

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  475037	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED  05/09/2024
NAME OF PROVIDER OR SUPPLIER  Barre Gardens Nursing and Rehab LLC		STREET ADDRESS, CITY, STATE, ZIP CODE  378 Prospect Street Barre, VT 05641	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0550</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Many</p>	<p>Honor the resident's right to a dignified existence, self-determination, communication, and to exercise his or her rights.</p> <p>43524</p> <p>Based on observation and interview, the facility failed to ensure each resident has a right to self-determination and access to persons and services outside of the facility, by locking all doors to the facility 24 hours a day, 7 days a week. By creating a locked facility, there is a failure to ensure the right of each resident to exercise their rights as a citizen (or resident) of the United States or make personal choices about going outside without interference. This has the potential to affect all residents of the facility and all visitors, including family, legal representatives and advocates.</p> <p>The facility also failed to ensure residents had the right to get up at the time they want for 1 of 24 sampled residents (Resident #47), failed to have resolution for missing clothing for 3 of 24 sampled residents (Residents #47, #18, and #15), failed to schedule Resident Council meetings at times determined by the residents, and failed to ensure that 2 of 7 residents being served and assisted with meals were treated with dignity and respect, by not providing meals and nutrition while all other residents in the room, including those sitting at the same table were served and eating their meal (Resident #62 &amp; #43). Findings include:</p> <p>1.) Per observation on 5/6/24 at approximately 10 AM for initial entrance to the building to start survey, the main front entrance building doors within the foyer were locked. A staff member approached the inside doors to the foyer, they entered a code on a code pad and opened the doors for the survey team to enter. Per observation on 5/7/24 at 9:05 AM, this surveyor was unable to enter the building independently. In order to enter the building, a doorbell had to be pressed to alert staff, and then a staff member arrived to open the door. At 12:30 PM when this surveyor needed to exit the building, it was not possible to do so independently. There is a sign posted on the inside of the doors that states: *ATTENTION* These doors are always locked for the safety of our residents. Please see a staff member to Exit the building. This writer had to interrupt a staff person in the midst of their job duties to request to exit the building. The staff member accessed a panel to the left of the main exit doors to enter a code to open the door. This was the process for the entire survey, from 5/6/24 - 5/9/24.</p> <p>Observations from 5/6/24 - 5/9/24 revealed no residents sitting independently outside in either the courtyard, the fenced in area, or in the front of the building.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0550</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Many</p>	<p>Per interview on 5/6/24 at approximately 1:30 PM with Resident #47 and their spouse, they stated that they do not understand why they and their spouse could not enter or exit the facility without staff assistance. The spouse stated that when they come to visit, they have to ring the bell outside in the foyer and wait for assistance. They have asked staff for the code so they can come and go as they please, but they were told by the Administrator and several other staff that there are strict rules against giving the code to residents or family members/visitors, and they were not allowed to give it out to anyone but staff. S/he stated that it seems the residents are prisoners here and once you come in to visit so are you, until a staff can let you out, it's just not right. Resident #47 stated that s/he was not allowed all last year to go outside and sit by themselves, a staff member had to open the door and go out and sit with them, and usually there was not enough staff to do that. Resident #47 was upset that their spouse couldn't come and go as they pleased and that there were many times they had to wait for someone to come and open the door, stating often times it was a long wait if there wasn't someone right nearby. Per interview on 5/7/24 at approximately 11:00 AM, regarding these concerns, the facility's Social Worker stated that it is corporate policy to keep the doors locked and residents and family/visitors are not allowed to have the codes to the doors.</p> <p>Per interview on 5/06/24 at 4:01 PM, Resident #26's family member explained that s/he has to wait a long time to get into the facility to visit because the doors are locked. Per interview on 5/7/2024 at 3:45 PM, Resident #23's Representative explained that s/he has had to wait a very long time to get let into the facility multiple times and sometimes it takes 45 minutes to an hour before someone will let you in, which is very frustrating.</p> <p>A Resident Council meeting with the survey team occurred on 5/8/24 at approximately 9:30 AM, and there were five attendees, Residents #15, 18, 50, 51, and 54. Resident #54 stated that there is a concern about the facility doors always being locked and residents and visitors always having to ask to come and go. Residents #15, 18, 50, and 51 confirmed that this was an issue. Residents stated that they have asked why the doors are locked and why they can't go out when they want to and are told it is for resident safety. Residents stated that the last two days have been really nice days and no one was able to go outside and sit and enjoy the sunshine because there was no one that could stay out there with them. Residents confirmed that the facility requires a staff member to stay with us and it doesn't matter if we have out wits about us or not. Resident #54 stated that they asked several times yesterday, 5/7/24 to go outside and was told, when we have someone that can go out with you, right now we don't have anyone available.</p> <p>Per interview on 5/9/24 at approximately 10:35 AM, two LNA's explained that the doors to the facility are always locked and the staff have been told to never give the door codes to the residents or visitors. Surveyor asked what the reasoning is behind this, and LNA #1 stated that s/he believes it is due to the number of dementia residents in the facility and we don't want them to escape. Surveyor asked if the doors are ever unlocked and LNA #1 stated no, never - not since I've worked here. (for about a year and a half).</p> <p>Interview on 5/9/24 at approximately 10:48 AM, the Activities Director stated that the doors are always locked. Surveyor asked if residents or family members/visitors had the code so they could come an go as they please, to which they responded, No, that is absolutely forbidden, only staff are allowed to have the codes.</p> <p>(continued on next page)</p>		

