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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 555831 | (X2) MULTIPLE CONSTRUCTION A. Building B. Wing | (X3) DATE SURVEY COMPLETED 06/14/2024 |
| NAME OF PROVIDER OR SUPPLIER Herman Health Care Center | | STREET ADDRESS, CITY, STATE, ZIP CODE 2295 Plummer Avenue San Jose, CA 95125 | |

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

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| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information) |
| <p>F 0755</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p> | <p>Provide pharmaceutical services to meet the needs of each resident and employ or obtain the services of a licensed pharmacist.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 46552</p> <p>Based on an interview and record review, the facility failed for 2 of 2 sampled residents (Resident 1 and 2):</p> <p>a) to ensure medications were administered as ordered by the medical doctor (MD) and</p> <p>b) to follow their policy and procedure (P&P) for administering medications.</p> <p>These failures had the potential to adversely affect the health and well-being of Residents 1 and 2.</p> <p>Findings:</p> <p>A Record review of Resident 1's face sheet (a document that gives a resident's information at a quick glance) indicated Resident 1 was admitted to the facility on [DATE] and discharged on [DATE]. Review of Resident 1's medications orders included: Oxybutynin (medication to relax the muscles in the bladder [body organ that stores urine]) 5mg (mg: milligram, a unit of measurement of mass or weight) twice a day; Benzotropine (used to treat side effects of other medications) 1mg twice a day; Fish Oil (dietary supplement) 2,000mg twice a day; Polyethylene glycol powder (medication for constipation, makes it easier to have a bowel movement) 17 grams (gram: unit of mass equal to one thousandth of kilogram) daily, mix with 4-8 oz (oz: unit of weight measurement) of water/juice; Calcium (dietary supplement) 600 mg twice a day; Menthol (used to treat minor aches and pains) 4% gel apply to right hip, and lower back twice a day; Thiamine (a nutritional supplement) 100 mg daily; Furosemide (used to treat excessive fluid accumulation in body) 20 mg daily; Risperidone (used to treat mood disorders) 3 mg daily; Bupropion (used to treat depression [a mood disorder]) 150 mg daily; Vitamin D3 (dietary supplement) 2000 units (units: dose of medication measurement) daily; Lidocaine (used to relieve pain) 4% patch (contains lidocaine, attach to skin to treat pain) apply topically to lower back daily for 12 hours (on at 8 am, remove at 8 pm). Risperidone (medication for some mental illness) 4 mg daily at bedtime; Melatonin (sleep supplement) 3 mg daily at bedtime and Magnesium (dietary supplement) 400 mg daily.</p> <p>Review of Resident 1's electronic medication administration record (EMAR: a legal document for medication administration record) for February 2024 indicated:</p> <p>Blank on 2/9/2024, 2/10/2024, 2/11/2024, 2/16/2024, 2/20/2024, and 2/23/2024 for Oxybutynin;</p> <p>(continued on next page)</p> |

