

Department of Health & Human Services
Centers for Medicare & Medicaid Services

Printed: 07/30/2026
Form Approved OMB
No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495240	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/06/2026
NAME OF PROVIDER OR SUPPLIER Fredericksburg Health and Rehab		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 Plank Road Fredericksburg, VA 22407	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0557 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Honor the resident's right to be treated with respect and dignity and to retain and use personal possessions. Based on resident interview, staff interview, clinical record review and facility document review, it was determined that the facility staff failed to promote dignity for one of 4 residents in the survey sample, Resident #1. The findings include: For Resident #1 (R1), the facility staff failed to promote dignity. Resident #1 was admitted to the facility with diagnoses that included but were not limited to cerebral infarction (1), hemiplegia (2) and hemiparesis (3) and aphasia (4). On the most recent minimum data set (MDS), a quarterly assessments with an assessment reference date (ARD) of 2/19/2026, the patient's BIMS (brief interview for mental status) score was assessed as ten out of fifteen, indicating moderate impairment for daily decision making. Section G coded R1 as dependent for showering and bathing. Section A coded R1's preferred language as English. On 5/5/2026 at 4:40 PM, an interview was conducted with R1. She stated, He told me I smell like fish. She stated there were two staff, but it was only the male who said she smelled like fish and Made fun of me. When asked she stated she reported the incident to her daughter. A follow-up interview was attempted but the resident was not available. On 5/6/2026 at 10:19 AM, an interview was conducted with CNA #3 (certified nursing assistant). She stated she recalled the incident that occurred with R1. When asked why do you feel R1 made the accusation. She stated because she and CNA #4 were talking in broken English, Creole. On 5/6/2026 at 11:27 AM, an interview was conducted with CNA #4. He stated he recalled the incident that occurred with R1. When asked if he laughed at her or said she smelled like fish, he said No. When asked what happened on that day, he stated that on the way to the shower, his coworker asked him, When are you going to cook us food. He said he told her he picked up fish and on Sunday he was cleaning fish for a couple of hours and he felt that his hands smelled like fish and the fish smell was on him. When asked why do you think R1 made the accusation he stated he did not know why but because of cultural differences sometimes when we speak the residents do not understand us. When asked how you can ensure a resident's dignity, he stated he was educated by his superiors, by not speaking in a foreign language while giving care to residents and being professional. On 5/6/2026 at 12:00 PM, an interview was conducted with LPN #6. When asked what steps were taken to investigate the allegation, she stated she and the director spoke to the R1 regarding the allegation and made sure R1 was safe and they spoke to CNA #3 and #4 and educated them. On 5/6/2024 at 12:05 PM, an interview was conducted with the DON (director of nursing). When asked when were you notified of the allegation and by whom, she stated that the administrator received an email from corporate that notified us. When asked what steps were taken to investigate the allegation, she stated they narrowed it down to those who did showers on that day and were able to narrow it down to the two staff that showered R1. CNA #3 and #4 were called in and interviewed and the male staff was suspended. The DON was asked what actions were taken to prevent such further incidents. She stated they educated the two staff members and all staff not to speak in a different language and not to have personal conversations while taking care of residents as the perception of the resident can play a part in miscommunication. She further stated that she had the CNA #3 and #4 say to her what they were saying in their language at the time they were working with R1, and it was determined that one of the foreign language words could have sounded like R1's name. (continued on next page)		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
--	-------	-----------

Department of Health & Human Services
Centers for Medicare & Medicaid Services

Printed: 07/30/2026
Form Approved OMB
No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495240	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/06/2026
NAME OF PROVIDER OR SUPPLIER Fredericksburg Health and Rehab		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 Plank Road Fredericksburg, VA 22407	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0557 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	On 5/6/2026 at 1:15 PM, an interview was conducted with the Administrator. When asked how were you notified of the allegation and by whom, he stated he was notified by the Regional [NAME] President. He states that R1's daughter sent an email to corporate who then forwarded the email to him. When asked what steps were taken to investigate the allegation, he stated that he got with his team and interviewed R1. He further stated, the male staff was suspended and a facility reported incident was completed. He stated that educational in-services were completed to prevent further such incidents and they have tried to contact R1's daughter but she has not returned any calls. On 5/6/2026 at 1:20 PM, an interview was conducted with the DSS (Director of Social Services) and the SSA (social service assistant). When asked the SSA what was her involvement in the investigation, she stated I collected the resident's statement. When asked if she followed-up with R1, she stated that she had and she provided to the surveyor at approximately 1:40pm R1's Psychosocial Interview Tool, dated 4/29/2026. The DSS added that normally they would follow-up with a resident on the same day if they hear of it. When asked why are psychosocial assessments done, she stated because they do not know the impact an incident will have on a resident. A review of the facility's Resident Rights policy, effective 1/2017, revealed the resident has the right to be fully informed, in a language he or she can understand, of his or her total health status including, but not limited to, his or her medical condition. On 5/7/2026 at 2:40 PM, the Administrator, Director of Nursing, Unit Manager and the Regional Clinical Director were made aware of the concern. No further information was provided prior to exit. Reference:(1) Cerebral infarction- A cerebral infarction occurs as a result of disrupted blood flow to the brain due to problems with the blood vessels that supply it. https://www.news-medical.net/health/Cerebral-Infarction.aspx(2)Hemiplegia- is the loss of muscle function in part of your body. https://medlineplus.gov/paralysis.html(3)Hemiparesis- Hemiparesis is one-sided muscle weakness. https://my.clevelandclinic.org/health/symptoms/24952-hemiparesis(4)Aphasia- Aphasia is a language disorder that makes it hard for you to read, write, and say what you mean to say. Sometimes it makes it hard to understand what other people are saying, too. Aphasia is not a disease. It's a symptom of damage to the parts of the brain that control language. https://medlineplus.gov/aphasia.html		