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<p>F 0550</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Many</p>	<p>Per interview on 5/7/24 at 1:10 PM, the Administrator stated that the doors have been locked since they began working here in October 2022. The Administrator stated that their boss PHG [Priority Health Group, which is the ownership entity] wants the doors locked. Per the Administrator, the facility has alert and independent residents in their population. The Administrator was not able to locate a policy or procedure for the doors being locked or for operating a locked facility, and stated that the official rule is to not give the codes to any resident or visitor. When asked if there is a process for assessing residents and ensuring those without safety risks can exit the building independently, it was repeated that no resident is allowed to have the code. The Administrator confirmed that no resident can exit the building at any time without staff assistance. The only material in writing that was located upon request regarding operating a locked facility was in orientation paperwork, where it is noted that new staff are trained on Emergency Door Alarms (Codes), with no further training materials, direction or procedures.</p> <p>2.) Per interview on 5/6/24 at approximately 1:30 PM with Resident #47 and their spouse, Resident #47's spouse stated that s/he is also upset that Resident #47 is having to get up at 5 AM every morning or they have to wait until 10 AM to get up when staff have time. The surveyor asked why Resident #47 has to get up at 5 AM. Resident #47 stated that the LNA's wake him/her up at 5 AM and tell them that if s/he doesn't want to get up then they will have to wait until 10 AM or when staff have time. Per interview on 5/9/24 at approximately 10:35 AM, Surveyor asked LNA #1 and LNA #2 about the resident and family's complaints regarding staff getting Resident #47 up at 5 AM or having to wait until 10 AM. Both LNA #1 and LNA #2 confirmed that this resident is on the list to be gotten up by the night shift. The LNA's stated that he could be moved to a later time during night shift.</p> <p>Interview on 5/9/24 at approximately 2:15 PM The Administrator was not aware that Resident #47 was being told they need to get up at 5 AM or wait until around 10 AM, but that the resident may be on a list of early risers so this could be why the staff get him/her up so early.</p> <p>3.) Per interview on 5/6/24 at approximately 1:30 PM with Resident #47 and their spouse, Resident #47's spouse stated that Resident #47's clothes have gone missing and they have recently had to spend \$200 to replace all the missing clothes. They stated that they have brought all these issues up to the social worker to no avail, stating nothing has been done to resolve any of these issues.</p> <p>Per interview on 5/7/24 at approximately 11:00 AM with the facility's Social Worker, the Social Worker stated that she was not aware that Resident #47 was missing any clothes, or that their spouse had recently spent \$200 to replace missing clothes.</p> <p>Resident Council meeting occurred on 5/8/24 at approximately 9:30 AM, there were five attendees, Resident #'s 15, 18, 50, 51, and 54. Residents stated they had missing clothes that the facility has not addressed. Resident #18 stated they had a sweater that was damaged and was told the facility would reimburse them for it, stating that was 6 months ago and still nothing. Resident #15 is missing a sweater that never came back from the laundry. S/he stated that staff were aware as they had stated they had tried to locate it in the laundry but could not, but said they are keeping their eye out for it. Resident #51 stated that they had a pair of pants that came back from the laundry damaged, staff are aware but nothing has been done about it. The Resident Council Co-President stated s/he was aware of all the missing clothes, staff are aware but there has been no resolution to this ongoing issue.</p> <p>(continued on next page)</p>		

