

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675799	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 11/21/2024
NAME OF PROVIDER OR SUPPLIER Brenham Nursing and Rehabilitation Center		STREET ADDRESS, CITY, STATE, ZIP CODE 400 E Sayles St Brenham, TX 77833	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Provide care and assistance to perform activities of daily living for any resident who is unable.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 40884</p> <p>Based on observation, interview, and record review, the facility failed to ensure residents who were unable to carry out activities of daily living received the necessary services to maintain good nutrition, grooming and personal and oral hygiene for five of ten residents (Resident #74, Resident #79, Resident #83, Resident #103 and Resident #279) reviewed for quality of life.</p> <ol style="list-style-type: none"> 1. The facility failed to ensure Resident #74 , Resident #79 and Resident #83's nails were cleaned, trimmed, and did not have any rough edges on 11/19/2024. 2. The facility failed to ensure Resident #103 and Resident #279 received their showers. <p>These failures could place residents at risk for not receiving adequate care and services to prevent infection, injury, and diminished quality of life.</p> <p>Findings included:</p> <ol style="list-style-type: none"> 1. Record review of Resident # 79's face sheet, dated, 12/21/2024, reflected a [AGE] year-old female who was admitted to the facility on [DATE] and readmitted on [DATE]. Resident #79 had diagnoses which included lack of coordination (uncoordinated movement due to a muscle control problem that causes inability to coordinate movements), cognitive communication deficit (difficulty with communication that is caused by an impairment such as memory, attention, or problem-solving), Alzheimer's disease - unspecified (a brain disorder that slowly destroys memory and thinking skills and, eventually, the ability to carry out the simplest task), unspecified dementia, unspecified severity without disturbance, psychotic disturbance, mood disturbance, and anxiety (the loss of cognitive functioning such as: thinking, remembering, and reasoning to the extent that it interferes with a person's daily life and activities without any behavior or mood disturbances), and muscle wasting and atrophy, not elsewhere classified, multiple sites (gradual loss of muscle mass and strength). <p>Record review of Resident #79's Annual MDS Assessment, dated 10/08/2024, reflected the resident had a BIMS score of 3, which indicated her cognition was severely impaired. Resident #79 required supervision or touching assistance with personal hygiene, lower and upper body dressing, and toileting hygiene.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Record review of Resident #79's Comprehensive Care Plan, completed on 10/17/2024, reflected Resident #79 had an ADL self-care performance deficit related to unsteadiness on feet, weakness, muscle wasting, dementia, repeated falls, and physical debility. Interventions: Bathing/Showering- check nails cleanliness, length, and trim as needed on bath day and as needed. Report any changes to charge nurse. Resident #79 had severely impaired cognitive function and impaired thought process related to dementia. Resident #79 had severely impaired cognitive function and impaired thought processes related to dementia. Intervention: Anticipate and meet needs.</p> <p>Observation and interview on 11/19/2024 at 10:01 AM revealed Resident #79 were in her room lying in bed. Her nails on her right hand were not smooth around the edges and had a blackish/ brownish substance underneath her middle and ring fingernails on her right hand. She also had a blackish/brownish substance on the tip of the middle finger on her right hand. Resident #79 had an odor from her right hand of bowel movement. Resident #79 was not interview able .</p> <p>2. Record review of Resident #83's face sheet, dated 11/21/2024, reflected a [AGE] year-old female who was admitted to the facility on [DATE]. Resident #83 had diagnoses which included lack of coordination (uncoordinated movement due to a muscle control problem that causes inability to coordinate movements), cognitive communication deficit (difficulty with communication that is caused by an impairment such as memory, attention, or problem-solving), Alzheimer's disease - unspecified (a brain disorder that slowly destroys memory and thinking skills and, eventually, the ability to carry out the simplest task), unspecified dementia, unspecified severity without disturbance, psychotic disturbance, mood disturbance, and anxiety (the loss of cognitive functioning such as: thinking, remembering, and reasoning to the extent that it interferes with a person's daily life and activities without any behavior or mood disturbances), and muscle wasting and atrophy, not elsewhere classified, multiple sites (gradual loss of muscle mass and strength).