

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 555740	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 05/01/2025
NAME OF PROVIDER OR SUPPLIER Vista Real Post Acute		STREET ADDRESS, CITY, STATE, ZIP CODE 1665 East Eighth Street Beaumont, CA 92223	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide appropriate treatment and care according to orders, resident's preferences and goals.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 44270</p> <p>Based on observation, interview, and record review, the facility failed for one of three residents reviewed (Resident 2) when reports of food intake below 50% on multiple occasions were not properly communicated to nursing staff, physician (MD), and registered dietitian (RD).</p> <p>This failure had the potential to negatively affect Resident 2 ' s nutritional status and overall medical status.</p> <p>Findings:</p> <p>On April 2, 2025, at 11:10 a.m. an interview was conducted with Resident 2. Resident 2 was alert and lying in bed. Resident 2 stated he did not like his diet, was not provided alternate food, and was losing weight.</p> <p>On April 2, 2025, at 11:40 a.m. a lunch observation was conducted with Resident 2. Resident 2 was observed sitting up to the side of the bed with full plate of food. Lunch observation showed uneaten meat, potatoes, and peas. Resident 2 stated, the meat was too salty and the vegetables were not good. Resident 2 stated, the staff were aware he would not eat it.</p> <p>On April 2, 2025, at 11:55 a.m. observed Certified Nursing Assistant (CNA) 1 enter the room of Resident 2, collected the tray without offering an alternative.</p> <p>On April 2, 2025, at 11:58 a.m. a follow up interview was conducted with Resident 2. Resident 2 stated he informed CNA 1 that he did not want to eat his meal and CNA 1 did not offer him an alternative.</p> <p>On April 2, 2025, at 12:01 p.m. an interview was conducted with CNA 1. CNA 1 stated if a resident refused to eat a meal, an alternative should be offered and that refusals should be reported to the charge nurse.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>On April 2, 2025, at 12:40 p.m. an interview was conducted with Licensed Vocational Nurse (LVN 1). LVN 1 stated she was assigned to Resident 2 today. She stated she was informed at approximately 12:35 p.m. today that Resident 2 refused his lunch meal. She stated she would document the refusal in the medical record, record the intake, and offer a supplement alternative such as a protein shake. LVN 1 stated she should be informed of refused meals no later than one hour after the refusal so alternatives could be offered but that there was no specific policy that she was aware of regarding the time frame. LVN 1 stated a progress note should be written to reflect any meals with less than 50% consumption, an alternative should be offered and the physician and kitchen made aware.</p> <p>On April 2, 2025, Resident 2 ' s record was reviewed. Resident 2 was admitted to the facility on [DATE], with diagnosis which included Schizophrenia (mental health disorder).</p> <p>A review of Resident 2 ' s History and Physical Examination , dated January 17, 2025, indicated has the capacity to understand and make decisions.</p> <p>A review of Resident 2's Minimum Data Set (an assessment tool), dated January 27, 2025, indicated Resident 2 had a Brief Interview of Mental Status (a cognitive screening tool used to assess the mental state of residents) Score of 12 (moderately impaired).</p> <p>A review of the document titled, special diets undated, indicated .special diets .regular .notes .resident likes grilled cheese if he refuses meal .alerts (blank) .dislikes (blank).</p> <p>A review of the documents titled Activity/Residents Requests indicated, there was no documented evidence Resident 2 received an alternative menu item during the breakfast and lunch meal percentage intake found to be less then 50%.</p> <p>A review of the IDT weekly weight nutrition note dated February 19, 2025 indicated, .current weight: 134 lbs (pounds-a unit of measurement) .IBWR (ideal body weight) 139 -166 lbs .</p> <p>A review of Resident 2 ' s intake and output for the month of March 2025 indicated the following:</p> <ul style="list-style-type: none"> - March 1, 2025, amount eaten 25%-50% lunch. - March 4, 2025, amount eaten 25%-50% lunch. - March 10, 2025, amount eaten 25%-50% lunch. - March 17, 2025, amount eaten 25%-50% breakfast. - March 18, 2025, amount eaten 0-25% breakfast and lunch - March 25, 2025, amount eaten 0-25% lunch. - March 28, 2025, amount eaten 25%-50% lunch. - March 29, 2025, amount eaten 25%-50% lunch . <p>(continued on next page)</p>		

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<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>A further review of Resident 2's medical record, indicated, there was no documentation the meal percentage below 50% was reported to the nurse, the medical doctor (MD), or the Registered Dietitian (RD). In addition, there was no documented evidence a care plan was developed to provide interventions regarding Resident 2's meal refusals.</p> <p>On April 2, 2025, at 4:17 p.m., an interview and record review were conducted with the Director of Nursing (DON). The DON stated, she was not aware that Resident 2 consumed less than 50% on March 1, 4, 6, 10, 17, 18, 25, 28, and 29, 2025, and the nurses should have documented the refusals, offered alternatives, and alerted her. The DON stated, she should have been made aware by the nurses and a meeting should have been conducted to provide interventions to prevent weight loss. The DON stated, the RD was present in the facility every Wednesday and during the monthly IDT meetings.</p> <p>On April 7, 2025, at 10:39 a.m. an interview and record review was conducted with the Registered Dietitian (RD). The RD stated she was not made aware of Resident 2's inadequate intakes on March 1, 4, 6, 10, 17, 18, 25, 28, and 29, 2025. The RD stated she was present in the facility every Wednesday of the week and during the IDT monthly weight variance meetings. The RD stated she was not made aware of any preference changes or refusals prior to April 2, 2025. The RD further stated she could have provided prevention interventions earlier if informed.</p> <p>A review of the facility policy and procedure titled, Food and Nutrition Services dated 2001, indicated, Each resident is provided with a nourishing, palatable, well-balanced diet that meets his or her daily nutritional and special dietary needs, taking into consideration the preferences of each resident .Nursing personnel .will evaluate (and document as indicated) food and fluid intake of residents with, or at risk for, significant nutritional problems .variations from usual eating or intake patterns will be recorded in the resident ' s medical record and brought to the attention of the nurse . a nurse will evaluate the significance of such information and report it, as indicated, to the attending physician and dietitian .</p>		