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<p>F 0550</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Many</p>	<p>Per interview on 5/9/24 at approximately 2:15 PM, the Administrator was aware of missing clothes but believed all issues had been resolved.</p> <p>4.) Resident Council meeting occurred on 5/8/24 at approximately 9:30 AM, there were five attendees, Resident #'s 15, 18, 50, 51, and 54. Resident #54 stated that they and the other Co-President do not set the Resident Council meeting, this is done by facility staff and no resident, not even the Co-Presidents find out about the date and time of the Resident Council meeting until the Chronicle (the facility paper) is circulated to residents. S/he feels that the Co-Presidents should be setting up each Resident Council meeting and notifying the facility of the date and time. S/he stated that the Resident Council would like to invite family members but they are not provided enough time to notify families of these meetings. Resident #15, 18, 50, and 51 confirmed that the facility does not give residents enough notice to be able to invite their families.</p> <p>Per interview on 5/9/24 at approximately 2:15 PM, the Administrator stated that the Resident Council meeting is set up by the Activities Director, once the date has been set it is posted in the Chronicle and distributed to the residents and they can notify family if they want them to attend. S/he was not aware what the time frame looked like regarding the Chronicle distribution and the date and time of the Resident Council meeting.</p> <p>5.) Per observation on 5/06/24 at 5:10 PM there were six residents sitting in the sunroom waiting for their dinner meal. At 5:12 PM a cart with meal trays was delivered to the sunroom and the licensed nursing assistant (LNA) began passing trays to the residents.</p> <p>At 5:20 PM Resident #43 was served their meal with three bowls of food and two drinks. S/he drank from cups but was unable to eat the meal because there were no utensils available at her/his seating. At 5:26 PM a licensed nursing assistant (LNA) sat down and attempted to assist Resident #43 who was viably upset with the LNA and refused assistance.</p> <p>At 5:43 PM, thirty one minutes after the start of meal service, Resident #62 still had not been served their meal. The unit manager entered the sunroom an began to assist with the meal. At 5:49 PM Resident #62 received a tray with SpaghettiOs and pudding.</p> <p>During an interview on 5/6/2024 at 5:50 PM the unit manager (UM) was asked about the process of tray delivery and service. The UM stated that tray tickets are in the main dining room and when a resident is not there, dietary staff make a tray to be passed on the unit. The UM stated that Resident #62 typically prefers SpaghettiOs and usually eats in the main dining room. The UM confirmed that Resident #62 had not received their tray in a timely manner and was provided SpaghettiOs after all other residents were finished with their meal.</p> <p>46135</p> <p>40258</p>		

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<p>F 0584</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Honor the resident's right to a safe, clean, comfortable and homelike environment, including but not limited to receiving treatment and supports for daily living safely.</p> <p>43524</p> <p>Based upon observation, interview, and record review, the facility failed to ensure a safe, clean, comfortable, and homelike environment was maintained for the residents on 1 of 2 units (Unit 1). Findings include:</p> <p>1. Observation on 5/6/24 at approximately 12:57 PM of Resident #47 and #50's room revealed a strip approximately 4-6 inches wide at chair rail level, that runs the full length of the right hand side of the residents room. The strip was falling off the wall and was laying on the foot of Resident #47's bed.</p> <p>Interview on 5/6/24 at approximately 1 PM with Resident #50, they confirmed that this chair rail strip keeps falling off and the maintenance man keeps re-gluing it and placing it back on the wall.</p> <p>Interview on 5/6/24 at approximately 1:15 PM with Resident #47, they confirmed that this chair rail strip keeps falling off and the maintenance man keeps re-gluing it and putting it back on the wall. Resident #47 stated that their spouse has complained to staff about this many times and this strip just keeps getting put back up on the wall. The resident said, if the maintenance guy would just strip off the old glue before re-gluing the strip to the wall and then placing a block between the wall and bed wheels, this wouldn't keep happening.</p> <p>Interview on 5/6/24 at approximately 1:30 PM with Resident #47's spouse, they stated they have spoken to staff many times about this needing to be fixed and no one addresses it. Per interview on 5/7/24 at approximately 2:45 PM, the maintenance stated s/he is aware of this strip that keeps falling down and stated that s/he has reapplied this strip many times and now will need to take it down, scrape the wall of the glue and reapply it. S/he stated that this happens because when the staff raise and lower the beds the beds catch on the strip and pulls it off.</p> <p>2. Per interview on 5/6/24 at approximately 2:35 PM, Resident #53, who was laying in their bed was asked about call bell access and staff response time. S/he stated, That's laughable, staff never make sure I have my call bell. Do you see it anywhere?</p> <p>Observation on 5/6/24 at approximately 2:37 PM revealed resident #53 with no access to the call bell system. Upon the residents bedside table was a white coiled call bell cord which was not within Resident #53's reach. At the same time as this observation, the LPN (Licensed Practical Nurse) assigned to resident #53 had been assisting Resident #53's roommate and had heard the conversation between Resident #53 and the surveyor. The LPN located the residents call bell on their bedside table and attempted to provide it to the resident. S/he stated, I have clipped it [call bell] to your pillow case. The surveyor asked the resident if they could reach the call bell now that it was clipped to their pillow case, the resident stated, No, I can't see it or find it when I feel for it. Why can't it be attached to my bed rail so I can actually find it and use it when I need it?</p> <p>(continued on next page)</p>		