</p> <p>Record review of Resident #83's Quarterly MDS Assessment, dated 08/27/2024, reflected Resident #83 had a BIMS score of 13, which indicated her cognition was intact. Resident #83 required set-up supervision for personal hygiene, oral hygiene and eating. She required substantial/maximal assistance (helper does more than half the work) with showers, upper and lower body dressing, and toileting hygiene.</p> <p>Record review of Resident #83's Comprehensive Care Plan, with a revision date on 11/06/2024, reflected Resident #83 had an ADL self-care performance . Intervention: Resident #83 required extensive assistance from one staff with personal hygiene. She was total dependent on one staff with bathing/showering.</p> <p>Observation on 11/19/24 at 11:12 AM revealed Resident #83 was sitting in the dining room, on her right hand underneath her middle and ring fingernails was blackish/brownish substance. Resident #83 had rough edges around her fingernails on her middle and ring finger on her right and left hand.</p> <p>3. Record review of Resident #103's Admission Record, dated 11/20/24, revealed reflected a [AGE] year-old female who was admitted to the facility on [DATE]. Resident #103 had with diagnoses that which included heart failure, heart disease, Hypertension (high blood pressure), insomnia (difficulty sleeping), malaise (feeling of general discomfort), muscle wasting, abnormalities of gait and mobility, age related physical debility, chronic kidney disease, difficulty walking, unsteadiness on feet, lack of coordination, and pacemaker.</p> <p>(continued on next page)</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Record review of Resident #103 Quarterly MDS, dated [DATE], revealed reflected Resident #103 had a BIMS score of 13, indicating which indicated Resident #103 had moderate impairment.</p> <p>Record review of Resident #103 documentation revealed reflected he did not have an MDS. His admitted was 11/12/24 and the survey was completed prior to the 14-day required MDS completion deadline.</p> <p>Record review of Resident #103's care plan reflected:</p> <p>problem ADL self-care initiation, dated 10/17/2023 and revised 11/19/2024.</p> <p>goal the resident will improve current level of function in (specify ADLs) through review dated initialed 06/07/2024.</p> <p>interventions bathing/showering Resident #103 requires assistance with lower body washing, hair, and back (X1) staff with shower/bathing as scheduled and as necessary.</p> <p>Resident #279</p> <p>5. Record review of Resident #279's face sheet, dated 11/20/24, reflected a [AGE] year-old male who was admitted to the facility on [DATE] and readmitted on [DATE]. Resident #279 had diagnoses which included with a diagnosis rhabdomyolysis (a serious medical condition that occurs when muscles tissue breaks down and releases proteins and electrolytes into the bloodstream), staphylococcal arthritis (a painful joint infection caused by the Staphylococcus aureus (bacteria), right knee, and atherosclerotic heart disease of native coronary artery without angina pectoris (disease that occurs when plaque builds up in the arteries, narrowing them and limiting blood flow to the heart).</p> <p>Record review of Resident #279 documentation revealed reflected he did not have an MDS. His admitted was 11/12/24 and the survey was completed prior to the 14-day required MDS completion deadline.</p> <p>Record review of Resident #279's care plan reflected:</p> <p>problem ADL self-care initiation, dated 11/12/2024 and revised 11/18/2024.</p> <p>goal the resident will improve current level of function in (specify ADLs) through review, dated initialed 11/12/2024.</p> <p>interventions bathing/showering provide sponge bath when a full bath or shower can be tolerated, initiation dated 11/18/24, and bathing/showering the resident required extensive assistance resident requires (extensive assistance) by (X1) staff with personal hygiene.</p> <p>Observation and interview on 11/19/2024 at 10:01 AM revealed Resident #74 were was in her room lying in bed. Her nails on her right hand were not smooth around the edges and had a blackish/ brownish substance underneath her middle and ring fingernails on her right hand. She also had a blackish/brownish substance on the tip of the middle finger on her right hand. Resident #74 had an odor from her right hand of bowel movement. Resident #74 was not interview able .