

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 555822	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 04/18/2024
NAME OF PROVIDER OR SUPPLIER Canyon Oaks Nursing and Rehabilitation Center		STREET ADDRESS, CITY, STATE, ZIP CODE 22029 Saticoy Street Canoga Park, CA 91303	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Immediately tell the resident, the resident's doctor, and a family member of situations (injury/decline/room, etc.) that affect the resident.</p> <p>49135</p> <p>Based on interview and record review, the facility staff failed to notify the physician immediately of a change in condition (when there is a sudden change in a resident's health) for one of six sampled residents (Resident 1) when Resident 1 had an episode of elevated blood pressure (pressure of circulating blood against the walls of blood vessels, normal range less than 120/80 millimeters of mercury [mmHg - unit of measure]) result of 193/93 on 3/28/2024.</p> <p>This deficient practice had the potential to cause a delay of obtaining appropriate medical treatment and interventions for the resident which could have resulted in a negative impact to his overall physical well-being.</p> <p>Findings:</p> <p>A review of Resident 1's Admission Record indicated the facility admitted the resident on 2/13/2024 with diagnoses that included cerebral infarction (stroke, occurs as a result of disrupted blood flow to the brain due to problems with the blood vessels that supply it), atrial fibrillation (irregular heartbeat), and hypertensive heart disease (refers to heart problems that occur because of high blood pressure that is present over a long time) with heart failure (a condition that develops when your heart doesn't pump enough blood for your body's needs).</p> <p>A review of Resident 1's Minimum Data Set (MDS, a standardized assessment and care screening tool), dated 2/19/2024, indicated that Resident 1's cognitive (relating to the mental process involved in knowing, learning, and understanding things) skills for daily decision making was moderately impaired. The MDS further indicated Resident 1 required moderate assistance from staff with toileting and dressing.</p> <p>A review of Resident 1's Physician's Order dated 2/14/2024 indicated to administer Cardizem LA (a medication used to treat hypertension [high blood pressure] extended release tablet 180 milligram (mg-unit of measure) one tablet my mouth one time a day for hypertension, hold if systolic blood pressure (first number, indicates how much pressure your blood is exerting against your artery walls when the heart contracts) is less than (<) 110.</p> <p>A review of Resident 1's Medication Administration Record (MAR - a report detailing the medications administered to a resident) for 3/2024 indicated on 3/28/2024 at 9:00 a.m. Resident 1's BP was 193/93 and received Cardizem LA 180 mg one tablet my mouth.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0580</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>During a concurrent interview and record review on 4/18/2024 at 1:30 p.m. with the Director of Nursing (DON), Resident 1's MAR for 3/2024 and Resident 1's progress notes from 3/28/2024 to 3/29/2024 were reviewed. The DON stated there was no documented evidence found Resident 1's physician was notified of Resident 1's elevated BP reading of 193/93. The DON further stated there was no documented evidence a Change of Condition Form was completed on 3/28/2024. The DON stated the licensed nurse should have notified Resident 1's physician on 3/28/2024 upon identifying Resident 1's elevated BP of 193/93. The DON stated a Change of Condition Form should have also been completed by the licensed nurse to address Resident 1's elevated BP because unreported changes in resident's condition can lead to serious outcome such as stroke if the high blood pressure remains untreated and unmanaged.</p> <p>A review of the facility's policy and procedure titled Change in a Resident's Condition or Status last reviewed on 7/19/2023, indicated it is the facility's policy to promptly notify the resident, his or her attending physician and the resident representative of changes in the resident's medical condition and/or status.</p>		

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<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Provide appropriate treatment and care according to orders, resident's preferences and goals.</p> <p>49135</p> <p>Based on interview and record review, the facility staff failed to re-check and monitor a change in condition (when there is a sudden change in a resident's health) for one of six sampled residents (Resident 1) when Resident 1 had an episode of elevated blood pressure (pressure of circulating blood against the walls of blood vessels, normal range less than 120/80 millimeters of mercury [mmHg - unit of measure]) result of 193/93 on 3/28/2024.</p> <p>This deficient practice placed Resident 1 at risk for further episodes of elevated blood pressure due to not receiving appropriate medical treatment and intervention immediately (with no delay).</p> <p>Findings:</p> <p>A review of Resident 1's Admission Record indicated the facility admitted the resident on 2/13/2024 with diagnoses that included cerebral infarction (stroke, occurs as a result of disrupted blood flow to the brain due to problems with the blood vessels that supply it), atrial fibrillation (irregular heartbeat), and hypertensive heart disease (refers to heart problems that occur because of high blood pressure that is present over a long time) with heart failure (a condition that develops when your heart doesn't pump enough blood for your body's needs).</p> <p>A review of Resident 1's Minimum Data Set (MDS, a standardized assessment and care screening tool), dated 2/19/2024, indicated that Resident 1's cognitive (relating to the mental process involved in knowing, learning, and understanding things) skills for daily decision making was moderately impaired. The MDS further indicated Resident 1 required moderate assistance from staff with toileting and dressing.</p> <p>A review of Resident 1's Physician's Order dated 2/14/2024 indicated to administer Cardizem LA (a medication used to treat hypertension [high blood pressure] extended release tablet 180 milligram (mg-unit of measure) one tablet my mouth one time a day for hypertension, hold if systolic blood pressure (first number, indicates how much pressure your blood is exerting against your artery walls when the heart contracts) is less than (<) 110.</p> <p>A review of Resident 1's Medication Administration Record (MAR - a report detailing the medications administered to a resident) for 3/2024 indicated on 3/28/2024 at 9:00 a.m. Resident 1's BP was 193/93 and received Cardizem LA 180 mg one tablet my mouth.</p> <p>During a concurrent interview and record review on 4/18/2024 at 1:30 p.m. with the Director of Nursing (DON), Resident 1's MAR for 3/2024 and Resident 1's progress notes from 3/28/2024 to 3/29/2024 were reviewed. The DON stated there was no documented evidence found indicating Resident 1's BP was re-checked and monitored 30 minutes to an after hour administering Cardizem LA to determine if the medication was effective and BP is getting better. The DON stated it is important to address Resident 1's elevated BP of 193/93, monitor changes or fluctuations in the resident's BP and document in the clinical record because unreported changes in resident's condition can lead to serious outcome such as stroke if the high blood pressure remains untreated and unmanaged.</p> <p>(continued on next page)</p>		

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<p>F 0684</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>A review of the facility's policy and procedure titled Hypertension - Clinical Protocol last reviewed on 7/19/2023, indicated the staff and physician will identify individuals with poorly controlled hypertension. It is desirable to monitor and to report trends or patterns in blood pressure over a period of time. Isolated blood pressure elevations may warrant additional monitoring. In addition, the nurse shall assess and document the vital signs (measurements of the body's most basic functions including blood pressure, heart rate, breathing rate and temperature).</p>		