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<p>F 0584</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Interview on 5/6/24 at approximately 2:40 PM with the LPN who stated they were not aware that the resident has not been able to access their call bell. They stated that the cord is not long enough to reach the residents well, but they were not aware that the resident had not had access to their call bell. The nurse stated that they would speak with maintenance and see if a longer cord could be located.</p> <p>Record review revealed Resident #53 is care planned for potential for falls due to a decline in their functional status, hemiplegia/hemiparesis and muscle weakness and an intervention listed states, Keep call bell within reach/encourage use/answer promptly.</p> <p>3. Per observation on 5/7/24 at approximately 11:00 AM on Wing 1 short hall, there is a deep indentation in the linoleum of the left side of the hallway floor directly in the line of ambulation. A second indentation in the linoleum on the left side of the hallway in the line of ambulation was noted on Wing 2 short hall.</p> <p>Per interview on 5/7/24 at approximately 2:45 PM, the maintenance was asked about the two indentations in the linoleum on both wings. S/he explained that these areas are where drains are in the floor and stated these are no longer utilized, so when the linoleum was put down they just went over the drains. S/he stated that they would need to figure out how they might be able to fix the floors so the indentations don't reappear.</p> <p>4. Observation on 5/9/24 at approximately 1:35 PM in Resident #47 and #50's room revealed the left side of the residents area over the resident bed was a privacy curtain that was tied up at the foot section. The surveyor asked the resident about this and they stated that they wished they would take it down or do something with it.</p> <p>Per observation and interview on 5/9/2024 at 11:20 AM, Resident #40 had a room partition curtain tied in a knot that hung over the center of his/her bed, just a few feet above the bed. Resident #40 explained that it bothers him/her to have that hanging there and s/he has told staff before that s/he doesn't like it.</p> <p>Per observation and interview on 5/9/2024 at 11:28 AM, Resident #246 had a room partition curtain tied in a knot that hung over the center of his/her bed, just a few feet above the bed. Resident #246 said that s/he did not like it there.</p> <p>Interview on 5/9/24 at approximately 2:15 PM with the facility administrator regarding the chair rail strip in Residents #47 and #50's room, the indentations in the linoleum on both units, and the privacy curtain that is tied up in over the foot of resident #47's bed. They stated that they are aware of all of these issues and that maintenance is taking care of the chair rail strip and the indentations in the floor. S/he stated that the curtains could not be taken down due to resident rights specific to privacy issues but that perhaps something else could be done to remedy the issue.</p> <p>46135</p>		

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<p>F 0656</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Develop and implement a complete care plan that meets all the resident's needs, with timetables and actions that can be measured.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 46135</p> <p>Based on interview and record review, the facility failed to develop a comprehensive care plan that addressed anticoagulant use for 1 of 4 sampled residents reviewed for anticoagulant use (Resident #23). Findings include:</p> <p>Per record review Resident #23 was admitted on [DATE] for rehabilitation following a hospital stay related to a urinary tract infection and sepsis. S/He has diagnoses that include heart failure, chronic pulmonary embolism (a blood clot that forms a blockage in the artery of the lung), and pacemaker. A 10/30/23 admission Minimum Data Set (MDS; a comprehensive assessment used as a care-planning tool) reveals that Resident #23 was admitted taking an anticoagulant. Admission orders reveal a physician order for enoxaparin [Lovenox; an anticoagulant, used to prevent and treat blood clots] 120 mg/0.8 mL injection, inject 120 mg into the skin for 90 days.</p> <p>Review of Resident #23's care plan reveals that Resident #23 did not have a care plan that addressed the use of anticoagulants until 4/18/24.</p> <p>Per interview on 5/09/24 at 9:50 AM, the Unit Manager confirmed that any resident on an anticoagulant should have an anticoagulant care plan.</p> <p>Per interview on 5/08/24 at approximately 3:50 PM, the Director of Nursing confirmed that all residents that are on anticoagulant should have an anticoagulant care plan and Resident #23 did not until 4/18/24.</p>

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<p>F 0657</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Develop the complete care plan within 7 days of the comprehensive assessment; and prepared, reviewed, and revised by a team of health professionals.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 46135</p> <p>Based on staff interview and record review, the facility failed to revise the comprehensive care plan as the resident's plan of care changes for 2 of 27 sampled residents (Resident #23 and #62) related to catheter use and pain management for Resident #23 and activity preference for Resident #62. Findings include:</p> <p>1. Per record review Resident #23 was admitted on [DATE] for rehabilitation following a hospital stay related to a urinary tract infection and sepsis. S/He has diagnoses that include uropathy (blockage in the urinary tract), bladder cancer, heart failure, chronic pulmonary embolism (a blood clot that forms a blockage in the artery of the lung), rheumatoid arthritis, peripheral neuropathy (nerve damage), and lung cancer. A 10/30/23 admission Minimum Data Set (MDS; a comprehensive assessment used as a care-planning tool) reveals that Resident #23 was admitted without a catheter and has moderate pain for which s/he has received as need pain medication and is not on a scheduled pain medication regime.</p> <p>1.a. Record review reveals that Resident #23 had been transferred to the hospital on 11/7/23 and returned to the facility on [DATE] with a catheter. Per review of Resident #23's care plan, s/he does not have a care plan focus or any interventions related to his/her use of a catheter until 1/23/24.</p> <p>Per interview on 5/09/24 at 9:50 AM, the Unit Manager confirmed that any resident with a catheter should have a catheter care plan in place.</p> <p>1.b. Per interview on 5/07/24 at 9:26 AM, Resident #23's Representative explained that s/he had talked to facility staff, including the Nurse Practitioner (NP), multiple times about Resident #23 getting a leg bag so Resident #23 could be more independent. The Representative stated that s/he has never seen Resident #23 with a leg bag and s/he had first talked about it months ago with the NP.</p> <p>Per observation and interview on 5/6/2023 at 10:03 AM, Resident #23 is sitting in his/her wheelchair. Catheter tubing is coming out from the bottom of his/her pants attached to a catheter drainage bag that is hanging on the bottom backside of the wheelchair. Resident #23 explained that s/he wishes s/he could be more independent. S/He explained that s/he had been working with rehab doing exercises to get stronger and s/he feels like s/he has made improvement but wishes s/he was able to use his/her walker more but can't really do it because s/he has a huge bag attached to his/her wheelchair. On 5/7/24 at approximately 11:30 AM, Resident #23 appeared to want to get up from his/her wheelchair. S/He seemed frustrated and stated that s/he doesn't know why they haven't given him/her the leg bag yet because they already told him/her s/he could have it.</p> <p>Record review reveals a Physician's Standard Written Order form located in Resident #23's medical record, the Nurse Practitioner had ordered 1 standard Catheter Kit, 1 bedside drainage bag, 2 leg bags, and 1 leg strap for Resident #23 on 1/3/24.</p> <p>(continued on next page)</p>		

