

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 675891	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED 07/22/2024
NAME OF PROVIDER OR SUPPLIER Bridgeport Medical Lodge		STREET ADDRESS, CITY, STATE, ZIP CODE 2108 15th Street Bridgeport, TX 76426	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0806</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure each resident receives and the facility provides food that accommodates resident allergies, intolerances, and preferences, as well as appealing options.</p> <p>**NOTE- TERMS IN BRACKETS HAVE BEEN EDITED TO PROTECT CONFIDENTIALITY** 46403</p> <p>Based on observations, interviews, and record review, the facility failed to accommodate residents' food preferences and allergies for 2 of 6 (Residents #1 and Resident#2) residents reviewed for food preferences and allergies.</p> <ol style="list-style-type: none"> The facility failed to provide Resident #1 with a strawberry (preference) or vanilla house shake, when she had listed that she disliked the chocolate house shake. The facility failed to ensure Resident #2 did not receive a chocolate house shake, which was listed as a food allergy in her medical record. <p>These failures could cause an allergic reaction, a decrease in resident choices, a diminished interest in meals, placing them at risk for contributing to poor intake and/or weight loss.</p> <p>Findings included:</p> <p>Record review of Resident #1's admission record revealed she was a [AGE] year-old female admitted to the facility on [DATE]. Resident #1 was diagnosed with unspecified protein-calorie malnutrition (imbalance between the nutrients your body needs and the nutrients it gets), deficiency of other vitamins (lacking any of the 13 essential vitamins that your body needs in small amounts to work optimally), and gastro-esophageal reflux disease without esophagitis (common digestive disorder- reflux of stomach acid into the esophagus).</p> <p>Record review of Resident #1's quarterly MDS dated [DATE] revealed Resident#1 had a BIMS score of 12 which indicated a moderate cognitive impairment .</p> <p>Record review of Resident #1's care plan dated 02/28/24 revealed Resident#1 had GERD (a condition in which stomach acid repeatedly flows back up into the tube connecting the mouth and stomach). Resident#1 Goal was for Resident#1 to remain free from discomfort, complications related to GERD Resident#1 interventions revealed avoid food or beverages that tend to irritate esophageal lining .alcohol, chocolate, caffeine .</p> <p>Record review of Resident #1's order dated 05/17/24 revealed the following: house shake 40 oz two times a day for weight loss.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0806</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Interview on 07/18/24 at 9:42 AM with the Ombudsmen revealed Resident #1 had not received her preference flavor of the house shake. The ombudsmen revealed resident #1 would throw up the chocolate house shake. The Ombudsmen revealed Resident #1 could deal with the vanilla shakes but preferred strawberry house shakes. The Ombudsmen revealed she was in the building on 07/14/24 and the facility only had chocolate house shakes for the residents.</p> <p>Interview on 07/18/24 at 11:25 AM with Resident #1 revealed she had not had a house shake since Monday because the kitchen only had chocolate. Resident #1 revealed she had informed the dietary staff (unknown) that she could not drink the chocolate house shakes. Resident #1 revealed that she cannot have the chocolate ones because they made her stomach hurt. Resident #1 stated that it irritated and upset her that she was not able to get the strawberry house shake but she would drink the vanilla.</p> <p>Observation and interview on 07/18/24 at 12:50 PM with Resident #1 revealed she did not have a house shake on her lunch tray. Observation of the lunch tray ticket revealed a notation that read chocolate shake only. Interview with Resident #1 revealed she did not have a house shake for lunch.</p> <p>Interview on 07/18/24 at 12:56 PM with the Dietary Manager revealed the facility met the Residents need for nutrition. The Dietary Manager revealed she ordered twice a week and enough house shakes are ordered. The Dietary Manager revealed she was aware that Resident #1 preferred the strawberry house shakes over the vanilla and chocolate. The Dietary Manager revealed the dietary staff put aside certain flavors for each resident that want certain flavors. The Dietary Manager revealed the Dietary Aide was responsible for putting the house shakes on trays and to follow the instructions on the ticket tray. The Dietary Manager met with residents and documented their preferences. The Dietary Manager revealed residents had the right to refuse the house shakes . Dietary Manager revealed Resident#1 could have an upset stomach.