</p> <p>(continued on next page)</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>Observation on 11/19/24 at 11:12 AM revealed Resident #83 was sitting in the dining room, on her right hand underneath her middle and ring fingernails was blackish/brownish substance. Resident #83 had rough edges around her fingernails on her middle and ring finger on her right and left hand.</p> <p>An interview with Resident #103 on 11/19/2024 at 9:47 AM with Resident #103 revealed that she did not feel the care was good. She stated she had to beg to get her showers . She stated there were times she would go a week without getting a shower. She stated that she had only refused a shower one time .</p> <p>In an interview on 11/19/2024 at 11:15 AM, Resident #83 stated she asked someone to clean her nails and cut her fingernails yesterday and the lady told me her she did not have time . Resident #83 stated she did not ask anyone else to clean and cut her nails. Resident #83 did not know the staff name .</p> <p>An interview on 11/20/2024 at 1:17 PM, Resident #279 stated he had been at the facility a week and he had not had a shower. He said he was offered a shower, but he asked the staff member to come back a little later and the staff member did not return . He said he was a little concerned because he felt a little dirty.</p> <p>In an interview on 11/21/2024 at 8:17 AM, RN A stated the CNAs were responsible for cleaning, trimming, and filing all residents' nails except for the residents with a diagnosis of diabetes. She stated the nurses were responsible for all residents' nails with a diagnosis of diabetes. RN A stated residents' nails were usually cleaned on their shower days and as needed. She stated if there was a blackish substance on the residents' fingertips or underneath their nails and the resident swallowed the blackish substance there was a possibility a resident may become ill with stomach issues. RN A stated it depended on what type of bacteria was underneath the nails. RN A stated if a resident did not have smooth nails there was a possibility a resident may scratch their arm. She stated a resident may cause a skin tear on their skin if the nail was not filed. RN A stated she was not aware of Resident #79 or Resident #83 refusing nail care.</p> <p>In an interview on 11/21/2024 at 8:26 AM, CNA G stated the nurses completed all diabetic fingernails, and the CNAs were responsible for all other residents' nails. She stated the CNAs were responsible to complete nail care such as trimming, filing, and cleaning the nails during showers. CNA G stated if a resident's nails needed to be cleaned, trimmed, or filed and it was not their shower day, the staff were expected to do any type of nail care as needed. CNA G stated if a resident had blackish substance underneath their nails there was a possibility a resident may become ill such as nausea or diarrhea depending on the type of bacteria. CNA G stated if a resident had rough edges around their nails, it was a possibility the resident may scratch themselves and develop a skin tear. She stated Resident #79 and Resident #83 did not refuse nail care. CNA G stated Resident #79 may refuse to change clothes sometimes, but she was not aware of Resident #79 refusing nail care. CNA G stated she worked most of the time on the hall where Resident #79 and Resident #83 lived.</p> <p>(continued on next page)</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>In an interview on 11/21/2024 at 8:41 AM, CNA H stated the CNAs were responsible for cleaning, trimming, and filing all residents' nails except for the residents with a diagnosis of diabetes. CNA H stated the nurses were responsible for all residents' nails with a diagnosis of diabetes. CNA H stated residents' nails were usually cleaned, filed, and trimmed on their shower days or when needed. She stated if a resident had a hang nail or their nails were dirty, nail care was expected to be completed as needed. CNA H stated if a resident had nails not trimmed or was rough on top of the nail, there was a possibility a resident may scratch themselves and develop a skin tear. CNA H stated if there was a blackish substance on the residents' fingertips or underneath their nails and the resident swallowed the blackish substance there was a possibility a resident may become ill with stomach issues such as vomiting. CNA H stated he had been in-serviced on cleaning, filing and trimming residents' nails. CNA H stated he did not remember the date of the in-service. CNA H stated he was not aware of Resident #79 or Resident #83 refuse nail care.</p> <p>In an interview on 11/21/2024 at 10:30 AM, the Director of Nurses stated she would need to refer to the facility's policy on nail care when she was asked of his expectations of cleaning and trimming residents nails.