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<p>F 0657</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Review of Resident #23's care plan reveals the following focus The resident has an ADL [activities of daily living] Self Care Performance Deficit [related to] Limited Mobility, initiated on 10/23/23, with the goal the resident will improve current level of function by next review, revised on 3/1/24, and interventions that include AMBULATION: supervision with walker, initiated on 10/25/23. Resident #23's care plan for ADLs or catheters reveals that it had not been updated to reflect the provider order for a leg bag on 1/3/24 or Resident #23's desire to use a leg bag.</p> <p>Per interview on 5/08/24 at 10:36 AM, the Therapy Director stated that s/he remembered the use of a leg bag being brought up with the team in the past but was unsure about what had become of it.</p> <p>Per interview on 5/8/24 at 11:42 AM, a Licensed Nursing Assistant explained that they are aware that Resident #23 would like a leg bag but cannot do anything to make that happen unless his/her care plan reflects that change and confirmed that s/he has not used a leg bag at the facility.</p> <p>1.c. During multiple observations and interviews with Resident #23 on 5/6/24 through 5/9/24, Resident #23 did not appear to show signs of pain and while s/he stated that s/he did have a sore muscle in his/her leg from not walking enough s/he was not in pain.</p> <p>Per interview on 5/07/24 at 9:26 AM, Resident #23's Representative stated that s/he is concerned that Residents #23 is still taking routine morphine. S/He explained that Resident #23 did have significant pain and a significant decline in their health status starting in December in which s/he was prescribed morphine for. S/He said s/he could understand the frequency and dosage of the morphine then because Resident #23 had declined to the point where they were discussing end of life care but now that s/he has completely turned around, and does not exhibit pain, s/he is afraid that s/he is being unnecessarily medicated. S/he had to talked to facility staff, including the Nurse Practitioner, multiple times about decreasing or taking Resident #23 off of the morphine.</p> <p>Review of Resident #23's care plan reveals the following focus The resident has acute pain/chronic pain [related to] cancer, RA [rheumatoid arthritis], peripheral neuropathy,' initiated on 10/23/24, with the goal, The resident will verbalize adequate relief of pain or ability to cope with incompletely relieved pain through the review date, revised on 3/1/24. Interventions including administer analgesia as order and Evaluate the effectiveness of pain interventions. Review the compliance, alleviating of symptoms, dosing schedules and resident satisfaction with results, impact on functional ability and impact on cognition.</p> <p>A 1/5/24 Nurse Practitioner note states that Resident #23 expressed a desire not to be in pain and end-of-life was discussed. A 1/9/24 NP note stated that morphine was ordered for pain. Resident #23 has a physician order for Morphine Sulfate (Concentrate) Oral Solution 20 MG/ML (Morphine Sulfate) Give 0.1 ml by mouth every 4 hours for pain, [shortness of breath]. This dosing and frequency has been consistent for Resident #23 since it was first ordered on 1/9/24 and Resident #23's Medication Administration Record reveals that the morphine has been administered as ordered since 1/9/24.</p> <p>Review of Resident #23's vitals, Resident #23 has not reported pain since 2/2/24. A 4/15/24 quarterly MDS reveals that Resident #23 reported in a pain assessment interview that s/he has no pain.</p> <p>Facility policy titled Level Pain Assessment and Management, last revised in 2015, states If pain symptoms have resolved or there is no longer an indication for pain medication, the multidisciplinary team and physician shall try to discontinue or taper analgesic medications to the extent possible.</p> <p>(continued on next page)</p>		

