director of Nursing Services, or his/her designee, is responsible for notifying Social Services of a resident's need for dental services. For Medicaid residents, the facility will provide all emergency dental services and those routine dental services to the extent covered under the Medicaid state plan. If any resident is unable to pay for dental services, the facility should attempt to find alternative funding sources or delivery systems so that the resident may receive the services needed to meet their dental needs and maintain his/her highest practicable level of well-being. This can include finding other providers of dental services, such as a dental school or the provision of dental hygiene services on site at a facility.		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 455835	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/21/2026
NAME OF PROVIDER OR SUPPLIER Interlochen Health and Rehabilitation Center		STREET ADDRESS, CITY, STATE, ZIP CODE 2645 West Randol Mill Rd Arlington, TX 76012	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0880 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide and implement an infection prevention and control program. **NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** Based on observation, interview and record review, the facility failed to maintain an infection control program designed to prevent the development and transmission of infection for 1 resident (Resident #77) of 3 residents observed for infection control. The facility failed to ensure CNA B changed gloves and completed hand hygiene during incontinent care for Resident #77 on 5/20/26. These failures could place residents at risk for infection and cross contamination of pathogens and illness. Record review of Resident #77's Quarterly MDS assessment dated [DATE] reflected Resident #77 was a [AGE] year-old female admitted to the facility on [DATE] with diagnoses included brain cancer, muscle weakness, and cognitive communication deficit. Resident #77's BIMS score of 6, which indicated Resident #77's cognition was severely impaired. The MDS assessment indicated Resident #77 required maximal assistance with toileting hygiene. Observation on 05/20/26 at 11:53 AM revealed CNA B entered Resident #77's room to provide incontinence care. She washed her hands and donned (put on) gloves, CNA B unfastened Resident #77's brief. She then provided peri-care to the resident, wiping across the resident's pubis bone and then down each groin. Without changing gloves CNA B helped the resident to roll on her side, she wiped the resident's buttock area with peri-wipes, front to back, she then removed the soiled brief and with soiled gloves, placed the clean brief under the resident. She removed and discarded the dirty gloves, she washed her hands and she donned clean gloves. She rolled the resident on her back onto the clean brief. Once finished, she fastened the resident's brief, she covered the resident and she lowered the resident's bed to a low position. She removed and discarded her gloves and washed her hands. In an interview on 05/20/26 at 12:05 PM, CNA B stated she should change her gloves and perform hand hygiene when she went from dirty to clean. She stated failing to provide proper care would expose the residents to infections. In an interview on 05/21/26 at 10:42 AM, the Interim DON stated she expected the staff to remove their gloves and sanitize their hands when going from dirty to clean. She stated CNAs were trained to perform hand hygiene between change of gloves. She stated failure to do so would potentially lead to cross-contamination and possible spread of infection. She stated the ADONs would do random rounds for monitoring. Record review of the facility policy titled Fundamentals of Infection Control Precautions not dated, reflected: . Failure to change gloves between resident contacts is an infection control hazard.		