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE | TITLE | (X6) DATE |
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| <p>F 0755</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p> | <p>Blank EMAR documentation on 2/9/2024 through 2/12/11/2024, 2/20/2024 at 8:00 a.m., and documented not administered on 2/14/2024, 2/15/2024 through 2/18/2024 at 8:00 a.m., and at 4:00 p.m., on 2/10/2024, 2/13/2024, 2/16/2024, 2/18/2024, 2/20/2024, and 2/24/2024 for Bzotropine;</p> <p>Blank EMAR documentation on 2/9/2024 through 2/11/2024, 2/20/2024, and 2/23/2024 for Fish Oil at 8:00 a.m.</p> <p>Blank EMAR documentation for Menthol administration on 2/9/2024 through 2/11/2024, 2/16/2024, 2/20/2024, and 2/23/2024 at 8:00 a.m.</p> <p>Blank EMAR documentation on 2/8/2024 through 2/11/224, 2/16/2024, and 2/20/2024 for Thiamine at 8:00 a.m.</p> <p>Blank EMAR documentation on 2/9/2024 through 2/11/2024, 2/20/2024, and 2/23/2024 for Bupropion at 8:00 a.m.</p> <p>Blank EMAR documentation on 2/9/2024 through 2/11/2024, 2/20/2024, 2/23/2024 and not administered on 2/8/2024 for Furosemide at 8:00 a.m.</p> <p>Blank EMAR documentation on 2/9/2024 through 2/11/2024, 2/20/2024, 2/23/2024, and not administered on 2/8/2024, 2/24/2024, 2/24/2024, 2/27/2024, and 2/29/2024 for Risperidone at 8:00 a.m.</p> <p>Blank EMAR documentation on 2/9/2024 through 2/11/2024, 2/16/2024, 2/20/2024, 2/23/2024, and not administered on 2/14/2024 for Lidocaine Patch at 8:00 a.m.</p> <p>Blank EMAR documentation on 2/9/2024 through 2/11, 2/16, 2/20, and 2/23/2024 for Vitamin D3 at 8:00 a.m.</p> <p>Review of Resident 2's face sheet indicated Resident 2 was admitted to the facility on [DATE] and currently residing in facility.</p> <p>Review of Resident 2's minimum data set (MDS: an assessment tool) assessment dated [DATE] indicated, Resident 2's brief interview for mental status (BIMS, assessment to test a person's cognition - knowing, learning, and understanding things) score indicated 15/15 [a score of 0 to 7 indicates severe cognitive impairment, 8-12 moderate impairment, 13-15 patient is cognitively intact].</p> <p>(continued on next page)</p> | | |

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| <p>F 0755</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p> | <p>Review of Resident 2's medication orders included Ticagrelor (medication to prevent blood clots) 90 mg twice a day; Metoprolol tartrate (used to treat high blood pressure [a condition in which the force of the blood against the walls of the vessels too high] 75 mg twice a day, hold if SBP (systolic blood pressure: first number, it measures the pressure of blood pushing against vessel walls) less than 100 mmHg (millimeters of mercury: blood pressure unit measurement) or HR (heart rate) less than 60; Divalproex (medication for management of certain behaviors caused by mood disorders) 500 mg twice a day; Glipizide (used to treat diabetes [too much sugar in the blood] 10 mg daily; Famotidine (used to treat excess stomach acids) 20 mg daily; Aspirin EC (used to reduce the risk of having heart attack [a blockage of blood flow to the heart muscle] 81 mg daily; Amlodipine (used to treat to high blood pressure) 5mg daily; Lisinopril (used to treat high blood pressure) 40 mg daily; Vitamin B-1 (dietary supplement) 100 mg daily; Atorvastatin (used to treat high cholesterol [type of fat in the body]) 80 mg daily; Insulin glargine (used to treat diabetes) inject 20 units subcutaneously (medication given beneath the skin by injection) at bedtime; Olanzapine (used to treat mental disorders) 10 mg daily at bedtime; Gabapentin (used to treat nerve pain) 800 mg three times daily, and check blood glucose via fingerstick (type of blood sugar measurement) three times daily before breakfast, lunch, and dinner, notify MD if blood sugar less than 70 or more than 250.</p> <p>Review of Resident 2's EMAR for February 2024 indicated:</p> <p>Blank on 2/22, 2/24, 2/29/2024 at 6:30 a.m., 2/8, 2/20, 2/22, 2/23, 2/27, 2/28/2024 at 11:30 a.m., 2/6/2024 at 4:30 p.m., and not checked on 2/6/2024 at 11:30 a.m., for blood glucose monitoring.</p> <p>Blank EMAR documentation on 2/8, 2/20, 2/22, 2/27, 2/28, 2/29 at 8:00 a.m., 2/6, 2/9, and 2/29/24 at 4:00 pm., for Ticagrelor.</p> <p>Blank EMAR documentation on 2/8, 2/29, 2/20, 2/22, 2/27, 2/28, 2/29 at 8:00 a.m., 2/6, 2/29 at 4:00 p.m., and not administered on 2/13/2024 at 8:00 a.m., for Metoprolol Tartrate.</p> <p>Blank EMAR documentation on 2/8, 2/20, 2/22, 2/27, 2/28, 2/29 at 8:00 a.m., 2/6, 2/9, 2/19 at 4:00 p.m., not administered on 2/14, 2/15 at 8:00 a.m., and 2/15 at 4:00 p.m., for Divalproex.</p> <p>Blank EMAR documentation on 2/21 and not administered on 2/28 at 6:30 a.m., for Glipizide.</p> <p>Blank EMAR documentation on 2/22, and not administered on 2/20, 2/28, and 2/29 at 6:30 a.m., for Famotidine.</p> <p>Blank EMAR documentation on 2/8, 2/14, 2/20, 2/22, 2/27, 2/28, 2/29, and not administered on 2/19 at 8:00 a.m., for Lisinopril.</p> <p>Blank EMAR documentation on 2/8, 2/20, 2/22, 2/27, 2/28, and 2/29 at 8:00 a.m., for Vitamin B-1.</p> <p>Blank EMAR documentation on 2/8, 2/20, 2/22, 2/27, 2/28, and 2/29 at 8:00 a.m., for Amlodipine.</p> <p>Blank EMAR documentation on 2/8, 2/20, 2/22, 2/27, 2/28, 2/29, and not administered on 2/9, 2/12, 2/14, 2/15, 2/16, 2/24, and 2/25 at 8:00 a.m., for Lisinopril.</p> <p>Blank EMAR documentation on 2/6, 2/8, 2/17, 2/19, 2/20, and 2/21 at 8:00 p.m., for atorvastatin and Olanzapine.</p> <p>(continued on next page)</p> | | |