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<p>F 0657</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>There are no staff evaluations of the effectiveness of pain interventions or a clinical rationale for the continued administration of the morphine a medication based upon an assessment of the resident's condition and therapeutic goals after Resident #23's last positive pain assessment on 2/2/24. A 2/2/24 Attending Provider note reveals that the Attending Provider was not aware that Resident #23 was on scheduled morphine. His/her note states that Resident #23 is currently on as needed morphine which seems to provide adequate pain control. There are no Nurse Practitioner notes that show evidence that they have evaluated Resident #23's morphine order or their change in their indication of pain.</p> <p>In addition to Resident #23's Representative wanting to change Resident #23's plan of care for pain management related to medication, and Resident #23 not having an indication for pain medication, a pharmacist medication regimen review note for Resident #26 from May of 2024 recommends currently receiving Morphine 6 times daily. Please evaluate continued need, consider trial taper to 4 times daily, if appropriate. The provider checked the box disagree. There is no rationale that can be located in the medical record for Resident #26 explaining why the physician did not want to change the Morphine order. See F 757 for more information.</p> <p>Resident #23's pain care plan interventions were last revised 10/23/24. There are no care plan revisions that reflect Resident #23's Representative's goal to change Resident #23's morphine order, Resident #23's lack of pain, or the pharmacy's recommendation to taper Resident #23's morphine order.</p> <p>40258</p> <p>2. Per record review Resident #62's activity care plan revised on 4/13/2024 states The resident has little or no activity involvement r/t Anxiety, Depression, Sensory Deprivation unable to leave room, Rarely leaves room, unable to make needs known. Disordered thinking/awareness.</p> <p>Per observations throughout survey Resident #62 was seen sitting in the sunroom conversing with staff, at the nurses station, walking the hall, and sitting in wheelchair in the hall. On 5/6/2024 s/he was observed in the sunroom with no activity from 9:45 until 12:30 PM when lunch was served. At 4:20 PM s/he was sitting in a wheelchair in the hall watching staff and residents walk up and down the hall.</p> <p>Per interview with a Licensed Nursing Assistant (LNA) Resident #62 used to prefer to stay in her/his room before s/he had a fall in March which resulted in a fracture. Since then s/he is more social and feisty now, and you can even understand [her/him] more. S/he enjoys sitting out in the common areas now and even jokes with the staff.</p> <p>Per interview on 5/7/2024 at 4:30 PM the Activities Director said that Resident #62 doesn't really participate in activities but s/he does like to sit and watch. The Activities Director confirmed that Resident #62's care plan had not been updated to reflect that s/he does not stay in her/his room anymore and does attend some activities.</p>		

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<p>F 0757</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure each resident's drug regimen must be free from unnecessary drugs.</p> <p>46135</p> <p>Based on interview and record review, the facility failed to ensure that 1 of 24 applicable residents (Resident #23) remained free from unnecessary medications. Findings include:</p> <p>Per record review, Resident #23 has a physician order for Morphine Sulfate (Concentrate) Oral Solution 20 MG/ML (Morphine Sulfate) Give 0.1 ml by mouth every 4 hours for pain, [shortness of breath]. This dosing and frequency has been consistent for Resident #23 since it was first ordered on 1/9/24 and Resident #23's Medication Administration Record reveals that the morphine has been administered as ordered since 1/9/24. Per record review, a pharmacist medication regimen review note for Resident #26 from May of 2024 recommends currently receiving Morphine 6 times daily. Please evaluate continued need, consider trial taper to 4 times daily, if appropriate. The provider checked the box disagree. There is no rationale that can be located in the medical record for Resident #26 explaining why the physician did not want to change the Morphine order. Review of Resident #23's vitals, Resident #23 has not reported pain since 2/2/24 and there are no nursing staff or provider evaluations of the effectiveness of the use of morphine or a clinical rationale for the continued administration of the morphine a medication based upon an assessment of the resident's condition and therapeutic goals after that date either.</p> <p>Per interview on 5/07/24 at 9:26 AM, Resident #23's Representative stated that s/he is concerned that Residents #23 is unnecessarily medicated with morphine because Resident #23 does not exhibit pain as they did when they were first prescribed it. See F 657 for more information.</p> <p>Per interview with on 5/8/2024 at approximately 2:30 PM, the Nurse Practitioner, who signed the above pharmacy recommendation stated that s/he has worked at the facility less than a month and was not aware that the family wanted Resident #23 to stop taking the morphine but s/he has not had a provider visit with him/her yet and does not know his/her situation.</p> <p>Per interview on 5/8/2024 at approximately 3:50 PM, the Director of Nursing confirmed that since the NP had never seen Resident #23, there was no way that she could disagree with the dose reduction without doing an evaluation of the Resident.</p> <p>Per a follow up interview on 5/9/24 at 2:14 PM, the Nurse Practitioner explained that s/he had reviewed Resident #23's record and confirmed that s/he should attempt a taper of the morphine medication.</p>		

