

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 505318	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/08/2024
NAME OF PROVIDER OR SUPPLIER Life Care Center of Skagit Valley		STREET ADDRESS, CITY, STATE, ZIP CODE 1462 West State Route 20 Sedro Woolley, WA 98284	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide appropriate treatment and care according to orders, resident's preferences and goals.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 36841</p> <p>Based on observation, interview and record review, the facility failed to ensure 3 of 4 residents (Resident 1, 2, and 3) reviewed received care and treatment in accordance with professional standards of practice and received the necessary care and services to attain or maintain their highest practicable level of well-being. The facility failed to maintain resident's fingernails in satisfactory condition to prevent injury, hygiene, discomfort, and respect for the resident's preferences. Failure to provide adequate care for resident's fingernails placed all residents at risk of injury, discomfort, discomfort, and frustration.</p> <p>Findings included .</p> <p>Review of facility's policy titled, Nail Care, revised on 08/23/2023, showed fingernails were to be kept clean and trimmed to avoid injury or infection.</p> <p><RESIDENT 1></p> <p>Resident 1 admitted to the facility on [DATE] with diagnoses to include depression, anxiety, and contractures.</p> <p>Review of Annual Minimum Data Set (MDS - an assessment tool) assessment, dated 01/24/2024 showed, Resident 1 was dependent and extensive assist for most mobility and activities of daily living (ADL - included activities such as dressing, transfers, bed mobility, walking/locomotion, bathing personal hygiene, toileting and eating).</p> <p>In an interview and observation on 04/19/2024 at 3:20 PM, Resident 1 stated a week or two ago their fingernails were so long they were digging into their palms. Resident 1 stated they kept trying to get staff to trim their nails, but it took numerous days until finally Staff A, Activity Director, filed them. Resident 1 stated because their hands were stuck in fists positions because of her illness, their nails dug into their hands, causing a lot of pain. Observations of Resident 1's fingernails revealed they were currently clean and filed. Both of their hands had contractures (a fixed tightening of muscle, tendons, ligaments, or skin. It prevents normal movement of the associated body part.)</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>On 05/07/2024 at 1:12 PM, Staff A stated they recalled last month they observed Resident 1's fingernails were quite long and were definitely bothering her. Staff A stated Resident 1's fingernails were digging into the palms of their hands. Staff A stated the nails had not yet caused skin to break open, but their skin was reddened, they could see and feel callouses forming in their palms and were causing the resident a lot of discomfort. Staff A stated Resident 1 and someone who came in and provided supportive care for Resident 1 informed them they had asked nursing staff to cut their nails, but they had not done so. Staff A said two or three days later Resident 1 had still been complaining of their fingernails causing discomfort and since they had some free time, they filed them down.</p> <p><RESIDENT 2></p> <p>Resident 2 admitted to the facility on [DATE]. Review of Resident 2's Annual MDS assessment, dated 03/15/2024, showed they were dependent on staff for most of their ADL's.</p> <p>Observation and interview on 05/07/2024 at 2:40 PM Resident 2 was observed to have what appeared to be partial contractures of their hands. Fingernails were long and a few of their nails jagged edges with sharp areas. The resident's cuticles were dirty, and some fingernails had debris caked under them. When asked if they preferred their fingernails long, Resident 2 stated No, they don't cut them; I tell them to cut my nails, but they just file them. I want them cut.</p> <p><RESIDENT 3></p> <p>Resident 3 admitted to the facility on [DATE] with diagnoses to include heart failure and depression.</p> <p>Review of Resident 3's Quarterly MDS assessment, dated 02/08/2024, showed the resident was dependent upon staff for hygiene and required maximum assist for mobility and most of their ADL's.</p> <p>In an interview and observation on 05/07/2024 at 1:42 PM, Resident 3 stated staff had not been keeping up on care of their fingernails. The resident stated, Thursday I have to get them to cut my nails, not just file them. I don't like them long; I want them cut. I tell them to cut them, and they won't. Resident 3's fingernails were long, with what appeared to be old polish on them. Their cuticles appeared dirty and appeared to have debris under most nails.</p> <p>In an interview on 05/07/2024 at 2:00 PM Staff C, Registered Nurse, stated it was the Nursing Assistant's (NA's) responsibility to trim resident nails unless the residents were diabetic or took blood thinners. Nurses were responsible for nail care for the diabetics and those on blood thinners. Staff C stated the expectation was that all resident's nails were to be kept trimmed and clean.</p> <p>In an interview on 05/07/2024 at 2:40 PM, Staff B, Licensed Practical Nurse, stated the NA's usually trimmed and filed resident fingernails unless they were diabetic or on blood thinner medications. Staff B stated they had usually taken care of Resident 1's nails. Staff B stated nail care was usually on the resident's treatment administration record if their nail care was to be done by a nurse. Staff B stated if a resident's nails looked bad, they would do extra care and stated the expectation was that resident's nails were to be kept clean and trimmed.</p> <p>In an interview on 05/07/2024 at 3:00 PM, Staff D, NA, stated they were not aware NA's were responsible for trimming resident's fingernails.</p> <p>(continued on next page)</p>		

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