

Department of Health & Human Services
Centers for Medicare & Medicaid Services

Printed: 07/30/2026
Form Approved OMB
No. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 505009	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/15/2026
NAME OF PROVIDER OR SUPPLIER Avamere Rehabilitation of Shoreline		STREET ADDRESS, CITY, STATE, ZIP CODE 1250 Northeast 145th Street Seattle, WA 98155	
For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)		
F 0684 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	Provide appropriate treatment and care according to orders, resident's preferences and goals. Based on interview and record review, the facility failed to monitor a resident taking a diuretic (used to help remove extra fluid from the body) medication and failed to notify the provider of weight gain for 1 of 4 residents (Resident 1), reviewed for quality of care. These failures placed residents at risk for unrecognized weight gain, medical complications, and a diminished quality of life. Findings included. Review of the facility's policy titled, Care Plans, Comprehensive Person-Centered, dated July 2025, showed that A comprehensive, person-centered care plan that includes measurable objectives and timetables to meet the resident's physical, psychosocial and functional needs is developed and implemented for each resident. Review of the facility's policy titled, Change in a Resident's Condition or Status, dated 02/2026, showed, Our facility promptly notifies their attending physician of changes in the resident's medical/mental condition and/or status. Review of the face sheet printed on 04/20/2026, showed that Resident 1 had Chronic Right Heart Failure [a long-term condition in which the right side of the heart cannot effectively pump blood to the lungs]. Review of the comprehensive care plan, printed on 04/20/2026, showed that Resident 1 had heart failure with an intervention to monitor/document/report to MD [Medical Doctor]. changes in weight. Review of the March 2026 Medication Administration Record showed an order for Torsemide (a diuretic medication). Review of Resident 1's weights from 02/26/2026 through 03/18/2026, showed that on 02/26/2026 Resident 1 weighed 365 pounds (lbs-a unit of measurement) and on 03/18/2026 they weighed 397.75 lbs (a 32.75 lb weight gain). In an interview on 05/14/2026 at 12:55 PM, Resident 1 stated that they were on a diuretic medication. When asked how the facility monitored Resident 1's diuretic use, Resident 1 stated that pretty much I tell them, if I notice swelling I tell them. Resident 1 further stated that they were supposed to have daily weights, sometimes doesn't [does not] happen. In an interview and joint record review on 05/15/2026 at 10:07 AM, Staff B, Medical Doctor, stated that they expected staff to notify them if a resident was on a diuretic and had a weight gain. A joint record review of Resident 1's weights from 02/26/2026 through 03/18/2026, showed that on 02/26/2026 Resident 1 weighed 365 pounds lbs and on 03/18/2026 they weighed 397.75 lbs. When asked if they had been notified of the weight gain, Staff B stated that they were not coming here at the time, another provider might have mentioned something [in their notes]. A joint record review of the physician notes from 03/06/2026, 03/24/2026, and 03/30/2026 showed no documentation that the physician had been notified of Resident 1's weight gain. Staff B stated that the other physician did not mention anything. Staff B further stated that if they had known about the weight gain they would have sent her to the hospital and they could treat here with more things at the hospital. In an interview on 05/15/2026 at 10:50 AM, Staff C, Registered Dietician, stated that they were responsible for monitoring resident weights along with, the doctor and nursing. Staff C stated that they do monthly weight reports for all residents and if there was a significant weight change, they would notify the physician. A joint record review of Resident 1's weights from 02/26/2026 through 03/18/2026, showed that on 02/26/2026 Resident 1 weighed 365 pounds lbs and on 03/18/2026 they weighed 397.75 lbs. Staff C stated that yes, it was a significant change. Staff C further stated that they were not aware of Resident 1's weight gain and didn't [did not] tell the provider. In an interview on 05/15/2026 at 11:29 AM, Staff D, Licensed Practical Nurse, stated that they monitored residents on (continued on next page)		

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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F 0684 Level of Harm - Minimal harm or potential for actual harm Residents Affected - Few	diuretics by taking their weight and we should have orders to check the weight. Staff D stated that they would let the doctor know if there was a change in a resident's weight. Staff D stated that they followed care plans and physician orders. Staff D stated that Resident 1 was on a diuretic for heart failure and was monitored by taking weights. A joint record review of Resident 1's weights from 02/26/2026 through 03/18/2026, showed that on 02/26/2026 Resident 1 weighed 365 pounds lbs and on 03/18/2026 they weighed 397.75 lbs. Staff D stated that that was pretty much a 30 pound weight increase. Staff D further stated that they would let the doctor know if a resident's weight increased that much. In an interview and joint record review on 05/15/2026 at 12:03 PM, Staff E, Resident Care Manager, stated that if a resident had a significant change in their weight they expected staff to come to me and talk to the doctor. Staff E stated that they expected staff to follow care plans. Staff E stated that Resident 1 was on Torsemide for heart failure and stated that she should still be on daily weights. A joint record review of Resident 1's weights from 02/26/2026 through 03/18/2026, showed that on 02/26/2026 Resident 1 weighed 365 pounds lbs and on 03/18/2026 they weighed 397.75 lbs. Staff E stated that it was like a 30 pound weight gain and that it was way more than [a] significant change in weight. A joint record review of Resident 1's progress notes showed no documentation that the physician was notified. Staff E stated that they [nursing] should have notified the doctor and written a progress note. A joint record review of Resident 1's comprehensive care plan, showed that Resident 1 had heart failure and an intervention to monitor/document/report to MD [Medical Doctor]. changes in weight. Staff E stated that they expected staff to follow the care plan. In an interview on 05/15/2026 at 12:49 PM, Staff A, Interim Director of Nursing, stated that they absolutely expected staff to follow care plans. Staff A stated that they expected staff to talk to the physician if a resident was on a diuretic and had a significant weight gain. A joint record review of Resident 1's weights from 02/26/2026 through 03/18/2026, showed that on 02/26/2026 Resident 1 weighed 365 pounds lbs and on 03/18/2026 they weighed 397.75 lbs. Staff A stated that expected staff to follow the care plan and notify the physician of Resident 1's weight gain. Reference: (WAC) 388-97-1060 (1).		