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| <p>F 0755</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p> | <p>Blank EMAR documentation on 2/6, 2/8, 2/17, 2/19, 2/21, and 2/25 at 8:00 a.m., for Insulin Glargine.</p> <p>Blank EMAR documentation on 2/22 at 6:00 a.m., 2/8, 2/10, 2/20, 2/22, 2/28 at 2:00 p.m., 2/6, 2/17, 2/19, 2/21, and 2/23 at 10:00 p.m., for Gabapentin.</p> <p>During an interview with Resident 2 on 3/29/2024 at 10:25 a.m., Resident 2 stated nurses did not give his medications when facility used nurses from outside (non-regular staff) last month. Resident 2 also stated he had no recollection which specific medications and how many times he did not receive the medications.</p> <p>During a concurrent review of Resident 1 and 2's EMAR for February 2024 and interview with medical record director (MRD) on 3/29/2024 at 2:10 p.m., the MRD reviewed the EMARs for both Residents 1 and 2 and stated the EMAR for both residents were left blank and showed that the medications were not administered as ordered. MRD also stated if not documented means medications were not given to residents. MRD further stated licensed nurses should have administered and documented medications as ordered for Resident 1 and 2.</p> <p>During an interview with director of nursing (DON) on 3/29/2024 at 2:31 p.m., DON confirmed licensed nurses did not administer and documented medications as ordered for Residents 1 and 2. DON stated if EMAR were left blank, not documented means medications were not given to the residents. DON also stated facility used nurses from registry last month, nurses from registry did not administer or did not document administration of medications for both residents. DON further stated licensed nurses should have administered and documented after given medications to residents as ordered.</p> <p>Review of facility's P&P titled, Administering Medications, revised April 2019, the P&P indicated, Medications are administered in a safe and timely manner, and as prescribed. Medications are administered in accordance with prescriber orders</p> <p>Based on an interview and record review, the facility failed for 2 of 2 sampled residents (Resident 1 and 2):</p> <p>a) to ensure medications were administered as ordered by the medical doctor (MD) and</p> <p>b) to follow their policy and procedure (P&P) for administering medications.</p> <p>These failures had the potential to adversely affect the health and well-being of Residents 1 and 2.</p> <p>Findings:</p> <p>(continued on next page)</p> | | |

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