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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 505217 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 04/23/2025 |
| NAME OF PROVIDER OR SUPPLIER Avamere Rehabilitation at Ridgemont | | STREET ADDRESS, CITY, STATE, ZIP CODE 2051 Pottery Avenue Port Orchard, WA 98366 | |

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

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| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) |
| <p>F 0690</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p> | <p>Provide appropriate care for residents who are continent or incontinent of bowel/bladder, appropriate catheter care, and appropriate care to prevent urinary tract infections.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 46068</p> <p>Based on interview and record review, the facility failed to ensure residents with indwelling catheters (a flexible tube inserted into the bladder through the urethra to drain urine) were assessed for catheter removal and coordination with urology occurred timely for 1 of 3 residents (Resident 1) reviewed for urinary catheters. These failures placed residents at risk for unnecessary catheterization, urinary tract infections, and a decreased quality of life.</p> <p>Findings included .</p> <p>Resident 1 was admitted to the facility on [DATE] with diagnoses including stroke and kidney disease. The Minimum Data Set (MDS), an assessment tool, dated 04/11/2025, showed the resident was severely cognitively impaired, dependent for activities of daily living and had indwelling urinary catheter.</p> <p>On 04/10/2025 at 2:12 PM, Collateral Contact 1 (CC 1), said they had expressed ongoing concerns about Resident 1's catheter. CC1 said the urine in the catheter bag was frequently red in color and there was sludge (mixture of solid and liquids) in the bag too. CC1 said they had brought it to the attention of the facility staff for a couple of weeks. CC1 said they were frustrated with the facility's lack of response to their concerns regarding the urine and catheter, so they contacted the Urology (medical specialty focused on the urinary tract) office to request an appointment.</p> <p>Resident 1's care plan, dated 08/19/2024, showed the resident had an indwelling catheter for obstructive uropathy (a blockage in the urinary tract obstructs the flow of urine).</p> <p>Resident 1's medical provider notes showed the following:</p> <p>12/27/2024- Today I noted recurring hematuria (blood in urine) associated with the indwelling catheter. No catheter tugging noted on examination of the foley. Requested clarification regarding urologic follow-up status through the nursing staff.</p> <p>01/10/2025- Physical exam- Has foley catheter draining reddish colored urine. Assessment-Hematuria, a recurrent problem, has a permanent indwelling foley. Requested clarification regarding urologic follow-up status through the nursing staff.</p> <p>(continued on next page)</p> |

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE | TITLE | (X6) DATE |
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| <p>F 0690</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p> | <p>01/27/2025- Physical exam- Has foley catheter draining reddish colored urine. Assessment-Hematuria, a recurrent problem, has a permanent indwelling foley. Requested clarification regarding urologic follow-up status through the nursing staff. Hematuria, follow up with urology.</p> <p>01/30/2025- Physical exam- Has foley catheter draining reddish colored urine. Assessment-Hematuria, a recurrent problem, has a permanent indwelling foley. Requested clarification regarding urologic follow-up status through the nursing staff. Hematuria, follow up with urology.</p> <p>01/31/2025- Physical exam- Has foley catheter draining reddish colored urine. Assessment-Hematuria, a recurrent problem, has a permanent indwelling foley. Requested clarification regarding urologic follow-up status through the nursing staff. Urology follow up as scheduled or directed.</p> <p>02/04/2025- Physical exam- Has foley catheter draining reddish colored urine. Assessment-Hematuria, a recurrent problem, has a permanent indwelling foley. Requested clarification regarding urologic follow-up status through the nursing staff. Urology follow up as scheduled or directed.</p> <p>02/18/2025- Physical exam- Has foley catheter draining reddish colored urine. Assessment-continue indwelling foley catheter, urology follow up as scheduled or directed.</p> <p>03/18/2025- Physical exam- Has foley catheter draining reddish colored urine. Assessment-continue indwelling foley catheter, urology follow up as scheduled or directed.</p> <p>03/25/2025- spoke with the resident's daughter, concern that he does not need a foley catheter. In reviewing the notes, a foley catheter was placed in the hospital due to severe diaper rash and since left the hospital and was placed on hospice was left in place. However, several months later he graduated from hospice, and they did not discuss foley removal at that time.</p> <p>Resident 1's progress notes, dated 03/25/2025, showed the facility had spoken to the resident's daughter and urology and an appointment was scheduled for 04/16/2025. The note showed the Urologist wanted the catheter changed prior to the appointment and a urinalysis (urine test for infection) obtained.</p> <p>Review of Resident 1's electronic medical records on 04/23/2025, showed no documentation of communication and/or follow-up with the urology office prior to 03/25/2025.</p> <p>Resident 1's progress note, dated 03/31/2025, showed the facility staff changed the resident's catheter and the urine was red. The note showed the resident was sent to the emergency room .</p> <p>Resident 1's hospital records, dated 04/07/2025, showed the resident was brought to the emergency room with hematuria after replacing a foley. Records showed the resident with diagnosis of catheter associated urinary tract infection. The records showed the resident received intravenous (medication administered through the vein) antibiotics (medication to treat infection) in the hospital.</p> <p>(continued on next page)</p> | | |

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| <p>F 0690</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p> | <p>On 04/23/2025 at 12:28 PM, Staff A, Director of Nursing, said the facility reviewed indication for indwelling catheters at least quarterly. Staff A said they would expect a resident with an indwelling catheter to have a medical indication for use and attempts to remove the catheter and proceed with voiding trials unless medically contraindicated. Staff A said after reviewing Resident 1's medical records the resident was sent to the hospital in August of 2024 and the hospital placed an indwelling catheter. Staff A said when the resident returned to the facility they were placed on hospice and the catheter was left in place. Staff A said the resident came off hospice in December of 2024. Staff A said there was no documentation the facility assessed the resident for removal of the catheter and/or consulted with urology. Staff A said if the provider assessed the resident and requested clarification from nursing regarding urologic follow up, it should have occurred.</p> <p>Reference WAC 388-97-1060 (3)(c)</p> |