</p> <p>An interview with the DON on 11/21/2024 at 11:18 AM revealed her expectation was for staff to give the resident a preference as to when the resident would like to have a shower. She said staff should give the resident according to their preference. She stated the CNAs were responsible for giving the residents their showers. She said residents should get a shower as needed but at minimum three times a week. She stated the showers were documented in the point of care system. She said the resident could get an infection if they did not get a shower. She said a resident would not get a shower if they refused and the staff would have the refusal documented. She stated she did not know why the residents did not get their showers like they wanted.</p> <p>An interview with CNA J on 11/21/2024 at 1:02 PM revealed residents should get showers when they needed them or on their shower day. She said the CNAs were responsible for giving the residents their showers. She said some residents got their showers more than three times a week and some got their showers twice a week. She said the resident would get depressed or smell if they did not get a shower. She said a resident would not get a shower if they refused or out of the building and it would be documented. She said she did not know why the residents did not get their showers when they were supposed to and when they wanted them.</p> <p>An interview on 11/21/2024 at 2:00 PM, the ADON stated that if Resident #279 had been at the facility since 11/12/24, he should have had a shower and it should have been done on either 11/12/2024 or 11/14/2024 because his shower schedule was Tuesday, Thursday, Saturday. The ADON stated that residents could have skin breakdown or get rashes and get depressed if they did not get cleaned.</p> <p>An interview with LVN B on 11/21/2024 at 2:08 PM revealed that residents were to get a shower three days a week or as needed. She said the CNA's were responsible for giving the residents their showers. She stated the showers are were documented in the point of care system. She said some residents are were just stuck in their ways and do did not want to take a shower. She said if a resident refused it should be documented. She said that if a resident did not get a shower, it could cause them to have breakdown. She said she did not know that the residents did not get their showers on their shower day or when they wanted a shower.</p> <p>(continued on next page)</p>		

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<p>F 0677</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Some</p>	<p>An interview with the Administrator on 11/21/2024 at 3:28 PM revealed that residents were to have their showers three times a week on their scheduled day. He said that a resident would not get a shower if they refused, and staff were required to document the refusal. He also said if a resident refused, that staff were to see if another staff member could get the resident to take a shower. He said that if a resident did not get their shower, the resident could have skin breakdown or an infection. He said he had not had complaints about showers recently. He said when he does receive a complaint, he would in-services the staff and talk to the resident and offer a shower right then and there. He said he did not know why the residents did not get their showers on their shower day or when they wanted one.</p> <p>Record review of Resident #279's EMR shower record, dated from his admission on 12/12/2204 2024 through 12/20/2024, reflected he did not receive a shower until 12/29/2024, 8 days after Resident #279's admission to the facility.</p> <p>Record review of Resident #103's EMR shower record, dated 10/24/2024 through 11/19/2024, revealed reflected that the resident did not receive a shower from 10/31/2024 until 11/05/2024, 5 days between her showers. She also did not receive a shower from 11/05/2024 until 11/9/2024, 4 days between her showers. She also did not receive a shower from 11/09/2024 until 11/14/2024, 5 days between her showers.</p> <p>Record review of the facility's grievances for October 2024 revealed reflected there were 4 grievances on ADLs .</p> <p>Record review of the facility's grievances for September 2024 revealed reflected there were 6 grievances on ADLs .</p> <p>Record review of the facility's Activities of Daily Living Policy, dated 05/26/2023, revealed reflected The facility will, based on the resident's comprehensive assessment and consistent with the resident's needs and choices, ensure a resident's abilities in ADLs do not deteriorate unless deterioration is unavoidable. Care and services will be provided for the following activities of daily living: Bathing, dressing, grooming and oral care. A resident who is unable to carry out activities of daily living will receive the necessary services to maintain good nutrition, grooming, and personal and oral hygiene.</p> <p>49097</p>		