

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  505009	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED  08/12/2024
NAME OF PROVIDER OR SUPPLIER  Avamere Rehabilitation of Shoreline		STREET ADDRESS, CITY, STATE, ZIP CODE  1250 Northeast 145th Street Seattle, WA 98155	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Immediately tell the resident, the resident's doctor, and a family member of situations (injury/decline/room, etc.) that affect the resident.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 35787</b></p> <p>Based on interview and record review, the facility failed to ensure the primary care physician was notified when medications were not administered for 1 of 3 residents (Resident 1) reviewed for medications. The failure to notify the primary care physician when the medication (Levothyroxine) used to treat an underactive thyroid gland (a gland in the neck that affects heart rate, mood, and energy levels) and a medication (Tropium) used to treat an overactive bladder was not administered placed Resident 1 at risk for a decline in medical condition, skin impairments, and a diminished quality of life.</p> <p>Findings included .</p> <p>A review of the admission Minimum Data Set (MDS-an assessment tool) dated 07/15/2024, showed Resident 1 was admitted to the facility on [DATE] with a diagnosis list that included a thyroid disorder. The MDS also showed the resident had intact thinking and had a loss of bladder control.</p> <p>Interview on 08/06/2024 at 3:03 PM, Resident 1 stated, I missed some days of my thyroid medication and the medication I take to control my bladder. I am afraid my heart will start to beat too fast if I don't get my thyroid medication because that is what has happened before when I did not take it. And I constantly urinate if I don't take my Tropium every day that makes me miserable.</p> <p>A review of the July 2024 Medication Administration Record (MAR) showed an order for Levothyroxine 175 micrograms (one-millionth of a gram) give 1 tablet by mouth one time a day for hypothyroidism (underactive thyroid). The MAR showed on 07/24/2024, and on 07/25/2024, there was the number nine documented [was not given] with staff initials. Further review of the MAR showed an order for Tropium 20 milligrams (a unit of measurement), give 1 tablet by mouth two times a day for overactive bladder. The number nine was documented on 07/24/2024 at 6:30 AM and 8:00 PM, and on 07/25/2024 at 6:30 AM, the number nine was documented both with staff initials.</p> <p>On 08/12/2024 at 12:31 PM, Staff C, Registered Nurse, stated that on 07/24/2024 and 07/25/2024, the number nine meant the medications had not been administered to Resident 1. Staff C stated the primary care physician should have been notified on 07/24/2024 and 07/25/2024 when the medication had not been administered to Resident 1 as ordered. Staff C further stated that Resident 1 could have had side effects if the Levothyroxine was stopped and not given for a while.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>On 08/12/2024 at 1:13 PM, Staff D, Licensed Practical Nurse, stated that the primary care physician should be notified every time a medication was not administered to the residents as ordered in case they needed to change or adjust the medication.</p> <p>On 08/12/2024 at 2:07 PM, Staff B, Director of Nursing Services, stated that the primary care physician should have been notified when the Levothyroxine and Trosipium were not administered as ordered.</p> <p>On 08/12/2024 at 2:13 PM, Staff A, Administrator, stated that the primary care physician should have been notified when the medications were not administered to Resident 1.</p> <p>Reference: (WAC) 388-97-0320</p>		

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<p>F 0760</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure that residents are free from significant medication errors.</p> <p><b>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 35787</b></p> <p>Based on interview and record review, the facility failed to ensure that 1 of 3 residents (Resident 1) was free from a significant medication error. The failure to administer a medication (Levothyroxine) used to treat an underactive thyroid gland (a gland in the neck that affects heart rate, mood, and energy levels) and a medication (Trosipium) used to treat an overactive bladder placed Resident 1 at risk for a decline in medical condition, skin impairments, and a diminished quality of life.</p> <p>Findings included .</p> <p>A review of the admission Minimum Data Set (MDS-an assessment tool) dated 07/15/2024, showed Resident 1 was admitted to the facility on [DATE] with a diagnosis list that included a thyroid disorder. The MDS also showed the resident had intact thinking and had a loss of bladder control.</p> <p>Interview on 08/06/2024 at 3:03 PM, Resident 1 stated, I missed some days of my thyroid medication and the medication I take to control my bladder. I am afraid my heart will start to beat too fast if I don't get my thyroid medication because that is what has happened before when I did not take it. And I constantly urinate if I don't take my Trosipium every day that makes me miserable.</p> <p>A review of the July 2024 Medication Administration Record (MAR) showed an order for Levothyroxine 175 micrograms (one-millionth of a gram) give 1 tablet by mouth one time a day for hypothyroidism (underactive thyroid). The MAR showed on 07/24/2024, and on 07/25/2024, there was the number nine documented [was not given] with staff initials. Further review of the MAR showed an order for Trosipium 20 milligrams (a unit of measurement), give 1 tablet by mouth two times a day for overactive bladder. The number nine was documented on 07/24/2024 at 6:30 AM and 8:00 PM, and on 07/25/2024 at 6:30 AM, the number nine was documented both with staff initials.</p> <p>On 08/12/2024 at 12:31 PM, Staff C, Registered Nurse, stated that on 07/24/2024 and 07/25/2024, the number nine meant the medications had not been administered to Resident 1 and that the medication had run out, the pharmacy was called to deliver the medications but did not deliver until 07/26/2024. Staff C stated that the Trosipium was not given to Resident 1 on 07/24/2024, and 07/25/2024 at 6:30 AM because the medication had run out. Staff C further stated that Resident 1 could have bad side effects if the Levothyroxine was stopped and not given for a while.</p> <p>On 08/12/2024 at 1:13 PM, Staff D, Licensed Practical Nurse, stated that they notified the pharmacy to deliver the medications for the residents when we started to notice the medications were low and close to running out. Staff C further stated that the pharmacy should have delivered the medications before the resident ran out.</p> <p>On 08/12/2024 at 2:07 PM, Staff B, Director of Nursing Services, stated that the Levothyroxine was not administered to Resident 1 on 07/24/2024 and 07/25/2024 and did not receive the Trosipium on 07/24/2024 and the morning dose on 07/25/2024.</p> <p>On 08/12/2024 at 2:13 PM Staff A, Administrator, stated that the omission of medications for Resident 1 was not a good practice.</p> <p>(continued on next page)</p>		

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