

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 555579	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/09/2025
NAME OF PROVIDER OR SUPPLIER Ararat Nursing Facility		STREET ADDRESS, CITY, STATE, ZIP CODE 15099 Mission Hills Road Mission Hills, CA 91345	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0550</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Honor the resident's right to a dignified existence, self-determination, communication, and to exercise his or her rights.</p> <p>43497</p> <p>Based on interview and record review, the facility failed to ensure one of three sampled residents, Resident 1, had the right to be treated with dignity and respect by Restorative Nurse Assistant 1 (RNA 1) who was heard by Visitor 1 (V 1) telling Resident 1, Do you want to end up in the grave like your wife? This deficient practice placed Resident 1 at risk of feeling sad, hopeless or humiliated.</p> <p>Findings:</p> <p>During a review of Resident 1's Admission Record, the Admission Record indicated the facility admitted Resident 1 on 11/16/2023 with diagnoses including atrial fibrillation (an irregular, often rapid heart rate), chronic obstructive pulmonary disease (a group of lung disease that block airflow), and dementia (loss of memory).</p> <p>During a review of Resident 1's Minimum Data Set (MDS - a resident assessment and care screening tool), dated 2/24/2025, the MDS indicated Resident 1 had severely impaired cognition (mental action or process of acquiring knowledge and understanding) for daily decision making. The MDS indicated Resident 1 required maximal assistance (helper does more than half the effort) with activities of daily living (ADLs - routine tasks/activities such as bathing, dressing, and toileting a person performs daily to care for themselves).</p> <p>During a review of Resident 1's Psychologist's (person who specializes in the treatment of mental, emotional, and behavioral disorders) Progress Notes (detailed records of a resident's therapy sessions [structure meetings with a trained professional]), dated 4/7/2025, the Progress Notes indicated Resident 1 presented with anxious mood/affect (is characterized by feelings of apprehension, worry, and unease often involving restlessness, difficulty concentrating, and a sense of impending danger). The Progress Notes indicated the Psychologist assessed Resident 1's because of an allegation that a staff made insensitive comments to Resident 1. The Progress Notes indicated that during the session Resident 1 denied any knowledge of such an incident and did not appear to recall any related events. Affect (refers to the outward expression of an emotion, like a facial expression or tone of voice) was calm and mood (the underlying internal state or feeling that persists over time) appeared anxious with Resident 1 stating, Some days I'm good and other days I'm not. The Progress Notes indicated Resident 1 may benefit from psychotherapy (also known as talk therapy, is a form of treatment that involves a trained mental health professional working with an individual to improve their mental health and well-being) to decrease anxiety.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0550</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During an interview with the ADON on 4/9/2025 at 1 p.m., the ADON stated one day (did not remember the date) V 1, who was visiting another resident, reported to him (ADON) hearing RNA 1 telling Resident 1, Do you want to end up in the grave like your wife? V 1 told the ADON the incident happened a couple of months prior but did not provide a specific date and occurred while Resident 1 was sitting in front of the Physical Therapy (PT) room. The ADON stated V 1 did not report the incident right away due to fear of retaliation (an act of revenge). The ADON stated the facility terminated RNA 1's employment.</p> <p>During an interview with Licensed Vocational Nurse (LVN) 1 on 4/9/2025 at 3:28 p.m., LVN 1 stated that it was on 4/3/2025 when V 1 reported to the ADON that he (V 1) heard RNA 1 telling Resident 1, Do you want to end up in the grave like your wife?</p> <p>During a telephone interview with V 1 on 4/9/2025 at 3:47 p.m., V 1 stated he (V 1) heard RNA 1 telling Resident 1, Do you want to end up in the grave like your wife? V 1 stated he was visiting a different resident and did not know the specific date. V 1 stated that comment from RNA 1 to Resident 1 was very inappropriate.</p> <p>During a review of the facility's policy and procedure (P&P) titled, Resident Rights, revised on 5/1/2023, the P&P indicated, To promote and protect the rights of all residents at the Facility. All residents have a right to a dignified existence</p> <p>During a review of the facility's P&P titled, Resident Rights - Quality of Life, revised 5/1/2023, the P&P indicated, To ensure that all residents are treated with the level of dignity they are entitled to while residing at the facility. Each resident shall be cared for in a manner that promotes and enhances the quality of life, dignity, respect and individuality.</p>		