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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 555318 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 08/16/2024 |
| NAME OF PROVIDER OR SUPPLIER Villa Rancho Bernardo Care Center | | STREET ADDRESS, CITY, STATE, ZIP CODE 15720 Bernardo Center Drive San Diego, CA 92127 | |

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

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| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) |
| <p>F 0760</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p> | <p>Ensure that residents are free from significant medication errors.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 48263</p> <p>Based on interview and record review, the facility failed to ensure one medication was administered without error for one resident (1). As a result, Resident 1 was administered amlodipine (antihypertensive; medication used to treat high blood pressure; medication helps to lower the blood pressure) outside of the parameter (guideline/instruction) ordered by the physician.</p> <p>This failure had the potential to further lower Resident 1's blood pressure.</p> <p>Findings:</p> <p>Resident 1 was admitted to the facility on [DATE] with diagnoses which included a history of systolic heart failure (serious condition that occurs when the heart's left ventricle [one of the two chambers at the bottom of the heart that pump out blood] is weak and cannot contract normally), per the facility's Admission Record.</p> <p>A record review of Resident 1's Minimum Data Set (MDS- nursing assessment tool that is used to develop a plan of care) dated 6/28/24, indicated a Brief Interview for Mental Status (BIM- developed by reviewing the resident's status during the prior seven day period) score of 6 points out of 15 possible points, which indicated Resident 1 had severe cognitive (pertaining to memory, judgement and reasoning ability) deficits.</p> <p>A review of Resident 1's clinical record was conducted.</p> <p>Resident 1's physician's orders dated 6/27/24, included an order for Resident 1 to be administered Amlodipine Besylate (antihypertensive medication) Oral Tablet 5 mg (milligrams) give 1 tablet by mouth one time a day for HTN (hypertension; high blood pressure) hold (do not administer/do not give) for SBP [systolic blood pressure] < [less than] 110.</p> <p>Resident 1's Medication Administration Record (MAR) dated June 2024 indicated that on 6/27/24 at 9 A.M., licensed nurse (LN) 1 administered Amlodipine 5 mg to Resident 1. Per this record, Resident 1's blood pressure reading was 104/69.</p> <p>(continued on next page)</p> |

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE | TITLE | (X6) DATE |
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| <p>F 0760</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p> | <p>On 8/16/24 at 11:53 A.M., an interview was conducted with LN 1. LN 1 stated that prior to administering antihypertensive medications, vital signs such as blood pressure (BP) would need to be checked. LN 1 stated If it's pretty low according to the parameters we will hold (not administer) the medications because we don't want to make the blood pressure lower . and (we would) notify the MD (physician) . LN 1 acknowledged that based on Resident 1's MAR dated 6/27/24, a BP of 104/69 indicated LN 1 had administered the Amlodipine (antihypertensive medication) to Resident 1. LN 1 stated that she should have held the Amlodipine medication and not have administered it to Resident 1 due to the parameters and the MD order that indicated to hold the amlodipine if Resident 1's SBP was <110. LN 1 stated, .Complications from the amlodipine may further decrease the blood pressure of the patient .it could cause problems like dizziness, bradycardia [slow heart rate] and worse thing could be loss of consciousness and decreased circulation . serious side effects can arise. I do understand the seriousness of this medication error.</p> <p>An interview with the director of nursing (DON) was conducted on 8/16/24 at 12:08 P.M. The DON stated that her expectations was for the nurses to follow the medication orders and check the parameters. The DON stated, The nurses should (also) make the determination to administer medications according to the policy and procedures.</p> <p>The facility policy and procedure titled, MEDICATION ADMINISTRATION, revised, 12/19/22 indicated, . Policy Explanation and Compliance Guidelines .8. Obtain and record vital signs, when applicable or per physician orders. When applicable, hold medication for those vital signs outside the physician's prescribed parameters .</p> |