</p> <p>Observation and interview on 07/22/24 at 8:20 AM revealed Resident #1 did not have a house shake on her breakfast tray. Observation of Resident #1's tray ticket revealed a written notation that read chocolate shake only. Interview with Resident #1 revealed she did not have her house shakes because the facility only had chocolate house shakes available.</p> <p>Observation on 07/22/24 at 8:57 AM of the facility kitchen revealed chocolate house shakes in the reach in refrigerator. Observation of the walk-in refrigerator revealed an open box of chocolate house shakes. Observation of the walk-in freezer revealed an unopened box of vanilla house shakes on the bottom shelf in the back of the walk-in freezer.</p> <p>Interview with Dietary Manager 07/22/24 at 9:00 AM revealed the vanilla house shakes could have been taken out and thawed out. The Dietary Manager revealed the Dietary Aides knew the house shake was in the freezer and it would have taken fifteen minutes to thaw the shakes.</p> <p>Interview with Dietary Aide on 07/22/24 at 10:00 AM revealed the chocolate house shakes were the only ones in the refrigerator and she wrote on the tray ticket chocolate shake only to let Resident#1 know that was the only flavor available. Dietary aide revealed the Dietary aides are responsible for the tray set up.</p> <p>(continued on next page)</p>		

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<p>F 0806</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Record review of Resident #2's Admission Record revealed, she was a [AGE] year-old female admitted to the facility initially on 04/10/22 and readmitted on [DATE]. Resident#2 was diagnosed with vomiting, unspecified, unspecified diarrhea, diverticulosis of large intestine without perforation (small pockets on the inside of the colon) or abscess without bleeding, and gastro-esophageal reflux disease without esophageal reflux disease without esophagitis (common digestive disorder- reflux of stomach acid into the esophagus). Record review of Resident#2's admission Record revealed Resident#2 had an allergy to chocolate.</p> <p>Record review of Resident #2 quarterly MDS dated [DATE] revealed her BIMS score was 15 which indicated she was cognitively intact.</p> <p>Record review of Resident# 2's orders dated 09/25/23 revealed the following: House supplement 2.0 three times a day 90 CC .Please open .</p> <p>Record review of Resident #2's miscellaneous note created by the Dietary Manager and dated 08/31/22 revealed Resident #2 had an allergy to chocolate, severity unknown and reaction noted on admission.</p> <p>Observation of Resident #2 on 07/22/24 at 8:00 AM revealed her to be eating breakfast in the dining hall. Interview with Resident #2 revealed she was allergic to chocolate, and she gave her house shake to her neighbor. Observation of Resident#2 tray ticket revealed she was allergic to chocolate.</p> <p>Interview on 07/22/24 with the Dietary Manager at 9:00 AM revealed Resident #1 should not have gotten a chocolate house shake and the dietary aide would be written up. The Dietary Manager revealed she would need to check with nursing to see if she has an allergy to chocolate or if it was a dislike of chocolate. Resident could end up with an upset stomach if this was a true allergy.</p> <p>Interview with the ADON on 07/22/24 at 9:12 AM revealed if the residents did not receive their house shakes, they could experience weight loss. Resident #2 has an intolerance to chocolate and would have an upset stomach and possibly diarrhea.</p> <p>Interview over the phone at 07/22/24 at 9:38 AM with the Registered Dietitian revealed the nursing staff and the Dietary Manager went over the recommendations for residents with weight loss. The Registered Dietitian revealed the Dietary Manager met with the residents upon admission and throughout their stay to document residents' preferences . Registered Dietitian revealed Resident could experience weight loss.</p> <p>Interview with Dietary Aide on 07/22/24 at 10:00 AM revealed the aides were responsible for setting up the resident's tray. The Dietary Aide revealed she was rushed to get breakfast out and put the chocolate shake on Resident#2 tray. The Dietary Aide revealed the chocolate house shakes were the only ones in the refrigerator.</p> <p>Interview on 07/22/24 at 1:35 PM with Administrator revealed Resident #2 has asked for chocolate cake in the past and may be at risk for an upset stomach .</p> <p>Record review of the facility policy, Food Preference , dated 07/2017, reflected, Individual food preferences will be assessed upon admission and communicated to the interdisciplinary team .10. The food service department will offer a variety of foods at each scheduled meal .</p>		