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<p>F 0760</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure that residents are free from significant medication errors.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 46135</p> <p>Based on interview and record review, the facility failed to ensure 1 of 24 sampled resident (Resident #23) are free from significant medication errors. Findings include:</p> <p>Per record review Resident #23 was admitted on [DATE] for rehabilitation following a hospital stay related to a urinary tract infection and sepsis. S/He has diagnoses that include heart failure, pacemaker, chronic pulmonary embolism (a blood clot that forms a blockage in the artery of the lung), and lung cancer.</p> <p>Per interview on 5/07/24 at 9:26 AM, Resident #23's Representative explained that s/he was concerned that Resident #23 did not receive his/her anticoagulant for weeks, around the time when Resident #23 had a significant decline in his/her health. S/He explained that Resident #23 had been seeing a hematologist who had been treating his/her history of blood clots with anticoagulants for a long time. The Representative stated that no one had alerted him/her to the discontinuation of the anticoagulant and s/he became aware that Resident #23 was no longer on an anticoagulant only when s/he was reviewing a list of charges from the facility. When s/he asked the facility staff why Resident #23 was no longer on it, s/he could not get an answer.</p> <p>Per Resident #23's 10/23/23 Transfer of Care note, discharge medications reveal the following order listed under continue, enoxaparin [Lovenox; an anticoagulant, used to prevent and treat blood clots] 120 mg/0.8 mL injection, inject 120 mg into the skin for 90 days. A majority of the medication orders on this discharge list are prescribed for 90 days or have a 90 day supply listed. A 11/1/23 Attending Physician note reveals that related to Resident #23's diagnoses of pulmonary embolism, Resident #23 is currently on Lovenox daily and s/he is being followed by hematology. A 11/30/23 Hematology progress note reveals that Resident #23 is to continue his/her anticoagulant, Lovenox, daily. The physician order for the anticoagulant enoxaparin sodium (Lovenox) ended on 12/14/23 and a new order was never placed. A 12/20/23 Attending Physician note reveals that Resident is currently on chronic anticoagulation therapy and recommendations to monitor blood test periodically for management of anticoagulant use. A review of Resident's Medication Administration Record from December 2023, January 2024, and February 2024 reveal that Resident #23 did not receive Lovenox, or any other anticoagulant for 49 days, from 12/14/23 to 2/2/24. A 2/2/24 nursing note reveals that hematology should be restarted on Lovenox.</p> <p>Per interview on 5/9/24 at approximately 2:30 PM, the Director of Nursing was unable to explain why the order for Lovenox was stopped on 12/14/23.</p> <p>Per interview on 5/9/2024 at 3:46 PM, the Medical Director confirmed that Resident #23's order for Lovenox should not have stopped on 12/14/23.</p>		

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<p>F 0804</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Many</p>	<p>44192</p> <p>Ensure food and drink is palatable, attractive, and at a safe and appetizing temperature.</p> <p>Based on observations, resident interviews, staff interviews, and record review, the facility failed to ensure that food served to Residents is palatable, attractive, and at an appetizing temperature. Findings include:</p> <p>Per observation on 5/6/24 at approximately 12:30 PM, Resident #77 was exerting much energy and struggling to cut a chicken patty served to them for lunch with a metal fork and knife. Resident #77's roommate, Resident #243, was eating the chicken patty uncut with their hands. When asked why they were eating the patty this way, Resident #243 stated that it was difficult to cut and hard as a rock. Resident #243 then proceeded to bang the side of the patty on their bedside table and it made a hard clunking sound.</p> <p>On 5/6/24 at approximately 12:45 PM, this surveyor requested a lunch tray from both the Wing 1 steam table and the dining room steam table. Both trays were prepared after all other resident meals were plated and placed on the last meal cart sent to the units. The test trays were then sampled after the last resident on the last meal cart for each steam table was served. The chicken patty on the Wing 1 test tray was very dry and hard. It took an excessive amount of effort by this surveyor to cut through the patty with a fork and a knife.</p> <p>On 5/6/24 at approximately 1:15 PM, the Administrator was shown the chicken patty served on the Dining Room test tray and observed this surveyor snapping it in half. It was very dry and crumbly on the inside. When asked if the Administrator thought that this was an appetizing or acceptable meal for Residents, the Administrator replied no.</p> <p>For the dinner service on 5/6/24, a test tray was requested from the Wing 1 Steam Table to be prepared after all other resident meals were plated and placed on the last meal cart sent to Wing 1A (the wing where Residents #26, #187, #77, and #243 were residing).</p> <p>Per interview on 5/6/24 at approximately 4:00 PM, Resident #26 stated that the food served to them is cold and gross all the time. The same day at 5:15 PM, Resident #26 was served their dinner meal and stated that it was cold and unappetizing.</p> <p>Per interview and observation on 5/6/24 at approximately 5:30 PM, Resident #187 had a hamburger with French fries served to them in their room. As soon as the resident was served and the plate cover was removed, a surveyor asked if it would be ok if they obtained the temperature of the hamburger with a clean thermometer before they started eating. Resident #187 agreed. Per the obtained temperature, Resident #187's hamburger was served at 91.8 degrees F. The human body typically runs about 98.6 degrees F, so this hamburger would not feel warm to taste. Resident #187 confirmed that the burger was cold and they would not be eating it.</p> <p>The Wing 1A test tray was then sampled at approximately 5:35 PM after the last resident on Wing 1A was served. The hamburger was 106.5 degrees F. At this time, the Administrator confirmed that this was not a palatable temperature for hot foods.</p> <p>(continued on next page)</p>		

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<p>F 0804</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Many</p>	<p>On 5/6/24 at 5:38 PM, the burgers in the Wing 1 steam table had their temperature taken by a surveyor. The burgers were 129.5 degrees F at their hottest point. Dietary Assistant #1, who was working the Wing 1 steam table, stated that hot foods were expected to go into the steam table at temperatures of at least 165 degrees F and be held between 135 and 145 degrees F while on the steam table. However, Dietary Assistant #1 confirmed that they do not take temperatures of foods on the steam table before plating and that they do not carry thermometers with them to the units. Dietary Assistant #1 stated that the steam table has hot water compartments that need to be fully covered by appropriately sized food trays in order to keep the heat in. They explained how this steam table had come up without the proper sized trays, so there was a large gap between trays where steam was escaping and not keeping the food as hot. At this time, the Dietary Manager confirmed that these burgers needed to go back down to the kitchen for reheating to be served at a palatable temperature.</p> <p>On 5/6/24 at approximately 5:40 PM, the burgers in the dining room steam table had their temperature taken by a surveyor. These burgers were 107.5 degrees F at their hottest point. Dietary Assistant #2, who was working the dining room steam table, confirmed that these temperatures were too low for holding food and proceeded to bring them down to the kitchen for reheating. They also confirmed that the dining room steam table was set up the same way as the Wing 1 steam table, allowing for heat to escape between improperly sized food trays in the steam table compartments.</p> <p>Per interview on 5/6/24 at approximately 6:00 PM, the Dietary Manager confirmed that the facility is not consistently serving food to Residents that is palatable, attractive, and at an appetizing temperature.</p>		

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<p>F 0809</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Many</p>	<p>Ensure meals and snacks are served at times in accordance with resident's needs, preferences, and requests. Suitable and nourishing alternative meals and snacks must be provided for residents who want to eat at non-traditional times or outside of scheduled meal times.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY**</b> 44192</p> <p>Based on resident interview and record review, the facility failed to ensure that residents were served a nourishing snack at bedtime when the time between dinner and breakfast the following morning is more than 14 hours. The facility also failed to ensure that the Resident Council agrees to this amount of time between dinner and breakfast the following morning. Findings include:</p> <p>1. Per review of the facility meal schedules, Residents are served breakfast at 8:00 AM and Dinner at 5:00 PM. There are 15 hours that elapse between the dinner meal and the breakfast meal the following morning.</p> <p>Per interview on 5/7/24 at approximately 4:00 PM, the following Residents were interviewed regarding bedtime snacks:</p> <ul style="list-style-type: none"> <li>- Resident #187, admitted on [DATE] with a BIMS (Brief Interview of Mental Status Score) of 13 (cognitively intact), stated that they have never been offered a snack before bed by staff.</li> <li>- Resident #240, admitted on [DATE] with a BIMS of 15 (cognitively intact), stated that they have never been offered a snack before bed by staff.</li> <li>- Resident #82, admitted on [DATE] with a BIMS of 15 (cognitively intact), stated that they have never been offered a snack before bed by staff.</li> <li>- Resident #80, admitted on [DATE] with a recent BIMS of 7 (moderate-high mental impairment) stated that they don't recall being offered a snack before bed since being in the facility.</li> </ul> <p>2. Per resident council meeting on 5/8/24 at 10 AM with resident #'s 15, 18, 50, 51, and 53, all stated that snacks are not offered to residents, they need to ask if they want a snack. Resident #54 stated they are diabetic and are not offered anything to help keep my sugar up throughout the night. They stated that luckily I haven't had any issues with my morning sugars. Surveyor asked the attendees if the staff discussed with them the time frame between the dinner/supper meal to breakfast the following morning. Resident #54 (Resident Council Co-President) stated there has been no discussion with the resident council group or either co-president regarding the length of time between dinner/supper and breakfast the following morning. Several attendee's stated they didn't know there was a regulation specific to the length of time allowed between dinner/supper and breakfast. The regulation was discussed and all attendees again stated this was not discussed with them or brought up at any resident council meeting.</p> <p>Review of Resident Council meeting minutes from 1/2024 - 4/2024 did not reveal any resident rights discussions/education. There are no notes specific to meal times as they relate to the length of time between dinner/supper and the following mornings breakfast.</p> <p>(continued on next page)</p>		

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<p>F 0809</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Many</p>	<p>Interview on 5/8/24 at approximately 1:45 PM with the facility administrator regarding the residents statements specific to snacks not being offered, the administrator stated to their knowledge snacks were being offered and are documented as such by the LNA's (Licensed Nurses Aids) on each residents task sheet in their EHR (Electronic Health Record). The administrator confirmed the dinner/supper meal is more than 14 hours to the next breakfast meal and s/he was not aware whether this had been discussed with resident council.</p>		